

Evaluation Summary of Invert Sugar for Use as a Cigarette Ingredient

Invert sugar is an aqueous solution of inverted or partly inverted sucrose. It is accepted as generally recognized as safe (GRAS) by the U.S. Food and Drug Administration for use in food (21 CFR § 184.1859). Invert sugar, with its primary carbohydrate constituents of fructose, glucose, and secondary content of sucrose, provides a pleasing taste (or sweetness) and contributes to the texture and palatability of many foods. It also represents a major source of energy in the typical North American diet. Invert sugar, while once popular as a sweetener in the soft drink industry prior to the introduction of high fructose corn syrup, continues to be used as a sweetening agent in both the baking and confectionery industry.¹

According to all conventional tests, at present dietary levels, invert sugar is of low toxicity to both animals and humans.²⁻¹⁰ Studies on the effects of invert sugar on glucose tolerance, diabetes, cardiovascular disease (including hypertension), blood lipids, mineral balances, copper nutriture and suspected cancer incidence in both human and animal studies, point to only transient effects seen with dosages of invert sugar which far exceed the normal dietary intake in humans.¹¹⁻⁶⁴ Factors which weigh heavily on the results of these studies, and are considered confounding factors, are the contribution of abnormal calories with resulting obesity, which itself, is a contributing factor to hypertension, cardiovascular diseases and diabetes. Thus, there are no studies which have been conducted that provide scientific evidence that consumption of invert sugar at concentrations which occur in the average diet directly causes diabetes, hypertension, cardiovascular disease, blood lipid diseases, copper deficiency, reproductive abnormalities or cancer.⁶⁵⁻¹¹⁶

Currently, invert sugar is used worldwide at levels below 50,000 ppm in selected cigarette brands manufactured and/or distributed by Philip Morris USA Inc. (PM USA) and/or Philip Morris Products SA (PMP SA). Invert sugar is applied directly to the tobacco as a flavor, and as such, invert sugar may be subject to pyrolysis reactions when smoked. Invert sugar may also be applied to the filter as a flavoring material where it would not be subjected to pyrolysis temperatures.

As suggested by the purge and trap studies conducted by PMUSA,¹¹⁷ invert sugar applied to tobacco would not be expected to distill at 100°C and a significant portion of the material would be available for pyrolysis. At the higher temperatures used in the PM USA pyrolysis studies,¹¹⁸ the major peaks were identified as furfural, 5-(hydroxymethyl)-2-furfural and levoglucosan. Formaldehyde, acetaldehyde, furan, and carbon dioxide peaks were also identified in the pyrolysis study and these peaks are consistent with pyrolytic destruction of carbohydrate materials. An extensive review of the literature suggests little evidence that supports acetaldehyde as a major pyrolysis product of sugar.¹¹⁹

A PM USA study of the chemical analysis of smoke from cigarettes to which invert sugar was added (25,000, 50,000 or 100,000 ppm invert sugar on tobacco) revealed occasional changes (decreases and increases) in some analyzed parameters. Despite the indications of statistically significant changes for some smoke chemistry parameters in test cigarettes compared to the control cigarette, the increase or decrease in yields that were noted probably reflect variability in normal cigarette construction and/or chemical analysis technique. The majority of the

constituents (with the exception of NPY, 4-aminobiphenyl, and formaldehyde) of the constituents fell within the 95% confidence intervals range for the control cigarette. This suggests that normal variation in manufacturing practices could account for the smoke content variability. Due to unknown reasons, levels of NPY and 4-aminobiphenyl were outside of the lower 95% C.L. and the decrease in these two compounds were independent of the invert sugar content in cigarettes. However, formaldehyde at high levels of invert sugar fell outside of the upper 95% C.L., and increases of this aldehyde could be dependent of the invert sugar content¹²⁰. Analysis of the smoke atmosphere generated with these same cigarettes during a 13-week smoke inhalation study indicated that the mean acetaldehyde, acrolein, and propionaldehyde concentrations were comparable between control and test cigarette groups; however, mean formaldehyde concentrations increased with increasing levels of invert sugar.¹²³

The results of bacterial mutagenicity studies conducted with smoke condensate preparations and cytotoxicity assays using condensate or gas vapor phase preparations indicated no significant invert sugar-related effects on these *in vitro* endpoints.^{121,122}

