

Step 5: Be Inspired

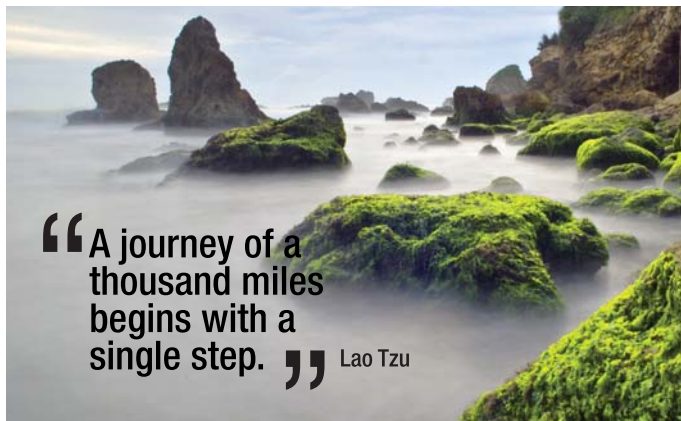


Inspirational Quotes

Inspirational cards to keep you inspired throughout the year!

“The secret to getting ahead is getting started.”

Mark Twain

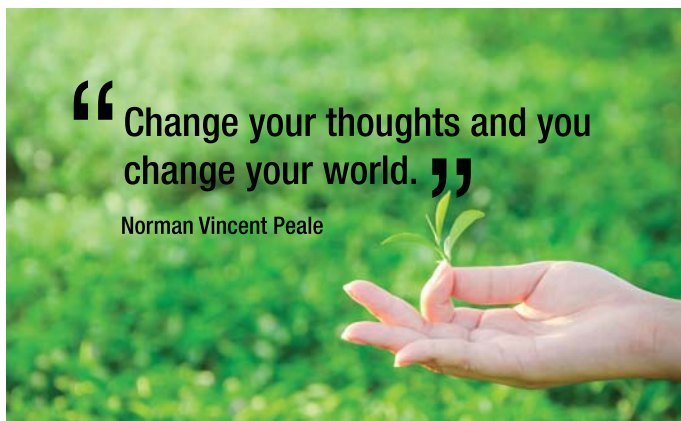


“A journey of a thousand miles begins with a single step.” Lao Tzu

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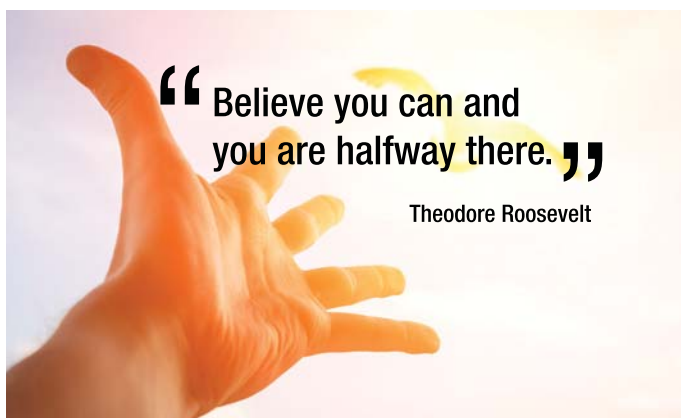
“Change your thoughts and you change your world.”

Norman Vincent Peale

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“Believe you can and you are halfway there.”

Theodore Roosevelt

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“ There’s only one corner of the universe you can be certain of improving, and that’s your own self.”

Aldous Huxley

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“ Learning is an experience. Everything else is just information.”

Albert Einstein

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“ If you don’t like something change it. If you can’t change it, change your attitude.”

Maya Angelou

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“ The important thing is not to stop questioning.”

