

Step 5: Be Inspired

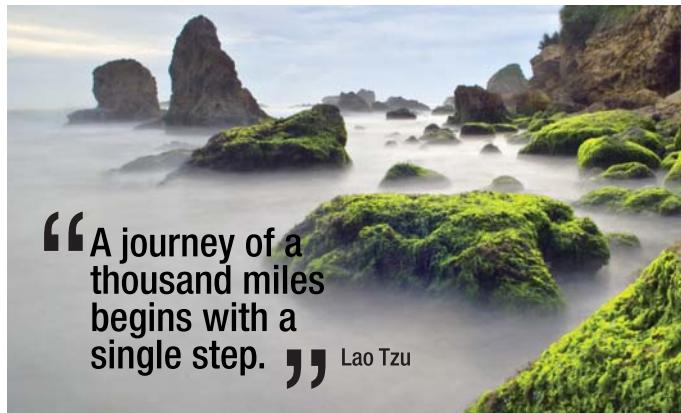


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Inspirational cards
to keep you inspired
throughout the year!

“The secret to
getting ahead is
getting started.”

Mark Twain



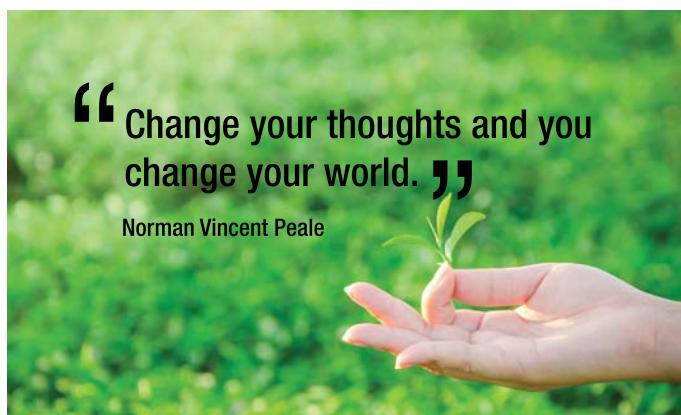
“A journey of a
thousand miles
begins with a
single step.”

Lao Tzu

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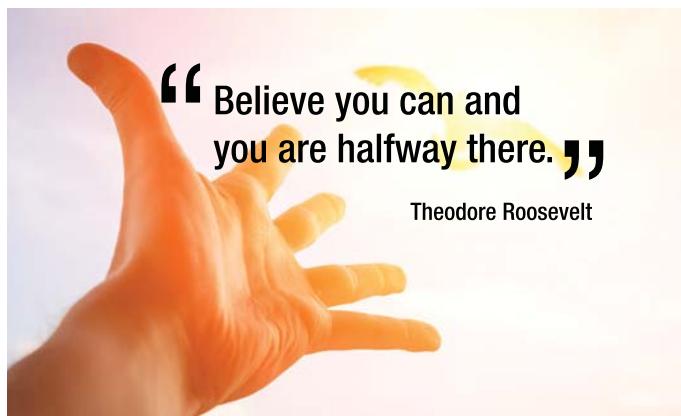
“Change your thoughts and you
change your world.”

Norman Vincent Peale

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“Believe you can and
you are halfway there.”

Theodore Roosevelt

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“ There’s only one corner of the universe you can be certain of improving, and that’s your own self. ”

Aldous Huxley

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“ Learning is an experience.
Everything else is just
information. ”

Albert Einstein

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“ If you don’t like something
change it. If you can’t change it,
change your attitude. ”

Maya Angelou

C H A N G E

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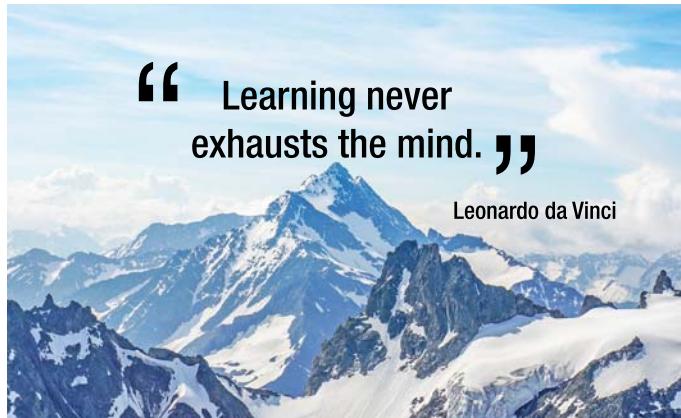
“ The important thing is not
to stop questioning. ”

Albert Einstein

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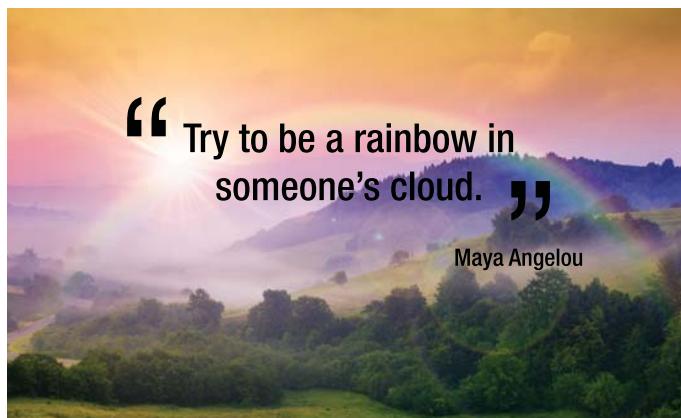