Inhalation exposure of rats to mainstream smoke from cigarettes containing various levels of invert sugar for 13 weeks did not result in any evidence of systemic toxicity. Assessment of peripheral blood or bone marrow samples for erythrocyte micronucleus formation during the 13-week inhalation study indicated no increased potential for clastogenic activity. Histopathologic changes were noted only in the respiratory tract tissues. Generally, the severity and incidence of the histopathologic changes were consistent with previous studies of cigarettes conducted at these smoke exposure levels.¹²³

The smoke from the cigarette containing 100,000 ppm invert sugar appeared to be slightly more irritating in that male rats exposed to the smoke from the cigarettes containing 100,000 ppm invert sugar developed a slightly more severe degree of respiratory epithelial hyperplasia in nasal section 2, and also displayed an increased number of goblet cells in the bronchial epithelium. Changes in the respiratory tissues in the female rats exposed to smoke from the cigarettes containing 100,000 ppm invert sugar were comparable to control rat response. Exposure to smoke from cigarettes containing lower levels of invert sugar did not significantly increase the incidence or severity of response over control cigarette smoke. Examination of the respiratory tract following a non-smoking recovery period indicated a reversal of the histopathologic change. While some residual change was still evident in the nose of female rats exposed to smoke from cigarettes containing 100,000 ppm invert sugar at the end of the 6-week recovery period, numbers of goblet cells in the lung were no longer increased.¹²³

The presence of the microscopic changes seen in the upper respiratory tract of male rats exposed to smoke from cigarettes containing 100,000 ppm invert sugar is consistent with the increased concentration of an irritant such as formaldehyde measured in the smoke atmosphere. The authors of the study concluded that the invert sugar no-observed-effect level (NOEL) was 50,000 ppm.¹²³

The results of this evaluation of invert sugar, involving a review of current published information and internal studies, suggests that the addition of invert sugar as a cigarette ingredient below the maximum use level does not discernibly alter the biological effects normally associated with cigarette smoke exposure.

References

1. USDA (1998) *United States Department of Agriculture Fact Book* . USDA Office of Communications, Washington D.C.
2. Orcel, L.; Giboudeau, J. and Roland, J. (1970) [Morphological and functional changes in the liver after intravenous injections of glucose and fructose in the rat]. *Pathol. Eur* 5:377-383.
3. Boyd, E.M.; Godi, I. and Abel, M. (1965) Acute oral toxicity of sucrose. *Toxicol Appl Pharmacol* 7:609-618.
4. Helmholtz, H.F. and Bollman, J.L. (1939) The diuretic action of sucrose and other solutions. *Proc. Staff Meetings Mayo Clinic* 14:567-569.
5. Lutjens, A.; Verleur, H. and Plooi, M. (1975) Glucose and insulin levels on loading with different carbohydrates. *Clin Chim. Acta* 62:239-243.
6. Crapo, P.A.; Reaven, G. and Olefsky, J. (1976) Plasma glucose and insulin responses to orally administered simple and complex carbohydrates. *Diabetes* 25:741-747.
7. Crapo, P.A.; Scarlett, J.A. and Kolterman, O.G. (1982) Comparison of the metabolic responses to fructose and sucrose sweetened foods. *Am J Clin Nutr* 36:256-261.
8. Bantle, J.P.; Laine, D.C.; Castle, G.W.; Thomas, J.W.; Hoogwerf, B.J. and Goetz, F.C. (1983) Postprandial glucose and insulin responses to meals containing different carbohydrates in normal and diabetic subjects. *N Engl J Med* 309:7-12.
9. Macdonald, I.; Keyser, A. and Pacy, D. (1978) Some effects, in man, of varying the load of glucose, sucrose, fructose, or sorbitol on various metabolites in blood. *Am J Clin Nutr* 31:1305-1311.
10. Bohannon, N.V.; Karam, J.H. and Forsham, P.H. (1980) Endocrine responses to sugar ingestion in man. Advantages of fructose over sucrose and glucose. *J Am Diet Assoc* 76:555-560.
11. Vrana, A.; Splabochova, Z.; Fabry, P. and Kazdova, I. (1974) Influence of diet with a high starch or sucrose content on glucose tolerance, serum insulin level and insulin sensitivity in rats. *Physiol Bohemoslov.* 23:305-310.
12. Reiser, S.; Hallfrisch, J.; Putney, J. and Lev, F. (1976) Enhancement of intestinal sugar transport by rats fed sucrose as compared to starch. *Nutr. Metab.* 20:461-470.
13. Michaelis, O.E., IV; Hallfrisch, J.; Putney, J. and Reiser, S. (1976) Intestinal uptake by starved-refed rats of sugars derived from disaccharides and from their monosaccharide equivalents. *Nutr. Rep. Int.* 13:107-114.
14. Blakely, S.R.; Hallfrisch, J.; Reiser, S. and Prather, E.S. (1981) Long-term effects of moderate fructose feeding on glucose tolerance parameters in rats. *J Nutr* 111:307-314.

