



New IDEAS Study

PATIENT NAVIGATION ASSISTANCE CARD INDEX FOR MEMORY CARE DOCTORS IN: DC/Maryland/Virginia

DOCUMENT REVISION HISTORY

Version #	Revision Description	Author	Effective Date
1.0	New Document	Emily Glavin	12/14/2022
1.1	New Site Added – The Neurology Center	Emily Glavin	1/5/2023
1.2	New Sites Added – Georgetown University, Johns Hopkins University, University of Maryland Neurology Care Center	Emily Glavin	1/27/2023
1.3	Site Removed – University of Maryland Care Center New Site Added – Neurology Clinic of Maryland	Tyler Scharadin	6/8/2023

Please email the New IDEAS Operations Team at newideas@acr.org if there are any questions or concerns about this document.



Glennan Center Memory Consultation Clinic

PRACTICE CONTACT INFORMATION

Phone: 757-446-7258 Practice website:

[https://www.evms.edu/internal_medicine/centers/
glennan_center_for_geriatrics_and_gerontology/](https://www.evms.edu/internal_medicine/centers/glennan_center_for_geriatrics_and_gerontology/)

PRACTICE DETAILS

Address: 721 Fairfax Ave, 4th Floor, Norfolk, VA, 23507

Other Locations: No

Hours of Operation (EST): Mon: 9-5, Tue: 9-5, Wed: 9-5, Thurs: 9-5, Fri: 9-5, Sat: n/a, Sun: n/a

Parking Details: Surface parking lot and parking garage. Surface parking lot is directly beside the building (Andrews Hall) and the parking garage is directly across the street (Fairfax Ave) from the building

WHAT TO EXPECT

Practice is currently accepting *new patients*: Yes

Wait time for 1st appt. for *new patient*: 4 weeks

Average duration of appt.: 120-140 minutes for initial visit and 60 minutes for follow-up visits

What to bring to appt.: Form of ID, Insurance Card, Form of payment

COMMON QUESTIONS

Is parking free? \$2 for first 2 hours, \$1 each additional hour

Handicap accessibility? Accessible from main entrance into the building from Fairfax Avenue

Public transit? Light Rail is located 2 blocks away and city-wide bus stop is nearby at main entrance to Sentara Norfolk General Hospital

Travel tips? n/a

Visit types offered? In-office AND virtual visits

Scheduling options? By phone

Can a caregiver attend appt.? Yes

Non-English-speaking staff? No

Interpreters available? No

Additional tips: n/a



Integrated Neurology Services

PRACTICE CONTACT INFORMATION

Phone: 703-313-9111 ext 107

Email: Mweiss@integratedneurologyservices.com

Practice website:

www.integratedneurologyservices.com

PRACTICE DETAILS

Address: 7115 Leesburg Pike, Suite 201, Falls Church, VA, 22043

Other Locations: 6355 Walker Lane, Suite 313, Alexandria VA 22310 AND 9010 Lorton Station Blvd, Suite 220, Lorton VA 22079

Hours of Operation (EST): Mon: 8:30-4:30, Tue: 8:30-4:30, Wed: 8:30-4:30, Thurs*: 8:30-4:30, Fri*: 8:30-4:30, Sat: Closed, Sun: Closed; *Lorton office closed Thurs-Fri

Parking Details: Free Parking at all 3 facilities. The Alexandria office does offer Valet parking for free. Parking is approximately 100 steps from the building.

WHAT TO EXPECT

Practice is currently accepting *new patients*: Yes

Wait time for 1st appt. for *new patient*: 1 month or less

Average duration of appt.: Initial Visits: 45 min -1 hr; Follow up visits are 15-30 mins, but may be longer

What to bring to appt.: Form of ID, Insurance Card, Form of payment

COMMON QUESTIONS

Is parking free? Yes

Handicap accessibility? All 3 offices offer handicap parking and handicap accessible entrances

Public transit? We are Metro Accessible at all 3 lots. A metro is close by and from there a patient can ride a bus or use Lyft, Uber or Taxi.

