



Balanced Funding Health PlanPRODUCT GUIDE

PLAN CHOICES EFFECTIVE JANUARY 1, 2025

EMPLOYERS WITH 5+ ENROLLED EMPLOYEES

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VALUEOF BLUE

Introducing the AZ Blue 2025 Product Portfolio!

We know you have many choices when it comes to healthcare. But with AZ Blue, you'll have a truly dedicated, locally based partner with a deep understanding of what Arizonans need to achieve better health.

With a wide range of benefit designs, network options, and care delivery choices, you're sure to find the right solution to meet your organization's goals and budget. You'll also get an unparalleled level

of service. From strategic planning to implementation to day-to-day operations, you'll have the support you need, when you need it.

So will your employees. They'll have a full range of programs and services to be their absolute healthiest. This includes 24/7 virtual care, health and wellness through Sharecare®, and comprehensive care management along with a robust member portal to find a provider, track claims, manage healthcare expenses, and more.

Browse through our plans and products. No matter what you choose, rest assured we've got you and your employees covered.



BALANCED FUNDING

A self-funding option, Balanced Funding is available for businesses with five or more enrolled employees. Balanced Funding provides employers with financial predictability and control over monthly healthcare costs. With Balanced Funding, employers pay a fixed, monthly amount that includes the cost of administrative services, stop-loss insurance, and all claims coverage.² These payments remain the same for the plan year and will not fluctuate based on claims experience. Balanced Funding may be a great option for employers whose employees are engaged in their healthcare and use their plan in a cost-efficient and effective manner.

Advantages of Balanced Funding:

- Easier budgeting. Your business may qualify for a lower fixed monthly cost than what you are currently paying.
- All-inclusive. Your monthly payment covers administrative services, stop-loss insurance, and claims liability.
- Potential refunds. You have the ability to earn dollars back if claims are lower than expected.
- Predictable costs. If the amount of your claims is more than what you've paid, you don't owe more.
- Enhanced transparency. Monthly reports let you easily understand your healthcare claims costs throughout the year.



What happens in the event of an unusually large claim? With AZ Blue, stop-loss coverage components—both specific (claims for each individual) and aggregate (total claims for all individuals)—are included. This ensures there's a limit on what you'll pay.

Predictable, affordable, and transparent

Ask your broker or AZ Blue representative how Balanced Funding can work for you.

^aSurplus is paid after plan renewal as long as the business retains an AZ Blue balanced-funding plan or a major medical plan

PLAN CHOICES EFFECTIVE JANUARY 1, 2025

Employers can choose from many health plan options for AZ Blue to administer. All of these plans cover in-network preventive care services at no out-of-pocket cost to employees.

PPO PLANS	HMO PLANS
BluePreferred®	Ascend Plus
 Variety of deductibles and coinsurance options 	 Variety of deductibles and coinsurance options
 Convenient copay structure for many in-network covered services 	 Convenient copay structure for many in-network covered services
Higher deductible options	Higher deductible options
 Available networks: Statewide, Alliance, and PimaConnect 	 Available networks: Statewide, Alliance, and PimaConnect
BluePreferred HSA Plus	Ascend HSA
 Tax advantages as a qualified high-deductible PPO plan that can be paired with a health savings account (HSA) 	 Tax advantages as a qualified high-deductible HMO plan that can be paired with a health savings account (HSA)
 Gives employees control over their healthcare decisions 	 Gives employees control over their healthcare decisions
 Available networks: Statewide, Alliance, and PimaConnect 	 Available networks: Statewide, Alliance, and PimaConnect

BlueSignature Prosano PPO Plans

- Four PPO plans that give exclusive access to affordable, convenient, and personalized care
- In-person and virtual services at Prosano Health Care Centers are provided at no cost
- Most in-network services performed outside of Prosano Health Care Centers are subject to deductible and coinsurance
- New for 2025, in-network PCP and specialist services outside of Prosano will now be offered at \$75 and \$100 copays

NETWORKS & PROVIDER AFFILIATIONS FOR PPO AND HMO PLANS

Statewide—Affiliations statewide

Statewide/National PPO + Prosano*—Affiliations statewide and Prosano Health Care Centers

Alliance (Maricopa and Pinal counties)—Banner Health and HonorHealth

Alliance PPO + Prosano*—Banner Health, HonorHealth, and Prosano Health Care Centers

PimaConnect (Pima County)—Tucson Medical Center and Northwest Medical Center

PimaConnect PPO + Prosano*—Tucson Medical Center, Northwest Medical Center, and Prosano Health Care Centers

"All in-network Prosano Health doctors and Prosano Health Care Centers are located in Maricopa and Pima counties. Please ask AZ Blue or your broker to learn more about BlueSignature Prosano.

BLUESIGNATURE PROSANO



With Prosano Health and AZ Blue, you get an innovative, integrated care solution for your entire family. BlueSignature Prosano plans include exclusive access to primary, sick, and behavioral health care at Prosano Health Care Centers, paired with a comprehensive PPO plan for everything else.



Exclusive access to our Prosano Health Care Centers



No-cost care at Prosano Health Care Centers



Full access to a
National PPO network
for care outside
the centers

Convenient, personalized care under one roof

At Prosano Health Care Centers, you'll find a supportive primary care team approach, with a focus on whole-family care*. Additionally, members have access to:

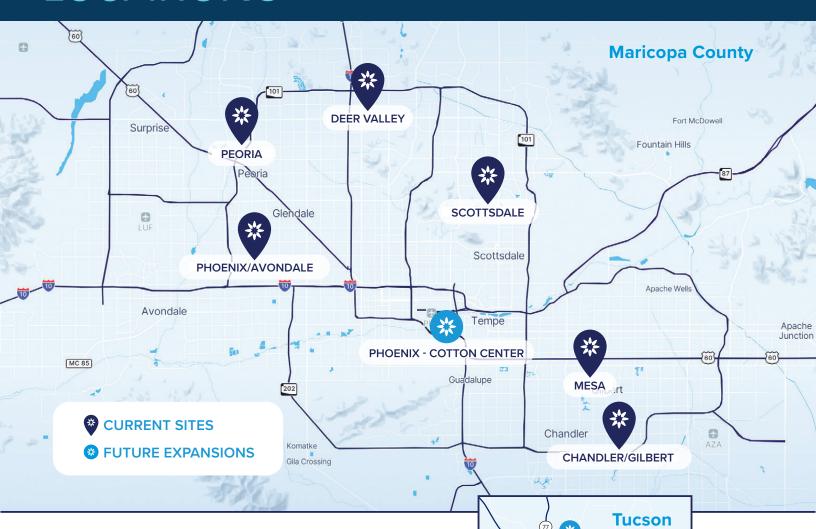
- Primary and sick care for the entire family under one roof
- Personalized care, no rushed visits
- Same- or next-day appointments, either on-site or virtually, during office hours
- After-hours care with a 24/7 nurse line, Prosano providers on call, and BlueCare AnywhereSM
- A Care Guide to help navigate and schedule appointments if care is needed outside the Care Centers
- Integrated behavioral health specialists available both on-site and virtually
- A Benefit Liaison to help fully understand benefits, costs, and network options
- In-house labs**

^{*}Sick care provided for all ages. All other care services are for ages 5 and older.