15. Tobey, T.A.; Mondon, C.E.; Zavaroni, I. and Reaven, G.M. (1982) Mechanism of insulin resistance in fructose-fed rats. *Metabolism* 31:608-612.
16. Zavaroni, I.; Sander, S.; Scott, S. and Reaven, G.M. (1980) Effect of fructose feeding on insulin secretion and insulin action in the rat. *Metabolism* 29:970-973.
17. Cohen, A.M. (1978) Genetically determined response to different ingested carbohydrates in the production of diabetes. *Horm Metab Res* 10:86-92.
18. Bode, C.; Eisenhardt, J.M.; Haberich, F.J. and Bode, J.C. (1981) Influence of feeding fructose on fructose and glucose absorption in rat jejunum and ileum. *Res Exp Med (Berl)* 179:163-168.
19. Bode, C.; Durr, H.K. and Bode, J.C. (1981) Effect of fructose feeding on the activity of enzymes of glycolysis, gluconeogenesis, and the pentose phosphate shunt in the liver and jejunal mucosa of rats. *Horm Metab Res* 13:379-383.
20. Bode, C.; Bode, J.C.; Ohta, W. and Martini, G.A. (1980) Adaptative changes of activity of enzymes involved in fructose metabolism in the liver and jejunal mucosa of rats following fructose feeding. *Res Exp Med (Berl)* 178:55-63.
21. Leiter, E.H.; Coleman, D.L.; Ingram, D.K. and Reynolds, M.A. (1983) Influence of dietary carbohydrate on the induction of diabetes in C57BL/KsJ-db/db diabetes mice. *J Nutr* 113:184-195.
22. Obell, A.E. (1974) Recent advances in mechanism of causation of diabetes mellitus in man and *Acomys cahirinus*. *E. Afr. Med. J.* 51:425-428.
23. Heath, H. and Hamlett, Y.C. (1976) The sorbitol pathway: effect of streptozotocin induced diabetes and the feeding of a sucrose-rich diet on glucose, sorbitol, and fructose in the retina, blood and liver of rats. *Diabetes* 12:43-46.
24. Heath, H.; Kang, S.S. and Philippou, D. (1975) Glucose, glucose-6-phosphate, lactate and pyruvate content of the retina, blood and liver of streptozotocin-diabetic rats fed sucrose- or starch-rich diets. *Diabetologia* 11:57-62.
25. Boot-Handford, R. and Heath, H. (1980) Identification of fructose as the retinopathic agent associated with the ingestion of sucrose-rich diets in the rat. *Metabolism* 29:1247-1252.
26. Thornber, J.M. and Eckhert, C.D. (1984) Protection against sucrose-induced retinal capillary damage in the Wistar rat. *J Nutr* 114:1070-1075.
27. Boot-Handford, R.P. and Heath, H. (1981) The effect of dietary fructose and diabetes on the rat kidney. *Br J Exp Pathol.* 62:398-406.
28. Taylor, S.A.; Price, R.G.; Kang, S.S. and Yudkin, J. (1980) Modification of the glomerular basement membrane in sucrose-fed and streptozotocin-diabetic rats. *Diabetologia* 19:364-372.