Albert Einstein

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**“ Learning never
exhausts the mind. ”**

Leonardo da Vinci

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**“ Try to be a rainbow in
someone’s cloud. ”**

Maya Angelou

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**“ It’s not length of
life, but depth of
life. ”**

Ralph Waldo Emerson

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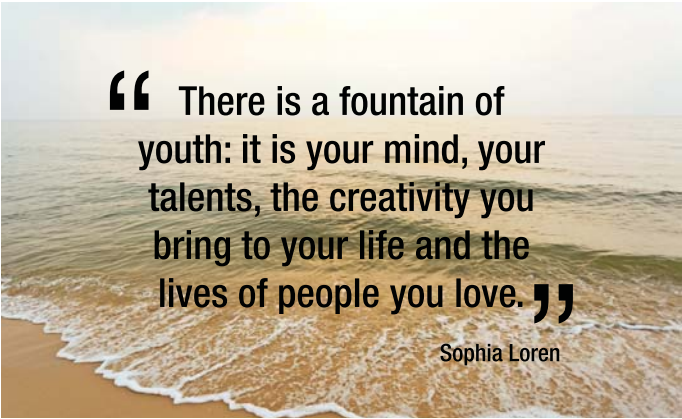
**“ The true secret of
happiness lies in
taking a genuine
interest in all the
details of daily life. ”**

William Morris

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“ There is a fountain of youth: it is your mind, your talents, the creativity you bring to your life and the lives of people you love. ”

Sophia Loren

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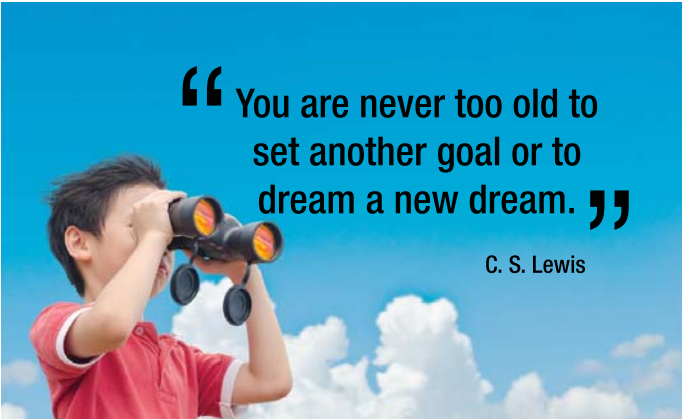
“ You cannot open a book without learning something. ”

Confucius

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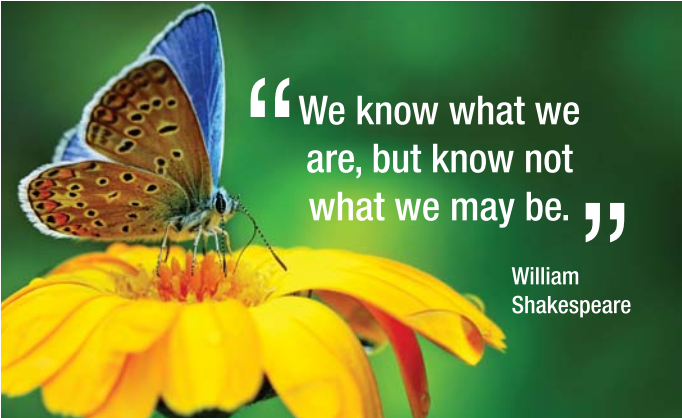
“ You are never too old to set another goal or to dream a new dream. ”

C. S. Lewis

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“ We know what we are, but know not what we may be. ”

William Shakespeare

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“ Life must be lived as play. ”

Plato



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“ Age is an issue of
mind over matter.
If you don't mind,
it doesn't matter. ”

