**Measure Title**: Comprehensive Reporting of Coronary Artery Calcification (CAC) on Chest CT

<u> </u>				
Measure Purpose	Opportunistic reporting of CAC (when present), including severity and recommended follow-up care, ensures earlier identification of patients with higher risk for cardiovascular complications and promotes preventive and/or timely patient care.			
Measure Description	Percentage of final reports for any chest CT examinations (non-cardiac and cardiac, with or without contrast) performed on patients, aged 18 and older, that			
	Document the presence or absence of coronary artery calcification (CAC),     AND if present,			
	Include a qualitative (visual) severity assessment of CAC and a recommendation that the patient receive a consultation with their primary care clinician and/or comprehensive cardiovascular risk assessment.			
Rationale	Background Coronary artery calcification (CAC) is a well-validated marker of subclinical atherosclerosis and a strong, independent predictor of future cardiovascular events, including myocardial infarction and stroke. CAC can be incidentally found on noncardiac chest CTs, performed for indications such as lung cancer screening, pulmonary evaluation, or trauma. These are valuable, underutilized opportunities to identify patients at a higher risk for cardiovascular complications. The incidental detection of CAC serves as a gateway to preventive care in populations that may not otherwise undergo formal cardiovascular risk assessment. In fact, The Society of Cardiovascular Computed Tomography (SCCT) and the Society of Thoracic Radiology (STR) recommendation states 'Coronary Artery Calcium (CAC) should be evaluated and reported on all non-contrast chest CT examinations (Class I Recommendation). These recommendations are further reinforced by major global CAC guidelines, which emphasize the prognostic value of CAC and support its routine assessment in both dedicated and incidental imaging contexts. Radiologic tests often contain rich imaging data not relevant to the clinical indication. Opportunistic screening refers to the practice of systematically leveraging these incidental imaging findings. Although opportunistic screening can apply to imaging modalities such as conventional radiography, US, and MRI, most attention to date has focused on body CT. Incidental coronary artery calcification (CAC) identified on routine chest CT scans is a strong, independent predictor of future cardiovascular events. Study findings support the inclusion of CAC documentation and severity assessment in chest CT reports, along with recommendations for follow-up care, to improve early detection and management of cardiovascular risk in patients undergoing imaging for non-cardiac reasons. The emergence of "explainable" Al algorithms that fully automate these measurements could eventually lead to their routine clinical use. Visual calcium s			

Metrics Committee Input on Proposed Updates for 2026 QCDR Self-nomination July 17, 2025

using the Agatston method (Agatston 1990) is still considered standard of care today. <sup>11</sup> When Agatston scoring is not feasible, visual estimation of CAC severity—categorized as mild, moderate, or severe—can be used as a surrogate. These visual categories have been shown to correlate with Agatston score ranges, as outlined in expert consensus documents. <sup>34</sup>

#### Care Gap

Despite the high prevalence of CAC, its opportunistic documentation in chest CT reports is inconsistent and non-standardized. Studies show that CAC is either omitted entirely or described without actionable interpretation in a significant proportion of radiology reports. Such variability contributes to a systemic care gap: patients with early signs of coronary disease are not being flagged for follow-up, and primary care clinicians may be unaware of a critical risk marker. Without structured reporting and recommendations, the clinical significance of CAC is often lost, and opportunities for early intervention are missed. 12

#### **Clinical Justification**

Heart disease is the leading cause of death for men, women, and people of most racial and ethnic group in the United States. One person dies every 34 seconds from cardiovascular disease. In 2023, 919,032 people died from cardiovascular disease. That's the equivalent of one in every three deaths. The American College of Cardiology and American Heart Association endorse CAC as a valuable tool for refining cardiovascular risk assessment. The 2018 Cholesterol Guideline recommends CAC scoring to guide statin use in intermediate-risk patients, while the 2019 Primary Prevention Guideline highlights its role in shared decision-making.

