Section 11

Medical Policies and Prior Authorization

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Medical Policies – Overview

For most commercial plans, Blue Cross® Blue Shield® of Arizona (AZ Blue) uses many nationally recognized medical policy guidelines. This includes best-in-class, evidence-based criteria developed by EviCore, MCG Health ("MCG"), American Specialty Health (ASH), and the National Comprehensive Cancer Network® (NCCN®). We also reference policies developed by the BCBS Association in developing our own proprietary evidence-based criteria, based on emerging science and technology, medical literature, and credible clinical data.

Note: Although we started using MCG care guidelines on November 1, 2023 (replacing our use of the InterQual® guidelines), we will refer to InterQual for applicable guidelines in effect prior to November 1, 2023.

Medical policies used for Medicare Advantage plans administered by AZ Blue

The primary criteria used for Medicare Advantage plans are the <u>CMS National Coverage</u> <u>Determinations (NCD)</u> and the <u>Local Coverage Determinations (LCD)</u>. If there are no applicable NCD or LCD criteria and the service is included in our EviCore program for MA (high-tech radiology, oncology, radiation therapy, lab management, spine/joint surgery, and interventional pain management), EviCore will apply other nationally recognized guidelines or its own guidelines as appropriate. If not addressed by NCD, LCD, or EviCore, we use <u>MCG® care guidelines</u> to determine medical necessity. We also use AZ Blue proprietary policies for MA Ambulance Services and Part B Step Therapy. We use ASH guidelines for chiropractic services.

For inpatient review (acute and post-acute settings), we use MCG® care guidelines to determine medical necessity and appropriateness.

We follow the same hierarchy of sources for Part B drug guidelines. When there is no applicable guideline from those sources, we reference Micromedex® to see if the drug is FDA-approved for the patient's indication or is being prescribed for an acceptable off-label use. For medications billed to Part D, we use the OptumRx Part D prior authorization guidelines.

FEP medical policies

Clinical criteria applicable to FEP members is based on the FEP medical policies and utilization management guidelines listed on the <u>FEP website</u>. MCG is used for inpatient review (acute and post-acute settings).

Medical policies used by other plan administrators

Please note the following plans that may use other medical and administrative policies that might differ from ours, including determination of what services are considered experimental and investigational:

- Plans for some self-funded employer groups may be administered by a third-party administrator. Check the back of the ID card for contact information.
- For our ACA StandardHealth with Health Choice plan (member ID prefix IAZ), clinical guidelines are available at azblue.com/health-choice-az/providers/clinical-guidelines.
- Some of our Medicare Advantage HMO members are attributed to Optum Health Network Arizona (OHNAZ) and Arizona Priority Care (AZPC) as indicated on the back of the ID card. Check with these entities for medical and administrative policies.
- Plans from other BCBS payers may use other utilization management guidelines.

AZ Blue review of clinical criteria

We review most clinical criteria applicable to AZ Blue-administered plans at least annually, and more often as new material data becomes available. Medical and scientific resources for these criteria include, but are not limited to:

Medical Policies – Overview

- High-grade, published, peer-reviewed, medical, and scientific literature.
- Expert specialty reviews.
- Professional medical organizations' position statements to support determinations concerning such matters as medical necessity, procedural coverage, and benefit determination and development.

We may make policy updates if the new technology or scientific evidence:

- Has received final approval from the appropriate governmental regulatory bodies.
- Has proven to be as beneficial as any established alternative.
- Will improve the patient's net health outcome.
- Permits conclusions concerning the effect on health outcomes.
- Confirms the improvement is attainable outside of an investigational setting.

Impact of changes in medical technology on claim coding and processing

Rapid changes in the practice of medicine and use of associated supporting technologies can sometimes impact claim adjudication. A procedure or diagnostic test may be considered eligible for coverage when applied in one way or to a particular diagnosis, and not considered eligible for coverage when applied in a new way or for a different diagnosis because recognition of its efficacy in these new circumstances is still developing.

An existing CPT® or HCPCS code may not accurately describe the combination of a procedure or diagnostic test and the corresponding utilization. Consequently, AZ Blue may inadvertently pay a claim that properly should have been denied as non-covered or excluded, and vice versa.

