

Upper-Lower Extremity

For bone/joints

☐ Osteochondral Injury		
☐ Yes, unstable		
☐ Yes, stable		
☐ Yes, indeterminate		
☐ Fracture/Bone Injury		
☐ Avulsion	☐ Apophysis	
☐ Salter Harris injury	☐ Other	
☐ Internal Joint Derangement		
☐ Articular cartilage injury	<i>all joints</i>	
☐ Labral tear	<i>shoulder/hip</i>	
☐ Impingement (include GIRD)	<i>shoulder</i>	
☐ Meniscus tear	<i>knee</i>	
☐ Cruciate tear	<i>knee</i>	
☐ Discoid meniscus	<i>knee</i>	
☐ Transient patellar dislocation	<i>knee</i>	

For any soft tissues

☐ Tendon/Ligament Injury	
☐ Complete tear	☐ Partial tear (small)
☐ Partial tear (large)	☐ Tendinopathy
☐ Muscle Injury	
☐ Complete disruption	
☐ Moderate injury	
☐ Mild injury	