

Beyond Blue Research Strategy 2024-2028

At Beyond Blue, our vision is that all people in Australia achieve their best possible mental health. We work with the community to improve mental health and make it easier for people to feel better earlier, get well and stay well.

Our organisational strategy, [Strategy 2023+ Earlier. Easier. Together](#) outlines our organisational goals and our work at individual, community, and system levels to drive positive change and improve mental health.

Research and evaluation underpins all of Beyond Blue's work, reflecting our commitment to evidence-based practice and continuous improvement.

Our research strategy focuses on:

- Informing the design and development of our supports and services
- Contributing to and supporting change across the mental health system
- Knowledge translation activities which support research findings to be applied both within Beyond Blue and by others

This four-year [Research Strategy 2024-2028](#) outlines our vision and role for research at Beyond Blue and our research priority areas:

- Earlier intervention and low intensity mental health support
- Increase understanding of prevention and promotion
- Reducing complexity and increasing access in a complex mental health system

Our approach to research is aligned, actionable and principled.

For more information about our research strategy, please contact us at research@beyondblue.org.au



Beyond Blue Research Strategy 2024-2028

Research Vision

The mental health of all people is supported by information, supports and a system based on the best available evidence

Research Role

Beyond Blue invests in research that informs how we support the community. We make sure that evidence is used to create change and impact

OUR RESEARCH PRIORITIES

1. Earlier intervention and low intensity mental health support

Research that informs Beyond Blue products and services by exploring what works, how and for whom in earlier intervention and low intensity supports

2. Increase understanding of prevention and promotion

Research that informs what we do to promote mental wellbeing and prevent mental health conditions, such as understanding ways to address the social determinants of mental health

3. Reduce complexity and increase access in a complex mental health system

Research that focuses on identifying the components of systems change and the actions that can be taken to support reforms in the mental health system

OUR APPROACH

Aligned

Research that supports Beyond Blue's strategic role

The research that we generate is aligned with our strategic focus and informs our supports and services

Actionable

Research that has an impact across the sector and community

We focus on turning evidence to action that has a positive impact on people's mental health, sector improvements and system reform

Principled

Research that is delivered with integrity

Our research is underpinned by core principles that ensure research is ethical, grounded in lived experience and embedded in diversity, inclusion and equity objectives