When AZ Blue receives information about a technology that is being considered for use in a new way, we assess that application for medical safety and efficacy. This assessment may result in a clarification to our clinical criteria. If so, that can result in denials of new claims for procedures that were previously paid or payment of new claims for procedures that were previously denied.

Blue Cross, Blue Shield, the Cross and Shield Symbols, BlueCard, Federal Employee Program, and FEP are registered service marks of the Blue Cross Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.

EviCore is a separate, independent company, contracted with AZ Blue to provide prior authorization services to AZ Blue providers and members. EviCore healthcare is a registered service mark of CareCore National, LLC.

MCG care guidelines are the proprietary and copyright-protected information of MCG Health, LLC, part of the Hearst Health network.

InterQual® is a registered trademark of Change Healthcare LLC and/or one of its subsidiaries.

ASH is a separate, independent company, contracted with AZ Blue to provide the chiropractic network, covered chiropractic services, and related claim processing and appeal/grievance resolution.

NCCN Guidelines are the proprietary and copyright-protected information of National Comprehensive Cancer Network Inc.

Micromedex is a registered trademark of Micromedex, Inc.

OptumRx is a separate, independent company that provides and is solely responsible for providing pharmacy services to AZ Blue providers and members. OptumRx does not provide AZ Blue products or services.

Optum Health Network Arizona (OHNAZ) is a separate, wholly owned subsidiary of Optum and is contracted with AZ Blue to provide utilization management and claim/payment processing services for providers and attributed members.

Arizona Priority Care (AZPC) is a separate, independent company contracted with AZ Blue to provide utilization management and claim/payment processing services for providers and attributed members. Arizona Priority Care is a service mark of Arizona Health Advantage, Inc.

CPT* (Current Procedural Terminology) codes are © 2024 American Medical Association. All rights reserved. CPT is a registered trademark of the American Medical Association.

Medical Policy Access – Quick Guide

TYPE OF PLAN	HOW TO ACCESS MEDICAL POLICIES	
AZ Blue Commercial Plans	Access the following resources in the AZ Blue provider portal at "Practice Management > Medical Policies" • EviCore guidelines • AZ Blue proprietary policies (including Site-of-Service Requirements) • MCG care guidelines • ASH chiropractic guidelines • Pharmacy coverage guidelines (for drugs covered under pharmacy benefits) If you can't find policies by accessing the above resources, call 602-864-4614	
ACA StandardHealth with Health Choice Plan (member ID prefix IAZ)	Visit <u>azblue.com/health-choice-az/providers/clinical-guidelines</u> or call 1-800-322-8670	
Federal Employee Program® (FEP®) Plans	fepblue.org/legal/policies-guidelines	
BlueCard® (Out-of-Area) Plans	Use the BlueCard medical policy router tool in the <u>AZ Blue provider portal</u> at "Practice Management > Medical Policies" to access medical policy resources for the member's home plan	
Corporate Health Services (CHS) Group Plans (administered by TPAs)	Check the back of the member ID card for utilization management information	
AZ Blue-TPA Co-Administered Plans	Prefixes K8Y and K8Z (Amkor Technology, Inc.; Group # 039176): Contact AmeriBen at 1-800-388-3193 Prefix MKQ (Microchip Technologies; Group #045928) Contact AmeriBen at 1-866-879-6128 Prefix NBT (NAEBT; Group # 037461): Contact American Health Group at 1-800-847-7605 Prefix PTP (Pioneer Title Holding Company, Inc.; Group # 044410): Contact AmeriBen at 1-800-388-3193	
Medicare Advantage Plans administered by AZ Blue	 CMS National Coverage Determinations (NCD) Local Coverage Determinations (LCD) EviCore guidelines MCG care guidelines – Call AZ Blue at 1-800-446-8331 AZ Blue proprietary policies (for MA Ambulance and Part B Step Therapy only) Part D resources ASH musculoskeletal guidelines 	
Medicare Advantage Plans administered by Optum Health Network Arizona or Arizona Priority Care (as indicated on the back of the ID card)	For Optum Health Network Arizona (OHNAZ): optumproportal.com/home For Arizona Priority Care (AZPC): azconnect.azprioritycare.com/production	

Revision date: 01/01/25

Prior Authorization – Overview

Prior authorization is not a guarantee of payment

Prior authorization is the process AZ Blue uses to determine a member's eligibility for a requested procedure or service before the service is rendered. Authorization determinations are based on the member's eligibility, condition, specific benefit plan, and any related evidence-based clinical criteria and pharmacy coverage guidelines.