^{**}The Prosano Health team will be able to draw and process certain basic primary care laboratory testing panels. Lab draws performed at a Prosano Health Care Center that have been ordered by a Prosano Health provider are at no additional cost to members.

PROSANO HEALTH LOCATIONS





- Chandler/Gilbert
 3530 S. Val Vista Dr.
 Ste. B105
 Gilbert, AZ 85297
- Peoria
 9000 W. Thunderbird Rd.
 Ste. 110
 Peoria, AZ 85381
- Phoenix/Avondale 9321 W. Thomas Rd. Ste. 420 Phoenix, AZ 85037
- * Scottsdale
 7373 N. Scottsdale Rd.
 Ste. A178
 Scottsdale, AZ 85253

- Deer Valley
 19810 N. 7th Ave.
 Ste. 150
 Phoenix, AZ 85027
- Mesa 1910 S. Stapley Dr. Ste. 101 Mesa, AZ 85204
- ** Phoenix Cotton Center
 Opening 2025
 4039 E. Raymond St.
 Phoenix, AZ 85040
- ** Tucson:
 River & Campbell
 Opening 2025
 1790 E. River Rd.
 Ste. 200

Tucson, AZ 85718

TUCSON

RIVER & CAMPBELL

TUCSON

WILLIAMS CENTRE

** Tucson:
Williams Centre
Opening 2025
5210 E. Williams Cir.
Ste. 120
Tucson, AZ 85711





	\$1,000 (80%/50%)	\$2,500 (80%/50%)	\$5,000 (80%/50%)	\$7,000 (70%/50%)
Calendar-Year Deductible	\$1,000/member and \$2,000/family Deductible waived for services at Prosano Health	\$2,500/member and \$5,000/family Deductible waived for services at Prosano Health	\$5,000/member and \$10,000/family Deductible waived for services at Prosano Health	\$7,000/member and \$14,000/family Deductible waived for services at Prosano Health
Provider Networks Available	Statewide/National PPO + Prosano Alliance PPO + Prosano PimaConnect PPO + Prosano	Statewide/National PPO + Prosano Alliance PPO + Prosano PimaConnect PPO + Prosano	Statewide/National PPO + Prosano Alliance PPO + Prosano PimaConnect PPO + Prosano	Statewide/National PPO + Prosano Alliance PPO + Prosano PimaConnect PPO + Prosano
Coinsurance (Member)	20%	20%	20%	30%
Out-of-Pocket Limit	\$5,000/member and \$10,000/family	\$6,500/member and \$13,000/family	\$7,500/member and \$15,000/family	\$8,500/member and \$17,000/family
Primary Care (PCP) Visit	Prosano Health: No charge, deductible does not apply Non-Prosano PCP: \$75	Prosano Health: No charge, deductible does not apply Non-Prosano PCP: \$75	Prosano Health: No charge, deductible does not apply Non-Prosano PCP: \$75	Prosano Health: No charge, deductible does not apply Non-Prosano PCP: \$75
PCP Selection Required?	No	No	No	No
Specialist Visit	\$100	\$100	\$100	\$100
Referral Required to Visit Specialist?	No	No	No	No
Urgent Care Visit	20% after deductible	20% after deductible	20% after deductible	30% after deductible
Preventive Services	No charge	No charge	No charge	No charge
Prescription Drugs:				
Tier 1	\$15 copay	\$15 copay	\$15 copay	\$15 copay
Tier 2	\$55 copay	\$55 copay	\$55 copay	\$55 copay
Tier 3	\$100 copay	\$100 copay	\$100 copay	\$100 copay
Tier 4	\$200 copay	\$200 copay	\$200 copay	\$200 copay
Surgery (Inpatient/Outpatient)	20% after deductible	20% after deductible	20% after deductible	30% after deductible
Emergency Room Visit	20% after deductible	20% after deductible	20% after deductible	30% after deductible
Ambulance	20% after deductible	20% after deductible	20% after deductible	30% after deductible
Telehealth				
Medical Visit	Prosano Health and BlueCare Anywhere: No charge	Prosano Health and BlueCare Anywhere: No charge	Prosano Health and BlueCare Anywhere: No charge	Prosano Health and BlueCare Anywhere: No charge
Counseling Visit	Prosano Health: No charge BlueCare Anywhere: \$20	Prosano Health: No charge BlueCare Anywhere: \$20	Prosano Health: No charge BlueCare Anywhere: \$20	Prosano Health: No charge BlueCare Anywhere: \$20
Psychiatric Visit	Prosano Health: No charge BlueCare Anywhere: \$45	Prosano Health: No charge BlueCare Anywhere: \$45	Prosano Health: No charge BlueCare Anywhere: \$45	Prosano Health: No charge BlueCare Anywhere: \$45

In-person and virtual services at Prosano Health Care Centers are provided at no cost. Cost-share amounts are for covered services by providers in the plan's network. Services by out-of-network providers are typically subject to higher cost-share amounts. Members in plans with a copay drug benefit who pick a brand-name medication when a generic is available will pay the difference in cost plus the copay and any applicable deductible. All plans are subject to the exclusions and limitations on page 20.