#### **Financial Impact**

Cardiovascular disease remains the leading cause of death and a major driver of healthcare costs in the United States. Heart disease cost about \$417.9 billion from 2020 to 2021. This includes the cost of health care services, medicines, and lost productivity due to death.<sup>14</sup>

Hospitalizations, procedures, and long-term management of advanced disease are significantly more expensive than preventive care. Early identification of CAC enables timely initiation of cost-effective interventions, which have been shown to reduce the incidence of major adverse cardiovascular events (MACE), thereby lowering downstream costs. Further, measuring this action supports the shift toward value-based care by incentivizing radiologists and health systems to contribute meaningfully to prevention and population health management.

#### **Denominator:**

All final reports for patients aged 18 years or older, undergoing non-cardiac chest CT with or without contrast

#### **Denominator Criteria (Eligible Cases):**

All patients, aged 18 or older

	AND				
	Patient procedure during the performance period (CPT): 71250, 71270, 71271				
Denominator Exclusions	Patients who have received prior coronary artery bypass grafts or prior percutaneous coronary intervention with stent; patients with known CAD; trauma or intraoperative CTs				
Denominator	Instances when anatomical variability, patient positioning, or motion artifact prevent				
Exceptions	CAC detection and/or visual assessment.				
Numerator	<ol> <li>Document the presence or absence of coronary artery calcification (CAC),         <u>AND</u> if present,</li> <li>Include a qualitative visual assessment of CAC and recommendation that the patient receives a consultation with their primary care clinician and/or comprehensive cardiovascular risk assessment.</li> </ol>				
	Numerator Instructions: A short note may be made in the report, such as: "Given the presence of mild CAC, it is recommended that the patient consult with their primary care clinician for a comprehensive cardiovascular risk assessment and consideration of preventive management strategies."				
	Additional guidance may be found below.				
	Numerator Codes:				
	Performance Met:				
	<b>36XPM:</b> Final reports of CT chest for patients aged 18 or older that include documentation of element one AND two of the numerator.				
	OR				
	Performance Not Met:				
	<b>36XNM:</b> Final reports of CT chest for patients aged 18 or older that exclude documentation of element one and two.				
Guidance	The Coronary Artery Calcium Data and Reporting System (CAC-DRS), created by the Society of Cardiovascular Computed Tomography (SCCT), is endorsed by the Society of Thoracic Radiology (STR). This system correlates Agatston scoring with visual severity scoring and supports the following radiologist recommendations.				

Metrics Committee Input on Proposed Updates for 2026 QCDR Self-nomination July 17, 2025

Agatston Scoring Ranges	Visual Severity Assessment	Radiologist Follow-up Recommendations for Patients and Clinicians
1–99	Mild	Consultation with PCP for cardiovascular risk assessment.
100–299	Moderate	Consultation with PCP for a formal CAC risk assessment or cardiology referral.
> 300	Severe	Consultation with PCP and for comprehensive CAD assessment, including cardiology referral and/or stress testing.

If Agatston scoring cannot be performed, the indication of presence or absence of coronary artery calcifications and/or description of the number of calcified coronary arteries can be used instead. All three methods of reporting have been shown to be equally useful. If there are no coronary artery calcifications, the final report should include a statement to this effect. For example, the Findings section may have a statement of "No evidence of coronary artery calcifications."

When coronary artery calcifications are present, the Impression should indicate this, along with a visual assessment score (when feasible) and a clinical recommendation. For example, the Impression may include a statement of "There is evidence of mild coronary artery calcifications. The overall cardiovascular risk for this patient is unknown. A clinical consultation may be helpful for further risk assessment and management.

## The following evidence statements are quoted verbatim from the referenced clinical guidelines.

# Supporting Guidelines & Other References

Hecht HS, Cronin P, Blaha MJ, et al. 2016 SCCT/STR guidelines for coronary artery calcium scoring of noncontrast noncardiac chest CT scans: A report of the Society of Cardiovascular Computed Tomography and Society of Thoracic Radiology. J Cardiovasc Comput Tomogr. 2017 Jan - Feb;11(1):74-84. doi: 10.1016/j.jcct.2016.11.003. Epub 2016 Nov 10.