Mark Twain



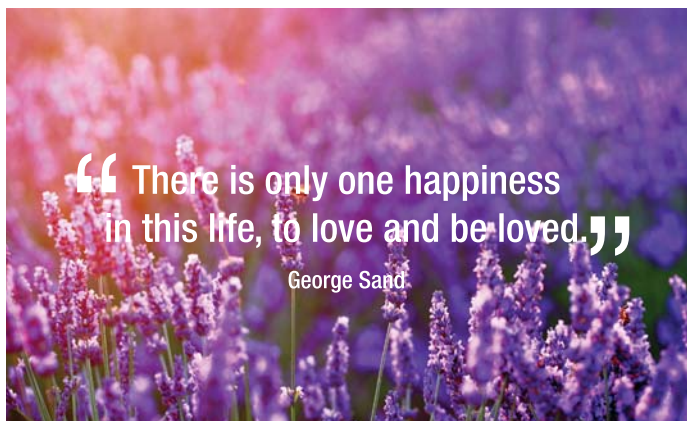
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“ There is only one happiness
in this life, to love and be-loved. ”

George Sand



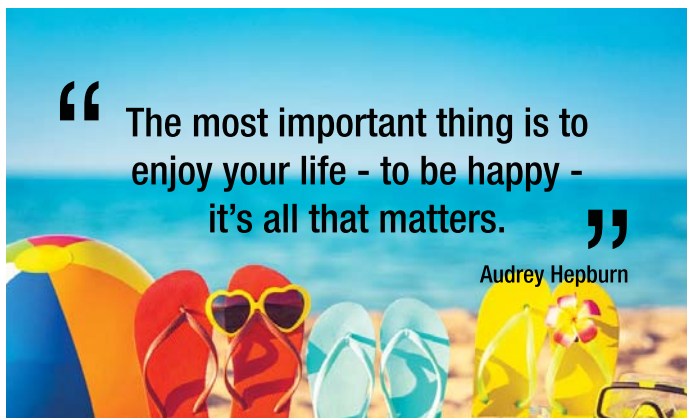
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“ The most important thing is to
enjoy your life - to be happy -
it's all that matters. ”

Audrey Hepburn



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**“ The capacity to learn is a gift;
The ability to learn is a skill;
The willingness to learn is a choice.”**

Brian Herbert

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**“ Live life to the fullest, and
focus on the positive.”**

Matt Cameron

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**“ In the end, it's not
the years in your life
that count. It's the
life in your years.”**

Abraham Lincoln

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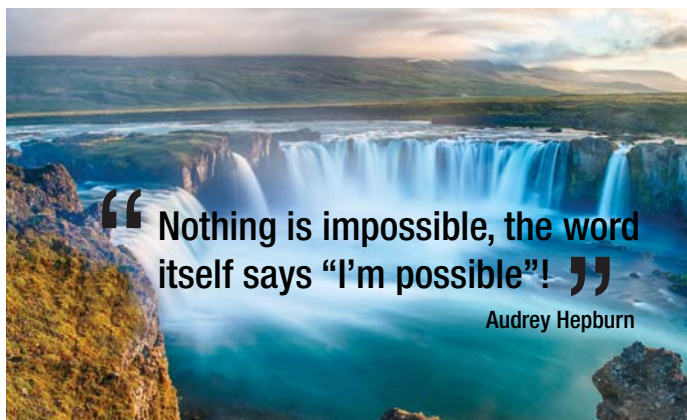
**“ Start by doing what's
necessary; then do what's
possible; and suddenly
you are doing the
impossible.”**

Francis of Assisi

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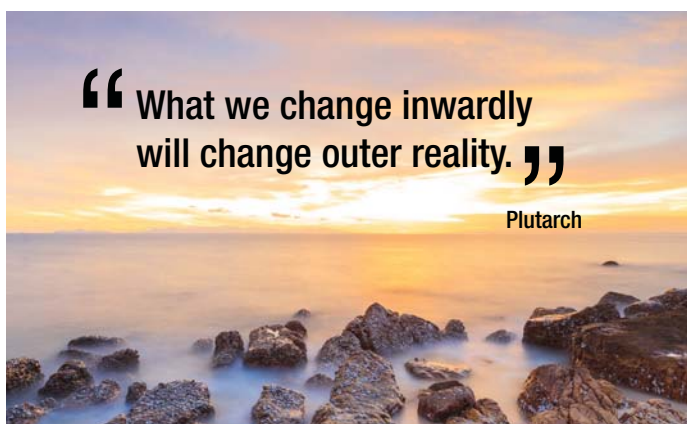
“ Nothing is impossible, the word itself says “I’m possible”! ”

