

PREPARATION for EGD with BRAVO pH Testing



Heartburn & Reflux Center of Northwest Ohio

BLANCHARD VALLEY HEALTH SYSTEM

- **7 DAYS BEFORE:** Stop taking: Omeprazole (Prilosec), Lansoprazole (Prevacid), Dexlansoprazole (Dexilant), Pantoprazole (Protonix), Esomeprazole (Nexium)
- **3 DAYS BEFORE:** Stop taking: Pepcid (Famotidine), Zantac (Ranitidine), Tagamet
- You **can** continue to take Tums and/or Sucralfate (Carafate) up to 24 hours before procedure.
- 5 DAYS before your exam you **may** be asked to hold any anti-inflammatory pain medications and/or blood thinners such as Coumadin, Heparin, Lovenox, and Plavix. **(You will need to address this with your prescribing doctor prior to stopping.)**
- Do NOT take any diabetic medication the day of your procedure. **(Insulin dependent diabetics need to address this with their prescribing doctor for instructions on whether to change a dose or stop a medication prior to procedure.)**
- Continue to take any heart and/or blood pressure medications as usual.
- **Nothing to eat or drink 8 hours prior to procedure.**
- **Prior to procedure, you will need to remove dentures and jewelry.**

****Female Patients:** If you experience stress incontinence with coughing/sneezing, you may wish to wear a pad during the procedure.

YOU MUST HAVE SOMEONE DRIVE YOU HOME AFTER THE PROCEDURE. WE REQUEST THAT YOUR DRIVER REMAIN DURING YOUR EXAM.

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