29. Kang, S.S.; Fears, R.; Noirot, S.; Mbanya, J.N. and Yudkin, J. (1982) Changes in metabolism of rat kidney and liver caused by experimental diabetes and by dietary sucrose. *Diabetologia* 22:285-288.
30. SCOGS-50 (1976) Evaluation of the health aspects of corn sugar (dextrose), corn syrup, and invert sugar as food ingredients. LSRO/FASEB Report No. Prepared for FDA under Contract No. FDA 223-75-2004.
31. SCOGS-69 (1976) Evaluation of the health aspects of sucrose as a food ingredient. LSRO/FASEB Report No. Prepared for FDA under Contract No. FDA 233-75-2004.
32. Glinsmann, W.H.; Irausquin, H. and Park, Y.K. (1986) Evaluation of health aspects of sugars contained in carbohydrate sweeteners. Report of Sugars Task Force, 1986. *J Nutr* 116:S1-216.
33. Bruckdorfer, K.R. and Yudkin, J. (1975) A comparison of dietary starch and dietary sucrose in the pig. *Nutr Metab* 19:225-232.
34. Waterman, R.S.; Romos, D.R.; Tsai, A.C.; Miller, E.R. and Leville, G.A. (1975) Effects of dietary carbohydrate source on growth, plasma metabolites and lipogenesis in rats, pigs, and chicks. *Proc. Soc. Exp. Biol. Med.* 150:220-225.
35. Miles, R.D.; Campbell, D.R.; Yates, J.A. and White, C.E. (1987) Effect of dietary fructose on broiler chick performance. *Poult. Sci* 66:1197-1201.
36. Herzberg, G.R. and Rogerson, M. (1981) Dietary corn oil does not suppress the fructose induced increase in hepatic fatty acid synthesis. *Nutr. Res.* 1:1549-1558.
37. Roggeveen, A.E.; Geisler, R.W.; Peavy, D.E.; Hansen, R.J. and Freedland, R.A. (1974) Effects of diet on the enzymes related to lipogenesis in rat liver and adipose tissue. *Proc Soc Exp Biol Med* 147:497-70.
38. Takemoto, T. (1975) Sex-difference in the response to different kinds of dietary carbohydrates in rats. *Tohoku J Exp Med* 115:213-222.
39. Hostmark, A.T.; Spydevold, O.; Lystad, E. and Eilertsen, E. (1982) Plasma lipoproteins in rats fed starch, sucrose, glucose or fructose. *Nut. Rept. Int* 25:161-167.
40. Shiff, T.S.; Roheim, P.S. and Eder, H.A. (1971) Effects of high sucrose diets and 4-aminopyrazolopyrimidine on serum lipids and lipoproteins in the rat. *J Lipid Res* 12:596-603.
41. Naismith, D.J. and Rana, I.A. (1974) Sucrose and hyperlipidaemia. II. The relationship between the rates of digestion and absorption of different carbohydrates and their effects on enzymes of tissue lipogenesis. *Nutr Metab* 16:285-294.
42. Michaelis, O.E.; Scholfield, D.J.; Nace, C.S. and Reiser, S. (1978) Demonstration of the disaccharide effect in nutritionally stressed rats. *J Nutr* 108:919-925.

