

# SCHEDULE OVERVIEW

November 1 & 2, 2023

## DAY 1: Wednesday, November 1

10:00-10:45 am



**WELCOME + OPENING KEYNOTE**  
with Drew and Jonathan Scott

10:45-11:00 am

**BREAK**

11:00 am-Noon

**BREAKOUT SESSIONS**

Session 1: 'Afford Anything' with Paula Pant  
Session 2: Reframing Stress Management as Energy Management: A Life of Vitality with Dr. Logan Edwards

Noon-1:00 pm

**BREAK**

1:00-1:45 pm



**KEYNOTE:**  
**Dreaming Outside the Box**  
with Tyler Lockett

1:45-2:00 pm

**BREAK**

2:00-2:45 pm

**BREAKOUT SESSIONS**

Session 1: Master Your Mindset and Overcome Self-Doubt with Erika Cruz  
Session 2: Protect Your Time: Happier Hour with Cassie Holmes

2:45-3:00 pm

**BREAK**

3:00-4:00 pm



**CLOSING KEYNOTE:**  
**Building Resiliency Before Burning Out**  
with Robin Arzón

4:00 pm

**CLOSING DAY ONE**

## DAY 2: Thursday, November 2

10:00-10:45 am



**OPENING KEYNOTE:**  
**Living on Purpose: Cultivating Radical Acceptance for a Fulfilling Journey**  
with Kyira Wackett

10:45-11:00 am

**BREAK**

11:00 am-Noon

**BREAKOUT SESSIONS**

Session 1: Design Thinking for Your Dream with Ryann Foelker  
Session 2: Creating the Home of Your Dreams: Keep This, Toss That with Jamie Novak

Noon-1:00 pm

**BREAK**

1:00-1:45 pm



**KEYNOTE:**  
**Not Impossible: Do What Can't Be Done**  
with Mick Ebeling

1:45-2:00 pm

**BREAK**

2:00-3:00 pm



**CLOSING KEYNOTE:**  
**Protect Your Mind: Mental Health Matters**  
with Da'Vinchi

3:00 pm

**CLOSING DAY TWO**

Note: All event sessions will be hosted in Central Time.

