

ADLM Guidance Document on  
**Coagulation Testing in Patients Using  
Direct Oral Anticoagulants**

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## INTRODUCTION

The introduction of direct-acting oral anticoagulants (DOACs) has been a major advancement in the management of anticoagulation. Previously, outpatient oral anticoagulation was limited to vitamin K antagonists, namely warfarin. Vitamin K agonists have numerous drug-drug and dietary interactions. They also require frequent laboratory monitoring for therapeutic ranges and require dosing changes chronically. In contrast, DOACs allow for oral anticoagulation with fixed doses that have relatively predictable pharmacokinetic characteristics and do not generally require routine therapeutic monitoring. These drugs also have fewer drug-drug and drug-food interactions. In a relatively healthy patient population, the duration and efficacy of the DOACs are generally dependent on half-life, age, and renal excretion or clearance. Table 1 summarizes indications, mechanisms of action, and the pharmacokinetic properties of the DOACs (1, 2).

Commercially available DOACs in the United States currently include dabigatran (Pradaxa®), rivaroxaban (Xarelto®), apixaban (Eliquis®), and edoxaban (Savaysa®). Dabigatran is a competitive direct thrombin inhibitor, while rivaroxaban, apixaban, and edoxaban are competitive direct factor Xa (FXa) inhibitors.

Despite the significant improvement in anticoagulant administration, DOACs have introduced challenges for both clinical laboratorians and clinicians. Specifically, providers need to understand the impact DOACs have on diagnostic hemostasis testing. This comprehension is vital to accurately interpreting results, forming clinical impressions, and rendering sound management decisions. This document is an expert opinion and serves to provide evidence-based guidance for coagulation testing in patients who are taking DOACs. In preparing this guidance document, the focus was on the laboratory methods as

the driving principle for our approach while also extracting and highlighting the most practical information in the literature to answer the following questions:

1. What is the impact of DOACs on basic hemostasis testing?
2. Which coagulation tests can be performed while a patient is on a DOAC?
3. Which coagulation tests should be avoided while a patient is on a DOAC?
4. What is the role for point-of-care (POC) testing in the presence of DOACs?
5. What strategies can be used to mitigate testing interferences in patients taking DOACs?
6. Should DOAC concentrations be monitored?
7. What tests are available for measuring DOACs?
8. How should DOAC concentrations be interpreted?

## WHAT IS THE IMPACT OF DOACs ON BASIC HEMOSTASIS TESTING?

Basic hemostasis testing commonly consists of the prothrombin time (PT), activated partial thromboplastin time (aPTT), and fibrinogen activity assays. These assays rely on the principle that a clot can be formed due to appropriate thrombin generation. In vivo, DOACs affect the common coagulation pathway that ultimately disrupts thrombin generation (Fig. 1) and could hypothetically impact clot-based PT and aPTT testing. From a laboratory perspective, however, this is much more complicated.

If the PT and/or aPTT are prolonged due to DOACs, the degree of their prolongation cannot be used to infer DOAC concentrations because of an unsuitable correlation (3–6). Further, there is variable sensitivity in testing to different DOACs

**TABLE 1. INDICATIONS, MECHANISMS, AND PHARMACOKINETIC PROPERTIES OF DOACS.**

		ANTICOAGULANT			
ANTICOAGULANT CHARACTERISTICS		DABIGATRAN (PRADAXA®)	RIVAROXABAN (XARELTO®)	APIXABAN (ELIQUIS®)	EDOxabAN (SAVAYSA®)
FDA-APPROVED USES	NVAF	+	+	+	+
	VTE treatment	+	+	+	+
	Primary VTE prevention	+	+	+	
	Recurrent VTE prevention	+	+	+	
	CAD		+		
	PAD		+		
	Pediatric patients	+	+		
MECHANISM OF ACTION		Direct thrombin inhibition	Selective FXa inhibition		
HALF-LIFE (h)		12–17	Pediatric: 1.6–4.2	12	10–14
			Adults: 5–9		
			Elderly: 11–13		
RENAL CLEARANCE/EXCRETION (%)		80	36	27	50
<b>Abbreviations: CAD, coronary artery disease; NVAF, nonvalvular atrial fibrillation; PAD, peripheral artery disease; VTE, venous thromboembolism.</b>					

that adds another layer of complexity. For example, the PT is less sensitive to apixaban than it is to rivaroxaban, and most PT reagents cannot adequately detect peak and trough levels of apixaban. On the other hand, whether DOACs will affect the PT or aPTT depends on the testing platform (i.e., the specific method, reagent lot-lot variation), the specific DOAC, drug metabolism, and drug plasma concentration (3, 5, 7, 8). Fibrinogen activity testing using the Clauss fibrinogen method is generally considered to be insensitive to DOACs, though high dabigatran concentrations may cause a false decrease for some assay reagents.