Travel tips? n/a

Visit types offered? In-office AND virtual visits

Scheduling options? By phone or email

Can a caregiver attend appt.? Yes

Non-English-speaking staff? We have Spanish speaking staff and interperators available and have access to an interpretation service.

Interpreters available? Yes

Additional tips: The initial appointment needs to be completed in person if the patient is new to the practice.



Inova Neurology

PRACTICE CONTACT INFORMATION

Phone: 703-845-1500

PRACTICE DETAILS

Address: 8081 Innovation Park Drive, 900, Fairfax, VA, 22031

Other Locations: Inova Neurology 8081, Innovation Park Drive, #900, Fairfax VA 22031; Inova Neurology, 1500 N Beauregard St, #300 Alexandria VA 22311

Hours of Operation (EST): Mon-Fri: 8am-4pm, Sat: N/A, Sun: N/A.

Parking Details: Free onsite parking for patients. 10 minute walk from the practice.

WHAT TO EXPECT

Practice is currently accepting *new patients*: Yes

Wait time for 1st appt. for *new patient*: 3 months

Average duration of appt.: 20-40 minutes

What to bring to appt.: Form of ID, Insurance Card

COMMON QUESTIONS

Is parking free? Yes

Handicap accessibility? Main entrances are handicap accessible. Automatic doors and elevators available, switch activated doors available.

Public transit? Bus stops near the site, taxi options

Travel tips? Unpredictable traffic patterns

Visit types offered? In-office AND virtual visits

Scheduling options? By phone

Can a caregiver attend appt.? Yes

Non-English-speaking staff? No

Interpreters available? Yes, interpreters available via phone and scheduled in person with advanced notice.

Additional tips: Meet with one of our neurologists to be referred for the study, update bloodwork and imaging if available.

PRACTICE DETAILS

Address: 2021 K St NW #210, Washington, DC, 20006

Other Locations: Only one participating

Hours of Operation (EST): Mon: 8-4, Tue: 8-4, Wed: 8-4, Thurs: 8-4, Fri: 8-4, Sat: n/a, Sun: n/a

Parking Address: 2021 K Street, Washington, DC, 20006.

Parking Details: Paid parking garage and elevator away

COMMON QUESTIONS

Is parking free? No, \$17 an hour

Handicap accessibility? Available via the parking garage entrance

Public transit? Yes, via metro or bus

Visit types offered? In-office AND virtual visits

Scheduling options? By phone; Through an online portal

Can a caregiver attend appt.? Yes

Non-English-speaking staff? No

Interpreters available? No

Additional tips: Only one of our doctors participates (Dr. Herzfeld)

WHAT TO EXPECT

Practice is currently accepting *new patients*: Yes

Wait time for 1st appt. for *new patient*: 1 week

Average duration of appt.: 30 minutes

What to bring to appt.: Form of ID, Insurance Card, Form of payment

PRACTICE DETAILS

Address: 4000 Reservoir Rd NW, Building D Suite 117,
Washington, DC 20057

Hours of Operation (EST): Mon-Fri 8-5pm, Sat: Closed,
Sun: Closed

Parking Details: Valet only and metered street parking
available about 1 minute from the practice.

WHAT TO EXPECT

Practice is currently accepting *new patients*: Yes

Wait time for 1st appt. for *new patient*: 2 months

Average duration of appt.: 30 minutes

What to bring to appt.: Form of ID, Insurance Card,
Form of Payment

COMMON QUESTIONS

Is parking free? No, it's \$7 when validated

Handicap accessibility? Yes, roundabout drive-up to
practice.