"Coronary Artery Calcium (CAC) should be evaluated and reported on all noncontrast chest CT examinations (Class I Recommendation)"

#### The following references are cited in the rationale statement.

1. Arnett, D. K., Blumenthal, R. S., Albert, M. A., Buroker, A. B., Goldberger, Z. D., Hahn, E. J., Himmelfarb, C. D., Khera, A., Lloyd-Jones, D., McEvoy, J. W., Michos, E. D., Miedema, M. D., Muñoz, D., Smith, S. C. Jr., Virani, S. S., Williams, K. A. Sr., Yeboah, J., & Ziaeian, B. (2019). 2019 ACC/AHA guideline on the primary

Metrics Committee Input on Proposed Updates for 2026 QCDR Self-nomination July 17, 2025

prevention of cardiovascular disease: A report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. *Circulation*, *140*(11), e596– e646. https://doi.org/10.1161/CIR.00000000000000008

"Assessment of ASCVD risk is the foundation of primary prevention. In adults 20 to 39 years of age, it is reasonable to assess traditional risk factors (e.g., smoking, hypertension, family history of premature ASCVD, dyslipidemia) at least every 4 to 6 years. For adults 20 to 39 years of age and those 40 to 59 years of age not at high short-term risk, estimating lifetime or 30-year ASCVD risk may be considered to guide the intensity of risk-reduction efforts. The presence of risk-enhancing factors (e.g., family history, inflammatory disease, metabolic syndrome) may justify more aggressive therapy."

- Golub, I. S., Termeie, O. G., Kristo, S., Schroeder, L. P., Lakshmanan, S., Shafter, A. M., Hussein, L., Verghese, D., Aldana-Bitar, J., Manubolu, V. S., & Budoff, M. J. (2022). Major global coronary artery calcium guidelines. *JACC: Cardiovascular Imaging*, 16(1), 98–117. https://doi.org/10.1016/j.jcmg.2022.06.018
- 3. Cury, R. C., Abbara, S., Achenbach, S., Agatston, A., Berman, D. S., Budoff, M. J., Dill, K. E., Jacobs, J. E., Maroules, C. D., Rubin, G. D., Schlett, C. L., Shaw, L. J., Villines, T. C., White, C. S., & Leipsic, J. (2016). CAD-RADS™ Coronary Artery Disease Reporting and Data System: An expert consensus document of the Society of Cardiovascular Computed Tomography (SCCT), the American College of Radiology (ACR), and the North American Society for Cardiovascular Imaging (NASCI). Endorsed by the American College of Cardiology. *Journal of Cardiovascular Computed Tomography*, 10(4), 269–281. https://doi.org/10.1016/j.jcct.2016.04.005
- 4. Clerkin, K. J., Sewanan, L., Griffin, J. M., DeFilippis, E. M., Peng, B., Chernovolenko, M., Harris, E., Prasad, N., Colombo, P. C., Yuzefpolskaya, M., Fried, J., Raikhelkar, J., Topkara, V. K., Castillo, M., Lam, E. Y., Latif, F., Takeda, K., Uriel, N., Sayer, G., & Einstein, A. J. (2024).
- Shao, M., Rumberger, J. A., Sheedy, P. F., Schmidt, K., & Budoff, M. J. (2017). Coronary artery calcium scoring: A review of scoring methods and their clinical implications. *Journal of Cardiovascular Computed Tomography*, 11(6), 421–429. <a href="https://doi.org/10.1016/j.jcct.2017.09.001">https://doi.org/10.1016/j.jcct.2017.09.001</a>
- 6. Grundy, S. M., Stone, N. J., Bailey, A. L., Beam, C., Birtcher, K. K., Blumenthal, R. S., Braun, L. T., de Ferranti, S., Faiella-Tommasino, J., Forman, D. E., Goldberg, R., Heidenreich, P. A., Hlatky, M. A., Jones, D. W., Lloyd-Jones, D., Lopez-Pajares, N., Ndumele, C. E., Orringer, C. E., Peralta, C. A., ... Yeboah, J. (2019). 2018 AHA/ACC guideline on the management of blood cholesterol: A report of the American College of Cardiology/American Heart Association Task Force on Clinical