**Summary**

- PT and aPTT may be affected by DOACs (platform/ assay dependent) and should not be used to assess DOAC presence and/or concentration.
- Fibrinogen activity measurements can generally be obtained without interference from DOACs.

**WHICH COAGULATION TESTS CAN BE PERFORMED WITHOUT INTERFERENCE FROM DOACS?**

The impact of DOACs varies based on the methodology used for the test. In general, methodologies not affected by the presence of DOACs include polymerase chain reaction, immunoassays, and platelet function testing. Polymerase chain reaction testing is commonly used for the detection of factor V Leiden and prothrombin gene mutations. Serology-based methods such as enzyme-linked immunosorbent assays, lateral flow immunoassays, agglutination methods, and chemiluminescent immunoassays do not rely on any type of clot formation and are unaffected by DOACs. Immunoassays are commonly used for measuring von Willebrand factor, antiphospholipid antibodies, D-dimer, protein S and C antigen, antithrombin antigen, and fibrinogen antigen.

Platelet function testing (PFT) availability varies widely between laboratories. Further, PFT can be performed on POC

systems (e.g., PFA-100/200, VerifyNow™ etc.) or considered high-complexity testing (e.g., light transmission aggregometry) depending on the testing platform and method. Because PFTs do not generally rely on thrombin generation for their evaluation of platelets, they should not be affected by DOACs. The current evidence, albeit relatively limited, indicates that DOACs do not significantly affect PFT platforms (9–14). However, regarding light transmission aggregometry, specific reagent agonists used to induce platelet aggregation may be impacted by DOACs—specifically, thrombin and thrombin receptor-activating peptides (9, 10, 14–19).

### Summary

- Polymerase chain reaction and immunoassays are unaffected by DOACs.
- Based on the current evidence, platelet function testing is relatively unaffected by DOACs, but specific agonists (thrombin and thrombin receptor-activating peptides) should be avoided for light transmission aggregometry

## WHICH COAGULATION TESTS SHOULD BE AVOIDED WHEN A PATIENT IS TAKING A DOAC?

In general, certain clot-based tests and some chromogenic assays should be avoided in patients taking a DOAC, as DOACs can lead to test result misinterpretation.

### Should factor activity assays be avoided?

Coagulation factor activities are commonly measured using clot-based or one-stage assays. Briefly, the patient plasma is diluted with factor-deficient plasma and assayed by the PT (for factors II, V, VII, and X) or aPTT (for factors VIII, IX, XI, and XII). The measured clotting time is inversely proportional to factor activity. As described earlier, DOACs variably affect the PT and aPTT, with the degree of prolongation dependent on the assay reagent, type, and concentration of DOAC present. Therefore, factor activities determined via one-stage assays with DOAC-susceptible PT or aPTT reagents have the potential to underestimate factor activities in the presence of DOACs.

In vitro spiking studies have demonstrated that increasing concentrations of dabigatran lower PT- and especially aPTT-based factors in a concentration-dependent manner (20, 21). Of

