

Community Health Implementation Plan 2025

An Action Plan for the Community Health
Needs Assessment

Irving/Las Colinas Region





Irving/Las Colinas Region community

- Baylor Scott & White Medical Center - Irving
- Baylor Scott & White Surgical Hospital - Las Colinas
- Baylor Scott & White Health Plan



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Executive summary

As the largest not-for-profit healthcare system in Texas, and with a bold vision of empowering individuals and communities to live well, Baylor Scott & White Health (BSWH) understands the importance of addressing the health needs of its communities. In 2023, the BSWH Community Benefit Department was charged with leading the 2025 Community Health Needs Assessment (CHNA) to assess the health and social needs of the community. Metopio, a community health intelligence company, analyzed the data for the process and prepared a final report made publicly available in June 2025.

The Irving/Las Colinas Region CHNA Community is home to several hospitals, including Baylor Scott & White Medical Center – Irving and Baylor Scott & White Surgical Hospital – Las Colinas. The community served by the hospital facilities listed above is Dallas and Tarrant counties. BSWH has at least one hospital facility or a provider-based clinic in each of these counties, and together, they comprise more than 70% of admitted patients, according to the hospital facilities' inpatient admissions over the 12-month period of FY22.

BSWH and Metopio examined more than 200 public health indicators and conducted a benchmark analysis of this data, comparing the community to the overall state of Texas and US values. A community focus group, including a representation of minority, underserved and indigent populations, provided

input for a qualitative analysis. Community surveys and key informant interviews also provided an in-depth understanding of the community's health and social needs as well as gaps in care and services. Any community needs that did not meet state benchmarks were included in the initial findings to hospital and community leaders. Understanding the degree of difference from the benchmark helped determine the relative severity of the issue. The outcomes of this quantitative analysis were aligned with the qualitative findings of the community surveys, focus groups and key informant interviews to elicit a list of health needs in the community.

The top health needs were presented in a data analysis and prioritization session comprised of both hospital and community leaders who were charged with identifying and prioritizing significant health needs. The session included an overview of the community demographics, a summary of health data findings, and a review of health disparities and disproportionately affected populations/ZIP codes. Those health needs with higher rates compared to the state and national rates were considered the most significant. Each session attendee voted on the most significant health needs, and that vote was also used to prioritize health needs. As a result of this process, food access and health behaviors were identified as significant and prioritized.

Letter to the community

Baylor Scott & White is committed to empowering individuals and communities to live well. As part of that commitment, we conduct a Community Health Needs Assessment (CHNA) every three years and report on our community's current health needs. In addition, we work with our community partners and hospital leaders to develop comprehensive and impactful Implementation Plans that outline community health strategies to address priority health needs.

We are pleased to present the 2025 Implementation Plan for the Irving/Las Colinas Region CHNA Community. The CHNA incorporates input from community organizations, leaders and residents, faith-based organizations, healthcare providers, hospital and system leaders, the medically underserved, and others. The full report can be found at BSWHealth.com/CommunityNeeds.

As part of the largest not-for-profit health system in Texas, we take our commitment to the Irving/Las Colinas Region CHNA Community very seriously. Through a partnership with community organizations and residents, we have identified and will focus on some of the toughest problems plaguing our most vulnerable residents.

Sincerely,

BSWH Irving/Las Colinas Region Hospitals

Irving/Las Colinas Region community needs

The overall purpose of the Implementation Plans is to align the hospitals' charitable strategy, programs, investments and resources with the findings of the CHNA. To meet the requirements under IRC Section 501(r)(3) and the Texas Health and Safety Code Chapter 311, the written Implementation Plans include the following:

- A list of the prioritized needs the hospital plans to address and the rationale for not addressing other significant health needs identified
- Actions the hospital intends to take to address the chosen health needs
- The anticipated impact of these actions and the plan to evaluate such impact (e.g., identify data sources that will be used to track the plan's impact)
- Identification of programs and resources the hospital plans to commit to addressing the health needs
- Description of any planned collaboration between the hospital and other facilities or organizations in addressing the health needs

After a comprehensive analysis of data and thorough discussions with community and hospital leaders, the two health needs listed below were identified as significant.