	\$250/\$25/\$45 (100%/50%)	\$500/\$25/\$45 (100%/50%)	\$1,000/\$25/\$50 (100%/50%)	\$1,500/\$25/\$50 (100%/50%)	\$2,000/\$25/\$50 (100%/50%)	\$2,500/\$25/\$60 (100%/50%)	\$3,000/\$25/\$60 (100%/50%)	\$4,000/\$25/\$60 (100%/50%)	\$5,000/\$25/\$75 (100%/50%)	\$6,000/\$25/\$75 (100%/50%)	\$8,300/\$25/\$95 (100%/100%)
Calendar-Year Deductible	\$250/ member and \$500/ family	\$500/ member and \$1,000/ family	\$1,000/ member and \$2,000/ family	\$1,500/ member and \$3,000/ family	\$2,000/ member and \$4,000/ family	\$2,500/ member and \$5,000/ family	\$3,000/ member and \$6,000/ family	\$4,000/ member and \$8,000/ family	\$5,000/ member and \$10,000/ family	\$6,000/ member and \$12,000/ family	\$8,300/ member and \$16,600/ family
Provider Networks Available	Statewide	Statewide	Statewide	Statewide	Statewide	Statewide	Statewide, Alliance, PimaConnect	Statewide, Alliance, PimaConnect	Statewide, Alliance, PimaConnect	Statewide, Alliance, PimaConnect	Statewide, Alliance, PimaConnect
Coinsurance (Member)	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
Out-of-Pocket Limit	\$1,500/ member and \$3,000/ family	\$1,750/ member and \$3,500/ family	\$2,250/ member and \$4,500/ family	\$2,750/ member and \$5,500/ family	\$3,250/ member and \$6,500/ family	\$3,750/ member and \$7,500/ family	\$4,250/ member and \$8,500/ family	\$5,250/ member and \$10,500/ family	\$6,250/ member and \$12,500/ family	\$8,150/ member and \$16,300/ family	\$8,300/ member and \$16,600/ family
Primary Care (PCP) Visit	\$25 copay	\$25 copay	\$25 copay	\$25 copay							
PCP Selection Required?	No	No	No	No							
Specialist Visit	\$45 copay	\$45 copay	\$50 copay	\$50 copay	\$50 copay	\$60 copay	\$60 copay	\$60 copay	\$75 copay	\$75 copay	\$95 copay
Referral Required to Visit Specialist?	No	No	No	No							
Urgent Care Visit	\$60 copay	\$75 copay	\$75 copay	\$95 copay							
Preventive Services	No charge	No charge	No charge	No charge							
Prescription Drugs:											
Tier 1	\$15 copay	\$15 copay	\$15 copay	\$15 copay							
Tier 2	\$55 copay	\$55 copay	\$55 copay	No charge after deductible							
Tier 3	\$85 copay	\$85 copay	\$85 copay	No charge after deductible							
Tier 4	\$150 copay	\$150 copay	\$150 copay	No charge after deductible							
Surgery (Inpatient/ Outpatient)	No charge after deductible	No charge after deductible	No charge after deductible	No charge after deductible							
Emergency Room Visit	\$350 copay	\$400 copay	\$400 copay	\$400 copay	\$450 copay	\$450 copay	No charge after deductible				
Ambulance	No charge after deductible	No charge after deductible	No charge after deductible	No charge after deductible							
Telehealth											
Medical Visit	No charge	No charge	No charge	No charge							
Counseling Visit	\$20 copay	\$20 copay	\$20 copay	\$20 copay							
Psychiatric Visit	\$45 copay	\$45 copay	\$45 copay	\$45 copay							

Cost-share amounts are for covered services by providers in the plan's network. Services by out-of-network providers are typically subject to higher cost-share amounts. Members in plans with a copay drug benefit who pick a brand-name medication when a generic is available will pay the difference in cost plus the copay and any applicable deductible. All plans are subject to the exclusions and limitations on page 20.



	\$250/\$25/\$45 (90%/50%)	\$500/\$25/\$45 (90%/50%)	\$1,000/\$25/\$50 (90%/50%)	\$1,500/\$25/\$50 (90%/50%)	\$2,000/\$25/\$50 (90%/50%)	\$2,500/\$25/\$60 (90%/50%)	\$3,000/\$25/\$60 (90%/50%)	\$4,000/\$25/\$60 (90%/50%)	\$5,000/\$25/\$75 (90%/50%)	\$6,000/\$25/\$75 (90%/50%)
Calendar-Year Deductible	\$250/ member and \$500/ family	\$500/ member and \$1,000/ family	\$1,000/ member and \$2,000/ family	\$1,500/ member and \$3,000/ family	\$2,000/ member and \$4,000/ family	\$2,500/ member and \$5,000/ family	\$3,000/ member and \$6,000/ family	\$4,000/ member and \$8,000/ family	\$5,000/ member and \$10,000/ family	\$6,000/ member and \$12,000/ family
Provider Networks Available	Statewide	Statewide	Statewide	Statewide	Statewide	Statewide	Statewide, Alliance, PimaConnect	Statewide, Alliance, PimaConnect	Statewide, Alliance, PimaConnect	Statewide, Alliance, PimaConnect
Coinsurance	10%	10%	10%	10%	10%	10%	10%	10%	10%	10%
Out-of-Pocket Maximum	\$3,250/ member and \$6,500/ family	\$3,500/ member and \$7,000/ family	\$4,000/ member and \$8,000/ family	\$4,500/ member and \$9,000/ family	\$5,000/ member and \$10,000/ family	\$6,350/ member and \$12,700/ family	\$6,350/ member and \$12,700/ family	\$6,350/ member and \$12,700/ family	\$6,600/ member and \$13,200/ family	\$8,150/ member and \$16,300/ family
Primary Care (PCP) Visit	\$25 copay	\$25 copay	\$25 copay	\$25 copay	\$25 copay	\$25 copay				
PCP Selection Required?	No	No	No	No	No	No	No	No	No	No
Specialist Visit	\$45 copay	\$45 copay	\$50 copay	\$50 copay	\$50 copay	\$60 copay	\$60 copay	\$60 copay	\$75 copay	\$75 copay
Referral Required to Visit Specialist?	No	No	No	No	No	No	No	No	No	No
Urgent Care Visit	\$60 copay	\$60 copay	\$60 copay	\$60 copay	\$75 copay	\$75 copay				
Preventive Services	No charge	No charge	No charge	No charge	No charge	No charge				
Prescription Drugs:										
Tier 1	\$15 copay	\$15 copay	\$15 copay	\$15 copay	\$15 copay	\$15 copay				
Tier 2	\$55 copay	\$55 copay	\$55 copay	\$55 copay	\$55 copay	\$55 copay				
Tier 3	\$85 copay	\$85 copay	\$85 copay	\$85 copay	\$85 copay	\$85 copay				
Tier 4	\$150 copay	\$150 copay	\$150 copay	\$150 copay	\$150 copay	\$150 copay				
Surgery (Inpatient/ Outpatient)	10% after deductible	10% after deductible	10% after deductible	10% after deductible	10% after deductible	10% after deductible	10% after deductible	10% after deductible	10% after deductible	10% after deductible
Emergency Room Visit	\$350 copay	\$400 copay	\$400 copay	\$400 copay	\$450 copay	\$450 copay				
Ambulance	10% after deductible	10% after deductible	10% after deductible	10% after deductible	10% after deductible	10% after deductible				
Telehealth										
Medical Visit	No charge	No charge	No charge	No charge	No charge	No charge				
Counseling Visit	\$20 copay	\$20 copay	\$20 copay	\$20 copay	\$20 copay	\$20 copay				
Psychiatric Visit	\$45 copay	\$45 copay	\$45 copay	\$45 copay	\$45 copay	\$45 copay				

Cost-share amounts are for covered services by providers in the plan's network. Services by out-of-network providers are typically subject to higher cost-share amounts. Members in plans with a copay drug benefit who pick a brand-name medication when a generic is available will pay the difference in cost plus the copay and any applicable deductible. All plans are subject to the exclusions and limitations on page 20.