Regardless of prior authorization determinations, patient care decisions are made between the provider and patient. The fact that a provider has prescribed, ordered, recommended, or approved a service or supply does not make it medically necessary or make the service eligible for benefits, even though it is not expressly excluded in the member's benefit book.

Prior authorization requirements

Outpatient: Prior authorization is required for certain procedures, services, items, and medications.

Inpatient: Notification is required for all admissions. For most plans, prior authorization for inpatient admissions is required only for codes on the AZ Blue Standard prior authorization requirements list. However, some large groups require prior authorization for all scheduled inpatient admissions.

Our standard prior authorization requirements apply to most AZ Blue commercial benefit plans. Some plans use other requirements:

- Certain large, self-funded groups have customized prior authorization requirements.
- Requirements for our ACA StandardHealth with Health Choice plan (prefix IAZ) are available at azblue.com/aca-standardhealth-health-choice/providers/pa-guidelines.
- CHS group plans use a third-party administrator (TPA) and have their own utilization management arrangements (see page 11-10).
- BlueCard (out-of-area) plans are governed by the member's Blue Plan (see page 11-9).
- FEP plans are governed by the Office of Personnel Management (see page 11-11).
- AZ Blue Medicare Advantage (MA) plans have different prior authorization requirements (see page 11-13).
- Medicare Supplement plans (designed to cover payment gaps for those with traditional Medicare plans) align with CMS for coverage and medical necessity determinations. However, if a member's Medicare Supplement plan covers benefits for foreign travel emergency services, AZ Blue will determine medical necessity and appropriateness.

How to access prior authorization requirements

For provider reference, we post prior authorization requirements on our <u>Prior Authorization and Medical Policies page</u>. Select the member's plan type to access the applicable prior authorization code list and lookup tool.

Prior authorization process

Prior authorization must be requested *before* the service is rendered. See page 11-18 for information about how to request prior authorization. The review typically considers:

- Member eligibility and benefit coverage, including contract limitations, exclusions, waiting periods, waivers, or benefit maximums that apply to the requested service or procedure
- Provider network status and any site-of-service requirements
- Medical necessity and appropriateness of procedures or treatments based on applicable clinical standards and criteria (see page 11-1)
- The use of procedures or items that might be considered experimental or investigational

Prior Authorization – Overview

Note: Even if a service has been authorized and rendered, all benefit plan provisions (e.g., eligibility, waiting periods, limitations, exclusions, waivers, and benefit maximums) still apply, even if they weren't readily determinable at the time prior authorization is given.

Gold Card Prior Authorization Program

Our Gold Card Prior Authorization Program (Program) offers qualifying network providers quick and easy authorization approval for services they render to members with AZ Blue commercial benefit plans.

Participation: Practitioners may meet criteria for participation in the Program through a group selection process or an individual practitioner review. The Gold Card privilege does not extend to facilities, DME suppliers, or to any practitioner who has not been invited by AZ Blue to participate in the Program.

Applicable services: Gold Card prior authorization approvals apply only to services covered by medical benefits that are personally rendered to a patient by a Program practitioner. The Gold Card privilege also applies to services ordered by a Program practitioner (such as high-tech imaging or genetic testing) when the Program practitioner requests/obtains the prior authorization.

Services excluded from the Program: The prior authorization requirements code list indicates which services/codes are included in and excluded from the Program. Exclusions include medications (covered under both medical and pharmacy benefits), medical devices, DME (except certain items indicated in the prior authorization code list), clinical trials, transplant services, and out-of-network services.

For more information about the program, visit azblue.com/goldcard.

EviCore program

For the services and plans listed below, EviCore handles prior authorization on our behalf.