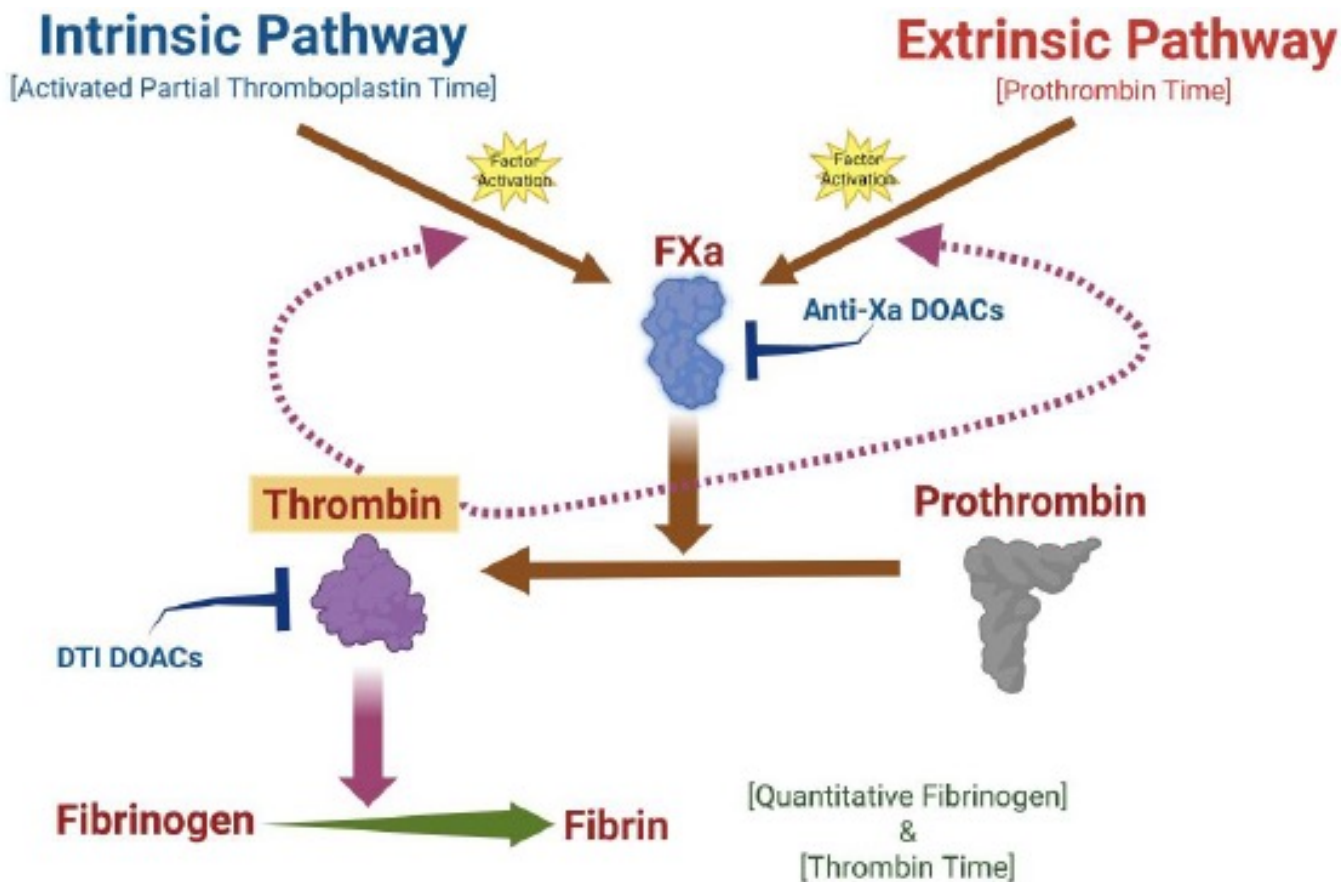


Fig. 1. A schematic illustrating the coagulation cascade in vitro. The intrinsic and extrinsic pathways intercept at FXa, which is the start of the common pathway. FXa is responsible for activating prothrombin to thrombin, and thrombin cleaves fibrinogen into fibrin, which arranges to form the fibrin clot. The anti-Xa DOACs inhibit the activity of FXa, while the thrombin inhibitor DOAC inactivates thrombin. Created in BioRender. Harris, N. (2024) <https://BioRender.com/c54d428>.

the PT-based factors, factor II may be the most affected and factor X the least affected. Misleading results can occur with dabigatran-containing samples as they often display results suggestive of a nonspecific inhibitor effect.

Increasing concentrations of rivaroxaban and apixaban can also lead to factitiously underestimated one-stage factor activities (22–25). Rivaroxaban generally has more of an effect than apixaban, which reflects the varying sensitivities of PT and aPTT reagents to these different FXa inhibitors. As with dabigatran, apixaban and rivaroxaban often induced a nonspecific inhibitor effect.

In addition to falsely lowering factor activities measured by one-stage assays, DOACs may lead to the factitious presence of factor inhibitors (20, 24).

### Summary

- Factor activities measured by one-stage or clot-based methods can be underestimated in the presence of DOACs.
- Factor inhibitors measured by one-stage or clot-based methods can be overestimated in the presence of DOACs.

### Should Lupus anticoagulant assays be avoided?

Lupus anticoagulants (LA) are autoimmune heterogeneous immunoglobulins directed against phospholipid-protein components of the cell membrane that may impact coagulation-related proteins and/or clotting factors in vivo. If these immunoglobulins are present in a sample and bound to their targeted antigen, they may cause prolongation of phospholipid-dependent clotting times in laboratory assays. Currently, it is recommended that LA testing should employ 2 phospholipid-dependent clotting time assays based on different principles (26). Although LA testing is only 1 of the 3 laboratory criteria for the identification of antiphospholipid syndrome, it is the best-established risk factor of clinical manifestations (27–29). It is important for healthcare providers to understand the effect of DOACs in LA testing for appropriate testing utilization, diagnosis, and management.