	\$500/\$25/\$45	\$1,000/\$25/\$50	\$1,500/\$25/\$50	\$2,000/\$25/\$50	\$2,500/\$25/\$60	\$3,000/\$25/\$60	\$4,000/\$25/\$60	\$5,000/\$25/\$75	\$6,000/\$25/\$75	\$7,000/\$25/\$100
0 1 1 1	(80%/50%)	(80%/50%)	(80%/50%)	(80%/50%)	(80%/50%)	(80%/50%)	(80%/50%)	(80%/50%)	(80%/50%)	(80%/50%)
Calendar-Year Deductible	\$500/ member and \$1,000/ family	\$1,000/ member and \$2,000/ family	\$1,500/ member and \$3,000/ family	\$2,000/ member and \$4,000/ family	\$2,500/ member and \$5,000/ family	\$3,000/ member and \$6,000/ family	\$4,000/ member and \$8,000/ family	\$5,000/ member and \$10,000/ family	\$6,000/ member and \$12,000/ family	\$7,000/ member and \$14,000/ family
Provider Networks Available	Statewide	Statewide, Alliance, PimaConnect	Statewide	Statewide	Statewide	Statewide, Alliance, PimaConnect	Statewide, Alliance, PimaConnect	Statewide, Alliance, PimaConnect	Statewide, Alliance, PimaConnect	Statewide, Alliance, PimaConnect
Coinsurance (Member)	20%	20%	20%	20%	20%	20%	20%	20%	20%	20%
Out-of-Pocket Maximum	\$4,500/ member and \$9,000/ family	\$5,000/ member and \$10,000/ family	\$5,500/ member and \$11,000/ family	\$6,000/ member and \$12,000/ family	\$6,350/ member and \$12,700/ family	\$6,350/ member and \$12,700/ family	\$6,350/ member and \$12,700/ family	\$6,600/ member and \$13,200/ family	\$8,150/ member and \$16,300/ family	\$8,500/ member and \$17,000/ family
Primary Care (PCP) Visit	\$25 copay	\$25 copay	\$25 copay	\$25 copay	\$25 copay	\$25 copay	\$25 copay	\$25 copay	\$25 copay	\$25 copay
PCP Selection Required?	No	No	No	No	No	No	No	No	No	No
Specialist Visit	\$45 copay	\$50 copay	\$50 copay	\$50 copay	\$60 copay	\$60 copay	\$60 copay	\$75 copay	\$75 copay	\$100 copay
Referral Required to Visit Specialist?	No	No	No	No	No	No	No	No	No	No
Urgent Care Visit	\$60 copay	\$60 copay	\$60 copay	\$60 copay	\$60 copay	\$60 copay	\$60 copay	\$75 copay	\$75 copay	\$75 copay
Preventive Services	No charge	No charge	No charge	No charge	No charge	No charge	No charge	No charge	No charge	No charge
Prescription Drugs:										
Tier 1	\$15 copay	\$15 copay	\$15 copay	\$15 copay	\$15 copay	\$15 copay	\$15 copay	\$15 copay	\$15 copay	\$35 copay
Tier 2	\$55 copay	\$55 copay	\$55 copay	\$55 copay	\$55 copay	\$55 copay	\$55 copay	\$55 copay	\$55 copay	\$75 copay
Tier 3	\$85 copay	\$85 copay	\$85 copay	\$85 copay	\$85 copay	\$85 copay	\$85 copay	\$85 copay	\$85 copay	\$100 copay
Tier 4	\$150 copay	\$150 copay	\$150 copay	\$150 copay	\$150 copay	\$150 copay	\$150 copay	\$150 copay	\$150 copay	\$200 copay
Surgery (Inpatient/ Outpatient)	20% after deductible	20% after deductible	20% after deductible	20% after deductible	20% after deductible	20% after deductible	20% after deductible	20% after deductible	20% after deductible	20% after deductible
Emergency Room Visit	\$350 copay	\$350 copay	\$350 copay	\$350 copay	\$400 copay	\$400 copay	\$400 copay	\$450 copay	\$450 copay	\$750 copay
Ambulance	20% after deductible	20% after deductible	20% after deductible	20% after deductible	20% after deductible	20% after deductible	20% after deductible	20% after deductible	20% after deductible	20% after deductible
Telehealth										
Medical Visit	No charge	No charge	No charge	No charge	No charge	No charge	No charge	No charge	No charge	No charge
Counseling Visit	\$20 copay	\$20 copay	\$20 copay	\$20 copay	\$20 copay	\$20 copay	\$20 copay	\$20 copay	\$20 copay	\$20 copay
Psychiatric Visit	\$45 copay	\$45 copay	\$45 copay	\$45 copay	\$45 copay	\$45 copay	\$45 copay	\$45 copay	\$45 copay	\$45 copay

Cost-share amounts are for covered services by providers in the plan's network. Services by out-of-network providers are typically subject to higher cost-share amounts. Members in plans with a copay drug benefit who pick a brand-name medication when a generic is available will pay the difference in cost plus the copay and any applicable deductible. All plans are subject to the exclusions and limitations on page 20.



BluePreferred 70% and 50% PPO

	\$1,000/\$25/\$50 (70%/50%)	\$1,500/\$25/\$50 (70%/50%)	\$2,000/\$25/\$50 (70%/50%)	\$2,500/\$25/\$60 (70%/50%)	\$3,000/\$25/\$60 (70%/50%)	\$4,000/\$25/\$60 (70%/50%)	\$5,000/\$25/\$75 (70%/50%)	\$6,000/\$25/\$75 (70%/50%)	\$7,000/\$25/\$100 (70%/50%)	\$8,000/\$35/\$100 (70%/50%)	\$2,000/\$25/\$50 (50%/50%)
Calendar- Year Deductible	\$1,000/ member and \$2,000/ family	\$1,500/ member and \$3,000/ family	\$2,000/ member and \$4,000/ family	\$2,500/ member and \$5,000/ family	\$3,000/ member and \$6,000/ family	\$4,000/ member and \$8,000/ family	\$5,000/ member and \$10,000/ family	\$6,000/ member and \$12,000/ family	\$7,000/ member and \$14,000/ family	\$8,000/ member and \$16,000/ family	\$2,000/ member and \$4,000/ family
Provider Networks Available	Statewide, Alliance, PimaConnect	Statewide	Statewide	Statewide	Statewide, Alliance, PimaConnect						
Coinsurance (Member)	30%	30%	30%	30%	30%	30%	30%	30%	30%	30%	50%
Out-of- Pocket Maximum	\$6,350/ member and \$12,700/ family	\$6,600/ member and \$13,200/ family	\$8,150/ member and \$16,300/ family	\$8,500/ member and \$17,000/ family	\$8,700/ member and \$17,400/ family	\$6,350/ member and \$12,700/ family					
Primary Care (PCP) Visit	\$25 copay	\$35 copay	\$25 copay								
PCP Selection Required?	No										
Specialist Visit	\$50 copay	\$50 copay	\$50 copay	\$60 copay	\$60 copay	\$60 copay	\$75 copay	\$75 copay	\$100 copay	\$100 copay	\$50 copay
Referral Required to Visit Specialist?	No										
Urgent Care Visit	\$60 copay	\$75 copay	\$75 copay	\$75 copay	\$75 copay	\$60 copay					
Preventive Services	No charge										
Prescription Drugs:											
Tier 1	\$15 copay	\$35 copay	\$35 copay	\$15 copay							
Tier 2	\$55 copay	\$75 copay	\$75 copay	\$55 copay							
Tier 3	\$85 copay	\$100 copay	\$100 copay	\$85 copay							
Tier 4	\$150 copay	\$200 copay	\$200 copay	\$150 copay							
Surgery (Inpatient/ Outpatient)	30% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible	50% after deductible
Emergency Room Visit	\$350 copay	\$350 copay	\$350 copay	\$400 copay	\$400 copay	\$400 copay	\$450 copay	\$450 copay	\$750 copay	\$750 copay	\$350 copay
Ambulance	30% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible	50% after deductible
Telehealth Medical											
Visit	No charge										
Counseling Visit	\$20 copay										
Psychiatric Visit	\$45 copay										