43. Michaelis, O.E., IV; Scholfield, D.J.; Garnder, L.B. and Cataland, S. (1980) Metabolic responses of Zucker fatty and lean rats fed carbohydrate diets ad libitum or in meals. *J. Nutr.* 110:1409-1420.
44. Ahrens, R.A.; Garland, S.L.; Kigutha, H.N. and Russek, E. (1985) The disaccharide effect of sucrose feeding on glucuronide excretion and bile concentration of injected phenolphthalein in guinea pigs. *J Nutr* 115:288-291.
45. Williams, C.A. and Macdonald, I. (1982) Metabolic effects of dietary galactose. *World Rev Nutr Diet* 39:23-52.
46. Kelley, T.J.; Holt, P.R. and Wu, A. (1980) Effect of sucrose on intestinal very low-density lipoprotein production. *Am J. Clin. Nutr.* 33:1033-1040.
47. Vijayagopalan, P. and Kurup, P.A. (1970) Effect of dietary starches on the serum, aorta and hepatic lipid levels in cholesterol-fed rats. *Atherosclerosis* 11:257-264.
48. Holt, P.R.; Dominguez, A.A. and Kwartler, J. (1979) Effect of sucrose feeding upon intestinal and hepatic lipid synthesis. *Am J Clin Nutr* 32:1792-1798.
49. Sugawa-Katayama, Y. and Morita, N. (1977) Effect of a high fructose diet on lipogenic enzyme activities of meal-fed rats. *J Nutr* 107:534-538.
50. Volpe, J.J. and Vagelos, P.R. (1974) Regulation of mammalian fatty-acid synthetase. The roles of carbohydrate and insulin. *Proc Natl Acad Sci U. S A* 71:889-893.
51. Hall, C.E. and Hall, O. (1966) Comparative study of certain sugars and honey to enhance saline polydipsia and salt hypertension. *Proc. Soc. Exp. Biol. Med.* 122:362-365.
52. Kritchevsky, D.; Tepper, S.A. and Kitagawa, M. (1973) Experimental atherosclerosis in rabbits fed cholesterol-free diets. 3. Comparison of fructose and lactose with other carbohydrates. *Nutr. Rep. Int.* 7:193-202.
53. Hodges, R.E. and Rebello, T. (1983) Carbohydrates and blood pressure. *Ann Intern Med* 98:838-841.
54. Rebello, T.; Hodges, R.E. and Smith, J.L. (1983) Short-term effects of various sugars on antinatriuresis and blood pressure changes in normotensive young men. *Am J Clin Nutr* 38:84-94.
55. Stamp, D.; Zhang, X.M.; Medline, A.; Bruce, W.R. and Archer, M.C. (1993) Sucrose enhancement of the early steps of colon carcinogenesis in mice. *Carcinogenesis* 14:777-779.
56. Klurfeld, D.M.; Weber, M.M. and Kritchevsky, D. (1984) Comparison of dietary carbohydrates for promotion of DMBA-induced mammary tumorigenesis in rats. *Carcinogenesis* 5:423-425.
57. Fields, M. (1990) Copper-carbohydrate interaction: part II. *Environmental Management and Health* 1:7-12.

58. Fields, M.; Lewis, C.G. and Beal, T. (1988) Copper-carbohydrate interaction in maternal, fetal and neonate rat. *Neurotoxicol. Teratol* 10:555-562.
59. Wapnir, R.A. and Balkman, C. (1992) Intestinal absorption of copper: influence of carbohydrates. *Biochem Med Metab Biol* 47:47-53.
60. Kohls, K. and Douglas, J. (1993) Copper status of rats as affected by feeding several sugar solutions. *J. Appl. Nutr.* 45:20-27.
61. Ivaturi, R. and Kies, C. (1992) Mineral balances in humans as affected by fructose, high fructose corn syrup and sucrose. *Plant Foods Hum Nutr* 42:143-151.
62. Reiser, S.; Smith, J.C., Jr.; Mertz, W.; Holbrook, J.T.; Scholfield, D.J.; Powell, A.S.; Canfield, W.K. and Canary, J.J. (1985) Indices of copper status in humans consuming a typical American diet containing either fructose or starch. *Am J Clin Nutr* 42:242-251.
63. White C.E.; Bachman, K.C.; Baser, F.W. and Head, H.H. (1984) Yield and composition of milk and weight gain of nursing pigs from sows fed diets containing fructose or dextrose. *J Anim Sci* 59:141-150.
64. White C.E.; Bazer, F.W. and Head, H.H. (1985) Response of plasma glucose, fructose and insulin to dietary glucose and fructose in the lactating sow. *J Nutr* 114:361-368.
65. Thompson, R.G.; Hayford, J.T. and Danney, M.M. (1978) Glucose and insulin responses to diet. Effect of variations in source and amount of carbohydrate. *Diabetes* 27:1020-1026.
66. Anderson, J.W.; Herman, R.H. and Zakim, D. (1973) Effect of high glucose and high sucrose diets on glucose tolerance of normal men. *Am J Clin Nutr* 26:600-607.
67. Crapo, P.A. and Kolterman, O.G. (1984) The metabolic effects of 2-week fructose feeding in normal subjects. *Am J Clin Nutr* 39:525-534.
68. Bossetti, B.M.; Kocher, L.M.; Moranz, J.F. and Falko, J.M. (1984) The effects of physiologic amounts of simple sugars on lipoprotein, glucose, and insulin levels in normal subjects. *Diabetes Care* 7:309-312.
69. Huttunen, J.K.; Makinen, K.K. and Scheinin, A. (1976) Turku sugar studies XI. Effects of sucrose, fructose and xylitol diets on glucose, lipid and urate metabolism. *Acta Odontol. Scand* 34:345-351.
70. Beck-Nielsen, H.; Pedersen, O. and Sorensen, N.S. (1978) Effects of diet on the cellular insulin binding and the insulin sensitivity in young healthy subjects. *Diabetologia* 15:289-296.
71. Beck-Nielsen, H.; Pedersen, O. and Lindskov, H.O. (1980) Impaired cellular insulin binding and insulin sensitivity induced by high-fructose feeding in normal subjects. *Am J Clin Nutr* 33:273-278.