EVICORE SOLUTION	APPLICABLE AZ BLUE PLANS
Lab Management – Genetic testing	
Medical Oncology – Infused drugs (may include site-of-service requirements); supportive agents; companion diagnostics	Most commercial plans for employer groups and individuals under age 65 and their families, and AZ
Radiation Oncology – Radiation treatment (clinical and non-clinical modalities)	Blue-administered Medicare Advantage (MA) plans
Radiology – High-tech imaging	
Specialty Drug Management – Drugs that must be administered by a healthcare professional and are covered only under medical benefits	Only for commercial group and individual/family plans (not for MA plans)
Musculoskeletal – Spine and joint surgery and interventional pain management services	AZ Blue-administered MA plans only (not for commercial plans)

EviCore prior authorization does **not** apply to FEP or CHS group members, or BlueCard (out-of-area) members from other Blue Plans. Also, certain large self-funded AZ Blue-administered groups may opt out of the EviCore utilization management program.

To check if a commercial group member is delegated for EviCore, check eligibility and benefits using service type 30: Health Benefit Plan Coverage. The Benefit Descriptions message says: EviCore delegated member for high-tech imaging, genetic tests, oncology, radiation therapy, specialty meds.

Prior Authorization – Overview

To request prior authorization from EviCore, please use their <u>online request tool</u>. Note: Although this tool is different from the Arizona standardized request forms, **AZ Blue will accept prior authorization requests submitted through EviCore's online tool as valid.**

For program information, code lists, and clinical guidelines, visit our <u>EviCore provider resource</u> <u>page</u>.

Inpatient notification and/ prior authorization requirements

All of our benefit plans require notice of inpatient admissions. Most of our plans require prior authorization only for the codes included in our prior authorization requirements. However, some plans require prior authorization for *all* scheduled inpatient admissions and continued stays. For plan-specific information and time frames, check eligibility and benefits, and refer to the Inpatient Notification and Prior Authorization Requirements-Quick Guide on page 11-19.

For information about how to notify us or request authorization, see page 11-18.

Inpatient transfers to different levels of care

If a member is transferred from acute care to post-acute care or from acute care to another acute care facility for the same or lower level of care, prior authorization is required. For details, see the Inpatient Notification and Prior Authorization Requirements-Quick Guide on page 11-19.

How to request prior authorization or notify us of inpatient admissions

Most notifications and prior authorization requests can be made online – see specific information on page 11-18.

We require the following information to process a notification or prior authorization request:

- Member/subscriber name, date of birth, and ID number
- Provider name(s), NPI, tax ID, specialty, and contact information
- Date, type, and place of service
- Applicable procedure(s) and procedure code(s)
- Applicable diagnoses and diagnosis code(s)
- Other relevant information specific to the request

You can request an expedited authorization review for urgent situations when applying the standard review time may seriously jeopardize the life or health of the patient or the patient's ability to regain maximum function.

Penalties

For most AZ Blue and BlueCard (out-of-area) commercial benefit plans, AZ Blue will assess a \$500.00 penalty to the servicing network provider for failure to obtain prior authorization for services requiring prior authorization under the member's benefit plan. For facility-related prior authorization requirements (such as inpatient admissions, SNF, EAR, and LTAC), the penalty applies to the facility and not the professional provider. Providers considered in-network for the member's benefit plan may not bill the member for this penalty amount.

Exception: For members with commercial PPO plans, a penalty may be applied to the member when the rendering provider is out-of-network and a required prior authorization was not obtained.

To avoid unnecessary penalties, ensure all required prior authorization is obtained *before* servicing the member. If you have received prior authorization, include the identifier on your claim submission.

Prior Authorization – Overview

Out-of-network referrals require prior authorization

AZ Blue network providers must refer members only to contracted providers considered in-network for the member's benefit plan. When non-emergency covered services are not reasonably available within the member's specific network, prior authorization is required for use of an out-of-network provider. The referring provider must also advise the member of non-network status (except in emergency situations).

If AZ Blue authorizes an exception:

- **Members with HMO plans** are covered for the authorized out-of-network service and held harmless against any balance billing.
- **Members with PPO plans** have an out-of-network benefit with higher out-of-pocket costs. The approved prior authorization will give the member the in-network coinsurance and deductible. The member is still responsible for any balance bill, unless within scope for the balance billing protections in the No Surprises Act (NSA).
- Members with FEP plans have plan provisions for situations in which the member has little, or no, choice in selecting a provider. Benefits cover certain types of services at preferred (innetwork) levels when provided by non-participating professionals. Examples include nonparticipating providers, such as hospital-based providers, when the care is provided at a preferred facility other than the emergency room. FEP members are also covered under the NSA balance billing protections.