Similar to other clot-based assays, LA tests are vulnerable to interferences by anticoagulant therapy that usually leads to false positives but in rare scenarios may cause false negatives (26, 29). Generally, DOACs have been widely shown to prolong conventional LA screening assays (3, 29, 30). This may potentially lead to misleading results and misinterpretation.

### Summary

- The presence of DOACs may lead to unreliable LA test results such as false positives and, in rare cases, false negatives.

### Should other clot-based testing be avoided?

Many specialized coagulation assays also rely on clot formation as a measurement endpoint and are at higher risk for interference from DOACs. A summary of the clot-based assays, their associated conditions, and susceptibilities to DOAC interference is presented in Table 2.

*Clot-based protein C activity.* Protein C activity via clot-based assay is overestimated in the presence of rivaroxaban, edoxaban, or dabigatran but not apixaban (31, 32). Clot-based methods are generally discouraged in favor of chromogenic assays unless there is a strong clinical suspicion for the rare type II protein C deficiency (33). False elevation in protein C activity could mask true deficiency of this natural anticoagulant, delaying appropriate diagnosis and management. It is recommended that chromogenic protein C activity testing be used in the presence of DOACs.

*Protein S activity.* Functional testing for protein S activity can be performed via PT-, aPTT-, or Russell viper venom time (RVVT)-based clotting tests (34). aPTT- and RVVT-based protein S activity assays are exquisitely sensitive to dabigatran (20, 35). Clot-based protein S activity may also be overestimated by FXa inhibitors and is particularly sensitive to rivaroxaban (31, 36–38). False elevation in protein S activity could mask true deficiency of this natural anticoagulant, delaying appropriate diagnosis and management. It is recommended that immunoassay-based free protein S antigen testing be used in the presence of DOACs.

*Activated protein C resistance (APCR).* APCR assays rely on clot formation with aPTT-, RVVT-, or prothrombinase-based reagents where the patient plasma is prediluted in factor V-deficient plasma, analyzed with and without the addition of activated protein C and a ratio between these 2 clotting times calculated. Increasing APCR ratios have been observed with increasing concentrations of dabigatran, apixaban, rivaroxaban, and edoxaban, which could lead to a false normal APCR ratio in an individual who carries the factor V Leiden mutation (20, 22, 31, 35, 39). Different APCR reagents demonstrate variable susceptibility to DOAC interference, with prothrombinase- and RVVT-based assays more affected by dabigatran and aPTT-based assays less affected by apixaban (37, 39, 40). It is recommended that molecular testing be used to test for the factor V Leiden mutation in the presence of DOACs (41).

*Thrombin time (TT)/dilute TT.* The TT is unaffected by FXa inhibitors but is too sensitive to dabigatran to give any indication of drug concentration (21, 31, 42). However, a modification of the thrombin time, the dilute TT, demonstrates a concentration-dependent prolongation of the clotting time and, thus, is more appropriate for dabigatran quantification (43).

*Reptilase time.* Reptilase time measures fibrin formation

**TABLE 2. SUMMARY OF DOAC INTERFERENCE WITH CLOT-BASED ASSAYS.**

Test	Testing indication	FXa inhibitor interference?	DTI interference?
PT/aPTT and mixing study	Screening test	Yes	Yes
Thrombin time	Screening test	No	Yes
Fibrinogen activity	Screening test	No	No
Factor activities	Hemophilia and other factor deficiencies	Yes	Yes
Activated protein C resistance	Thrombophilia	Yes	Yes
Protein S activity	Thrombophilia	Yes	Yes
Protein C activity	Thrombophilia	Yes	Yes
Dilute thrombin time	Anticoagulation	No	Yes
Reptilase time	Hypofibrinogenemia or dysfibrinogenemia	No	No
Lupus anticoagulant	Thrombophilia	Yes	Yes

following fibrinogen cleavage and fibrinopeptide A release by the batroxobin snake venom. The reptilase test is unaffected by all DOACs (20, 22, 31, 42).

### Summary

- Clot-based protein C and protein S activity may be overestimated in the presence of DOACs, potentially masking true deficiency of these natural anticoagulants.
- APCR testing is susceptible to interference from DOACs, but the interference is variable depending on the reagent and anticoagulant.
- The TT and dilute TT are prolonged by dabigatran but unaffected by FXa inhibitors.

### Are chromogenic assays impacted?

Relative to clot-based assays, chromogenic assays are less sensitive to interferences from DOACs. Chromogenic assays comprise 2 stages that are both independent of clot formation: activation of a serine protease capable of cleaving a specific peptide nitroanilide substrate and cleavage of the substrate to release a chromophore whose concentration is measured spectrophotometrically. Active forms of protein C, factor II, and factor X are commonly used in chromogenic reactions.

