

An Introduction to the Age Well Kakis Programme

31 July 2026

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Introduction to Age Well Kakis

- The Age Well Kakis Programme is a new initiative supported by MOH and AIC to encourage partners in engaging seniors* to **contribute back to their community and their peers through meaningful community opportunities/contributions as acts of volunteerism.**
- The programme aims to support partners in designing and offering **community opportunities** to build up seniors' **social participation and strengthen mutual help and community cohesion**, starting from the community care sector and neighbourhood spaces.
- 2 years programme from 1 August 2026 to 31 July 2028



*Aged 50 and above for this programme

Who is eligible to participate in the programme?

Service Providers that operate MOH funded

1. Active Ageing Centres (AACs) and/or
2. Community Care Services

For example:

- Meals on Wheels (MOW)
- Medical Escort & Transport (MET)
- Senior Care Centre (SCC)
- Nursing Homes (NHs)
- Inpatient Hospices
- Psychiatric Day Rehab
- Psychiatric Rehabilitation/Sheltered Home
- Day Hospice
- Dialysis Centres



What are Community Opportunities/ Contributions?

Community opportunities /contributions are typically:

- Task-based and flexible,
- Activities that seniors can easily undertake based on their interests, abilities and availability;
- Can be completed within a reasonable duration of time (e.g. minimum of 1 hour)

Community opportunities/contributions can be done within centres, service settings, or nearby community spaces. Examples may include:

- Event support: setting up rooms, registration, ushering, guiding participants
- Activity support: helping with group activities or supporting peers, supporting Active Ageing Programmes (AAP), etc
- Support MOW service by assisting with delivery of meals to other seniors or MET service through coordination or accompanying other seniors during medical appointments
- In care settings (e.g. NHs) supporting laundry and/or kitchen operations, or in engaging residents socially



How can Service Providers participate?

Eligible service providers may choose to onboard as a participating 1) AACs and /or 2) CCOs as follows:

1	Active Ageing Centres (AACs)	Grow and Sustain the Senior Volunteer Pools • To mobilize seniors to take up community actions on a <u>sustained basis</u>.
2	Community Care Organisations (CCOs, excluding AACs) Offering MOH funded Community Care Services	Expand Supply of Community Opportunities • Develop capabilities to redesign and integrate community actions as part of service delivery • Leverage on platforms (e.g. Silver Hands developed by Thye Hua Kwan (THK) and DBS bank) to facilitate posting of community opportunities and matching seniors to the community opportunities.

Funding Details:

1	Active Ageing Centres (AACs)	Grow and Sustain the Senior Volunteer Pools - AACs have access to the largest pool of seniors that you regularly engage. - To mobilize seniors to take up community actions on a <u>sustained basis</u>.
Funding	a. Capped at parent organisation level based on total no. of AACs onboarded	
Data Tracking for claims	AACs to track and submit claims <u>at parent organization level every quarterly</u> with the following information: - No. of seniors participating - No. of contributions completed (set of 10) by unique participating senior - Number of community opportunities developed by AACs - Number of community opportunities completed by seniors - Amount of stipends paid out	

[AACs] Examples of what one Community Contribution means



Guideline: Approximately **one hour** spent working on the community opportunity is equivalent to **one contribution**.
AAC will have the **discretion** to offer one contribution to senior depending on the duration and intensity of the task.

	Types of community opportunities/ contributions	Details of the tasks	Do we consider as ONE community contribution
1	Attendance taking for Active Ageing Programme (AAP) 	Senior completed attendance taking in 10mins and stayed on for attendance taking across 6 different sessions (total 60 mins) 	 Yes, senior may clock 1 contribution
2	Set up the venue for the AAP 	Seniors came early for set up and assisted in attendance taking. Seniors stayed on to facilitate the AAP. 	 Yes
3	Event Support (Report early) 	Senior reported early to set up the venue, assist with registration and stayed for the whole 2 hours event. 	 Yes, senior may clock 2 to 3 contributions depend on the duration
4	Event Support (Report late, assist and stay to help) 	Senior reported late, but helped to usher participants and stayed until the end of the 2 hours events. 	 Yes, senior may clock 1 to 2 contributions depend on the duration
5	Event Support (Report late, minimal involvement) 	Senior reported late, did not assist much, but stayed to chit chat with other seniors till the end of the 2 hours event. 	 No. Unless chit chat/interact with other seniors is part of the volunteering role/task.

Funding Details:

2	CCOs (Excluding AACs) Offering MOH funded Community Care Services	Expand Supply of Community Opportunities • Support for CCOs to develop internal capabilities to redesign and integrate community actions as part of service delivery. • Leverage on platforms (e.g. Silver Hands developed by Thye Hua Kwan (THK) and DBS bank) to facilitate posting of community opportunities and matching of seniors to the community opportunities.
Funding	a. Capped at number of service lines that provider brings on board. E.g. CCO commits to create opportunities in MOW and MET = eligible for total funding amount for 2 service lines.	
Data Tracking for claims	CCOs to track and submit claims at parent organization level every quarterly with the following information - Amount of stipend paid out - No. of opportunities created/posted and taken up by the seniors - Number of unique seniors participating	

Onboarding Process and Timeline

There will be two channels of onboarding:

1. Early onboarding via FormSG (In-Principle Approval-IPA) (from 1 Aug to 31 Oct) followed by
2. OSG (Letter of Award- LOA) (from 1 Nov)

Batch 1¹ (From 1 Aug to 31 Oct 2026)

	Actions	Timeline	To access FormSG:
1	Submit FormSG to indicate interest to onboard	1 Aug to 31 Oct 2026	 https://for.sg/ipa4awk
2	AIC will issue IPA to eligible applicants ²		
3	Submit grant application on OSG with the IPA email as a supporting document	1 Oct to 31 Oct 2026	
4	Issuance of LOA from AIC	Between Oct to Dec 2026	

Batch 2 to 4¹ (From 1 Nov 2026 to 1 Jul 2027³) for partners who onboard later

	Actions	Timeline
1	Submit grant application on OSG	From 1 Nov 2026
2	Issuance of LOA from AIC to eligible applicants	From 1 Dec 2026

1. Refer to next slide for application windows for the 4 batches.

2. Applicants will need to receive the IPA before project commencement.

3. 1 July 2027 will be the final day for submission via OSG

Application and Claim Submission Timelines

- OSG grant applications will be processed in four batches and funding period will be as shown below based on the application timeline.
- Note: Funding amount will not be prorated based on onboarding date. Successful applicants will receive the full funding amount for each eligible AAC/service line that is onboarded.
- During application stage, providers will need to indicate number and names of AACs and/or community care service lines to be onboarded.

Batch	Application Received By:	Funding Period	Duration
1	31 Oct 26 (via FormSG)	Aug 2026 (IPA effective date) – 31 Jul 2028	21-24 months (~2Y)
2	1 Dec 26 (via OSG)	1 Jan 27 – 31 Jul 2028	19 months (1Y 7M)
3	1 Mar 27 (via OSG)	1 Apr 2027 – 31 Jul 2028	16 months (1Y 4M)
4	1 Jul 27* (via OSG)	1 Aug 2027 – 31 Jul 2028	12 months (1Y)

- Claims to be submitted every quarterly. Note: Applicants from Batch 1 can only start claiming **from 1 January 2027** for work done from 'project commencement date' stated on the IPA.

*1 July 2027 will be the final day for submission via OSG

Support and Contact

- FAQs will be shared after the briefing.
- Please feel free to reach out to us at activeageing@aic.sg if you have any further clarifications.

Thank you.

RESTRICTED, NON-SENSITIVE

