

Benefit contacts

Questions related to	Carrier	Phone	Hours of operation	Website
Accidental injury, critical illness, hospital indemnity	Aetna	800.607.3366	Mon-Fri, 8 a.m.-6 p.m. (all time zones)	MyAetnaSupplemental.com
Dental	Cigna	877.505.5872	24/7	MyCigna.com
Dependent Verification Center	Alight	866.318.3961	Mon-Fri, 7 a.m.-7 p.m. CT	YourDependentVerification.com
Discounts	BenefitHub	866.222.8789	Mon-Fri, 7:30 a.m.-7:30 p.m. CT	BSWH.BenefitHub.com
Employee Assistance Program (EAP)	ComPsych	866.380.1372	24/7	GuidanceResources.com Web ID code: BSWH
Flexible spending (FSA) and health savings accounts (HSA)	Optum Bank	800.243.5543	Mon-Fri, 7 a.m.-9 p.m. CT Sat-Sun, 8 a.m.-4:30 p.m. CT	OptumBank.com
Life, AD&D and long-term disability	New York Life	800.642.8238	Mon-Fri, 7 a.m.-6 p.m. CT	MyNYLGBS.com
Medical	Baylor Scott & White Health Plan	844.843.3229	Mon-Fri, 7 a.m.-7 p.m. CT	BSWHHealthPlan.com/BSWH
Prepaid legal	MetLife Legal	800.821.6400	Mon-Fri, 7 a.m.-7 p.m. CT	LegalPlans.com Single: 6720010 and Family: 6730010
Prescription	Rightway	866.987.5735	24/7	RightwayHealthcare.com/BSWH
Retirement savings	Empower	844.722.2794	Mon-Fri, 7 a.m.-9 p.m. CT	BSWHRetirement.com
Short-term leave	Sedgwick Absence Center	844.511.5762	Mon-Fri, 7 a.m.-7 p.m. CT	MySedgwick.com/BSWH
Tobacco cessation	YesQuit	877.937.7848	24/7 (except holidays)	YesQuit.org
Tuition assistance	Guild	800.985.4027	Mon-Fri, 7 a.m.-7 p.m. CT	BSW.GuildEducation.com
Vision	EyeMed	844.409.3401	Mon-Fri, 6:30 a.m.-10 p.m. CT Sat, 7 a.m.-10 p.m. CT	EyeMed.com
Your benefits enrollment, paid time off or pay	PeoplePlace	844.417.5223	Mon-Fri, 6:30 a.m.-6 p.m. CT	MyPeoplePlace.com