72. Crapo, P.A.; Reaven, G. and Olefsky, J. (1977) Postprandial plasma-glucose and -insulin responses to different complex carbohydrates. *Diabetes* 26:1178-1183.
73. West, K.M. (1978) *Epidemiology of Diabetes and its Vascular Lesions*. Elsevier, New York. p.224-274.
74. Berger, M.; Muller, W.A. and Renold, A.E. (1978) Relationship of obesity to diabetes: Some facts, many questions. In *Advances in Modern Nutrition*. p.211-228.
75. Nuttall, F.Q. and Gannon, M.C. (1981) Sucrose and disease. *Diabetes Care* 4:305-310.
76. Lee, V.A. (1981) The nutrition significance of sucrose consumption, 1970-1980. *Crit Rev Food Sci Nutr* 14:1-47.
77. Keen, H.; Thomas, B.J.; Jarrett, R.J. and Fuller, J.H. (1979) Nutrient intake, adiposity, and diabetes. *Br Med J* 1:655-658.
78. Olsen, M.E.; Faber, O.K. and Binder, C. (1983) Hepatic extraction of insulin after carbohydrate hyperalimentation. *Acta Endocrinol (Copenh)* 102:416-419.
79. Steel, J.M.; Mitchell, D. and Prescott, R.L. (1983) Comparison of the glycaemic effect of fructose, sucrose and starch-containing mid-morning snacks in insulin-dependent diabetics. *Hum Nutr Appl Nutr* 37:3-8.
80. Slama, G.; Haardt, M.J.; Jean-Joseph, P.; Costagliola, D.; Goicolea, I.; Bornet, F.; Elgrably, F. and Tchobroutsky, G. (1984) Sucrose taken during mixed meal has no additional hyperglycaemic action over isocaloric amounts of starch in well-controlled diabetics. *Lancet* 2:122-125.
81. Akgun, S. and Ertel, N.H. (1980) A comparison of carbohydrate metabolism after sucrose, sorbitol, and fructose meals in normal and diabetic subjects. *Diabetes Care* 3:582-585.
82. Akgun, S. and Ertel, N.H. (1981) Plasma glucose and insulin after fructose and high-fructose corn syrup meals in subjects with non-insulin-dependent diabetes mellitus. *Diabetes Care* 4:464-467.
83. Bukar, J.; Mezitis, N.H.; Saitas, V. and Pi-Sunyer, F.X. (1990) Frozen desserts and glycemic response in well-controlled NIDDM patients. *Diabetes Care* 13:382-385.
84. Hung, C.T. (1989) Effects of high-fructose (90%) corn syrup on plasma glucose, insulin, and C-peptide in non-insulin-dependent diabetes mellitus and normal subjects. *Taiwan. Yi. Xue. Hui. Za Zhi*. 88:883-885.
85. Kiehlm, T.G.; Anderson, J.W. and Ward, K. (1976) Beneficial effects of a high carbohydrate, high fiber diet on hyperglycemic diabetic men. *Am J Clin Nutr* 29:895-899.
86. Anderson, J.W. and Ward, K. (1978) Long-term effects of high-carbohydrate, high-fiber diets on glucose and lipid metabolism: a preliminary report on patients with diabetes. *Diabetes Care* 1:77-82.

