

Legacy

The Therapeutic Effect of Nature

Modern medicine is reverting back to ancient concepts to improve the outcomes and well-being of patients and families by recognizing the therapeutic effect of nature on healing. The incorporation of nature into both the interior and exterior design of the Armes Family Cancer Care Center recognizes the calming effect that natural settings can have on patients and families in crisis. Elements of nature when applied to both interior and exterior environments elicit documented improvement in patient and staff well-being, patient healing, stress reduction and safety.

Within the interior of the Armes Family Cancer Care Center many subtle references to nature will be incorporated into not only the artwork and decorative features, but also into the basic construction elements including interior glass, doors, wall paper and wood trim. In addition,

large windows, which bring the outside in, will be prevalent in all areas of the building allowing enjoyment of the outdoor space from indoors, making the landscape part of the interior scene as well.

One of the most dramatic influences regarding the therapeutic effect of nature on positive patient outcomes is the healing garden. The research of Roger Ulrich, Rachel Kaplan, Steve Kaplan and several others indicates that viewing nature may reduce the amount of time and pain medications a patient uses to recover from certain medical treatments. In 2001 The Joint Commission for the first time recognized therapeutic gardens as exemplary, and as a best practice benchmark for health care organizations. This was an important step in linking therapeutic gardens with positive patient outcomes and staff satisfaction.

When completed, the Virginia B. Gardner Healing Garden at the Armes Family Cancer Care Center will be strategically placed to be in full view of patients receiving infusion therapy, and careful landscape design has assured that the garden view will be both interesting and beautiful no matter the season. Plant selection and tree placement by a professional landscape architect will provide year round changing views of nature in all its glory for patients to contemplate and to focus on an oasis of peace in the midst of difficult times and treatment. Strategically placed lighting will lend a special ambiance to the nature garden. The garden will also serve as a respite destination for both patients and families to wander down a winding, wheelchair accessible path next to a dry bed, rest on conveniently placed benches offering a sense of privacy, or delight in viewing the John and Mary DeHaven Healing Tree sculpture.

Join us for the Legacy Society Reception

MY OLD KENTUCKY HOME

Join us on an adventurous trek down Findlay's own "Bourbon Trail" after being pulled by lively Bluegrass music into the captivating, spirited aura of "My Old Kentucky Home." Imagine the rustic elegance of quilts and candles, saddles and magnolias partnered with fine wines, aged cheeses, salt-cured meats and bourbon balls savored in an exquisite setting on a warm summer night.

Join us Saturday August 22 from 6:30 - 9 p.m. at Michael and Nancy Wilder's, 300 Pheasant Run, Findlay

Expect your "Save the Date" to arrive in May!

WELCOME NEW LEGACY SOCIETY MEMBERS!

The Blanchard Valley Health Foundation would like to express sincere thanks to those who have joined the Legacy Society or increased their level of giving since the last quarterly newsletter:

LEGACY INDIVIDUAL

Al & Mary Knueven
The Family of Jeannette Miller
Pamela Sue Reed, MD

LEGACY BUSINESS

Arnold Vending Company, Inc.
Reino Linen Service/Leonard & Judy Reino

SILVER LEGACY INDIVIDUALS

Larry & Shirley Copeland/Copeland Financial
Richard H. & Shana Donnell
Cheryl & Doug Huffman
Larry & Brenda McDaniel

SILVER LEGACY BUSINESS

H. Fort Flowers Foundation, Inc.
The LaRiche Family
The Roppe Corporation

GOLD LEGACY- BUSINESS

Tom & Stacey Reineke/Reineke Family Dealerships

Individuals or businesses who pledge \$10,000 or more to support BVHS are eligible for Legacy Society membership.