“ Learning never
exhausts the mind. ”
Leonardo da Vinci

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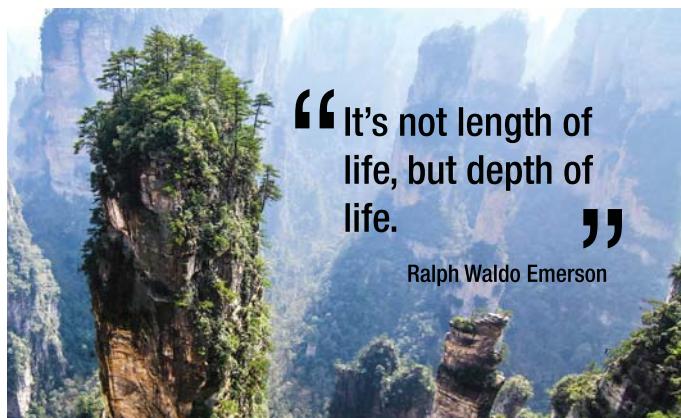


“ Try to be a rainbow in
someone’s cloud. ”
Maya Angelou

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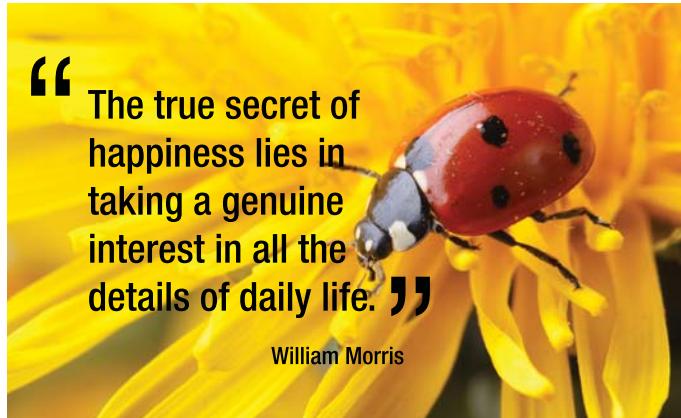


“ It’s not length of
life, but depth of
life. ”
Ralph Waldo Emerson

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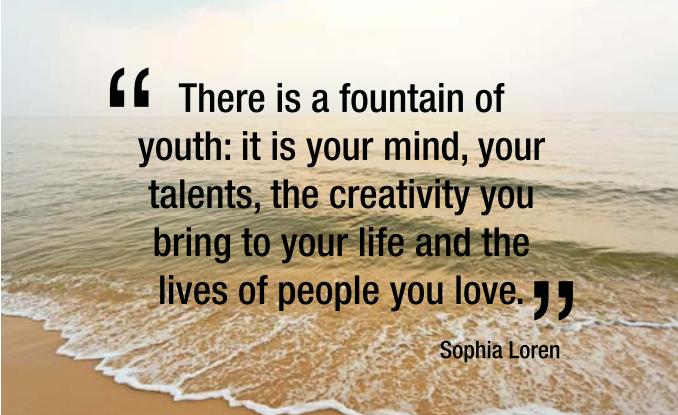


“ The true secret of
happiness lies in
taking a genuine
interest in all the
details of daily life. ”
William Morris

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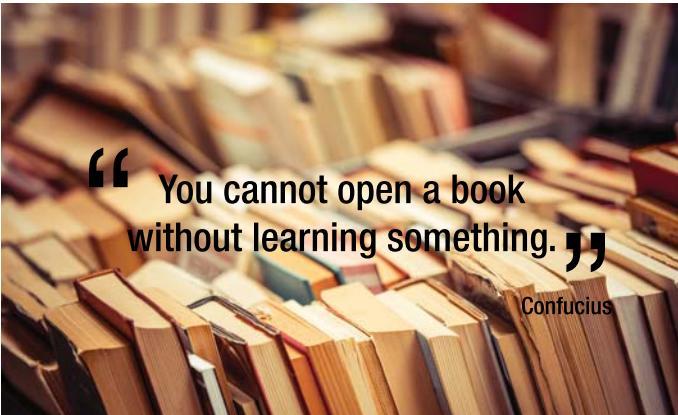


“ There is a fountain of youth: it is your mind, your talents, the creativity you bring to your life and the lives of people you love. ”

Sophia Loren



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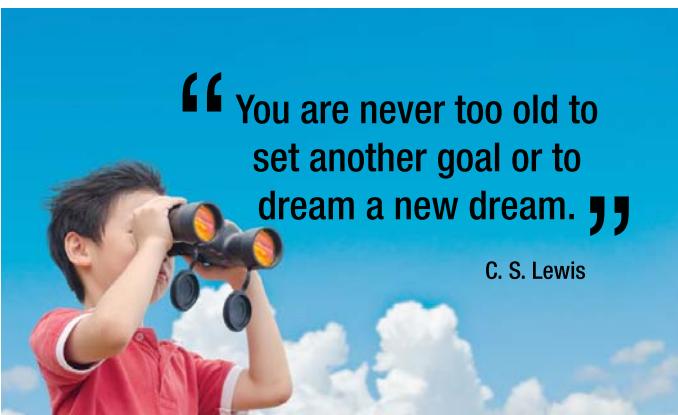