Audrey Hepburn

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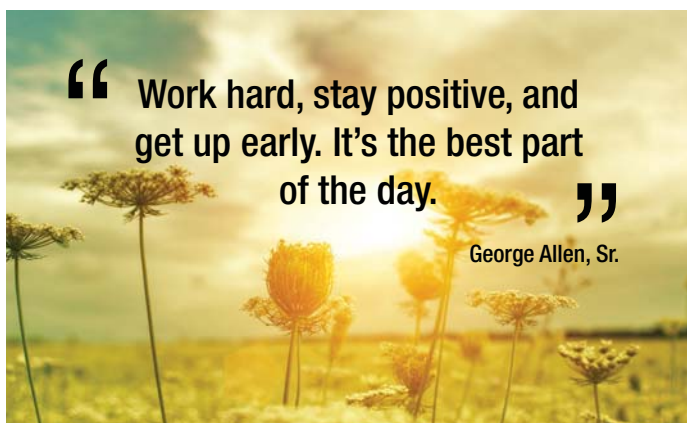
“ What we change inwardly will change outer reality. ”

Plutarch

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“ Work hard, stay positive, and get up early. It’s the best part of the day. ”

George Allen, Sr.

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“ What you do today can improve all your tomorrows. ”

Ralph Marston

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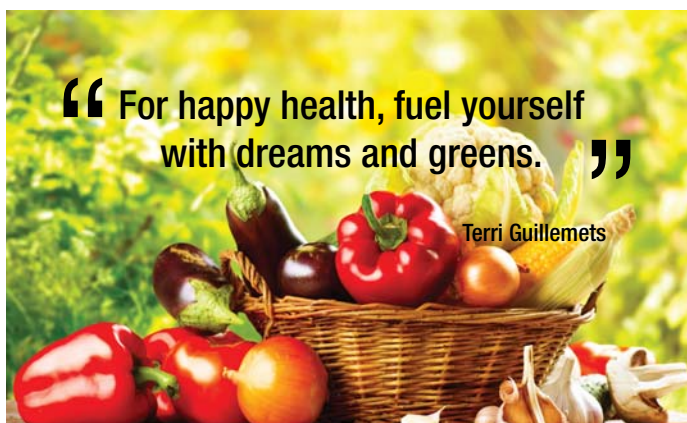
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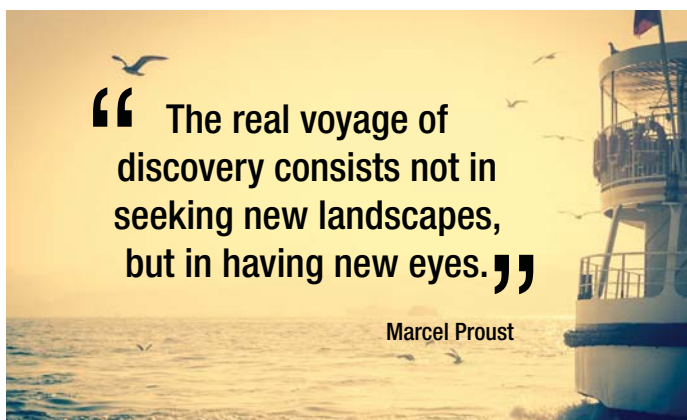
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**“ The key to successful ageing
is to pay as little attention to
it as possible. ”**

Judith Regan

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“ Be free and live fully. ”