- Food access
- Health behaviors

The significant health needs listed above were prioritized and will be addressed through the Irving/Las Colinas Region Implementation Plan detailed below. The significant health needs listed below were prioritized in the following order.

1. Food access
2. Health behaviors

The facilities and entities listed below collaborated to develop these joint implementation plans addressing the significant prioritized health needs identified above. Hospital leadership selected health needs to address in collaboration with the community based on the anticipated impact, available hospital, clinic, enterprise and corporate resources, and the expertise of the respective facilities. The following facilities and entities form a joint Implementation Plan to address the prioritized health needs listed above.

- **Baylor Scott & White Medical Center - Irving**
- **Baylor Scott & White Surgical Hospital - Las Colinas**
- **Baylor Scott & White Health Plan**

Community needs addressed

Facility	Food access	Health behaviors
Baylor Scott & White Medical Center - Irving		
Baylor Scott & White Surgical Hospital - Las Colinas		
Baylor Scott & White Health Plan		

Implementation plan

- Baylor Scott & White Medical Center - Irving
- Baylor Scott & White Surgical Hospital - Las Colinas
- Baylor Scott & White Health Plan

Priority need 1: Food access

Baylor Scott & White Medical Center - Irving

Strategies	Community partners	Anticipated impact	Outcome measures	Hospital resources
Cash and in-kind donations to non-profits		<ul style="list-style-type: none"> • Increased non-profit capacity to address critical social and health needs within the CHNA region 	<ul style="list-style-type: none"> • Total dollar amount of in-kind and cash donations to local non-profits 	<ul style="list-style-type: none"> • Funding • In-kind donations
Improve overall nutrition and decrease food insecurity through nutrition education and referrals to community resources and programs for the oncology population	<ul style="list-style-type: none"> • Women Rock • Vendors (protein supplements) • North Texas Food Bank 	<ul style="list-style-type: none"> • Increased access to healthy food for cancer patients 	<ul style="list-style-type: none"> • Number of formal non-profit partnerships with the cancer center/ program • Number of food-insecure cancer patients served 	<ul style="list-style-type: none"> • Staff time
Partner with and support Baylor Scott & White Community Clinic - Irving and Irving Cares to address food insecurity through the FoodRx program	<ul style="list-style-type: none"> • Irving Cares • Baylor Scott & White Community Clinic - Irving 	<ul style="list-style-type: none"> • Increased access to healthy food • Improved chronic disease management and prevention 	<ul style="list-style-type: none"> • Total number of individuals served through the FoodRx program 	<ul style="list-style-type: none"> • Staff time • Funding

Priority need 1: Food access

Baylor Scott & White Surgical Hospital – Las Colinas

Strategies	Community partners	Anticipated impact	Outcome measures	Hospital resources
Implement team member food drives to support local non-profits, food pantries and food banks	<ul style="list-style-type: none"> • Food pantries • Food banks 	<ul style="list-style-type: none"> • Increased access to healthy food • Increased food supply for food banks and pantries 	<ul style="list-style-type: none"> • Number of food drives • Bags/pounds of food distributed 	<ul style="list-style-type: none"> • Staff time • Food supply
Cash and in-kind donations to non-profits	<ul style="list-style-type: none"> • Local non-profits 	<ul style="list-style-type: none"> • Increased non-profit capacity to address critical social and health needs within the CHNA region 	<ul style="list-style-type: none"> • Total dollar amount of in-kind and cash donations to local non-profits 	<ul style="list-style-type: none"> • Funding • In-kind donations