“ You cannot open a book without learning something. ”

Confucius



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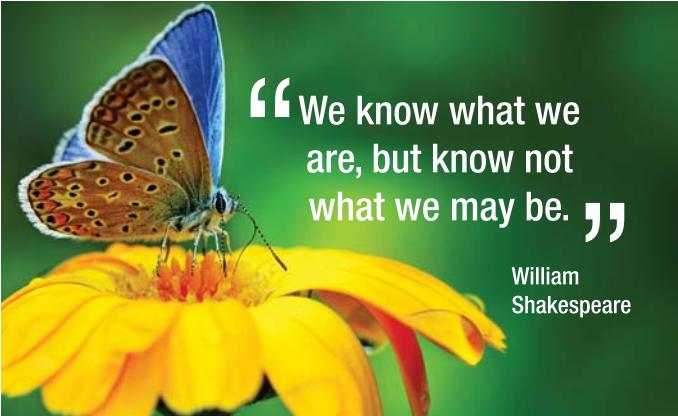


“ You are never too old to set another goal or to dream a new dream. ”

C. S. Lewis



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“ We know what we are, but know not what we may be. ”

William
Shakespeare



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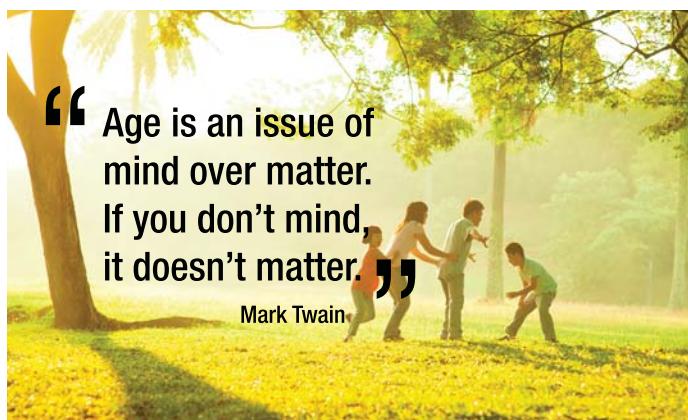


Plato

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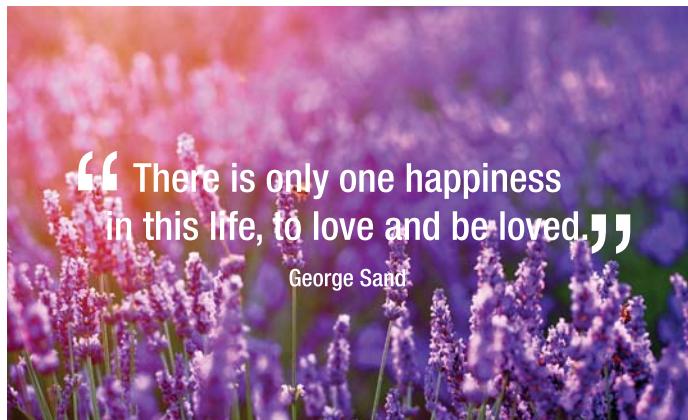


Mark Twain

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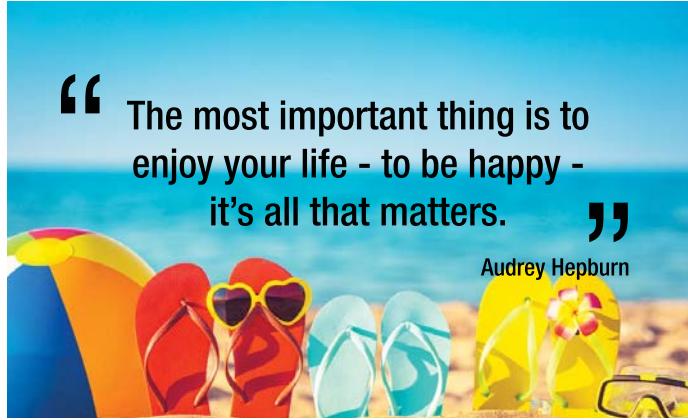


George Sand

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Audrey Hepburn

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“ The capacity to learn is a gift;
The ability to learn is a skill;
The willingness to learn is a choice. ”

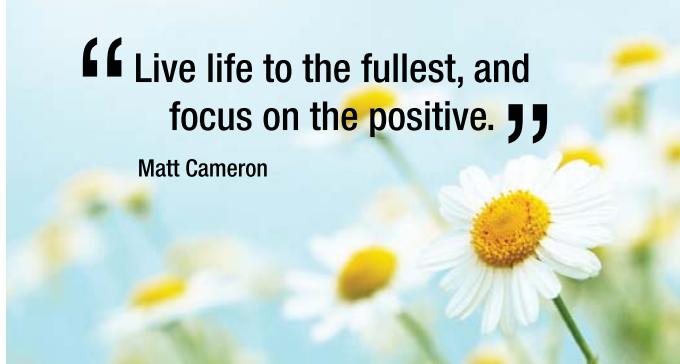
Brian Herbert



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“ Live life to the fullest, and
focus on the positive. ”

