

Some menu items included in this list may not be available at your local Schlotzsky's. There are also local or seasonal menu offerings that are not listed. Please check with your local Schlotzsky's Bakery/Café for information on those offerings.

Signature Sandwiches										
Menu Item	Wheat/	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
The Original ®	Gluten	•	•						•	
Deluxe Original-Style	•	•	•						•	
Turkey Original-Style	•	•	•	•					•	
Ham & Cheese Original-Style	•	•	•						•	
Turkey Avocado	•	•	•	•					•	
Turkey Bacon Club	•	•	•	•					•	
Fiesta Chicken	•	•	•	•						
Fiesta Turkey	•	•	•	•						
Fiesta Ham	•	•	•	•						
Fiesta Beef	•	•	•	•					_	
Angus Roast Beef & Cheese Albuquerque Turkey	•	•	•	•					•	
Pastrami Reuben sandwich	•	•	•	•					•	
Smoked Turkey Breast	•	•	•	•					•	
Fresh Veggie	•	•	•	•					•	
Beef Bacon Smokecheesy	•	•	•	•					•	
Chicken Bacon Smokecheesy	•	•	•	•					•	
Turkey Bacon Smokecheesy	•	•	•	•					•	
Ham Bacon Smokecheesy	•	•	•	•					•	
French Dip	•	•	•						•	
Gluten Sensitive Signature Sandwic	hes made	e with Uc	di's Glute	en Free®	Bun					
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
The Original ®	Giuten	•	•							
Deluxe Original-Style		•	•							
Turkey Original-Style		•	•	•						
Ham & Cheese Original-Style		•	•							
Turkey Avocado		•	•	•						
Turkey Bacon Club		•	•	•						
Fiesta Chicken		•	•	•						
Fiesta Turkey		•	•	•						
Fiesta Ham		•	•	•						
Fiesta Beef		•	•	•						
Angus Roast Beef & Cheese		•	•	•						
Albuquerque Turkey		•	•	•						
Pastrami Reuben sandwich		•	•	•						
Smoked Turkey Breast Fresh Veggie		•	•	•						
Beef Bacon Smokecheesy		•	•	•						
Chicken Bacon Smokecheesy										
Turkey Bacon Smokecheesy		•	•	•						
Ham Bacon Smokecheesy			•							
French Dip		•	•	_						
Pizza 10 inch.										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Double Cheese	•	•	•							
Pepperoni & Double Cheese	•	•	•							
Fresh Veggie	•	•	•							
BBQ Chicken & Jalapeño	•	•	•							
Meaty	•	•	•							
Supreme Four Cheese White	•	•	•							
Pizza 10 inch. made with Gluten Fre			•							
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Double Cheese		0		0						
Pepperoni & Double Cheese		0		0						
Fresh Veggie		0		0						
BBQ Chicken & Jalapeño		0		0						