87. Simpson, H.C.; Simpson, R.W.; Lousley, S.; Carter, R.D.; Geekie, M.; Hockaday, T.D. and Mann, J.I. (1981) A high carbohydrate leguminous fibre diet improves all aspects of diabetic control. *Lancet* 1:1-5.
88. Philipson, H. (1983) Dietary fibre in the diabetic diet. *Acta Med Scand Suppl* 671:91-93.
89. Manso, J.M.; Jover, E.; Mayor, F.; Velasco, R. and Romero, H. (1979) Effects of galactose, glucose and fructose on carbohydrate-lipid metabolism. *J Med* 10:479-486.
90. Mann, J.I. and Truswell, A.S. (1972) Effects of isocaloric exchange of dietary sucrose and starch on fasting serum lipids, postprandial insulin secretion and alimentary lipaemia in human subjects. *Br J Nutr* 27:395-405.
91. Ginsberg, H.; Olefsky, J.M.; Kimmerling, G.; Crapo, P. and Reaven, G.M. (1976) Induction of hypertriglyceridemia by a low-fat diet. *J Clin Endocrinol Metab* 42:729-735.
92. Hayford, J.T.; Danney, M.M. and Thompson, R.G. (1979) Triglyceride-integrated concentration: relationship to insulin-integrated concentration. *Metabolism* 28:1078-1085.
93. Hayford, J.T.; Danney, M.M.; Wiebe, D.; Roberts, S. and Thompson, R.G. (1979) Triglyceride integrated concentrations: effect of variation of source and amount of dietary carbohydrate. *Am J Clin Nutr* 32:1670-1678.
94. Thompson, R.G. and Hayford, J.T. (1982) Influence of dietary carbohydrate on 24-hour concentrations of glucose, lipids and glucoregulatory hormones, In: *Metabolic Effects of Utilizable Dietary Carbohydrates*. Marcel Dekker, New York. p.175-207.
95. Lock, S.; Ford, M.A.; Bagley, R. and Green, L.F. (1980) The effect on plasma lipids of the isoenergetic replacement of table sucrose by dried glucose syrup (maize-syrup solids) in the normal diet of adult men over a period of 1 year. *Br J Nutr* 43:251-256.
96. Reiser, S.; Handler, H.B.; Gardner, L.B.; Hallfrisch, J.G.; Michaelis, O.E. and Prather, E.S. (1979) Isocaloric exchange of dietary starch and sucrose in humans. II. Effect on fasting blood insulin, glucose, and glucagon and on insulin and glucose response to a sucrose load. *Am J Clin Nutr* 32:2206-2216.
97. Gardner, L.B. and Reiser, S. (1982) Effects of dietary carbohydrate on fasting levels of human growth hormone and cortisol. *Proc Soc Exp Biol Med* 169:36-40.
98. Reiser, S.; Michaelis, O.E.; Cataland, S. and O'Dorisio, T.M. (1980) Effect of isocaloric exchange of dietary starch and sucrose in humans on the gastric inhibitory polypeptide response to a sucrose load. *Am J Clin Nutr* 33:1907-1911.
99. Sommariva, D.; Scotti, L. and Fasoli, A. (1978) Low-fat diet versus low-carbohydrate diet in the treatment of type IV hyperlipoproteinaemia. *Atherosclerosis* 29:43-51.
100. Reiser, S.; Bickard, M.C.; Hallfrisch, J.; Michaelis, O.E. and Prather, E.S. (1981) Blood lipids and their distribution in lipoproteins in hyperinsulinemic subjects fed three different levels of sucrose. *J Nutr* 111:1045-1057.