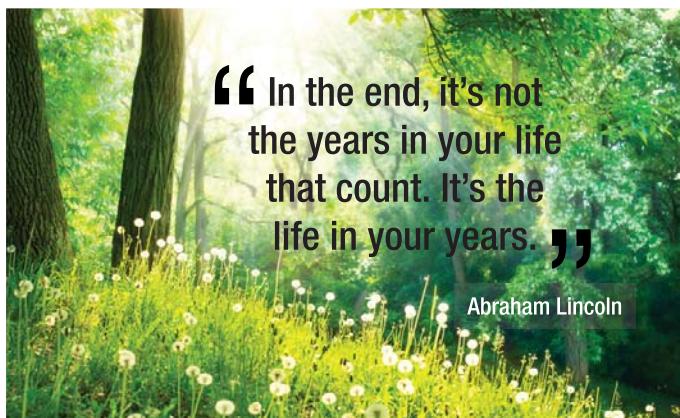
Matt Cameron



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“ In the end, it's not
the years in your life
that count. It's the
life in your years. ”

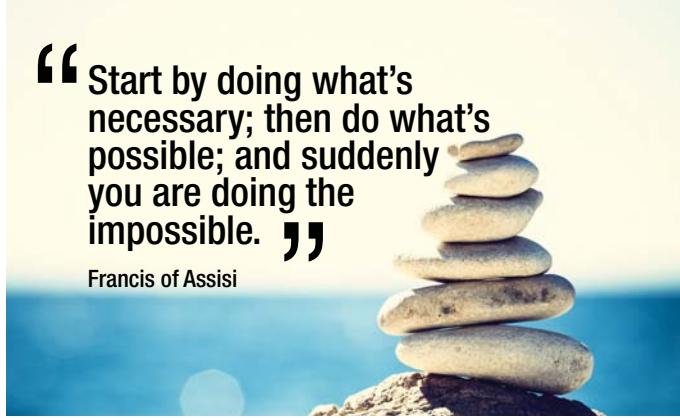
Abraham Lincoln



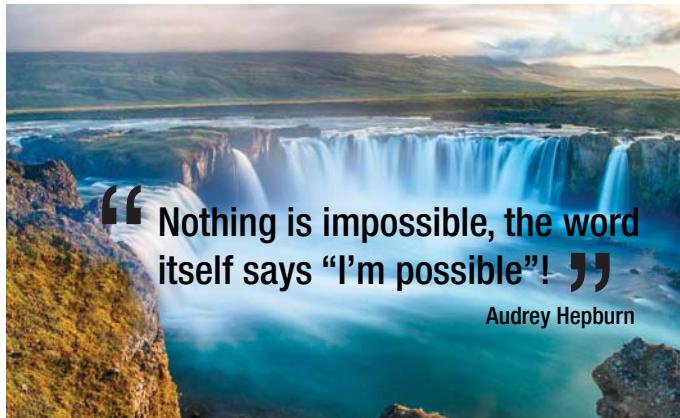
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“ Start by doing what's
necessary; then do what's
possible; and suddenly
you are doing the
impossible. ”

Francis of Assisi



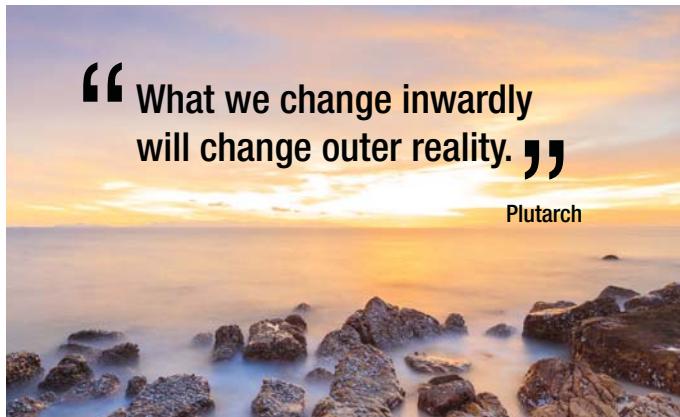
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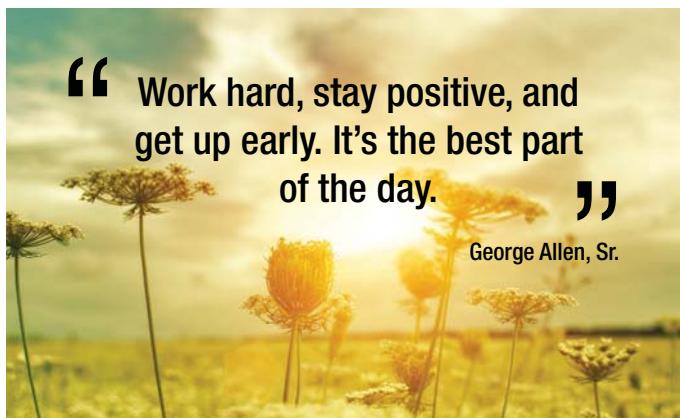
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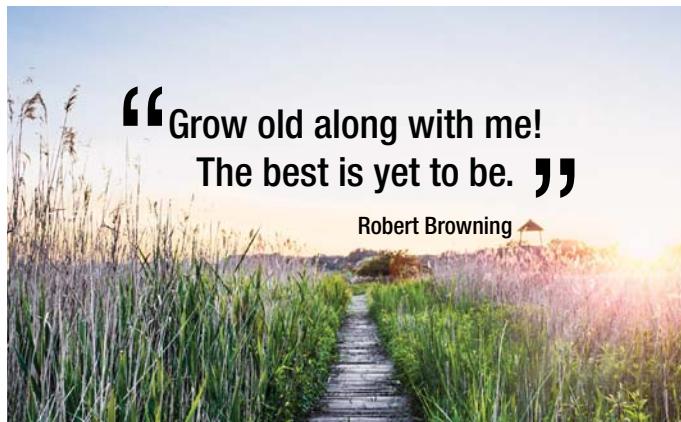
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“Grow old along with me!
The best is yet to be.”
Robert Browning