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Meaty	ipreme				U						
Four Cheses White Artisan Flathread Artisan Flathread Menu Item Gitten Soy Dairy Egg Peanuts Treenuts Fish Shellfish Sesame Chicken Bacon Ranch											
Artisan Flatbread Menu Item											
Menu Item Gluten Soy Dairy Egg Peanuts Treenuts Fish Shellfish Sesame			0		0						
Menu Item Gilten Golffornia Chicken & Avocado California Chicken & Avocado California Chicken & Avocado California Chicken & Avocado Chicken Bacon Ranch Gilten	tisan Flatbread										
California Chicken & Avocado	Menu Item		Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Calzones Menu Item Gluten Soy Dairy Egg Peanuts Treenuts Fish Shelffish Sesame	1		-	_							
Menu Item		•	•	•	•						
Menu Item Giuten Soy Dairy Egg Peanuts Irreenuts Fish Shellifish Sesame Chicken Bacon Ranch Sausage & Peppers Alleathall Litalian French Dip Salads W/o Dressing Menu Item Menu Item Giuten Soy Dairy Egg Peanuts Treenuts Fish Shellifish Sesame Chicken Avocado Cobb Strawberry Chicken Chicken Greek salad Chicken Greek Salad Garden Salad Gardic Breadsticks Salads Wraps with Wheat Tortillas Menu Item Giuten Giuten Giuten Giuten Giuten Soy Dairy Egg Peanuts Treenuts Fish Shellifish Sesame Chicken Caesar Ohicken Caesar Salads Wraps with Wheat Tortillas Menu Item Giuten Giuten Giuten Greek Salad Ohicken Greek Salad Ohicken Greek Salad Ohicken Caesar Ohicken Caesar Ohicken Salad Ohicken	alzones										
Chicken Bacon Ranch	Manu Itam	Wheat/	Cov	Doiny	Eaa	Dognuto	Trooputo	Eich	Challfigh	Sacama	MSG
Sausage & Peppers	menu item	Gluten	5 0y	Dairy	⊏ 99	Peanuts	Treenuts	risn	Sneimsn	Sesame	IVISG
Meatball	nicken Bacon Ranch	•	•	•	•						
Meatball	usage & Peppers	•	•	•							
Italian		•	•	•	•						
Salads w/o Dressing			•	•							
Menu Item											
Menu Item				J							
Menu Item	ılads w/o Dressing										
Menu Item		Wheat/	_		_	_					
Chicken Avocado Cobb	Menu Item	1	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Strawberry Chicken	nicken Avocado Cobb		•	•	•						
Chicken Greek salad ●			•				•				
Chicken Caesar Garden Salad Garden Salad Garlic Breadsticks Salads Wraps with Wheat Tortillas Menu Item Chicken Avocado Cobb Strawberry Chicken Chicken Greek salad Chicken Caesar Garden Salad Nenu Item Garden Salad Nenu			-								
Garden Salad Garlic Breadsticks Salads Wraps with Wheat Tortillas Menu Item			_								
Garlic Breadsticks Salads Wraps with Wheat Tortillas Menu Item Wheat/ Gluten Chicken Avocado Cobb One of the property Chicken Chicken Greek salad Chicken Greek salad Chicken Caesar One of the property Chicken Menu Item Wheat/ Gluten Wheat/ Gluten Soy Dairy Egg Peanuts Treenuts Fish Shellfish Sesame One of the property Chicken Fish Shellfish Sesame Dressing Menu Item Wheat/ Gluten Soy Dairy Egg Peanuts Fish Shellfish Sesame One of the property Chicken One of t					 						
Salads Wraps with Wheat Tortillas Wheat/ Gluten Soy Dairy Egg Peanuts Treenuts Fish Shellfish Sesame Chicken Avocado Cobb ● </td <td></td> <td>1</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>		1									
Menu Item Wheat/ Gluten Soy Gluten Dairy Strawberry Egg Peanuts Treenuts Fish Shellfish Sesame Chicken Avocado Cobb ●		•	•								
Menu Item	llads Wraps with Wheat Tortillas										
Chicken Avocado Cobb	Menu Item	1	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Strawberry Chicken	*:1 · · · A · · · · · 1 · O · · · · ·		-	_							
Chicken Greek salad ●					•						
Chicken Caesar ●		•	•	•		•	•				
Garden Salad		•		•							
Menu Item Wheat/ Gluten Soy Dairy Egg Peanuts Treenuts Fish Shellfish Sesame Blue Cheese ● ● ● ● ● ● □ <t< td=""><td>nicken Caesar</td><td>•</td><td>•</td><td>•</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></t<>	nicken Caesar	•	•	•							
Menu Item Wheat/ Gluten Soy Dairy Egg Peanuts Treenuts Fish Shellfish Sesame Blue Cheese ● ● ● ● ● □ <t< td=""><td>arden Salad</td><td>•</td><td>•</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></t<>	arden Salad	•	•								
Menu Item Wheat/ Gluten Soy Dairy Egg Peanuts Treenuts Fish Shellfish Sesame Blue Cheese ● ● ● ● ● □ <t< td=""><td>essing</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></t<>	essing										
Blue Cheese Ranch Italian Greek Caesar Balsamic Vinegar & EVOO Chips Menu Item Wheat/ Gluten Wheat/ Gluten Wheat/ Gluten Wheat/ Gluten Fish Shellfish Sesame Peanuts Fish Fish Fish Fish Fish Fish Fish Fis		Wheat/									
Blue Cheese	Menu Item	1	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Ranch Italian Greek Caesar Balsamic Vinegar & EVOO Chips Menu Item Wheat/ Gluten Soy Dairy Egg Peanuts Treenuts Fish Shellfish Sesame Lays Baked Regular BBQ Cracked Pepper Jalapeno Regular Salt & Vinegar Sour Cream & Onion	ie Cheese	Giaton	•								
Italian					•						
Greek ● ● ● ● ■ <td></td> <td></td> <td></td> <td></td> <td>_</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>					_						
Caesar Balsamic Vinegar & EVOO Chips Menu Item Wheat/ Gluten Soy Dairy Egg Peanuts Treenuts Fish Shellfish Sesame Lays Baked Regular BBQ Cracked Pepper Jalapeno Regular Salt & Vinegar Sour Cream & Onion			•								
Balsamic Vinegar & EVOO Chips Menu Item Wheat/ Gluten Soy Dairy Egg Peanuts Treenuts Fish Shellfish Sesame Lays Baked Regular BBQ Cracked Pepper Jalapeno Regular Salt & Vinegar Sour Cream & Onion											•
Menu Item Wheat/ Gluten Soy Dairy Egg Peanuts Treenuts Fish Shellfish Sesame Lays Baked Regular ● □			•	•				•			
Menu Item Wheat/ Gluten Soy Dairy Egg Peanuts Treenuts Fish Shellfish Sesame Lays Baked Regular ● □	ilsamic Vinegar & EVOO										
Menu Item Wheat/ Gluten Soy Dairy Egg Peanuts Treenuts Fish Shellfish Sesame Lays Baked Regular ● □	nips										
Lays Baked Regular BBQ Cracked Pepper Jalapeno Regular Salt & Vinegar Sour Cream & Onion	•	Wheat/	_							_	
Lays Baked Regular ● ■	Menu Item		Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
BBQ ● Image: Control of the contro	ys Baked Regular		•								
Cracked Pepper • Image: Cracked Pepper Image: Cracked		•		İ							•
Jalapeno Regular Salt & Vinegar • Sour Cream & Onion •				•							•
Regular Salt & Vinegar Sour Cream & Onion •				<u> </u>							•
Salf & Vinegar ● Sour Cream & Onion ●											
Sour Cream & Onion				_							
		1			}						_
Source				_							•
30ups	oups										
. Wheat/		Whast									
Manuitam I Soy I Dairy I Faa I Paanuts I Traenuts I Fish I Shelltish I Sesame I	Menu Item		Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Broccoli & Cheddar Gluten Gl	occali & Chaddar	Giuten		_							
Loaded Baked Potato •					ļ						
Timberline Chili				•							
Tomato Basil		•		•	ļ						
Garden Vegetable	arden Vegetable		•								
	alted Crackers	•	•								
Saited Crackers											
	us mean										
Salted Crackers • • • • • • • • • • • • • • • • • • •											
Kids Meal	Manu Ham	Wheat/	Sov	Dainy	Faa	Deanute	Troopute	Fich	Shallfich	Sacama	Mec
Kids Meal			Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG



