

“Strength through Connection”



This design represents Beyond Blues' commitment to true and meaningful reconciliation with First Nations Communities. It highlights the strength that comes through connection. Connection to community and Country and how important this is

for everyone.

It depicts how Beyond Blue is committed to supporting First Nations through meaningful actions and understanding the importance mental health plays in healthy communities.

About the artist - Kalara Gilbert

Kalara Gilbert is a Wiradjuri artist currently based in Canberra. Painter, woodworker and pencil artist, Kalara enjoys all forms of art. Her colourful paintings pay homage to Country and she views art as a way of not so much thinking of what to paint but instead being silent and waiting for creation to speak.

Feeling very lucky to be a part such beautiful Country, most of her art is based on the surrounding landscapes as well as the plants and animals that live there.

Kalara is passionate about telling stories through painting and bringing awareness and understanding of First Nations Culture.



For enquiries about this and other permitted reproduction and use of the Image, please contact Kalara Gilbert, admin@advancedindigenous.com.



The circles with U shapes sitting around represent First Nations Peoples and communities.



The Interconnected circles highlight the strength, beauty and diversity of Aboriginal and Torres Strait Islander Communities. It reflects how First Nations maintain strength through connection.



The smaller rippled circles represent the ripples that are sent out through positive communication, and it is important to highlight that every journey starts and ends with this. That is why this pattern features on either end of the canvas at the beginning and the end.



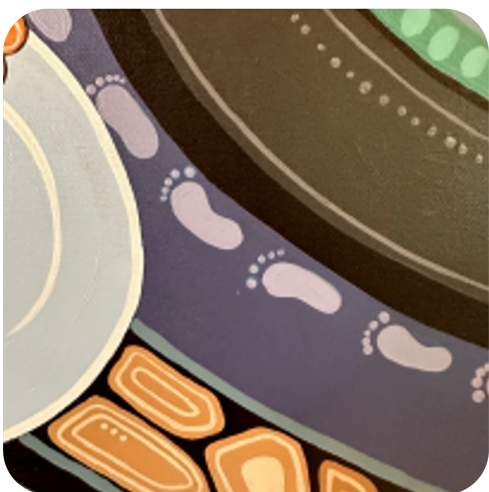
The many different patterns in the background are for the many different Aboriginal Nations. It highlights all the different parts of Country, from the rivers to the desert to the sea.



The bush tucker plants in the centre represent abundance, healing and healthy communities.



The animal footprints represent a healthy Country and how this plays an important role in the Health and well-being of Aboriginal and Torres Strait Islander Peoples. Healthy Country makes healthy People.



The footprints represent Beyond Blues' commitment to walking in solidarity with Aboriginal and Torres Strait Islander Peoples in true allyship. It highlights the commitment Beyond Blue has made to listening, learning and being a part of the truth-telling of this Country's history.