



# **GRATITUDE CHECKS**



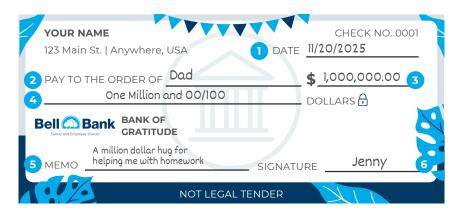
Learn how checks work while saying thanks in creative (and valuable!) ways.

A check is a promise to pay. Normally, the payment is money, but for this activity we're using kindness, time, and effort instead. You'll practice writing checks—and giving thanks—by putting a value on your gratitude.

## **Anatomy of a Check**

A check has a few important parts.

Here's how to fill them out, and how to show your gratitude:



- Date
  Write today's date so the person knows when you gave your gratitude.
- Pay to the Order Of
  Write the name of the person you want to thank.
- 3 \$Box
  Write the dollar value of your gratitude.

- Write the same amount in words.

  Tip: This is great math practice—numbers AND words!
- Memo Line
  Explain what you're thankful for.
- 6 Signature
  Sign your name to show you promise to "pay" your gratitude.



**Side Note:** Gratitude can be priceless... but it's fun to assign a value! Is a hug worth \$1 million? You decide!

### How the Activity Works (with the new twist)

- **1. Learn** Review the sample check and see how to write amounts in numbers and words.
- 2. Assign a Value Decide how much your gratitude is "worth." (Ex: Hug = \$1 million, doing the dishes = \$5).
- 3. Write a Check Fill out the blanks, practicing both the number and longform math.
- **4.** Cut and Give Hand out your Gratitude Checks to family and friends.
- **5.** Redeem Recipients can "cash" the checks whenever they want their act of thanks.

### Flip this page over for your own Gratitude Checks.

Cut them out, assign values, and give them away.

Remember: a check is a promise, so be ready to deliver when someone "cashes in"!

# GRATITUDE CHECKS TO CUT OUT

Tip: Assign a dollar value! Is your thank-you worth \$5, \$100, or \$1,000,000? Cleaning your room? Washing the dishes?

CHECK NO. 0001		\$	DOLLARS 🖨		JRE	
	, USA DATE			F	SIGNATURE	NOT LEGAL TENDER
YOUR NAME	123 Main St.   Anywhere, USA	PAY TO THE ORDER OF		Bell (2) Bank BANK OF GRATITUDE	MEMO	

