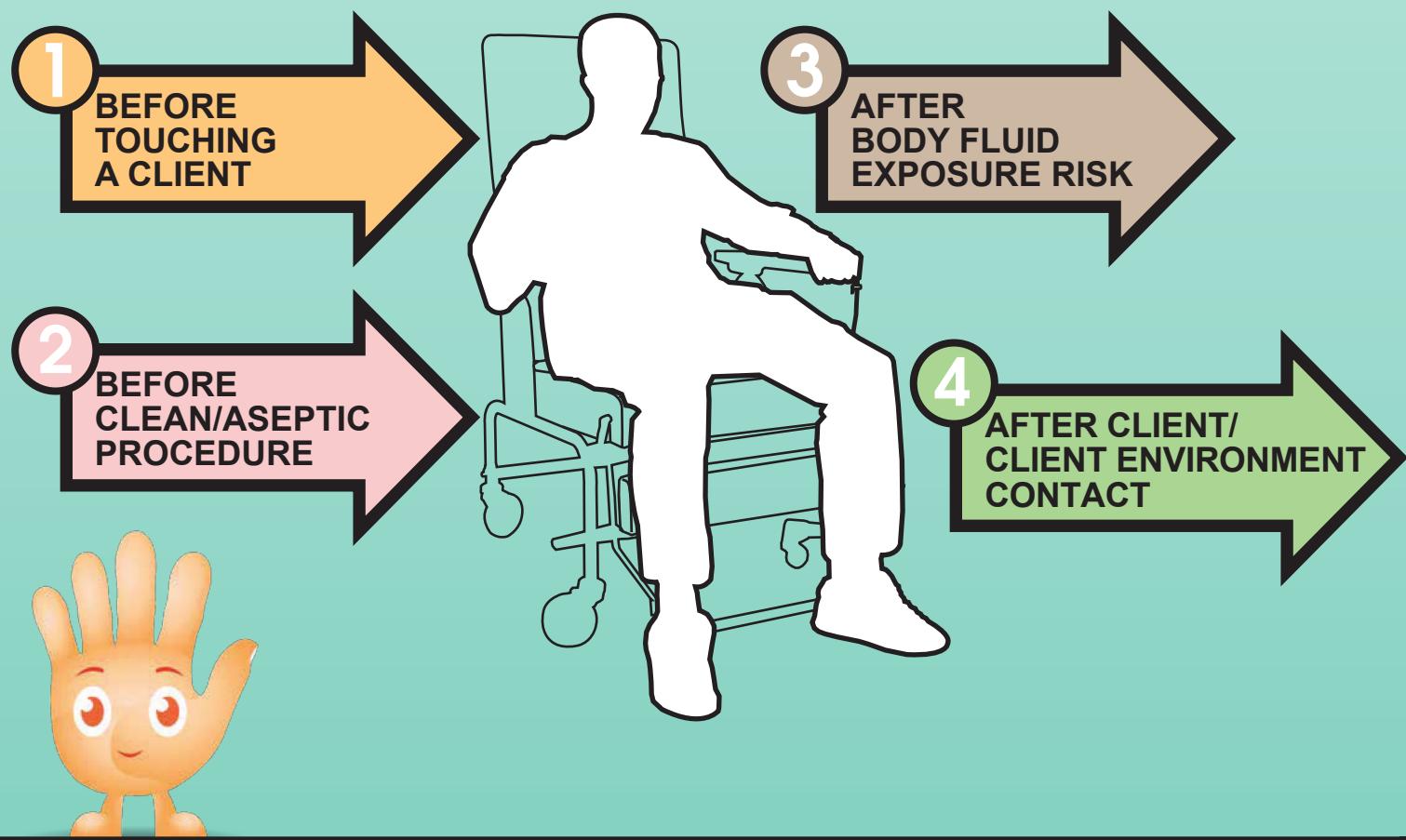


# 4 MOMENTS FOR HAND HYGIENE\*



<b>1</b> <b>BEFORE TOUCHING A CLIENT</b>	<b>WHEN</b> Clean your hands before approaching and/or touching a client. <b>WHY</b> To protect the client against harmful germs carried on your hands.
<b>2</b> <b>BEFORE CLEAN/ASEPTIC PROCEDURE</b>	<b>WHEN</b> Clean your hands immediately before performing a clean/aseptic procedure. <b>WHY</b> To protect the client against harmful germs, including the client's own, from entering his/her body.
<b>3</b> <b>AFTER BODY FLUID EXPOSURE RISK</b>	<b>WHEN</b> Clean your hands immediately after an exposure risk to body fluids (and after glove removal). <b>WHY</b> To protect yourself and the healthcare environment from harmful germs.
<b>4</b> <b>AFTER CLIENT/CLIENT ENVIRONMENT CONTACT</b>	<b>WHEN</b> Clean your hands after touching a client and his/her immediate surroundings, when leaving the client's side. <b>WHY</b> To protect yourself and the healthcare environment from harmful germs.