Visit types offered? In-office AND virtual visits

Scheduling options? By phone

Can a caregiver attend appt.? Yes

Non-English-speaking staff? No

Interpreters available? Yes



Johns Hopkins Memory and Alzheimer's Treatment Center

PRACTICE CONTACT INFORMATION

Phone: 410-550-6337, Practice website:

https://www.hopkinsmedicine.org/psychiatry/specialty_areas/memory_center/

PRACTICE DETAILS

Address: 5300 Alpha Commons Drive, Floor 4, Baltimore, MD, 21224

Hours of Operation (EST): Mon-Fri: 9am-5pm; Sat: Closed, Sun: Closed

Parking Address: Alpha Commons Visitor Lot, 5300 Alpha Commons Drive, Baltimore, MD, 21224.

Parking Details: Alpha Commons Visitor Parking Lot is a surface lot available for patients and caregivers to park. It is located right in front of the Alpha Commons building where the clinic is located. It is less than 100 steps from the practice.

WHAT TO EXPECT

Practice is currently accepting *new* patients: Yes

Wait time for 1st appt. for *new* patient: 6 months

Average duration of appt.: 1 hour

What to bring to appt.: Form of ID, Insurance Card, Form of Payment

COMMON QUESTIONS

Is parking free? 0-30 minutes: free; 30 minutes to 1 hour: \$3; Up to 2 hours: \$4; Up to 3 hours: \$5; Up to 4 hours: \$6; Up to 5 hours: \$7; Up to 6 hours: \$8; 7 to 24 hours: \$12

Handicap accessibility? Visitor entrance in front of the visitor parking lot is handicap accessible. Wheelchairs available, ramps/elevators present to reach 4th floor.

Public transit? Public transit lines routes that pass near/on the Bayview Medical Campus: 22, 59, 63, CITYLINK BLUE, CITYLINK ORANGE

Travel tips? From points south (Including BWI Airport): Take I-295 North to the Harbor Tunnel Thruway (I-895). After exiting the tunnel, take exit 12, Lombard Street. At 1st stop light, proceed straight onto Bayview Boulevard. Turn right onto Alpha Commons Drive

Visit types offered? In-office AND virtual visits

Scheduling options? By phone

Can a caregiver attend appt.? Yes

Non-English-speaking staff? Yes, English, Spanish, Korean, Mandarin, Hebrew and Greek.

Interpreters available? Yes, language interpreters are available and should be requested/scheduled prior to the patient's appointment.



Neurology Clinic of Maryland

PRACTICE CONTACT INFORMATION

Phone: 410-988-4013

Email:

Practice website:

<https://www.neurologyclinicofmaryland.com/>

PRACTICE DETAILS

Address: 10770 Hickory Ridge Rd., Columbia, MD 21044

Other Locations: No

Hours of Operation (EST): Mon-Thurs: 8:30AM-4:00 PM
(Office Breaks for Lunch 12:00PM-12:30PM), Office Closed
Fri-Sun.

Parking Address: Hawthron Office Park

Parking Details: Parking is available right outside our office.
We are located in a one story office. Parking less than 100
steps from entrance, depending on how full lot is.

WHAT TO EXPECT

Wait time for 1st appt. for new patient: 1 month

Average duration of appt.: 45 minutes for new patients, 30
minutes for follow-ups

What to bring to appt.: Form of ID, Insurance Card, Form of
Payment, We require ALL patients to have a referral from a
primary care provider, other health care provider or if they
were seen at Howard County General Hospital

COMMON QUESTIONS

Is parking free? Yes, parking is free.

Handicap accessibility? Yes, we have two handicap
parking spots right out front of the office.

Public transit? Our office is close to a bus route in
Columbia.

Travel tips? None.

Visit types offered? In-office appointments only.

Scheduling options? Patients may schedule appointments
by phone.

Can a caregiver attend appt.? Yes, caregivers may attend
appointment.

Non-English-speaking staff? We have a Spanish speaking
staff member on site. Dr. Sheetal Wagle speaks English,
Gujarati, Hindi, Konkani, and Marathi.

Interpreters available? We do not provide language
interpreter services. Patients are asked to bring along
someone who can translate.

Additional tips: We ask every new patient to have a
referral. Dr. Wagle will do her neurological consultation
before deciding if the NEW IDEAS study will be part of the
patient's treatment plan.