Caroline Shaw

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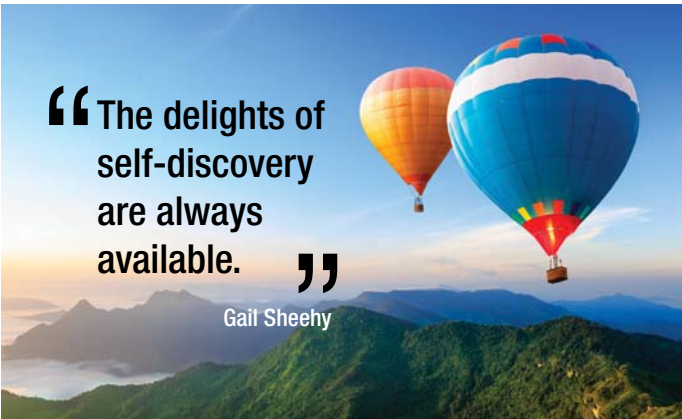
**“ With the new day comes new
strength and new thoughts. ”**

Eleanor Roosevelt

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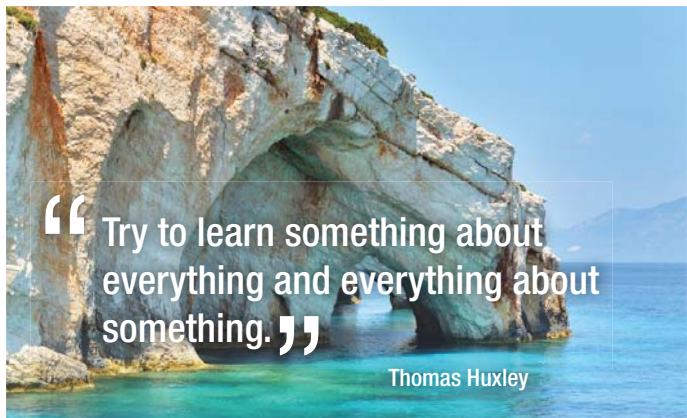
**“ The delights of
self-discovery
are always
available. ”**

Gail Sheehy

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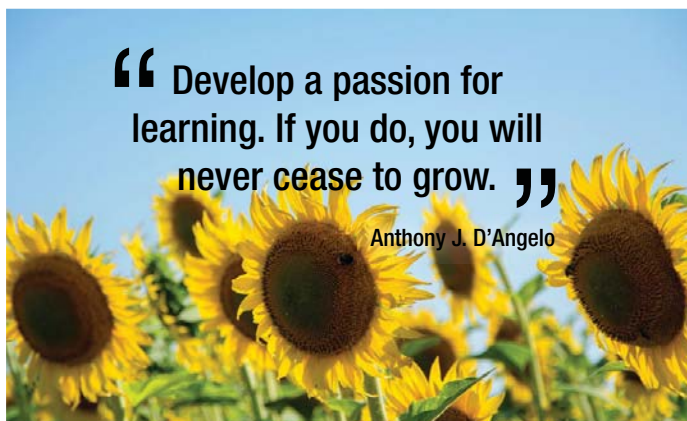
“ Try to learn something about everything and everything about something. ”

Thomas Huxley

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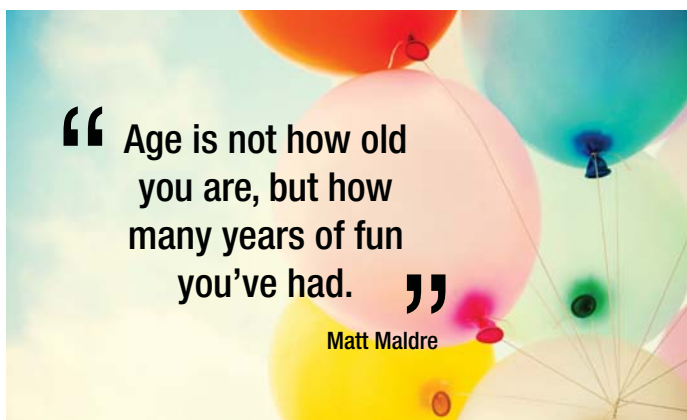
“ Develop a passion for learning. If you do, you will never cease to grow. ”