Practice Guidelines. Circulation, 139(25), e1082–e1143. https://doi.org/10.1161/CIR.000000000000055

- 7. Chiles C, Duan F, Gladish GW, Ravenel JG, Baginski SG, Snyder BS, et al. Association of coronary artery calcification and mortality in the national lung screening trial: A comparison of three scoring methods. Radiology. 2015;276:82-90.
- 8. Pickhardt PJ, Summers RM, Garrett JW, Krishnaraj A, Agarwal S, Dreyer KJ, Nicola GN. Opportunistic Screening: Radiology Scientific Expert Panel. Radiology. 2023 Jun;307(5):e222044. doi: 10.1148/radiol.222044. Epub 2023 May 23. PMID: 37219444; PMCID: PMC10315516.
- 9. Jairam PM, Gondrie MJA, Grobbee DE, Mali WP, Jacobs PCA, van der Graaf Y. Incidental imaging findings from routine chest CT used to identify subjects at high risk of future cardiovascular events. Radiology. 2014;3:700-708.
- 10. Agatston AS, Janowitz WR, Hildner FJ, Zusmer NR, Viamonte M Jr, Detrano R. Quantification of coronary artery calcium using ultrafast computed tomography. J Am Coll Cardiol. 1990 Mar 15;15(4):827-32. doi: 10.1016/0735-1097(90)90282-t. PMID: 2407762.
- Onnis C, Virmani R, Kawai K, Nardi V, Lerman A, Cademartiri F, Scicolone R, Boi A, Congiu T, Faa G, Libby P, Saba L. Coronary Artery Calcification: Current Concepts and Clinical Implications. Circulation. 2024 Jan 16;149(3):251-266. doi: 10.1161/CIRCULATIONAHA.123.065657. Epub 2024 Jan 16. PMID: 38227718; PMCID: PMC10794033.
- 12. Balakrishan R, Nguyen B, Raad R, Donnino R, Naidich DP, Jacobs JE, Reynolds HR. Coronary artery calcification is common on nongated chest computed tomography imaging. Clin Cardiol. 2017. https://doi.org/10.1002/clc.22685.
- 13. National Center for Health Statistics. Multiple Cause of Death 2018–2023 on CDC WONDER Database. Accessed February 1, 2025. Available at: https://www.cdc.gov/heart-disease/data-research/facts-stats/index.html. Last accessed: July 17, 2025.
- 14. All costs are unpublished National Heart, Lung, and Blood Institute tabulation using the Household Component of the Medical Expenditure Panel Survey (MEPS) (average annual 2019–2020) as published in Tables 28-1 and 28-2 in the 2025 AHA Statistical Summary. Available at: https://www.cdc.gov/heart-disease/data-research/facts-stats/index.html. Last accessed: July 17, 2025.
- 15. Shao L, Yan AT, Lebovic G, Wong HH, Kirpalani A, Deva DP. Prognostic value of visually detected coronary artery calcification on unenhanced non-gated thoracic computed tomography for prediction of non-fatal myocardial infarction

### ACRad 36 Specifications Metrics Committee Input on Proposed Updates for 2026 QCDR Self-nomination July 17, 2025

and all-cause mortality. J Cardiovasc Comput Tomogr. 2017 May-Jur	1;11(3):196-
202. doi: 10.1016/j.jcct.2017.03.004. Epub 2017 Mar 28. PMID: 2841	1031.