*Chromogenic protein C activity.* Chromogenic protein C activity assays can be reliably performed in patients taking any DOAC, since protein C is not the target of these anticoagulants and is activated directly via viper venom (21, 24, 32).

*Antithrombin activity based on factor IIa.* It is important to recognize that chromogenic antithrombin activity assays that rely on factor IIa (i.e., thrombin) for chromophore generation can be performed in patients taking FXa inhibitors but will be falsely elevated in patients taking dabigatran (31). Dabigatran affects thrombin-based antithrombin assays in a dose-dependent manner (20, 21, 32, 35).

*Antithrombin activity based on factor Xa.* Chromogenic antithrombin activity assays commonly use factor X activity for chromophore generation and can be performed in patients taking dabigatran but will be unreliable in patients taking FXa inhibitors (20, 31, 32). Different FXa-based antithrombin reagents may demonstrate varying sensitivities to the FXa inhibitors (31).

*Anti-Xa activity.* The use of chromogenic anti-Xa assays for therapeutic monitoring of unfractionated heparin and low molecular weight heparin is now commonplace, but the measured activity reflects all anti-Xa activity in the specimen and will be elevated in the presence of FXa inhibitors. Therefore, anti-Xa activity assays are not reliable for heparin monitoring in patients with residual direct FXa inhibitor present (44, 45).

*Chromogenic factor VIII, IX and X activities.* FXa inhibitors will reduce factor VIII, IX, and X activities when measured by chromogenic principles since these assays rely on factor Xa activity for chromophore generation. Plasma apixaban and rivaroxaban concentrations well within the typical on-therapy ranges for these anticoagulants may be sufficient to yield a factitiously low chromogenic factor VIII activity (31).

*Factor XIII.* Dabigatran can lead to falsely low levels in the chromogenic FXIII assay (6).

A summary of the chromogenic assays, their clinical indications, and susceptibilities to DOAC interference is presented in Table 3.

#### Summary

- Chromogenic protein C assays are unaffected by DOACs.
- Chromogenic assays utilizing factor IIa for chromophore generation are affected by dabigatran but unaffected by FXa inhibitors.
- Chromogenic assays utilizing factor Xa for chromophore generation are affected by FXa inhibitors but unaffected by dabigatran.

### WHAT IS THE ROLE FOR POC TESTING IN THE PRESENCE OF DOACS?

POC testing is available for several laboratory tests, such as the international normalized ratio, activated clotting times, and viscoelastic tests. POC international normalized ratios can be imprecise, vary from their central laboratory counterparts depending on the POC device, and are potentially subject to interferences (importantly, such as the presence of a lupus anticoagulant). Prolongation of international normalized ratios may be seen with a DOAC present, but a normal result also does not exclude the presence of a DOAC either. Currently, there is

no role for POC testing for monitoring the therapeutic effects of DOACs.

### Viscoelastic testing

The use of viscoelastic testing to measure DOAC effects is not recommended. The rationale for this is a lack of specificity of alterations to the coagulation cascade. Another consideration is the relatively wide reference range of the viscoelastic methods. The major effect of the DOACs is a prolongation of the initial clotting reaction time, which reflects the coagulation cascade and the generation of thrombin (46–51). This interval is the R time (thromboelastography analyzer) or the CT (ROTEM and Quantra analyzers). In many reports, these reaction times, especially for the direct FXa inhibitors, are still within the population-based reference range even though they are prolonged above an individual patient’s baseline reaction time. Apixaban has the least discernable effect on the clot or reaction time, while edoxaban has the greatest effect. It appears that dabigatran is more likely to prolong these initial reaction times beyond the reference range. Significant prolongation of the R or CT by direct FXa inhibitors often requires supratherapeutic doses of this class of DOACs (52). Overall, the results of these prior studies demonstrate various and inconsistent effects of DOACs on viscoelastic testing.

### Activated clotting time

The activated clotting time is a POC whole blood assay used to monitor heparin anticoagulation in cardiopulmonary bypass, percutaneous coronary intervention, and extracorporeal membrane oxygenation (53, 54). The blood specimen is mixed

**TABLE 3. SUMMARY OF CHROMOGENIC ASSAYS.**

Test	Testing indication	FXa inhibitor interference?	DTI interference?
Antithrombin activity (FXa-based)	Thrombophilia	Yes	No
Antithrombin activity (FIIa-based)	Thrombophilia	No	Yes
Protein C activity	Thrombophilia	No	No
Factor VIII	Hemophilia A	Yes	No
Factor X	Anticoagulation	Yes	No
Anti-Xa activity	Anticoagulation	Yes	No
Factor IX	Hemophilia B	Yes	No
Factor XIII	Bleeding disorder	No	Yes
Reptilase time	Hypofibrinogenemia or dysfibrinogenemia	No	No
Lupus anticoagulant	Thrombophilia	Yes	Yes

**Abbreviations: DTI, direct thrombin inhibitor.**

with kaolin or silica, which activates the intrinsic pathway of coagulation. Clotting is detected by the movement of a magnet or photo-optically in a cartridge by the change in velocity of blood as the viscosity increases. Only dabigatran significantly prolongs the activated clotting time. The direct FXa inhibitors do not have a significant effect on the activated clotting; therefore, heparin monitoring by activated clotting time can be performed in the presence of FXa inhibitors (55).

