

Living kidney donation criteria.

Information for potential donors.

When you're considering becoming a living kidney donor at Baylor Scott & White All Saints Medical Center – Fort Worth, our transplant team uses the following criteria to help make sure you're healthy enough to donate. We evaluate each potential donor individually.

Who may be considered for living kidney donation

- 18 years of age or older
- Meets medical, psychosocial and financial requirements established by the transplant program

Conditions that prevent living kidney donation

- Inability to make an informed medical decision
- Human immunodeficiency virus (HIV)
- Active or incompletely treated malignancy that requires treatment other than surveillance or has more than a minimal known risk of transmission
- Concerns regarding coercion or exchange of value for an organ
- Acute symptomatic infection until resolved
- Uncontrolled psychiatric conditions
- Uncontrollable hypertension with end-organ damage
- Diabetes (HgbA1C $\geq$ 6.5)
- Significant kidney stone history
- Lupus
- Significant cardiovascular disease
- Severe liver disease
- Ongoing substance dependency or abuse

Body mass index (BMI) criteria

- BMI < 32: acceptable
- BMI 32 – 35: acceptable with surgeon evaluation
- BMI > 35: not acceptable

Donors with a family history of polycystic kidney disease are excluded if:

- Over the age of 30 with cysts identified on an ultrasound
- Under the age of 30 with positive polycystic kidney disease panel laboratory testing