MEMBERS RECEIVE:

- A quarterly newsletter on BVHS programs and services
- Invitations to special local health-related programs and events
- Recognition in various venues
- "Sneak Peeks" of the newest BVHS programs and facilities
- An invitation to the Annual Reception hosted by BVHS President and CEO Scott Malaney and his wife, Margaret Sullivan Malaney

ARMES FAMILY CANCER CARE CENTER CAMPAIGN UPDATE

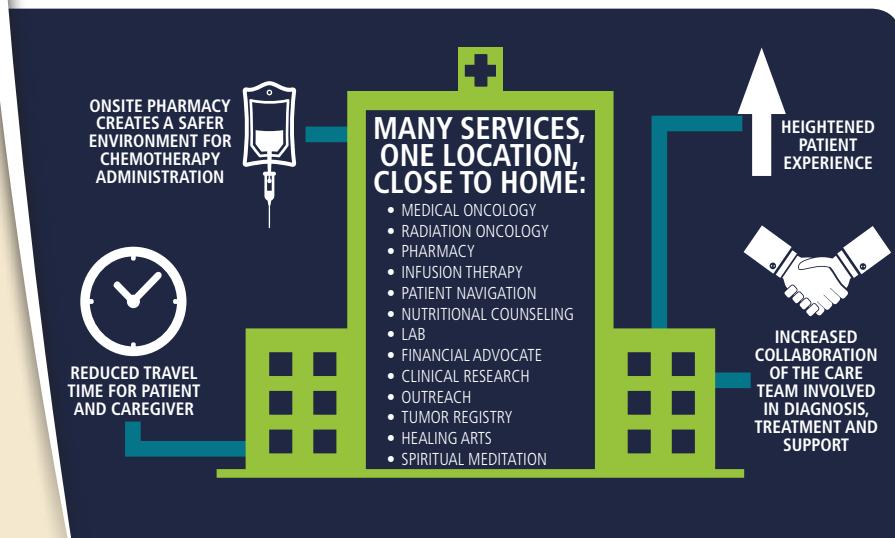


Thanks to an overwhelming response from our "Friends and Family" Capital Campaign which included BVHS and BVHF Board members, BVH associates, the Auxiliary, physicians and medical professionals, we are pleased to announce that more than \$2 million in philanthropy was raised to break ground on November 14, 2014.

However, victory over cancer cannot happen with bricks and mortar alone. The next challenge is to fill this building with the finest technology and programming to treat, heal, comfort and cure our community. Our Phase Two goal is to raise \$2.5 million in philanthropy for immediate use and endowment. Immediate use includes technology and program support.

Endowment, which is directed by a spending policy of 5 percent annually, will ensure ongoing support.

To make a gift and learn more about cancer services at Blanchard Valley Health System, visit cancercarechampions.org or call 419.423.5457.





Donor Wall Update

Blanchard Valley Health Foundation has always envisioned the Armes Family Cancer Care Center donor wall as much more than a list of names. We wanted a symbol of the true nature of this facility, a healing environment for the whole patient provided through a team of doctors, nurses, BVHS support staff, family, friends and others focused on the patient's tomorrows. To that end, we enlisted the assistance of retired physician and accomplished wood carver, Dr. Emil Ziegler. His artistic vision will be the focal point of the donor recognition.

Dr. Ziegler's vision includes carving a 36-inch diameter medallion which will be incorporated into a 13.5-foot long, multicolored Corian donor wall to be located in the Armes Family Cancer Care Center waiting area. The center of the medallion represents the mind, body and spirit of the patient who is the center of care.

Surrounding the patient is a circle of triangles representing information sharing from the patient to the entire support team. The team's strength

and support are symbolized in a series of interlocking circles which include lotus leaves depicting the power of healing. These leaves also resemble panes of a cathedral window recognizing religion as part of the healing process.

Leaves of the tree of life join the lotus leaves along with stylized books representing the research and knowledge of the doctors and nurses. The solid areas within the circles illustrate solid support and the diamonds financial support provided to patients in addition to healing support.

"Your team... for your tomorrows," the vision for the Armes Family Cancer Care Center, surrounds these interlocking circles of strength and is joined together by an eternal knot representing ongoing support provided by the patient's entire team. Fans and diamonds representing financial support, research and knowledge of the team are repeated around the



Emil Ziegler, MD
Artist

periphery. Enclosing the entire circle of support are touching, stylized hands. Finally, a scalloped edge stresses the individuality, uniqueness and importance of each patient.

This meaningful symbol will rest upon the larger wall piece referencing the entire team of donors whose generous gifts made the expansion and renovation project of the Armes Family Cancer Care Center a reality. Donations of \$5,000 or more will be recognized on individually-engraved tiles incorporated into the donor wall. To ensure your name is represented on the wall for the grand opening, pledges must be received by June 1, 2015. To make a pledge, contact the Blanchard Valley Health Foundation at 419-423-5457.