### Summary

- POC testing does not currently have a role in monitoring the therapeutic effects of DOACs.
- DOACs can demonstrate inconsistent effects on viscoelastic testing.
- Direct thrombin inhibitors can prolong activating clotting times, but the direct FXa inhibitors do not have a significant effect.

## WHAT STRATEGIES CAN BE USED TO MITIGATE TESTING INTERFERENCES IN PATIENTS TAKING DOACS?

There are 3 general strategies that can be implemented to mitigate these known interferences, which include (a) discontinuing DOAC treatment, (b) using a different analytical method not subject to the interference, and (c) reversal or removal agents to neutralize the inhibition. In situations where testing must be performed while patients are prescribed DOACs, temporary discontinuation of the DOAC ideally should be considered using appropriate clinical judgment. Additionally, not all DOACs behave in the same manner in specific assays, and a change in methodology may be a helpful alternative. For example, the chromogenic antithrombin activity assay is available in 2 different forms; one form uses the inhibition of FXa, and the other uses the inhibition of thrombin. Direct FXa inhibitors interfere with assays using the inhibition of exogenous FXa, causing falsely increased results for antithrombin (56). In contrast, antithrombin assays that use exogenous thrombin inhibition do not show any interference from direct FXa inhibitors. The following discussion focuses on other strategies that may mitigate DOAC interference in specific assays, including a section on specific products for DOAC neutralization.

### Strategies for factor assays

The underestimation of factor activity and nonspecific inhibitor effect seen in clot-based factor assays (see section 3a) may be mitigated by multidilution analysis and utilizing DOAC-insensitive reagents (32). However, these strategies have been shown to be potentially more effective for rivaroxaban and apixaban than for dabigatran.

### Strategies for LA testing

Similarly to other coagulation testing, it is preferable for LA

testing to be performed in the absence of anticoagulants (i.e., before the initiation of DOAC therapy) (26, 29). If therapy has been started and testing is required, an earnest consideration of temporarily stopping therapy should be evaluated. If the risk of temporary discontinuation is not excessively high, consider stopping the DOAC therapy for a minimum of 2 to 3 days before collecting the sample for LA testing (3, 28). If the risk of temporary discontinuation of anticoagulation is too high, consider a temporary transition to low molecular weight heparin, which may have less interference on the LA testing, and draw trough levels just before the next dose (3).

### Strategies for DOAC neutralization

If anticoagulant discontinuation is not safe or feasible, consider the use of DOAC removal agents in sample preparation prior to performing coagulation testing. DOAC-STOPTM and DOAC-RemoveTM are products that claim to absorb or remove any DOAC in plasma samples while having a minimal effect on plasma proteins involved in the clotting mechanism and are supported by some studies such as PT, aPTT, anti-Xa, TT, and LA panels (57–61). More recently, a DOAC filter has been introduced to remove DOACs prior to LA testing (62). These assays are classified as laboratory-developed tests, which require additional resources and a thorough evaluation by the laboratory director and staff.

Similarly, the reversal agents idarucizumab and andexanet alfa may be used as a sample pretreatment step to neutralize the impact of dabigatran and factor Xa inhibitors, respectively. Idarucizumab is a monoclonal antibody fragment that binds to dabigatran with an affinity around 350 times stronger than its affinity for thrombin (63). Andexanet alfa is a recombinant modified human factor Xa decoy protein that has no catalytic activity but can bind factor Xa inhibitors with high affinity (64). Both have been shown to neutralize DOACs in samples prior to coagulation testing (65, 66).

Importantly, the approach with DOAC neutralizing agents can be cost-prohibitive and not feasible for all laboratories. Utilizing these strategies requires resources and direct discussions with laboratory leadership for an evaluation and implementation.