101. Hallfrisch, J.; Reiser, S. and Prather, E.S. (1983) Blood lipid distribution of hyperinsulinemic men consuming three levels of fructose. *Am J Clin Nutr* 37:740-748.
102. Cybulska, B. and Naruszewicz, M. (1982) The effect of short-term and prolonged fructose intake on VLDL-TG and relative properties on apo CIII1 and apo CII in the VLDL fraction in type IV hyperlipoproteinaemia. *Nahrung* 26:253-261.
103. Liu, G.; Coulston, A.; Hollenbeck, C. and Reaven, G. (1984) The effect of sucrose content in high and low carbohydrate diets on plasma glucose, insulin, and lipid responses in hypertriglyceridemic humans. *J Clin Endocrinol Metab* 59:636-642.
104. Turner, J.L.; Bierman, E.L.; Brunzell, J.D. and Chait, A. (1979) Effect of dietary fructose on triglyceride transport and glucoregulatory hormones in hypertriglyceridemic men. *Am J Clin Nutr* 32:1043-1050.
105. Reiser, S. and Kelsay, J.L. (1981) Metabolic effects of dietary sucrose and fiber on humans. In *Human Nutrition Research*. (G.R.Beecher, Ed.). Allanheld, Osmun and Co, Totowa, NJ. p.143-163.
106. Bourne, A.R.; Richardson, D.P.; Bruckdorfer, K.R. and Yudkin, J. (1975) Some effects of different dietary carbohydrates on pregnancy and lactation in rats. *Nutr Metab* 19:73-90.
107. Eisa, O.A. and Yudkin, J. (1985) Some nutritional properties of unrefined sugar and its promotion of the survival of new-born rats. *Br J Nutr* 54:593-603.
108. Kavlock, R.J.; Short, R.D., Jr. and Chernoff, N. (1987) Further evaluation of an in vivo teratology screen. *Teratog. Carcinog. Mutagen.* 7:7-16.
109. Coffey, M.T.; Yates, J.A. and Combs, G.E. (1987) Effects of feeding sows fat or fructose during late gestation and lactation. *J Anim Sci* 65:1249-1256.
110. Campbell, W.J.; Brendemuhl, J.H. and Bazer, F.W. (1990) Effect of fructose consumption during lactation on sow and litter performance and sow plasma constituents. *J Anim Sci* 68:1378-1388.
111. Burley, V.J. (1997) Sugar consumption and cancers of the digestive tract. *Eur J Cancer Prev* 6:422-434.
112. Burley, V.J. (1998) Sugar consumption and human cancer in sites other than the digestive tract. *Eur J Cancer Prev* 7:253-277.
113. De Stefani, E.D.; Pellegrini, H.D.; Mendilaharsu, M.; Ronco, A. and Carzoglio, J.C. (1988) Dietary sugar and lung cancer: a case-control study in Uruguay. *Nutrition and Cancer* 31:132-137.
114. Favero, A.; Parpinel, M. and Franceschi, S. (1998) Diet and risk of breast cancer: major findings from an Italian case-control study. *Biomed. Pharmacother.* 52:109-115.

115. Slattery, M.L.; Benson, J.; Berry, T.D.; Duncan, D.; Edwards, S.L.; Caan, B.J. and Potter, J.D. (1997) Dietary sugar and colon cancer. *Cancer Epidemiol. Biomarkers Prev* 6:677-685.
116. Bostick, R.M.; Potter, J.D.; Kushi, L.H.; Sellers, T.A.; Steinmetz, K.A.; McKenzie, D.R.; Gapstur, S.M. and Folsom, A.R. (1994) Sugar, meat, and fat intake, and non-dietary risk factors for colon cancer incidence in Iowa women (United States). *Cancer Causes Control* 5:38-52.
117. PM USA (2001) P&T/GC/MS Analysis of Invert Sugar. Request 20010127. Scan TB161RFA. Unpublished Internal Report.
118. PM USA (2001) Pyrolysis GC/MS Analysis of Invert Sugar. Request 20010127. Scan 01BQ162D. Unpublished Internal Report.
119. Seeman, J.I.; Dixon, M. and Haussmann, H. (2002) Acetaldehyde in mainstream tobacco smoke: Formation and occurrence in smoke bioavailability in the smoker. *Chemical Research Toxicology* (in press):
120. IIT Research Institute (2002) Chemical analysis of mainstream smoke from cigarettes containing target levels of 0,25,000,50,000 or 100,000 ppm of invert sugar. IITRI Project No. 8739-105-002: Study No. 1.
121. IIT Research Institute (2002) Ames assay of mainstream smoke condensate from cigarettes containing target levels of 0,25,000,50,000 or 100,000 ppm of invert sugar. IITRI Project No. 8739-105-003: Study No. 1.
122. IIT Research Institute (2002) Cytotoxicity assay (Neutral Red Uptake) of smoke fractions from cigarettes containing target levels of 0,25,000,50,000 or 100,000 ppm of invert sugar. IITRI Project No. 8739-105-004: Study No. 1.
123. IIT Research Institute (2002) 90-day inhalation toxicity study of the mainstream smoke from cigarettes containing target levels of 0,25,000,50,000 or 100,000 ppm of invert sugar. IITRI Project No. 8739-105-001: Study No. 1.