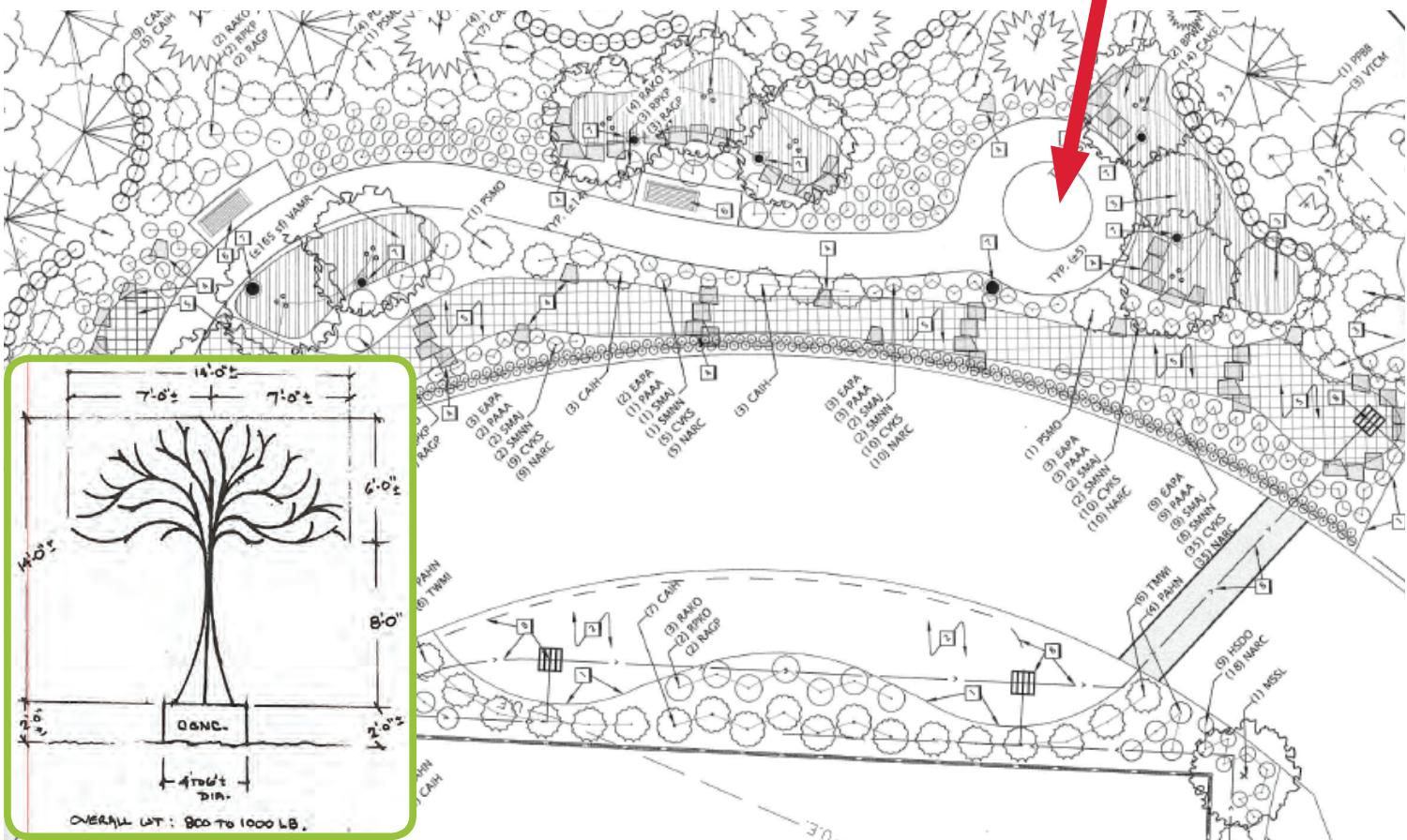


Honor a Valiant Survivor

Imagine a tall, sparkling, silver tree reflecting sunlight, shining and beckoning to those who are in need of comfort. The John and Mary DeHaven Healing Tree will be a focal point of the John and Mary DeHaven Courtyard located at the end of a winding wheelchair accessible path in the Virginia B. Gardner Healing Garden at the Armes Family Cancer Care Center. The colorful garden will be in full view of patients receiving infusion therapy and an important focus of the Armes Family Cancer Care Center environment. The professional landscape design will provide year round changing views of nature in all its glory.