### Communication strategies for laboratories

In most cases, the strategies discussed here require communication between the laboratory and clinicians. The laboratorians have information regarding the potential interferences by DOACs on the laboratory assays, while clinicians are aware of their patient's most current clinical context, including anticoagulation status, future anticoagulation management, and laboratory testing needs. Effective communication, exchange of information, and crafting strategies between both parties have been shown to optimize patient care (67). The level of communication between parties will likely vary and be dependent on the type of medical institution and laboratory. A simple

route achievable for many laboratories could include attaching a comment to results where certain DOACs could interfere. An example is attaching a comment that reads, “Factor Xa inhibitors may lead to false increases in this test” to an antithrombin assay that uses factor Xa. A higher level of communication could include continuing medical education lectures given by the laboratory director or staff to ordering providers and/or on an individual case-by-case basis if the laboratory director is involved in coagulation test interpretations and direct communication with the clinical team. Another method could incorporate information technology to guide ordering based on a defined algorithmic approach to ultimately tailor the best available testing for the patient’s specific scenario. The aforementioned strategies may be used in combinations or in hybrid forms to satisfy individual institutional needs.

### Summary

- Alternative laboratory testing methods may be considered to assist with interpreting coagulation test results when DOAC interference is involved.
- Clot-based factor and inhibitor testing should be avoided in patients taking DOACs, but if testing must be performed, multidilution analysis and use of DOAC-insensitive PT and aPTT reagents are recommended if available.
- LA testing should be performed in the absence of DOAC treatment, but if testing is necessary, multiple strategies should be considered by both the clinical and the laboratory team in collaboration.
- DOAC neutralizing reagents are available and may have some potential for their utilization. However, they are cost-prohibitive and may not be possible to implement by most laboratories.
- Multiple strategies exist for laboratories to communicate with clinicians about the impact of DOACs on coagulation testing.

### SHOULD DOAC CONCENTRATIONS BE MONITORED?

DOACs have predictable pharmacokinetics and pharmacodynamics relative to warfarin with fewer interferences from food and other medications; therefore, routine monitoring is generally not necessary for dose adjustments, especially when there are no clinical concerns for toxicity or lack of efficacy (5, 7, 68–70).

There are urgent and nonurgent situations proposed where screening for the presence of DOACs may be clinically useful. Urgent situations include severe hemorrhage (toxicity) or thrombosis (therapy failure), an emergent surgical procedure while on therapy, and trauma. Nonurgent situations include advanced age, severe renal failure with dialysis dependence, prior intervention with high bleeding risk, prior small bowel resection, gastrointestinal malabsorption, patients with extremes of body

weight, failed therapy, and drug interactions (9, 71–74).

It is highly discouraged to test patients beyond these very limited clinical scenarios based on the available data (75). Accordingly, due to the limited clinical utility, infrequent need, and relatively predictable pharmacokinetics and pharmacodynamics, many clinical laboratories do not perform assays that measure DOACs.

### Summary

- Patients on DOACs do not require routine laboratory monitoring, though there may be very limited and specific urgent or nonurgent situations where DOAC plasma concentration measurements may help guide clinical decision-making.

### WHAT TESTS ARE AVAILABLE FOR MEASURING DOACs?

If DOAC measurement is being considered, there are indirect and direct measurements that can be strategically implemented. While widely available, the PT and aPTT are not appropriate for measuring DOACs.

#### Indirect measurement

Indirect DOAC assays are used to determine the presence or absence of the drug in the plasma of the patient (5, 7, 76, 77). TT is highly sensitive to dabigatran and can be used to detect the presence of dabigatran. A normal TT rules out the presence of dabigatran in a specimen. Note the TT is not affected by the FXa inhibitors. In contrast, normal PT and/or aPTT results cannot be used to definitively exclude the presence of a DOAC in a sample (3–6).

Chromogenic anti-Xa assay calibrated for unfractionated heparin and low molecular weight heparin can detect the presence of direct FXa inhibitors (7). Since anti-Xa assays are widely available, they may be useful in emergency situations to detect the presence of a factor Xa inhibitor in the patient’s plasma, though they demonstrate variable sensitivity to FXa DOACs and will not provide a DOAC concentration (78). This assay is widely available and may assist with DOAC detection (7).

#### Direct measurement

Direct DOAC assays measure the drug concentration usually in ng/mL (5, 7, 76, 77). For direct measurements, LC-MS/MS is considered the gold standard. Each assay is calibrated with each drug to be measured, and this method demonstrates good accuracy and precision over a broad concentration range, although it is not widely available (79). At this time, there are no international reference materials available. Peak and trough measurements are preferred as they give more information than random measurements (80). This method cannot be used in emergency settings.

Chromogenic anti-Xa assays that use the appropriate direct

FXa inhibitor calibrators and controls can be used to measure drug levels with a relatively short turnaround time compared to LC-MS/MS. They can be performed in as little as 30 min in some laboratories and may eliminate the need to use reversal agents or other hemostatic agents in patients with little or no anti-Xa activity (81).

