

# Talk to a nurse anytime, **DAY OR NIGHT**

365 days a year, at no cost to you.



Health problems rarely happen when it's convenient. That's why at Blue Cross® Blue Shield® of Arizona we make getting answers to your health questions as easy as possible with **Nurse On Call**. For no additional cost, you can talk to a registered nurse anytime—days, nights, weekends, and holidays—from wherever you are.

Caring nurses can talk to you about your symptoms and help you decide if you should take care of your issues at home or seek care from your primary care provider, urgent-care center, or emergency room (ER).

## **Nurse On Call** can help answer questions about:



Symptoms you are having



Chronic conditions



Medical tests and medications



Minor injuries or illnesses



Preventive care



Preparing for doctor visits

**1-888-905-1172, TTY: 711**

Add the number to your phone so it's handy when you need it. Get help in more than 200 languages through translation services.

Blue Cross Blue Shield of Arizona (BCBSAZ) offers BluePathway<sup>SM</sup> HMO and BlueJourney<sup>SM</sup> PPO Medicare Advantage plans. Blue Cross Blue Shield of Arizona Advantage, a separate but wholly owned subsidiary of BCBSAZ, offers Blue Medicare Advantage Standard, Classic, and Plus HMO plans. Services and treatment options presented may not be covered under your BCBSAZ benefit plan. BCBSAZ contracts with a third party to administer Nurse On Call services. The Nurse On Call service should not be used in health emergencies. If you have a health emergency or need immediate help for an accident or injury, seek emergency care or call 911. Blue Cross, Blue Shield, and the Cross and Shield Symbols are registered service marks of the Blue Cross Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans. ©2022 Blue Cross Blue Shield of Arizona, Inc. All rights reserved.