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Deportori Dizzo	1	T -	T -	T I IIII	T T T T T T T T T T T T T T T T T T T	Tillose one	illigs.		1	
Pepperoni Pizza	•	•	•					<u> </u>	<u> </u>	-
Ham & Cheese Sandwich	•	•	•						•	ļ
Turkey & Cheese Sandwich	•	•	•						•	
Grilled Cheese Sandwich	•	•	•	•					•	ı
Desserts										
	100 44	1						-		
Menu Item	Wheat/	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Brownie	Gluten							 	 	
	•	•	•	•		 	 	┼──	 	
Chocolate Chip Cookie	•	•	•	•					-	-
White Chocolate Macadamia Nut				1			<u> </u>			-
Oatmeal Raisin				1			<u> </u>			-
Sugar Cookie	•	•	•	•						
Cinnabon®										
Menu Item	Wheat/	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
OLAGOIO DOLL	Gluten	·	-				<u> </u>			-
CLASSIC ROLL	•	•	•	•			 			1
CLASSIC ROLL 2-PACK	•	•	•	•			 			1
CLASSIC ROLL 4-PACK	•	•	•	•						ļ
CLASSIC ROLL 6-PACK	•	•	•	•		 	└		igsquare	ļ
MINIBON® ROLL	•	•	•	ļ			Ь——		igsquare	
MINIBON® ROLL 9-PACK	•	•	•			<u> </u>	<u> </u>	<u> </u>		
MINIBON® ROLL 15-PACK	•	•	•			<u> </u>	<u> </u>	<u> </u>		
Center of the roll	•	•	•	•						I
Cafe Cold Catering Sandwiches										
Menu Item	Wheat/	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
	Gluten	,	,	- 33						
Basil Chicken	•	•	•							
Italian Deli	•	•	•							
Sonoma Turkey	•	•	•							
Buns/Tortillas										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Sourdough (contains sesame seeds)	•	•	•	•					•	
Jalapeno Cheese	•	•	•	•						
Dary Rye	•	•	•	•						
Tortilla	•	•								
Catering										
Caesar Salad 1/10 portion	•	•	•							
Garden Salad 1/10 portion	•	•	•							1
Chicken Avocado Cobb Salad 1/10										1
portion	•	•	•							l
Greek Salad 1/10 portion	•		•							
Strawberry Chicken Salad 1/10										I
portion	•	•	•		•	•				I
Chicken 12 oz										
Turkey 12 oz	1	1	1			 	<u> </u>	1		
Caesar Wrap 1/2	•	•	•	1				1		i
Garden Wrap 1/2	•	•	•							
Chicken Avocado Cobb Wrap 1/2	•	•	•	•						
Greek w/Chicken Wrap 1/2			•							
Strawberry Chicken Wrap 1/2						<u> </u>	<u> </u>	<u> </u>		
Chicken Provolone Sandwich	•	•	•				<u> </u>		•	
Chicken Provolone Sandwich 1/2	•	•	•					<u> </u>	•	
Ham and Swiss Sandwich	+	•	+			 	 		•	
Ham and Swiss Sandwich 1/2	•	•	•	<u>L</u>	<u></u>	<u></u>	<u></u>	<u>L</u>	•	<u> </u>
Italian Provolone Sandwich	•	•	•						•	
Italian Provolone Sandwich 1/2	•	•	•						•	
Roast Beef and Provolone Sandwich		•							•	
Ī									_	i
Roast Beef and Provolone Sandwich 1/2	•	•							•	