Prior authorization requirements for medications

For medications covered under the retail/mail-order pharmacy benefit:

- For commercial plans, you can access detailed information at azblue.com/Pharmacy.
- Some self-funded employer groups with customized benefit plans may use other (non-AZ Blue) pharmacy benefit administrators or carriers for pharmacy benefits. Be sure to check eligibility and benefits for each member.
- For FEP plans, see the online <u>list of medications</u> requiring prior approval and other information on the <u>pharmacy FAQs page</u>.
- For MA plans, see the AZ Blue MA formulary (prescription drug list).

For medications covered under medical benefits:

- For commercial plans, prior authorization requirements are included in the AZ Blue prior authorization code lists, available in the azblue.com secure provider portal at "Practice Management > Prior Authorization."
- For FEP plans, see the online <u>list of medications</u> requiring prior approval and get more information at <u>fepblue.org/prior-approval</u>.
- For MA plans, Part B drugs that require prior authorization are included in the AZ Blue MA prior authorization code list on our <u>prior authorization and medical policies page</u>.

AZ Blue and TPA Co-Administered Plans

Large self-funded groups may opt to have their PPO health plan co-administered by AZ Blue and a third-party administrator (TPA). When this is the case, the member ID card will display a disclaimer in the lower left corner of the front of the card stating that the employer group uses a TPA to handle member contact for health plan administration.

Utilization management for these plans is handled by the TPA – see below for details.

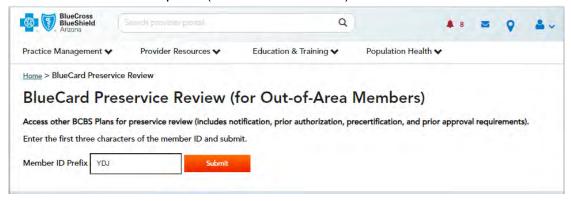
Employer Group	Prefix	Third-Party Administrator
Amkor Technology, Inc. Group # 039176	K8Y K8Z	Utilization Management: AmeriBen 1-800-388-3193 PBM: Navitus 1-866-333-2757
Microchip Technologies Group # 045928	MKQ	Utilization Management: AmeriBen 1-866-879-6128 PBM: Optum Direct 1-800-207-2568
Northwest Arizona Employee Benefit Trust (NAEBT) Group # 037461	NBT	Utilization Management: American Health Group (AHG) 1-800-847-7605 PBM: Navitus 1-866-333-2757
Pioneer Title Holding Company, Inc. Group # 044410	РТР	Utilization Management: AmeriBen 1-800-388-3193 PBM: Magellan 1-800-424-0472 (magellanrx.com)

BlueCard (Out-of-Area) Plans

Preservice review for BlueCard (out-of-area) members

Preservice review includes notification, precertification, prior authorization, and prior approval. The online tool for out-of-area member pre-service review allows providers to access other BCBS (Blue) Plans' webpages and use available online resources. It uses a secure routing mechanism initiated by entering the member ID prefix. Using the tool is simple:

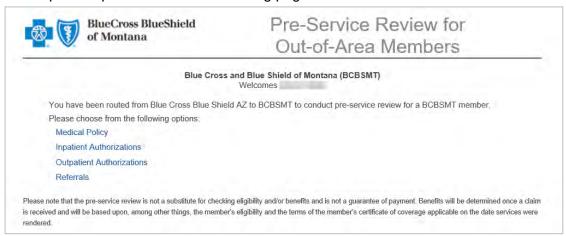
- 1. Log in to the <u>AZ Blue provider portal</u> and go to "Practice Management > Prior Authorization > BlueCard (Out-of-Area) Members."
- 2. Enter the member ID prefix (first three characters) from the member's ID card.



3. On the next screen, click on the "Provider Lookup" link to validate your provider NPI. After validation, the tool will securely route you to the member's home Blue Plan's landing page.



Sample of a pre-service review landing page.