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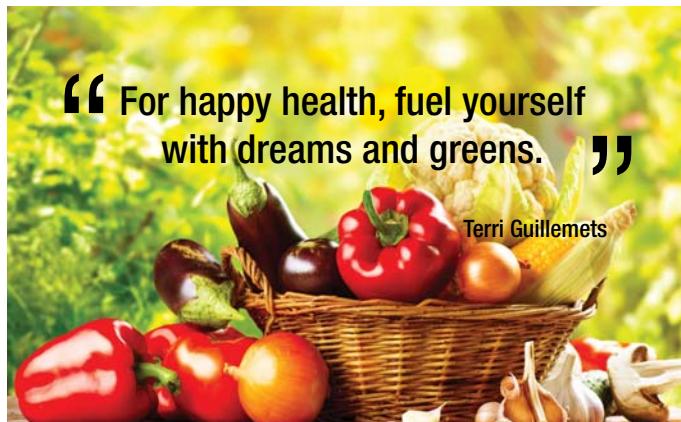
“The biggest adventure you can
take is to live the life of
your dreams.”

Oprah Winfrey

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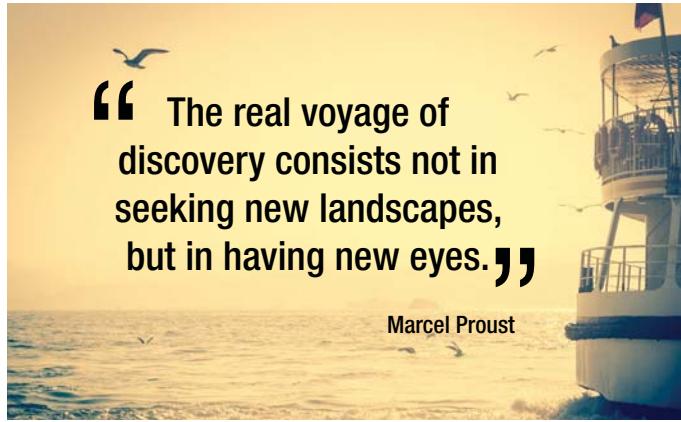
“For happy health, fuel yourself
with dreams and greens.”

Terri Guillemets

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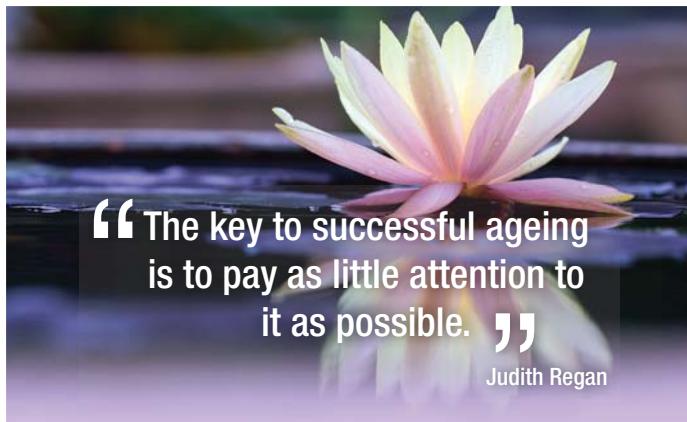
“The real voyage of
discovery consists not in
seeking new landscapes,
but in having new eyes.”

Marcel Proust

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“ The key to successful ageing is to pay as little attention to it as possible. ”

Judith Regan

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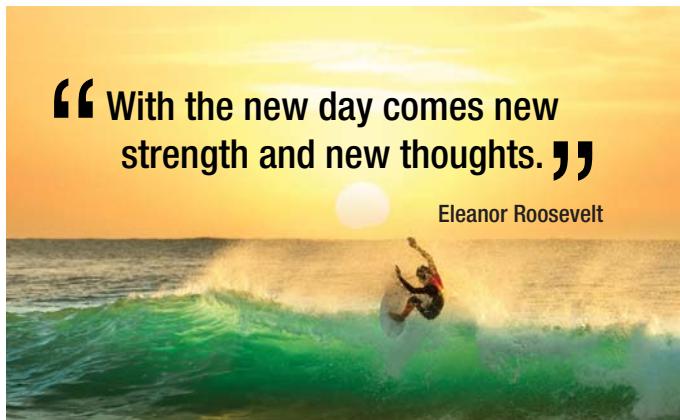
“ Be free and live fully. ”