Cost-share amounts are for covered services by providers in the plan's network. Services by out-of-network providers are typically subject to higher cost-share amounts. Members in plans with a copay drug benefit who pick a brand-name medication when a generic is available will pay the difference in cost plus the copay and any applicable deductible. All plans are subject to the exclusions and limitations on page 20.



	\$3,300 (100%/100%)	\$4,000 (100%/100%)	\$5,000 (100%/100%)	\$6,000 (100%/100%)	\$7,000 (100%/100%)
Calendar-Year Deductible	\$3,300/ member and \$6,600/ family	\$4,000/ member and \$8,000/ family	\$5,000/ member and \$10,000/ family	\$6,000/ member and \$12,000/ family	\$7,000/ member and \$14,000/ family
Provider Networks Available	Statewide, Alliance, PimaConnect	Statewide, Alliance, PimaConnect	Statewide, Alliance, PimaConnect	Statewide, Alliance, PimaConnect	Statewide, Alliance, PimaConnect
Coinsurance (Member)	0%	0%	0%	0%	0%
Out-of-Pocket Maximum	\$3,300/ member and \$6,600/ family	\$4,000/ member and \$8,000/ family	\$5,000/ member and \$10,000/ family	\$6,000/ member and \$12,000/ family	\$7,000/ member and \$14,000/ family
Primary Care (PCP) Visit	No charge after deductible	No charge after deductible	No charge after deductible	No charge after deductible	No charge after deductible
PCP Selection Required?	No	No	No	No	No
Specialist Visit	No charge after deductible	No charge after deductible	No charge after deductible	No charge after deductible	No charge after deductible
Referral Required to Visit Specialist?	No	No	No	No	No
Urgent Care Visit	No charge after deductible	No charge after deductible	No charge after deductible	No charge after deductible	No charge after deductible
Preventive Services	No charge	No charge	No charge	No charge	No charge
Prescription Drugs	No charge after deductible	No charge after deductible	No charge after deductible	No charge after deductible	No charge after deductible
Surgery (Inpatient/ Outpatient)	No charge after deductible	No charge after deductible	No charge after deductible	No charge after deductible	No charge after deductible
Emergency Room Visit	No charge after deductible	No charge after deductible	No charge after deductible	No charge after deductible	No charge after deductible
Ambulance	No charge after deductible	No charge after deductible	No charge after deductible	No charge after deductible	No charge after deductible
Telehealth	No charge after deductible	No charge after deductible	No charge after deductible	No charge after deductible	No charge after deductible



	\$1,650	\$3,300	\$4,000	\$5,000	\$6,000
	(90%/50%)	(90%/50%)	(90%/50%)	(90%/50%)	(90%/50%)
Calendar-Year Deductible	\$1,650/ member and \$3,300/ family ¹	\$3,300/ member and \$6,600/ family	\$4,000/ member and \$8,000/ family	\$5,000/ member and \$10,000/ family	\$6,000/ member and \$12,000/ family
Provider Networks Available	Statewide	Statewide, Alliance, PimaConnect	Statewide, Alliance, PimaConnect	Statewide, Alliance, PimaConnect	Statewide, Alliance, PimaConnect
Coinsurance (Member)	10%	10%	10%	10%	10%
Out-of-Pocket Maximum	\$4,000/ member and \$8,000/ family	\$6,000/ member and \$12,000/ family	\$6,000/ member and \$12,000/ family	\$7,000/ member and \$14,000/ family	\$7,000/ member and \$14,000/ family
Primary Care	10% after	10% after	10% after	10% after	10% after
(PCP) Visit	deductible	deductible	deductible	deductible	deductible
PCP Selection Required?	No	No	No	No	No
Specialist Visit	10% after	10% after	10% after	10% after	10% after
	deductible	deductible	deductible	deductible	deductible
Referral Required to Visit Specialist?	No	No	No	No	No
Urgent Care Visit	10% after	10% after	10% after	10% after	10% after
	deductible	deductible	deductible	deductible	deductible
Preventive Services	No charge	No charge	No charge	No charge	No charge
Prescription Drugs	10% after	10% after	10% after	10% after	10% after
	deductible	deductible	deductible	deductible	deductible
Surgery (Inpatient/	10% after	10% after	10% after	10% after	10% after
Outpatient)	deductible	deductible	deductible	deductible	deductible
Emergency Room Visit	10% after	10% after	10% after	10% after	10% after
	deductible	deductible	deductible	deductible	deductible
Ambulance	10% after	10% after	10% after	10% after	10% after
	deductible	deductible	deductible	deductible	deductible
Telehealth	10% after	10% after	10% after	10% after	10% after
	deductible	deductible	deductible	deductible	deductible

^{&#}x27;The member deductible applies only to an individual or self-only plan purchase. A member with any covered dependent(s) must meet the family deductible. The family deductible must be met by one or more of the covered members before coinsurance applies. Cost-share amounts are for covered services by providers in the plan's network. Services by out-of-network providers are typically subject to higher cost-share amounts. All plans are subject to the exclusions and limitations on page 20.