Because processes for pre-service reviews vary from one Blue Plan to another, landing pages may include information about online pre-service reviews, a phone number, or other instructions.

Corporate Health Services (CHS) Group Plans

Corporate Health Services (CHS) group plans are administered by the group's third-party administrator (TPA). Many of them use a utilization vendor for medical policies and prior authorization.

Prior authorization requirements for a CHS group member can be accessed by contacting the group's prior authorization administrator. You can find the contact information in the CHS/TPA information list, available in the <u>AZ Blue provider portal</u>. Go to "Practice Management > Eligibility and Benefits > CHS Group Information."

Most CHS group member ID cards also display a prior authorization contact number on the back. If you have questions, contact the group's TPA. For more information about CHS group plans, see Section 8.

Reminder: **Prior authorization is not a guarantee of payment.** Prior authorization is the process used to determine a member's eligibility for a requested procedure or service before the service is rendered. Authorization determinations are based on the member's eligibility, condition, specific benefit plan, and any related evidence-based clinical criteria and pharmacy coverage guidelines.

Even if a service is authorized, the claim for the service is reviewed and processed according to the specific benefit plan coverage, including any applicable limitations, exclusions, maximums, and waivers.

Federal Employee Program (FEP) Plans

Federal Employee Program (FEP) precertification and prior approval

FEP uses two processes for pre-service reviews:

- **Precertification** is the process by which, prior to an inpatient admission, AZ Blue evaluates the medical necessity of the proposed stay, the procedure or service to be performed, the number of days required to treat the member's condition, and any applicable benefit criteria.
- **Prior approval** is written assurance that benefits will be provided by the BCBS Plan where the services will be performed, or by the retail pharmacy program, the mail service prescription drug program, or the specialty drug pharmacy program. Prior approval is required for certain services.

Some services require both precertification and prior approval.

Precertification and prior approval requirements

You can find FEP precertification and prior approval requirements in our compiled code lists Excel file. You'll find it in the <u>AZ Blue provider portal</u> at "Practice Management > Prior Authorization > AZ Blue Members-Prior Auth Code Lists."

All requirements are explained in more detail in the FEP health plan brochures at <u>fepblue.org/plan-brochures</u>. You can also visit the <u>FEP medical policy</u> page for information about clinical criteria.

Requesting FEP precertification and prior approval

The attending physician, provider, or facility must request precertification or prior approval before all inpatient admissions or the rendering of other services requiring precertification or prior approval. To request, call the AZ Blue FEP team at 602-864-4102 or 1-800-345-7562. For postal plans, call 1-888-585-8922.

- If the member has an **emergency admission**, you must notify us and obtain authorization for a continued stay within two business days following the day of the emergency admission. If the member has been discharged from the hospital, you must still notify us.
- FEP requires the following information for inpatient admission precertification:
 - Enrollee's name and plan ID number
 - Patient's name, birth date, and phone number
 - Reason for inpatient admission, proposed treatment, or surgery
 - Name and phone number of admitting physician
 - Name of hospital or facility
 - Number of days requested for inpatient stay
 - If the admission is to a residential treatment center (RTC), include a preliminary treatment and discharge plan that has been agreed on by the member, admitting provider, AZ Blue case manager, and the RTC
 - Other information as requested

We will inform the provider of the number of approved inpatient days and send written confirmation of the decision to the member, physician, and hospital.

Predetermination requests

FEP issues predeterminations (also known as advance benefit determinations) for services that are likely to cost more than \$7,000.00. This preview offers providers a preliminary review of the medical necessity determination for the service. It is *not* a prior authorization. To request a predetermination, call the AZ Blue FEP team at 602-864-4102 or 1-800-345-7562. For postal plans, call 1-888-585-8922.

Federal Employee Program (FEP) Plans

Penalties for failure to obtain required precertification and prior approval

Current precertification and prior approval requirements for FEP members are available via our Prior Authorization and Medical Policies page or the AZ Blue provider portal at "Practice Management > Prior Authorization > AZ Blue Members-Prior Auth Code Lists."