Caroline Shaw

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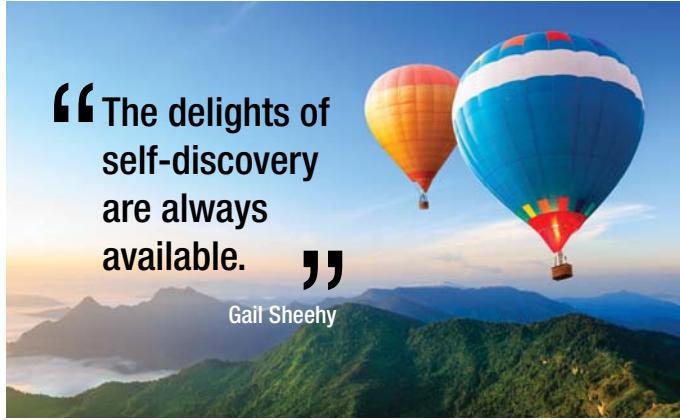
“ With the new day comes new strength and new thoughts. ”

Eleanor Roosevelt

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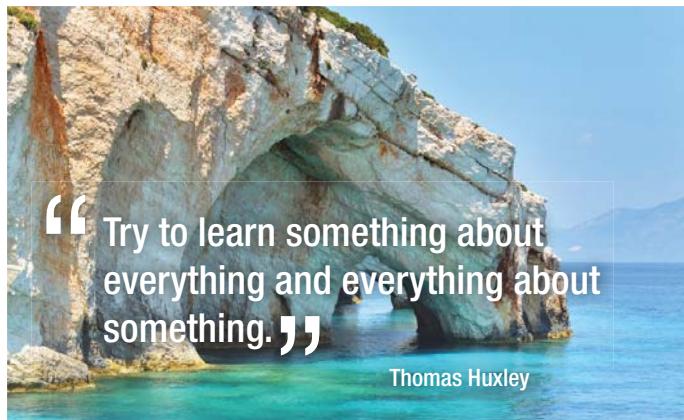
“ The delights of self-discovery are always available. ”

Gail Sheehy

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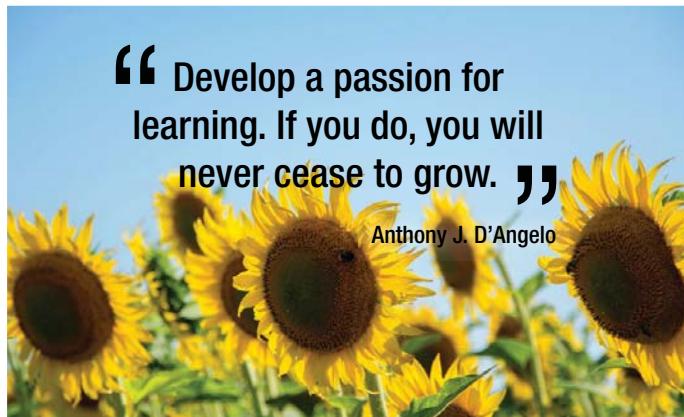
“ Try to learn something about everything and everything about something. ”

Thomas Huxley

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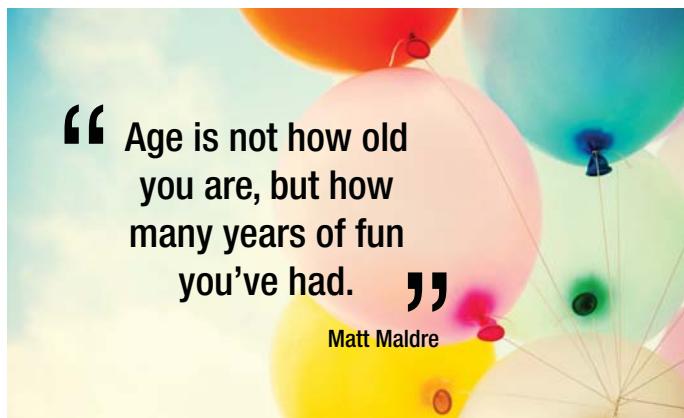
“ Develop a passion for learning. If you do, you will never cease to grow. ”

Anthony J. D'Angelo

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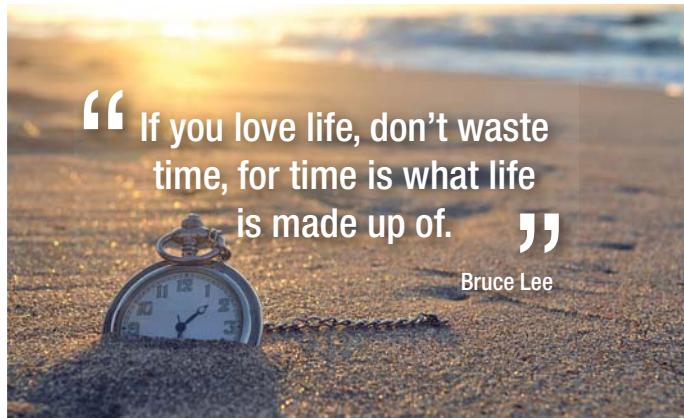
“ Age is not how old you are, but how many years of fun you've had. ”