Priority need 1: Food access

Baylor Scott & White Health Plan

Strategies	Community partners	Anticipated impact	Outcome measures	Hospital resources
Utilize FindHelp to screen for food insecurity and refer patients to local food pantries and banks	<ul style="list-style-type: none"> • Local food pantries and non-profits 	<ul style="list-style-type: none"> • Increased access to healthy food and community resources 	<ul style="list-style-type: none"> • Number of individuals referred to community resources and food pantries 	<ul style="list-style-type: none"> • Staff time • Community resource referral tools and technical software

Priority need 2: Health behaviors

Baylor Scott & White Medical Center – Irving

Strategies	Community partners	Anticipated impact	Outcome measures	Hospital resources
Provide lung screenings to individuals and families in the Irving/Las Colinas Region	<ul style="list-style-type: none"> • Irving Community Clinic • Local non-profits and community institutions 	<ul style="list-style-type: none"> • Increased access to healthcare services and resources 	<ul style="list-style-type: none"> • Number of screening events • Number of individuals screened 	<ul style="list-style-type: none"> • Staff time • Community outreach supplies and equipment
Provide stroke education to individuals and families in the Irving/Las Colinas Region	<ul style="list-style-type: none"> • Irving Community Clinic • Irving ISD • Grand Prairie ISD • Irving FD 	<ul style="list-style-type: none"> • Increased knowledge and awareness of stroke prevention and symptoms 	<ul style="list-style-type: none"> • Number of stroke education sessions • Number of stroke education participants 	<ul style="list-style-type: none"> • Staff time • Community outreach supplies and equipment
Provide diabetes support and education	<ul style="list-style-type: none"> • Local non-profit organizations 	<ul style="list-style-type: none"> • Increased nutrition • Improved diabetes management 	<ul style="list-style-type: none"> • Number of diabetes support and education sessions • Number of participants 	<ul style="list-style-type: none"> • Staff time • Community/nutrition health education materials

Priority need 2: Health behaviors

Baylor Scott & White Health Plan

Strategies	Community partners	Anticipated impact	Outcome measures	Hospital resources
Provide nutrition education through the BSW Be Well Coaching program		<ul style="list-style-type: none"> • Improved nutrition and overall health and wellness 	<ul style="list-style-type: none"> • Number of individuals served through the BSW Be Well Coaching program 	<ul style="list-style-type: none"> • Staff time
Partner with CareNet to provide health coaching for those with chronic disease	<ul style="list-style-type: none"> • CareNet 	<ul style="list-style-type: none"> • Improved chronic disease management • Decrease in medical interventions due to poor chronic disease management 	<ul style="list-style-type: none"> • Number of individuals served through the CareNet program 	<ul style="list-style-type: none"> • Technical equipment and software • Staff time

Community needs not addressed

BSWH provides a wide range of needed healthcare services and community benefits through adherence to its mission, using its resources and capabilities, and remaining a strong organization. By focusing on our strengths and allocating our resources appropriately, we can achieve a greater impact in the communities we serve.

There are no significant health needs that are not being addressed in the Irving/Las Colinas Region.

Program evaluation

All community benefit activities align with community benefit goals by adhering to BSWH's policies and procedures. This ensures appropriate governance of the activities outlined in these Community Health Implementation Plans. The hospitals evaluate programs and activities on a regular basis so that BSWH is effectively addressing priority health needs.

To support each hospital's community benefit objectives, requests for contributions from other unrelated 501(c)(3) charitable organizations managed by the community benefit department are considered, and the programs addressing a priority need in the community are given preference. All charitable giving is reviewed and approved annually by hospital leadership and the BSWH governing board.

BSWH regularly assesses, evaluates and reports on the programs addressing the significant needs found in identified communities. Partnership with community organizations and feedback on community outreach plans and strategies enhance the impact of our community benefit programs and services. As a result, these hospital facilities achieve a reduction in unnecessary healthcare costs and improved delivery of overall quality of care.

Please direct any feedback on the assessment or implementation plan to CommunityHealth@BSWHealth.org. This document may be accessed at BSWHealth.com/CommunityNeeds.