- 1. Penalties (for all FEP benefit plans) AZ Blue will assess a \$500.00 penalty to the servicing network provider for failure to obtain precertification for all services requiring precertification for FEP members. For facility-related precertification requirements (such as inpatient admissions, SNF, EAR, LTAC, and RTC), the penalty applies to the facility and not the professional provider. This penalty may not be billed to the member.
- 2. Prior approval penalties (only for FEP Blue Focus benefit plans)
 AZ Blue will assess a \$100.00 penalty to the servicing provider *and* the facility for failure to obtain prior approval for all services requiring prior approval for FEP Blue Focus members.

Medicare Advantage (MA) Plans

Utilization management for AZ Blue Medicare Advantage members

- 1. AZ Blue: We administer prior authorization for some of the "Blue Best Life" HMO plans in Maricopa, Pinal, and Pima counties. On the back of the ID card you'll see the AZ Blue claim filing information and prior authorization phone number.
 - Note: The plans we administer include an EviCore utilization management program for medical oncology, radiation therapy, high-tech radiology, genetic testing, spine/joint surgeries, and interventional pain management services.
- 2. Optum Health Network Arizona (OHNAZ): We partner with OHNAZ for utilization management (and claim/payment) services for a subset of our HMO membership in Maricopa, Pinal, and Pima counties. These members can be identified by the OHNAZ claim filing information and prior authorization phone number on the back of the ID card.
- 3. Arizona Priority Care (AZPC): We partner with AZPC for utilization management (and claim/payment) services for a subset of our HMO membership in Maricopa and Pinal counties. These members can be identified by the AZPC claim filing information and prior authorization phone number on the back of the ID card.

Prior authorization requirements

For AZ Blue prior authorization requirements, visit our <u>Medicare Advantage Plans page</u>, under Prior Authorization and Medical Policies. For the OHNAZ code list, log in to <u>optumproportal.com/home</u>. For AZPC's list, go to <u>azconnect.azprioritycare.com/production</u>.

How to request prior authorization

Check the back of the member ID card for the plan administrator. Submit prior authorization requests as indicated in the table below.

BENEFIT PLANS	PREFIX	SERVICE AREA	PRIOR AUTHORIZATION REQUESTS
Blue Best Life HMO plans administered by AZ Blue (as indicated by "BCBSAZ" on the back of the ID card)	M2K	Maricopa, Pinal, and Pima counties	AZ Blue and EviCore (for certain services) EviCore ONLINE: Log in to EviCore.com/provider AZ Blue FAX FORM (Medicare Advantage Plans page): Standard: 602-544-5652 / Expedited: 602-544-5651 Inpatient Notification: 602-544-5653 Concurrent Review: 602-544-5654 Post-acute Care/Behavioral Health: 602-544-5654 Part B Drugs: 602-544-5622 Part D Drugs: 1-844-883-8523 (retail); 1-800-791-7658 (mail-order) Online: covermymeds.com/main/prior-authorization-forms/optumrx PHONE (after hours immediate service): 1-800-446-8331
Blue Best Life HMO plans administered by Optum Health Network Arizona (as indicated by "OHNAZ" on the back of the ID card)	M2K	Maricopa, Pinal, and Pima Counties	Optum Health Network Arizona (OHNAZ) ONLINE: optumproportal.com/home FAX: 1-888-992-2809 PHONE: 1-877-370-2845
Blue Best Life HMO plans administered by Arizona Priority Care (as indicated by "Arizona Priority Care" on the back of the ID card)	M2K	Maricopa and Pinal Counties	Arizona Priority Care (AZPC) ONLINE: azconnect.azprioritycare.com/production FAX: 480-499-8798 PHONE: 480-499-8720 or 480-499-8700

Medicare Advantage (MA) Plans

Inpatient notification and prior authorization requirements

All of our MA benefit plans require notification and/or prior authorization for inpatient admissions. Notification of unscheduled admissions is required within 24 hours of admission or by the next business day.