Anthony J. D'Angelo

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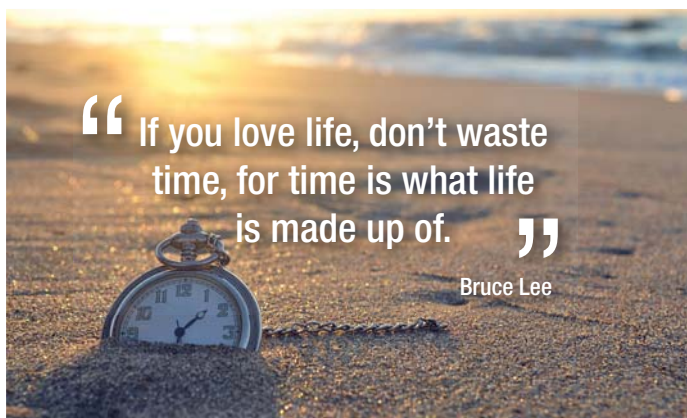
“ Age is not how old you are, but how many years of fun you've had. ”

Matt Maldre

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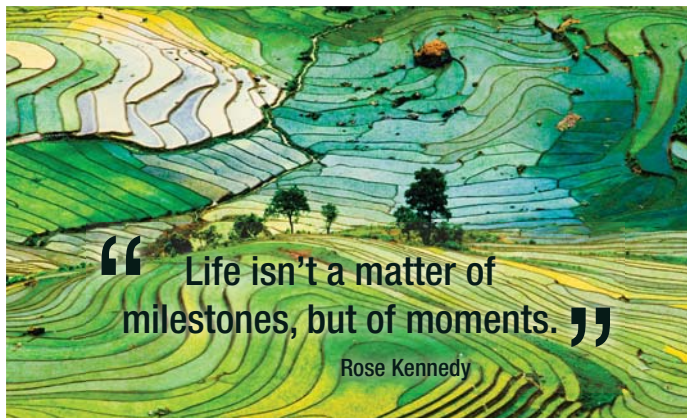
“ If you love life, don't waste time, for time is what life is made up of. ”

Bruce Lee

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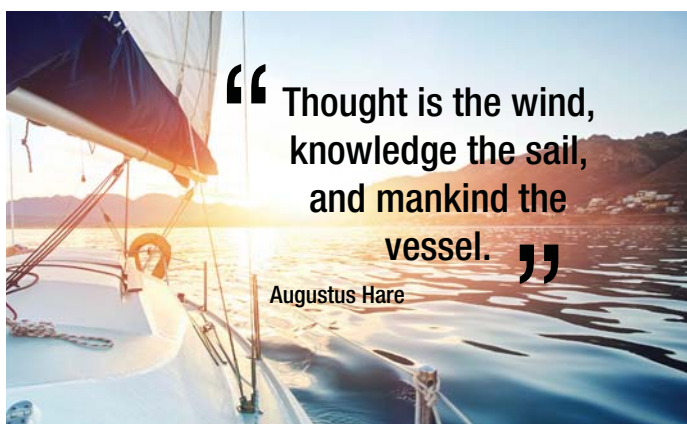
“ Life isn’t a matter of milestones, but of moments. ”

Rose Kennedy

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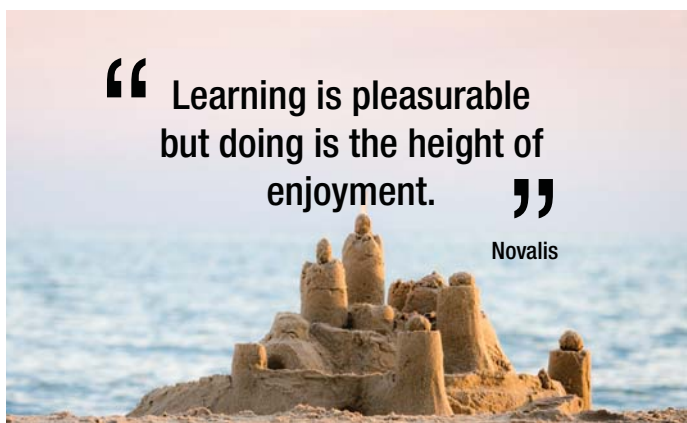
“ Thought is the wind, knowledge the sail, and mankind the vessel. ”

