

See back page for example food entry.

Food Name	City, Country	Date Tried	Star Rating
			☆☆☆☆☆
Notes			
			☆☆☆☆☆
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Notes			
			☆☆☆☆☆
Notes			

Food Explorer's Passport
Keep track of new foods you try.

Here is a Sample Food Passport Entry

Food Explorer's Passport

Keep track of new foods you try:

Food Name	City, Country	Date Tried	Star Rating
Moussaka (Moo-Sah-KAH)	Athens, Greece	October 3	☆☆☆☆☆
Notes	Kind of like Greek lasagna with eggplant, ground beef and a layer of cheesy sauce. Had a nice spice flavor to it		

Family Travel Collectible Stamp

Here is your official Food Adventures collectible stamp. Have an adult help you cut it out and attach it to your downloadable KeeKee Stamp Book.
KeeKeesBigAdventures.com/Stampbook



Get more fun activities at AAA.com/Family-Travel

Wherever you see KeeKee, you'll know it's all about Family Travel.
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Adventure Awaits... in every bite!

Remember, adventurers:
Being brave isn't about
liking everything you try. It's
about being open to new
experiences! Every taste is a
new adventure.

Step 6: Try, Try Again

- Remember, sometimes it takes trying a food many times before you like it. Don't give up!
- Where is this food from?
- Do you know any fun facts about it?

Step 5: Be a Food Explorer

- Before you taste, use your senses to investigate: What color is it? Does it smell sweet, savory, or spicy? Is it soft, crunchy, or squishy?
- Try just a tiny bite first. You can always have more if you like it!
- As you taste the food, ask yourself: What flavors do you notice? Does it remind you of anything you've had before? How does it feel in your mouth?

Step 4: Rate Your Plate

- Give the food a star rating:
5 stars: Yum! I love it!
4 stars: Pretty good!
3 stars: It's okay.
2 stars: Not my favorite, but I might try it again.
1 star: I don't like it, but I'm proud I tried it!



KeeKee's Food Adventure Guide



KeeKee Kid's Corner



KeeKee Food Adventure Guide



Kid Travel Tips, Activities & Fun Facts