BluePreferred HSA Plus 80%, 70% PPO

	\$3,300 (80%/50%)	\$4,000 (80%/50%)	\$5,000 (80%/50%)	\$6,000 (80%/50%)	\$3,300 (70%/50%)	\$4,000 (70%/50%)	\$5,000 (70%/50%)	\$6,000 (70%/50%)
Calendar-Year Deductible	\$3,300/member and \$6,600/ family	\$4,000/member and \$8,000/ family	\$5,000/member and \$10,000/ family	\$6,000/member and \$12,000/ family	\$3,300/member and \$6,600/ family	\$4,000/member and \$8,000/ family	\$5,000/member and \$10,000/ family	\$6,000/member and \$12,000/ family
Provider Networks Available	Statewide, Alliance, PimaConnect							
Coinsurance (Member)	20%	20%	20%	20%	30%	30%	30%	30%
Out-of-Pocket Maximum	\$6,000/member and \$12,000/ family	\$6,000/member and \$12,000/ family	\$7,000/member and \$14,000/ family	\$7,000/member and \$14,000/ family	\$6,000/member and \$12,000/ family	\$6,000/member and \$12,000/ family	\$7,000/member and \$14,000/ family	\$7,000/member and \$14,000/ family
Primary Care (PCP) Visit	20% after deductible	20% after deductible	20% after deductible	20% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible
PCP Selection Required?	No							
Specialist Visit	20% after deductible	20% after deductible	20% after deductible	20% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible
Referral Required to Visit Specialist?	No							
Urgent Care Visit	20% after deductible	20% after deductible	20% after deductible	20% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible
Preventive Services	No charge							
Prescription Drugs	20% after deductible	20% after deductible	20% after deductible	20% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible
Surgery (Inpatient/ Outpatient)	20% after deductible	20% after deductible	20% after deductible	20% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible
Emergency Room Visit	20% after deductible	20% after deductible	20% after deductible	20% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible
Ambulance	20% after deductible	20% after deductible	20% after deductible	20% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible
Telehealth	20% after deductible	20% after deductible	20% after deductible	20% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible

Cost-share amounts are for covered services by providers in the plan's network. Services by out-of-network providers are typically subject to higher cost-share amounts. All plans are subject to the exclusions and limitations on page 20.



Ascend Plus 100%, 80%, 70% HMO

	\$8,300/\$25/\$95 (100%)	\$3,000/\$25/\$60 (80%)	\$5,000/\$25/\$75 (80%)	\$6,000/\$25/\$75 (80%)	\$7,000/\$25/\$100 (80%)	\$3,000/\$25/\$60 (70%)	\$5,000/\$25/\$75 (70%)	\$6,000/\$25/\$75 (70%)	\$7,000/\$25/\$100 (70%)	\$8,000/\$35/\$100 (70%)
Calendar-Year Deductible	\$8,300/ member and \$16,600/ family	\$3,000/ member and \$6,000/ family	\$5,000/ member and \$10,000/ family	\$6,000/ member and \$12,000/ family	\$7,000/ member and \$14,000/ family	\$3,000/ member and \$6,000/ family	\$5,000/ member and \$10,000/ family	\$6,000/ member and \$12,000/ family	\$7,000/ member and \$14,000/ family	\$8,000/ member and \$16,000/ family
Provider Networks Available	Statewide, Alliance, PimaConnect									
Coinsurance (Member)	0%	20%	20%	20%	20%	30%	30%	30%	30%	30%
Out-of-Pocket Maximum	\$8,300/ member and \$16,600/ family	\$6,350/ member and \$12,700/ family	\$6,600/ member and \$13,200/ family	\$8,150/ member and \$16,300/ family	\$8,500/ member and \$17,000/ family	\$6,350/ member and \$12,700/ family	\$6,600/ member and \$13,200/ family	\$8,150/ member and \$16,300/ family	\$8,500/ member and \$17,000/ family	\$8,700/ member and \$17,400/ family
Primary Care (PCP) Visit	\$25 copay	\$35 copay								
PCP Selection Required?	No									
Specialist Visit	\$95 copay	\$60 copay	\$75 copay	\$75 copay	\$100 copay	\$60 copay	\$75 copay	\$75 copay	\$100 copay	\$100 copay
Referral Required to Visit Specialist?	No									
Urgent Care Visit	\$95 copay	\$60 copay	\$75 copay	\$75 copay	\$75 copay	\$60 copay	\$75 copay	\$75 copay	\$75 copay	\$75 copay
Preventive Services	No charge									
Prescription Drugs:										
Tier 1	\$15 copay	\$15 copay	\$15 copay	\$15 copay	\$35 copay	\$15 copay	\$15 copay	\$15 copay	\$35 copay	\$35 copay
Tier 2	No charge after deductible	\$55 copay	\$55 copay	\$55 copay	\$75 copay	\$55 copay	\$55 copay	\$55 copay	\$75 copay	\$75 copay
Tier 3	No charge after deductible	\$85 copay	\$85 copay	\$85 copay	\$100 copay	\$85 copay	\$85 copay	\$85 copay	\$100 copay	\$100 copay
Tier 4	No charge after deductible	\$150 copay	\$150 copay	\$150 copay	\$200 copay	\$150 copay	\$150 copay	\$150 copay	\$200 copay	\$200 copay
Surgery (Inpatient/ Outpatient)	No charge after deductible	20% after deductible	20% after deductible	20% after deductible	20% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible
Emergency Room Visit	No charge after deductible	\$400 copay	\$450 copay	\$450 copay	\$750 copay	\$400 copay	\$450 copay	\$450 copay	\$750 copay	\$750 copay
Ambulance	No charge after deductible	20% after deductible	20% after deductible	20% after deductible	20% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible
Telehealth										
Medical Visit	No charge									
Counseling Visit	\$20 copay									
Psychiatric Visit	\$45 copay									

Cost-share amounts are for covered services by providers in the plan's network. Services by healthcare professionals outside the network are generally not covered except for emergencies, select ancillary services performed by out-of-network providers at an in-network facility, and other special circumstances when use is preapproved.

Members in plans with a copay drug benefit who pick a brand-name medication when a generic is available will pay the difference in cost plus the copay and any applicable deductible. All plans are subject to the exclusions and limitations on page 20.



	\$3,300 (90%)	\$5,000 (90%)	\$6,000 (90%)	\$3,300 (80%)	\$5,000 (80%)	\$6,000 (80%)
Calendar-Year Deductible	\$3,300/ member and \$6,600/ family	\$5,000/ member and \$10,000/ family	\$6,000/ member and \$12,000/ family	\$3,300/ member and \$6,600/ family	\$5,000/ member and \$10,000/ family	\$6,000/ member and \$12,000/ family
Provider Networks Available	Statewide, Alliance, PimaConnect					
Coinsurance (Member)	10%	10%	10%	20%	20%	20%
Out-of-Pocket Maximum	\$6,000/ member and \$12,000/ family	\$7,000/ member and \$14,000/ family	\$7,000/ member and \$14,000/ family	\$6,000/ member and \$12,000/ family	\$7,000/ member and \$14,000/ family	\$7,000/ member and \$14,000/ family
Primary Care (PCP) Visit	10% after deductible	10% after deductible	10% after deductible	20% after deductible	20% after deductible	20% after deductible
PCP Selection Required?	No	No	No	No	No	No
Specialist Visit	10% after deductible	10% after deductible	10% after deductible	20% after deductible	20% after deductible	20% after deductible
Referral Required to Visit Specialist?	No	No	No	No	No	No
Urgent Care Visit	10% after deductible	10% after deductible	10% after deductible	20% after deductible	20% after deductible	20% after deductible
Preventive Services	No charge					
Prescription Drugs	10% after deductible	10% after deductible	10% after deductible	20% after deductible	20% after deductible	20% after deductible
Surgery (Inpatient/Outpatient)	10% after deductible	10% after deductible	10% after deductible	20% after deductible	20% after deductible	20% after deductible
Emergency Room Visit	10% after deductible	10% after deductible	10% after deductible	20% after deductible	20% after deductible	20% after deductible
Ambulance	10% after deductible	10% after deductible	10% after deductible	20% after deductible	20% after deductible	20% after deductible
Telehealth	10% after deductible	10% after deductible	10% after deductible	20% after deductible	20% after deductible	20% after deductible

in-network facility, and other special circumstances when use is preapproved.