Augustus Hare

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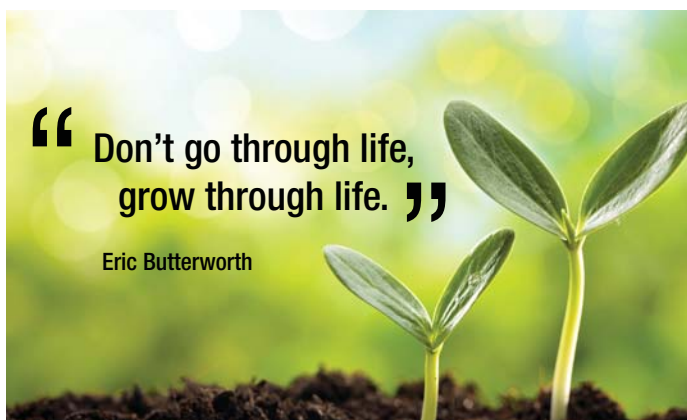
“ Learning is pleasurable but doing is the height of enjoyment. ”

Novalis

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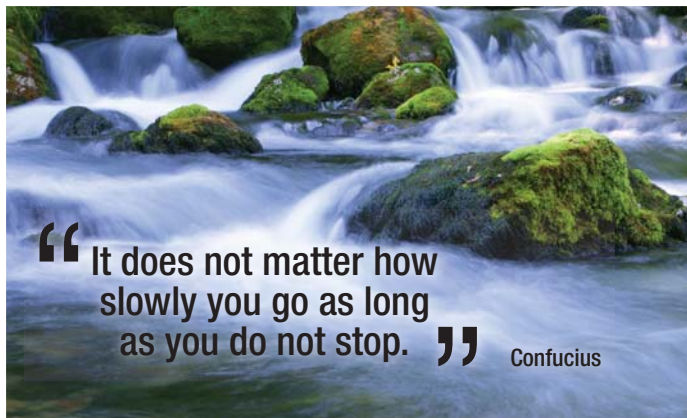
“ Don’t go through life, grow through life. ”

Eric Butterworth

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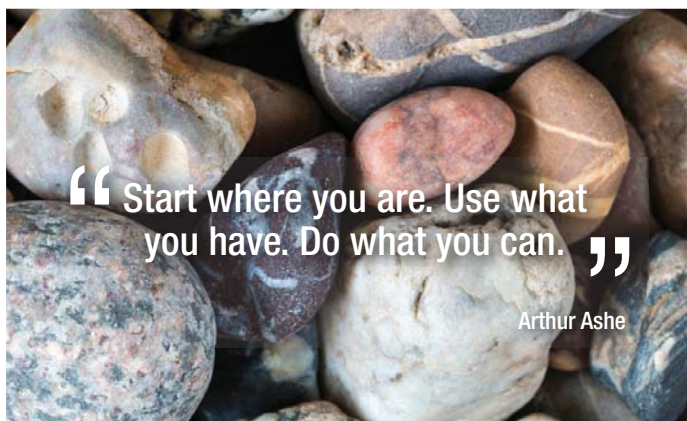


“ It does not matter how slowly you go as long as you do not stop. ” Confucius

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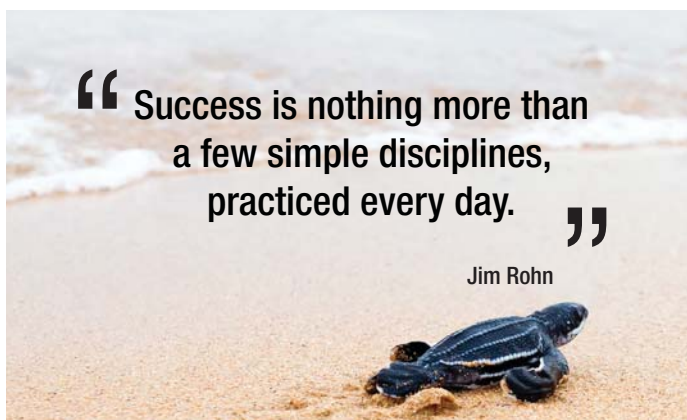


