

48-96 Hour Bravo™ pH Recorder and Diary Instructions

The purpose of this test is to measure how much acid reflux you are having and how often.

Note: When the symptom screen is showing, press symptom buttons once

Press the fork and knife button when you start eating, snacking, or drinking AND again when you finish.





***Note:** When the screen is blank, press any button once to “wake up” the recorder and then press the symptom or activity button


***Press the bed button when you lie down 45 degrees or lower AND again when you get up.**



*45 degrees

Press  for chest pain or pressure

Press  for heartburn

Press  for cough, regurgitation, or belch

Lights and Alarms:



After pressing one of the symptom buttons, a green light will turn on for 3 seconds and a beep will be heard to tell you the symptom was recorded.



A blue light will flash one time every 12 seconds when box is recording.



If the box starts to beep and the flashing blue light turns red, hold the box to your chest to re-establish the wireless communication. The beeping will eventually stop and the red light will become blue again.