Ecarin-based assays (clot based and chromogenic) provide a direct measure of dabigatran activity. This assay is not readily available or useful in the absence of specific kits and standards (i.e., standardization of the concentration of ecarin in the test). It has been demonstrated to have a good correlation with LC-MS/MS-based methods (5, 7, 76).

The chromogenic anti-FIIa method is a quantitative measurement of dabigatran and other direct thrombin inhibitors and is based on the inhibition of a constant and defined quantity of thrombin. The method has good correlation with LC-MS/MS-based methods (7, 82, 83). The dilute TT using equal volumes of diluted patient plasma and thrombin with dabigatran calibrators is suitable for quantitative assessment of the anticoagulant effect of dabigatran (7, 76). A strong correlation between dilute TT and LC-MS/MS has been reported (84).

### Summary

- There are indirect and direct methods that are available for measuring DOACs.
- The TT can be used to rule out dabigatran, and dilute TT and ecarin-based assays can measure dabigatran concentrations.
- Heparin-calibrated anti-Xa assays can detect the presence of direct FXa inhibitors, but calibration with specific drugs is required to provide direct FXa inhibitor concentrations.
- LC-MS/MS is the gold standard for measurement of DOACs.

## HOW SHOULD DOAC CONCENTRATIONS BE INTERPRETED?

Many factors may affect DOAC concentrations, including drug-drug interactions, renal dysfunction, prior bariatric surgery, concomitant food intake in certain scenarios (e.g., therapeutic doses of rivaroxaban), and dose intensity. At the current time, standardized therapeutic ranges for DOACs have not been established. Peak and trough “on-therapy” plasma concentrations were observed in various pharmacokinetic and pharmacodynamic studies, but therapeutic reference ranges have not been established (85, 86).

Given the lack of robust data that DOAC concentrations significantly change management decisions, guidelines by the International Society of Thrombosis and Haemostasis Scientific and Standardization Committee suggest not routinely monitoring DOACs concentration (87). However, there may be clinical scenarios where measuring DOAC concentrations

could potentially be useful. For example, these guidelines suggest measuring a trough level when using DOACs after bariatric surgery (no sooner than 4 weeks postoperatively) to provide insight regarding drug absorption. Another scenario where measuring DOAC concentrations might be helpful is in the setting of a major or life-threatening bleed. Prothrombin complex concentrates, andexanet alfa, and idarucizumab are available reversal agents for FXa inhibitors and dabigatran. International Society of Thrombosis and Haemostasis Scientific and Standardization Committee guidelines from 2016 and 2024 suggested that FXa inhibitor concentrations greater than 50 ng/mL in the setting of severe bleeding are likely sufficient to warrant anticoagulant reversal. The threshold can be lowered to 30 ng/mL in life-threatening bleeding situations (73, 88).

Yet, even in these limited scenarios, the challenge is that there are no clear optimal “cutoff” plasma concentrations for a trough level after bariatric surgery or for using emergent reversal agents with serious bleeding. Additionally, few clinical laboratories offer rapid assays for DOAC concentrations, further limiting the realistic utilization of a cutoff concentration for emergent reversal. Ultimately, appropriate DOAC reversal in the setting of major bleeding depends on multiple factors, including timing of the most recent DOAC dose and dose intensity.

### Summary

- There are currently no universal or standardized therapeutic ranges of DOAC plasma concentrations.
- DOAC plasma concentrations may be used in certain scenarios, including emergent anticoagulant reversal, but the optimal cutoff concentration has yet to be determined.

## CONCLUSION

The introduction of DOACs has brought major improvements in anticoagulation management. The oral route of administration with fixed doses along with no requirement for routine therapeutic monitoring has dramatically improved clinical care since the early 2010s. The now ubiquitous use of DOACs, however, poses challenges in understanding impacts on coagulation testing. This document explores these impacts to provide guidance to both the laboratory and clinical sides of patient care.

Clinicians ordering coagulation testing for patients taking DOACs should approach these scenarios thoughtfully, as this requires discretion to determine appropriate and optimal timing for testing. Communication and collaboration with the laboratory leadership and staff is strongly suggested prior to testing. The laboratory medical director can provide guidance to the clinical team on current methodologies and how to interpret results for patients on DOACs.

**Nonstandard Abbreviations:** DOAC, direct oral anticoagulant; FXa, factor Xa; POC, point of care; PT, prothrombin time; aPTT,

activated partial thromboplastin time; PFT, platelet function testing; LA, lupus anticoagulants; RVVT, Russell viper venom time; APCR, activated protein C resistance; TT, thrombin time.

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