“ Start where you are. Use what you have. Do what you can. ” Arthur Ashe

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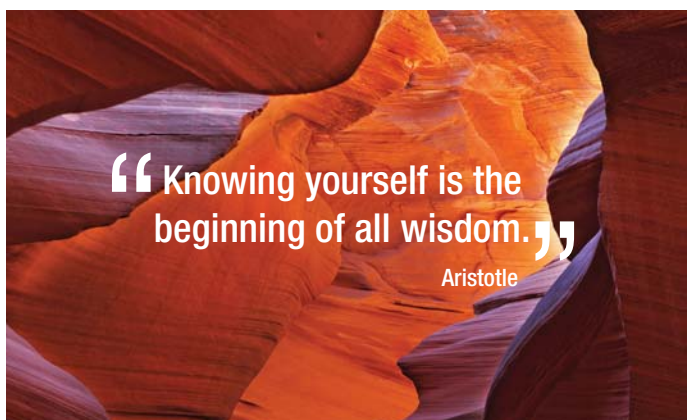
“ Success is nothing more than a few simple disciplines, practiced every day. ”

Jim Rohn

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“ Knowing yourself is the beginning of all wisdom. ” Aristotle

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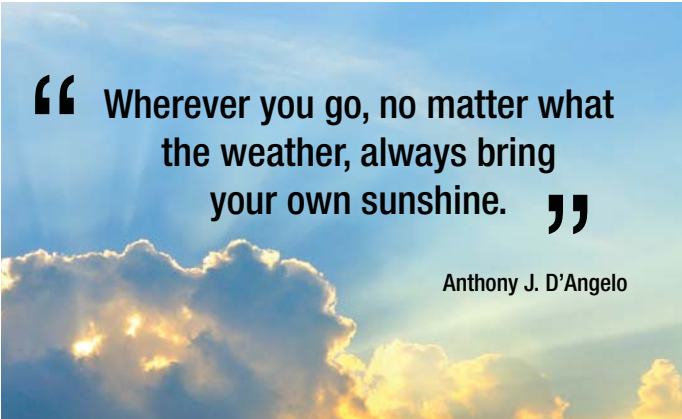
**“ Sometimes it's the smallest
decisions that can change
your life forever. ”**

Keri Russell

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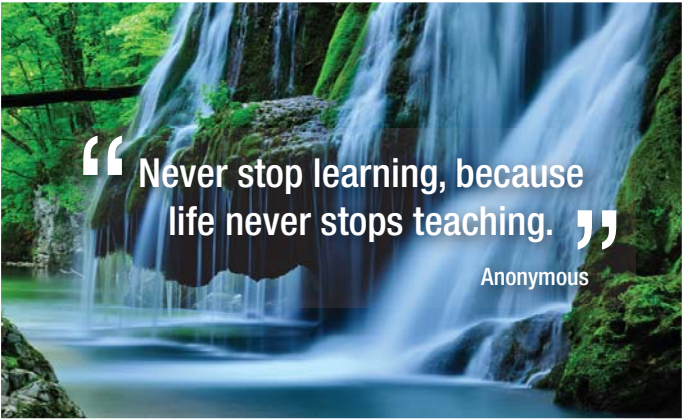
**“ Wherever you go, no matter what
the weather, always bring
your own sunshine. ”**

Anthony J. D'Angelo

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**“ Never stop learning, because
life never stops teaching. ”**

Anonymous

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**“ Ageing is not lost youth
but a new stage of
opportunity and strength. ”**

Betty Friedan

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