Matt Maldre

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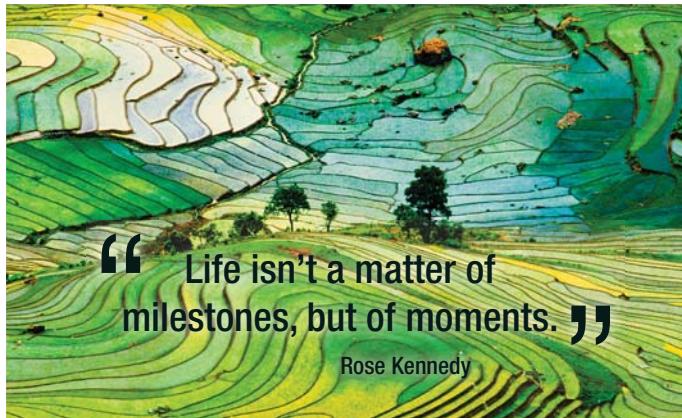
“ If you love life, don't waste time, for time is what life is made up of. ”

Bruce Lee

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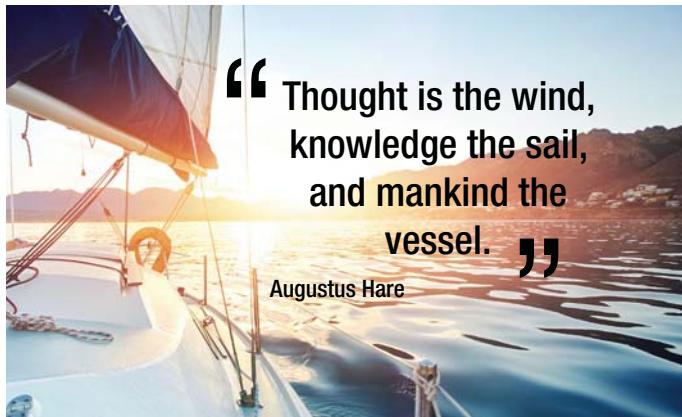
“ Life isn’t a matter of milestones, but of moments. ”

Rose Kennedy

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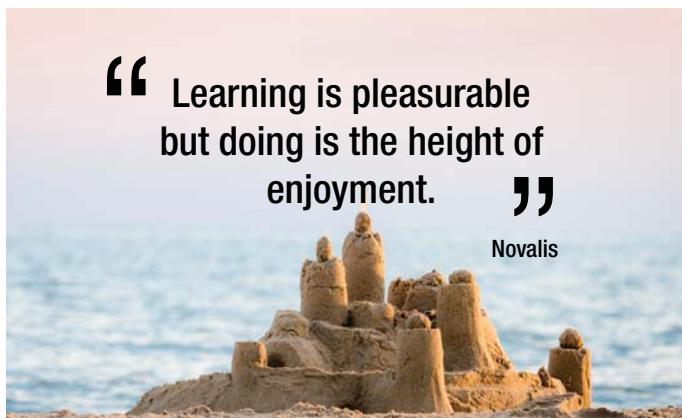
“ Thought is the wind,
knowledge the sail,
and mankind the
vessel. ”

Augustus Hare

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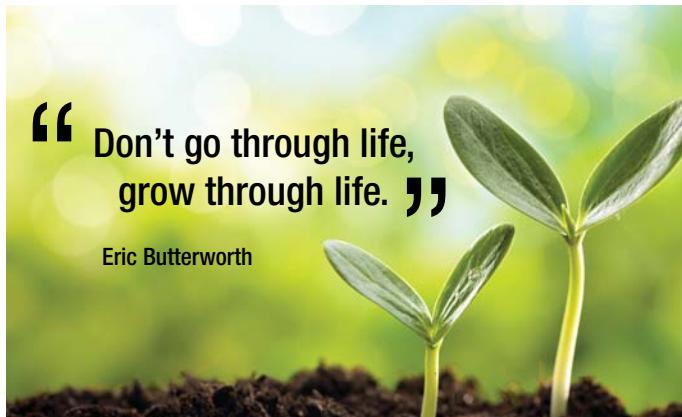
“ Learning is pleasurable
but doing is the height of
enjoyment. ”

Novalis

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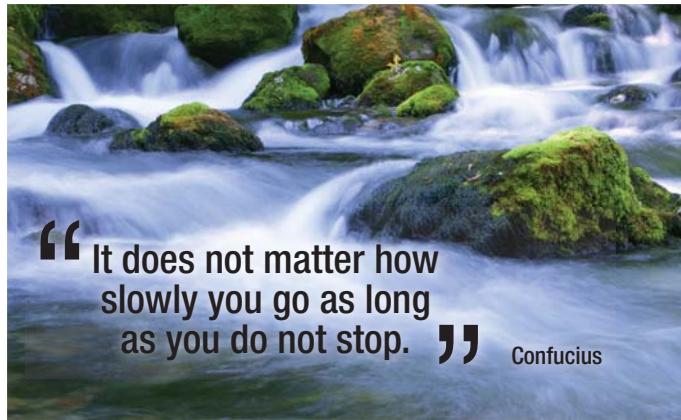
“ Don’t go through life,
grow through life. ”