Joe and Diana Kirk have donated the materials and Findlay Machine and Tool (FMT), a Kirk Family Company, will provide the fabrication of the impressive stainless-steel tree standing over fourteen feet tall. It will be mounted above a circular seating area designed as a respite destination for patients, families and visitors. Stainless-steel leaves on the tree may be purchased for a minimum of \$500 to honor or memorialize a loved one. Donors will receive one laser cut, stainless steel maple leaf to be placed on the tree during the annual September ceremony and a matching leaf as a personal keepsake.

Purchase of a maple leaf will support the Armes Family Cancer Care Center Endowment Fund. These funds will ensure the facility sustains the technology and programming to continue to provide the best possible care to patients in our community.



Survivor or Angel Warrior

ITS INSCRIBED LEAVES HONOR VALIANT SURVIVORS AND ANGEL WARRIOR.

*The available font type, number of lines and characters allowed for the engraved maple leaf design has not yet been finalized. We are happy to reserve a leaf and notify you when leaf design is completed.

I understand for a minimum \$500 donation that I will receive one stainless steel engraved maple leaf to be placed on the John and Mary DeHaven Healing Tree during the annual September ceremony and one* matching leaf for me.

*If additional leaves are desired, please contact the Blanchard Valley Health Foundation office at 419-423-5457.

CONTACT INFORMATION:

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

PAYMENT METHOD: Cash Check Credit

VISA Master Card Discover American Express

Name on Card: _____

Card Number: _____ Exp. Date: _____

Signature: _____

Return completed form to: BVHF, 1900 South Main Street, Findlay, OH 45840



Planning Your Legacy

Every year, nearly 70 percent of Americans who die do so without having prepared a valid last will and testament. This statistic is especially astounding since state and federal laws provide some significant incentives for the preparation of a will. These incentives are designed to make it easy for very personal wishes to be known and followed - wishes that deal with child custody, property distribution and a legacy of values. A carefully planned will serves to actually minimize costs related to settling an estate.

FOUR REASONS AMERICANS AVOID PREPARING A WILL

1. TOO LITTLE PROPERTY TO MERIT A WILL

The truth is that every day many people die possessing much more than they realize. What may be a modest home today, a small investment portfolio or just the beginning of a savings account, can enjoy significant growth in value before death. Where no will exists, the state will determine distribution.

2. LIFE GETS IN THE WAY

For some, it is simply the day-to-day routine that prohibits them from considering a will. For others, it is the reality that no one plans to die, or certainly no one enjoys planning to die. For another group, it may be rationalized under the "no one can know the future" reason, thinking that so much could change between today and the time of death. What good could it do to plan today?

3. A WILL IS COSTLY

A few hundred dollars or more pale in comparison to the cost of having no will at all. Without a will an estate may face the maximum in applicable probate costs and taxes. In the event of any family disagreement over distribution, legal costs skyrocket. Having a will could even save you and your family money.

4. DISTASTE FOR LEGAL DOCUMENTS

A will is easily understood, however, when compared to the legal intricacies that an estate without a will may experience. Attorneys will gladly provide an easy-to-understand summary of the contents of a will to ensure your objectives are met.

WE CAN HELP

Now may be a great time to sign a new or updated will. The Blanchard Valley Health Foundation can provide the 2015 Will and Trust Planning Guide and the Ohio Advanced Directives packet to help you plan to protect your estate and family. Please contact Colleen Lazar at 419-429-7605 today or email clazar@bvhealthsystem.org. We will promptly and confidentially send this helpful Wills Planning Kit.