All plans are subject to the exclusions and limitations on page 20.



	\$3,300 (70%)	\$5,000 (70%)	\$6,000 (70%)	
Calendar-Year Deductible	\$3,300/member and \$6,600/family	\$5,000/member and \$10,000/family	\$6,000/member and \$12,000/family	
Provider Networks Available	Statewide, Alliance, PimaConnect	Statewide, Alliance, PimaConnect	Statewide, Alliance, PimaConnect	
Coinsurance (Member)	30%	30%	30%	
Out-of-Pocket Maximum	\$6,000/member and \$12,000/family	\$7,000/member and \$14,000/family	\$7,000/member and \$14,000/family	
Primary Care (PCP) Visit	30% after deductible	30% after deductible	30% after deductible	
PCP Selection Required?	No	No	No	
Specialist Visit	30% after deductible	30% after deductible	30% after deductible	
Referral Required to Visit Specialist?	No	No	No	
Urgent Care Visit	30% after deductible	30% after deductible	30% after deductible	
Preventive Services	No charge	No charge	No charge	
Prescription Drugs	30% after deductible	30% after deductible	30% after deductible	
Surgery (Inpatient/Outpatient)	30% after deductible	30% after deductible	30% after deductible	
Emergency Room Visit	30% after deductible	30% after deductible	30% after deductible	
Ambulance	30% after deductible	30% after deductible	30% after deductible	
Telehealth	30% after deductible	30% after deductible	30% after deductible	

Cost-share amounts are for covered services by providers in the plan's network. Services by healthcare professionals outside the network are generally not covered except for emergencies, select ancillary services performed by out-of-network providers at an in-network facility, and other special circumstances when use is preapproved.

All plans are subject to the exclusions and limitations on page 20.

BALANCED FUNDING QUICK GUIDE

Agreements

Services AZ Blue provides to help administer your plan must be supported by contracts. We will provide an Administrative Services Agreement and a stop-loss policy that will need to be signed by an authorized representative from your organization.

Claim Funding

Based on your enrollment, we estimate your expected claims and calculate your fixed monthly payment. Once your plan begins, we process and pay your employees' claims as they occur. Even though actual claims will vary from month to month, you pay the same fixed amount each month. You will never pay more than the fixed monthly payments for the duration of the contract year. (Note: Monthly payments may still change based on your employee census as employees or dependents are added or removed.)

Claims Administration

AZ Blue will manage all claims administration for your medical plan. We will provide an agreement for you to sign authorizing AZ Blue to process claims, billing, reporting, enrollment, membership changes, customer services, materials fulfillment, etc.

Contract Settlement

The surplus is paid after plan renewal as long as your organization retains an AZ Blue balanced-funding plan or a major medical plan. In the event your plan does not incur the predetermined maximum claims liability, AZ Blue will return 100% of the surplus less any reserve dollars. Settlement reconciliation will take place three months following the contract period end date. If your plan exceeds the maximum claims liability, no additional payments are required.

Emergency Services

For emergency services, members will pay their in-network cost share, even if services are received from out-of-network providers. Also, out-of-network providers can't balance bill for the difference between the allowed amount and the billed charge.

Medical Plan Designs

We offer a number of balanced-funding plan designs from which to choose. You will receive a benefit booklet that explains the plan benefits, exclusions, and limitations.

Self-Funding Arrangement

As an employer, when you choose to provide a self-funded medical plan, you are responsible for your employees' medical benefits directly. Your organization assumes the risk for the payment of claims filed with your plan. AZ Blue's balanced-funding arrangement has been designed to limit risk and make plan administration easy.

Stop-Loss Insurance Policy

Stop-loss insurance protects your health plan from an unusually high claim, whether the claim is incurred by a single covered member (specific stop-loss) or total claims exceed the budgeted dollar amount (aggregate stop-loss). This ensures there's a limit on what you'll pay.

Our balanced-funding arrangement includes specific stop-loss at \$30,000 and aggregate stop-loss of 110%. This coverage will be for a 12-month contract period plus an additional run-out period. The stop-loss insurance policy, included in your contract, outlines the coverage parameters of your balanced-funding arrangement.

EXCLUSIONS AND LIMITATIONS

PPO Excluded Services & Other Covered Services

Services our plans generally do NOT cover. (Check the policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- · Care that is not medically necessary
- · Cosmetic surgery, cosmetic services, and supplies
- Custodial care
- · Dental care, except as stated in plan
- Durable medical equipment (DME) rental/repair charges that exceed DME purchase price
- Experimental and investigational treatments, except as stated in plan
- · Eyewear, except as stated in plan
- · Fertility and infertility medication and treatment
- Flat feet treatment and services
- · Genetic and chromosomal testing, except as stated in plan
- Habilitation services, except certain autism services
- · Hearing aids
- Home healthcare and infusion therapy exceeding 42 visits (of up to 4 hours)/ calendar year
- Homeopathic services
- Inpatient extended active rehabilitation facility (EAR) treatment exceeding 120 days per calendar year and inpatient skilled nursing facility (SNF) treatment exceeding 180 days per calendar year
- Long-term care, except long-term acute care up to a 365-day benefit plan maximum
- Massage therapy other than allowed under evidence-based criteria
- · Naturopathic services
- · Out-of-network mail-order, and out-of-network Specialty
- Private-duty nursing
- Respite care, except as stated in plan
- · Routine foot care
- · Routine vision exams
- Sexual dysfunction treatment and services
- Weight-loss programs

Other covered services. (Limitations may apply to these services. This isn't a complete list. Please see our plan document.)

- · Bariatric surgery
- · Chiropractic care
- Non-emergency care when traveling outside the U.S.