Eric Butterworth

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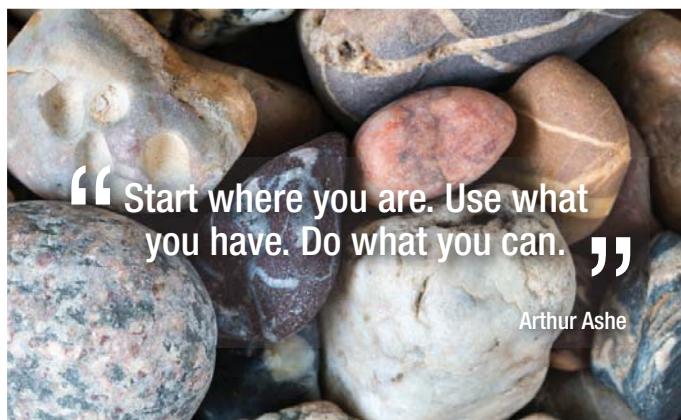
“ It does not matter how slowly you go as long as you do not stop. ”

Confucius

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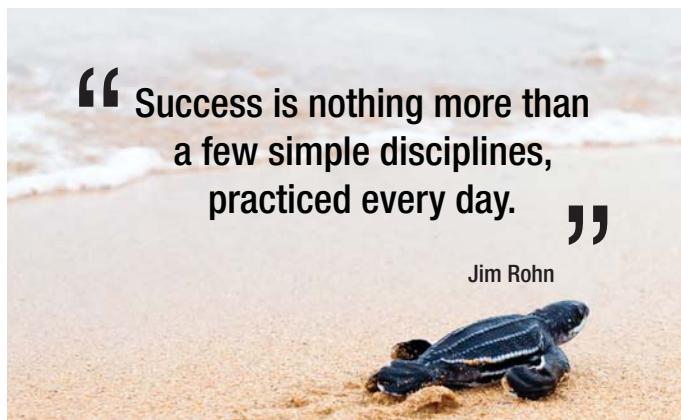
“ Start where you are. Use what you have. Do what you can. ”

Arthur Ashe

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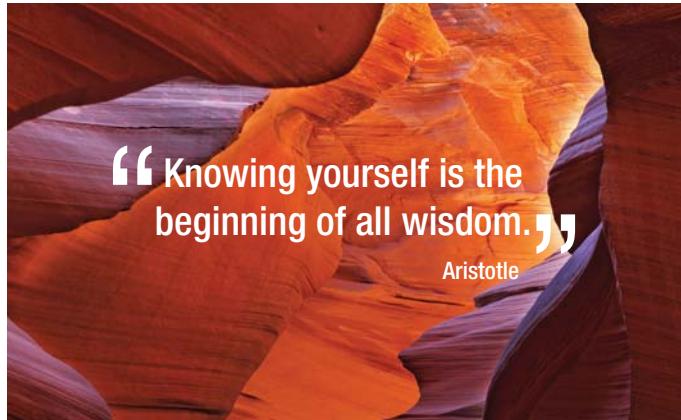
“ Success is nothing more than a few simple disciplines, practiced every day. ”

Jim Rohn

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“ Knowing yourself is the beginning of all wisdom. ”

Aristotle

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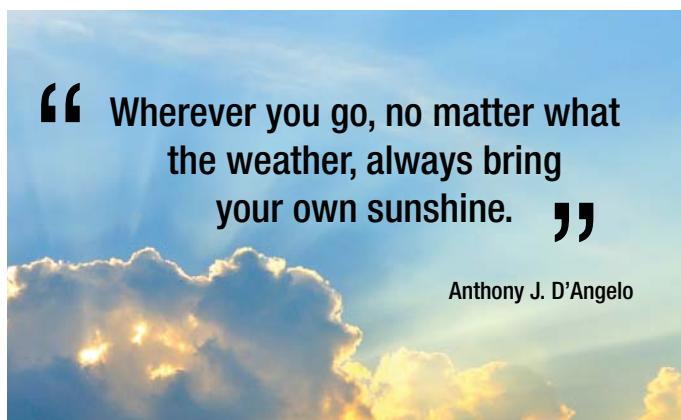
“ Sometimes it's the smallest decisions that can change your life forever. ”

Keri Russell

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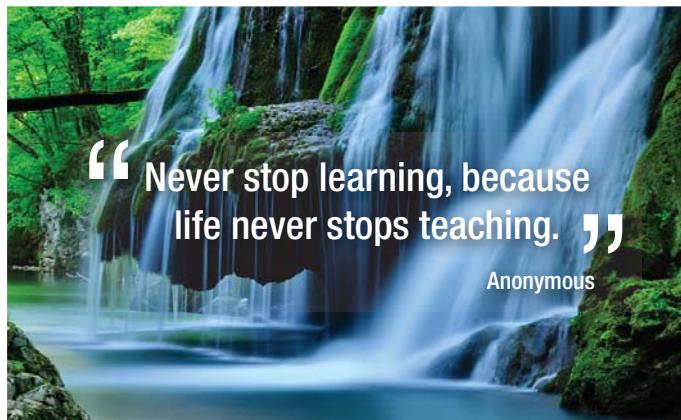
“ Wherever you go, no matter what the weather, always bring your own sunshine. ”

Anthony J. D'Angelo

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“ Never stop learning, because life never stops teaching. ”

Anonymous

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“ Ageing is not lost youth but a new stage of opportunity and strength. ”

Betty Friedan

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