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Turkey and Swiss Sandwich	•	•	•			•	
Turkey and Swiss Sandwich 1/2	•	•	•			•	
Veggie Sandwich	•	•	•			•	
Veggie Sandwich 1/2	•	•	•			•	
Broccoli Cheese 1/2 gallon			•				
Loaded Baked Potato 1/2 gallon			•				
Tomato Basil Bisque 1/2 gallon	•		•				
Gold Peak Sweet Tea 1 gallon							
Minute Maid Lemonade 1 gallon							

^{* =} This product is manufactured on equipment where peanut and/or treenut containing products are processed.

O = Does not contain the allergen but is prepared on shared equipment at the restaurant, however, each restaurant takes special precautions to prevent cross-contact.

= Contains ingredient

All menu items are prepared in our restaurant kitchens where dairy, eggs, wheat, soy, peanuts, nuts, seeds and fish are present.

The Food Allergen Labeling and Consumer Protection Act (FALCPA) identifies eight major allergens: dairy, egg, wheat, soy, peanuts, tree nuts, fish and shellfish. These foods account for about 90 percent of all food allergies in the United states and are noted on our allergen chart. MSG (monosodium glutamate) is not one of the Top 8 allergens; however, for your convenience we have it included.

Some menu items may not be available in all Schlotzsky's restaurants. The information provided is effective as of March 2021. Variations may occur at the local restaurant due to preparation at the restaurant, season of the year, use of an alternate supplier, ingredient substitutions, and variances in product assembly and/or recipe revisions.

Schlotzsky's, and its franchisees and employees do not assume responsibility for a particular sensitivity or allergy to any food product provided by Schlotzsky's restaurants. Furthermore, we cannot guarantee the prevention of cross-contact of any ingredient present in our restaurants including but not limited to dairy, wheat, soy, peanuts, tree nuts, seeds, fish and shellfish. The nutritional, allergen and ingredient information is obtained through one or more of the following sources: (1) Genesis R&D Product Development and Labeling Software, version 9.9 which includes the USDA database; and (2) Approved food product suppliers and manufacturers for the Schlotzsky's[™] restaurant system. Information based on standard recipe specifications.

For further ingredient information or to address dietary concerns and specific sensitivities, please call us at (800) 846-BUNS.

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