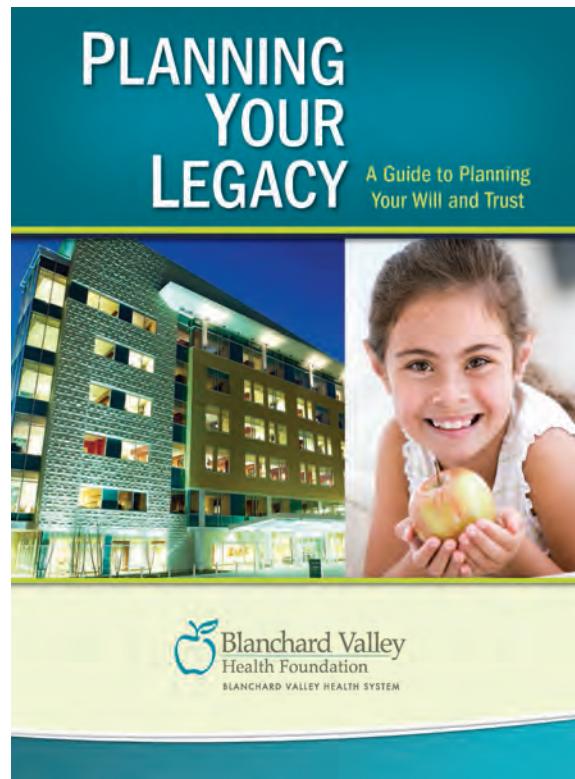
To learn more about wills and estate planning, you may also view the "Wills Guide" video series on the Blanchard Valley Health System website at: <http://bvhfgift.org/?pageID=18>. You'll be glad you did!

TESTIMONIAL:

One of our very own BVHS associates with more than 54 years of service has seen the value in wills planning.

SHE SAID:

"My husband passed in April 2013 and had already taken care of estate planning before his death. What a blessing it was that I did not have so many things to take care of on my own. I met with my own attorney recently to discuss my will preparation and powers of attorney. The attorney fees I paid were minimal—and I consider his advice and services a real bargain. Thank you for providing the BVHF Wills Planning Guide to me. Hopefully many others will follow up and take care of the inevitable."



BLANCHARD VALLEY HEALTH FOUNDATION PLANNED GIVING SOCIETY

Blanchard Valley Health Foundation (BVHF) Planned Giving Society honors and thanks those donors who have made provisions for BVHF in their estate plans. These gifts are the cornerstone of the Foundation's future growth to support our mission and to create a legacy of service, education and explorations for improving health care and the well-being of those people served by the Blanchard Valley Health System.

Through their bequests, life income gifts or other gifts designed to be made in the future, members of the Planned Giving Society share in our goal of providing the highest quality health care for our community's future generations.

Member benefits of the BVHF Planned Giving Society include periodic invitations to attend educational and special events, receipt of the quarterly Legacy Society newsletter, and being named in BVHF's publications and on a special recognition plaque on the Wall of Distinction at Blanchard Valley Hospital.

*Helen E. Abbott	*Glenn C. Donnell	*Ruth Hess	*James and *Lucille	*Bess Shreve
*John R. Alge	*James C. Donnell	*Edward R. and *Jane	Martin	Donald V. and *Mary
Wayne and Karolyn	*Margaret W. Donnell	Heydinger	*Howard and *Carolyn	D. Sink
Allen	*Florence R. Duffield	*Kathleen Higgins	Marvin	*Mary M. Smith
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*Flo Amick	*Edith E. Elsea	*Helen Hosler	*Fay K. McLean	Arden and Sandy
*Loa Amstutz	*Lena S. Enright	*Henry B. Hovis	*Edith Miller	Spitzer
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*Nelle L. Cratty	*Dorsey A. and *Ann M.	*Marietta E. Love	*Zoellen Schindler	Sherri Winegardner
*William Creighton	Hazelton	*Kathryn Luginbuhl	*Madeleine T. Schneider	*Alice S. Winegardner
*Melvin E. Crist	*Donald E. Helms	George E. Luneack	*Norma R. Schrote	*Carl Wise
*Evelyn Damon	*John V. & *Ruth E.	*Robert A. Malcolm	Dorothy Secor	Anonymous
*Richard E. Daugherty	Henderson	Sondra Malcolm	*John J. Sheffstall	
*John C. Dieter	*Wayne Henry	Larry Manley	*Ray Shontelmire	
*Joseph W. Doeper	*Velma Herr		*Richard H. Shough	*Deceased

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BLANCHARD VALLEY HEALTH SYSTEM
1900 South Main
Findlay, OH 45840

Julie Cole
CHARITY GOLF CLASSIC
EST. 1989

Featuring Julie Cole and Meg Mallon

June 8, 2015
Findlay Country Club

Golf Classic Beneficiaries:

- Bridge Hospice
- The Armes Family Cancer Care Center Endowment
- Julie Cole Golf Fund for Junior Golfers

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Thank you.