HMO Excluded Services & Other Covered Services

Services our plans generally do NOT cover. (Check the policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- · Care that is not medically necessary
- · Cosmetic surgery, cosmetic services, and supplies
- · Custodial care
- · Dental care, except as stated in plan
- DME rental/repair charges that exceed DME purchase price
- · Experimental and investigational treatments, except as stated in plan
- Eyewear, except as stated in plan
- Fertility and infertility medication and treatment
- Flat feet treatment and services
- Genetic and chromosomal testing, except as stated in plan
- · Habilitation services, except certain autism services
- · Hearing aids
- Home healthcare and infusion therapy exceeding 42 visits (of up to 4 hours)/ calendar year
- Homeopathic services
- Inpatient EAR treatment exceeding 120 days per calendar year and inpatient SNF treatment exceeding 180 days per calendar year
- Long-term care, except long-term acute care up to a 365-day benefit plan maximum
- Massage therapy other than allowed under evidence-based criteria
- Naturopathic services
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Respite care, except as stated in plan
- Routine foot care
- · Routine vision exams
- Services from providers outside the network, except in emergencies and other limited situations when use is preauthorized
- Sexual dysfunction treatment and services
- · Weight-loss programs

Other covered services. (Limitations may apply to these services. This isn't a complete list. Please see our plan document.)

- Bariatric surgery
- · Chiropractic care

THE MEMBER EXPERIENCE

The AZ Blue Customer Service team is dedicated to providing members with solutions quickly and accurately.

Our concierge model of customer care delivers a one-and-done solution, which means customer service representatives handle benefit-related calls and inquiries about claims.

Claims and Customer Service

- Provide help navigating the healthcare system
- Have experienced staff with an average tenure of 3.5 years¹
- Serve all members, regardless of resident state
- Are local, with Arizona-based call centers
- Offer direct access to qualified Spanish-speaking staff
- Provide assistance in over 140 languages (via translated services)



MEMBER ENGAGEMENT TOOLS AND RESOURCES

We have the tools and resources available for members to make educated decisions on their healthcare choices. Members can access all of the following by logging in to the member portal at **azblue.com/MyBlue**. You can access your online MyBlueSM account through your mobile device, desktop, or tablet.



Find a Doctor:

Members can easily find a provider, hospital, or lab in their plan's network with this online tool.



Spending Accounts:

Integrates a member's health spending account with the member portal for easy administration of funds.



Claims & Spending:

Simplifies the tracking of claims and spending by combining all activity into one monthly online statement.



Telehealth:

Members can have virtual visits with providers—any time, anywhere—using the **BlueCare Anywhere** telehealth service.



Pharmacy Tools:

Members can quickly search for medications, verify if special authorization is needed, and check for quantity limits using the formulary drug search on **azblue.com/pharmacy**. Members can sign in to their **MyBlue** account at **azblue.com/MyBlue** to submit and track medication home delivery requests.



Discount Program:

Discounts are available through Blue365® on national brands for fitness gear, wearables, gym memberships, healthy eating options, and more.



Care Cost Estimator:

Members can shop and compare costs for more than 1,600 procedures, such as common surgeries, as well as diagnostic services and prescription medications.



Online Access:

Access to health plan information and resources is available by signing up for a personalized **MyBlue** member account at **azblue.com/MyBlue**.

TELEHEALTH SERVICES



Nurse On Call

Members can connect with a nurse 24/7 to get answers to questions about symptoms they are experiencing, minor illnesses and injuries, medical tests, or preventive care, as well as suggestions for next steps based on their situation.¹



BlueCare Anywhere

With BlueCare Anywhere, members can connect to board-certified doctors by live video for urgent medical care, psychiatry, and counseling sessions. The BlueCare Anywhere telehealth service is available any day, any time—from a computer, tablet, or mobile device.



Medical

Board-certified doctors provide immediate care for a range of common illnesses, aches, and pains, and can prescribe medication.



Counseling

Licensed psychologists or counselors are available to treat issues—such as mental health and substance use—that can affect emotional, psychological, and social well-being. By appointment only.



Psychiatry

Board-certified psychiatrists are available for assessments, evaluation, and treatment, and can prescribe medication. By appointment only.

Download the **BlueCare Anywhere mobile app²** or visit **BlueCareAnywhereAZ.com**.

BlueCare Anywhere is also accessible in the member portal by logging in to azblue.com/MyBlue, clicking Find Care, and then selecting BlueCare Anywhere.

HEALTH AND WELLNESS



AZ Blue has partnered with Sharecare® to bring employers a truly differentiated digital health and wellness experience. Available at no additional cost, Sharecare helps our members manage all their health in one place—no matter where they are on their journey. Members can access their accounts via the web at azblue.sharecare.com or on the go by downloading the Sharecare app.



RealAge Test

How old are you-really? Sharecare's RealAge® Test is a scientifically based assessment that shows the true age of the body you're living in based on your behaviors and existing conditions.



Personalized Timeline

Once the RealAge Test is completed, members will receive personalized and relevant wellness tips, actionable recommendations to improve their RealAge, videos, and more.



Guided Programs

Members have access to short, guided programs to help boost their mental strength, follow along with quick workouts, improve sleep, and much more.



Unwinding

Unwinding is an evidence-based, digital program based on mindfulness helping members reduce stress, build resilience, and improve mental well-being. Unwinding offers on-demand, in-the-moment tools to ease stress throughout the day. This is a program for anyone dealing with mild to moderate stress who wants simple but effective tools to manage their stress.

Sharecare is an independent company contracted to provide this online program and/or services for AZ Blue. Information provided by Sharecare is not a substitute for the advice or recommendations of a healthcare provider. RealAge and Sharecare are registered trademarks of Sharecare, Inc.

CARE MANAGEMENT

AZ Blue's programs support the patient/provider relationship and enhance the overall healthcare experience for our members. When we help members better manage their health, they can more effectively manage their daily activities, be more productive at work, and reduce healthcare costs.

Members can take advantage of the following programs:



Health Management

Members with conditions such as diabetes, congestive heart failure, asthma, COPD, coronary artery disease, behavioral health, hypertension, and many other health needs get the extra help they need. Care Managers work with members to understand their health needs, help coordinate care, find health resources, and provide guidance for managing their condition and health goals.



Hospital to Home

When members are transitioning home from a critical care hospital stay, we help ensure they're getting the care, medications, and equipment they need to reduce preventable hospital readmissions. We will assess the member's needs and assist the member with follow-up doctor and therapy appointments, equipment, and community services.



WE'RE HERE TO HELP

Our team is here to help you find the right health plans for your needs. Reach us at any of the following locations, or visit azblue.com for more details on our products and services.

PHOENIX 1-800-232-2345

FAX 602-864-5800

TUCSON 1-800-621-5563 FAX 1-866-772-2020

FLAGSTAFF 1-800-601-1946 FAX 602-864-5800

NAIF2		

TO LEARN ABOUT

OUR OTHER OPTIONS FOR YOUR BUSINESS, VISIT **azblue.com**OR CALL US AT 1-800-232-2345

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