NOTIFICATION OF UNSCHEDULED ADMISSIONS			
AZ Blue	Optum Health Network Arizona (OHNAZ)	Arizona Priority Care (AZPC)	
Fax: 602-544-5653	Fax: 1-888-992-2809	Fax: 480-499-8798	
Phone: 1-800-446-8331	Phone: 1-877-370-2845	Phone: 480-499-8720	

Coverage determination criteria for unscheduled admissions follows MCG care guidelines and includes:

- Severity of signs/symptoms
- Medical predictability of an adverse event
- Need for care that can only be delivered safely and effectively in the inpatient setting

Prior authorization requirements for medications

- Part B drugs that require prior authorization are included in the AZ Blue Medicare
 Advantage prior authorization code list. Some of these drugs also require step therapy. You
 can find the code list and step therapy policy on our <u>prior authorization and medical policies</u>
 page.
- For Part D drugs, you can access the <u>AZ Blue MA formulary (prescription drug list)</u> to see if a particular drug requires prior authorization or step therapy, or has quantity limits." OptumRx phone numbers and request options:

Retail Pharmacy Benefits	Phone: 1-844-883-8523	ePA: covermymeds or surescripts
Mail Order Pharmacy Benefits	Phone: 1-800-791-7658	ePA: <u>covermymeds</u> or <u>surescripts</u> Fax: 1-800-491-7997

For more information about pharmacy benefits, see Section 24.

Initial organization determinations

Organization determinations are decisions made by AZ Blue (or other utilization management administrator) about MA benefit coverage for requested services. MA members, their representatives, and providers may request an initial organization determination when considering services that are not typically covered by Medicare or by the member's MA benefit plan. All services must meet medical necessity criteria.

To request an initial organization determination on behalf of a member, download and submit the MA prior authorization request fax form, located on our <u>prior authorization and medical policies</u> page.

Additional MA prior authorization resources

You can find AZ Blue prior authorization resources on our Medicare Advantage Plans page.

You can also visit our **EviCore** resource page for clinical guidelines and code lists.

Optum Health Network Arizona (OHNAZ) and Arizona Priority Care (AZPC) are separate, independent companies, contracted with AZ Blue to provide utilization management and claim/payment processing services for providers and attributed members with certain AZ Blue Medicare Advantage HMO plans.

Peer-to-Peer Requests - AZ Blue

AZ Blue peer-to-peer conversations (for EviCore peer-to-peer consultations, see page 11-17) An AZ Blue peer-to-peer conversation is a one-on-one discussion between an AZ Blue medical director or clinical advisor and a treating physician, nurse practitioner, or physician assistant. These phone conversations are intended to help you understand how we determine if medical necessity and appropriateness criteria have been fully met.

There are some important differences between AZ Blue and EviCore peer-to-peer processes and also in how peer-to-peer consultations may be used for Medicare Advantage (MA) plans, in keeping with CMS guidance. Here are the guidelines:

- For our commercial plans, an AZ Blue peer-to-peer conversation is about an adverse
 medical necessity and appropriateness determination on a prior authorization request that
 was submitted *before* the service was rendered. You must request the peer-to-peer
 conversation within seven calendar days of the date on the prior authorization denial letter
 and *before* initiating the member appeal process.
- **For our MA plans,** an AZ Blue peer-to-peer conversation must be requested **before** the prior authorization decision has been made and is typically requested when a prior authorization request has been pended for additional information. To challenge an MA authorization denial, you must submit an appeal.
- An EviCore peer-to-peer conversation may be requested at any point in the prior authorization and claim processes. However, the information shared in the consultation can't always be used to overturn the authorization or claim denial.
 - For MA plans, an EviCore consultation may not be used to overturn an authorization denial, but the information shared in the consultation may be used in submitting an appeal.
 - For all plans, an EviCore consultation may not be used to overturn an authorization denial *after* the service has been rendered.
 - For all plans, an EviCore consultation may not be used to overturn a final authorization denial determination, but the information shared in the consultation may be used in submitting an appeal.

How to prepare for an AZ Blue peer-to-peer conversation

AZ Blue peer-to-peer conversations focus on medical necessity and appropriateness. The following steps will help you determine if a peer-to-peer conversation is supported and how to prepare:

- 1. Access the clinical criteria for the service or procedure (see page 11-1).
- Review the clinical criteria to check for applicable indications for the patient's condition or illness.
- 3. Check to see if the criteria for the applicable indications have been met or mostly met.
- 4. Check to see if the submitted medical records document that criteria are met.

Situations that are not eligible for an AZ Blue peer-to-peer conversation

Below are some common situations and topics that do *not* qualify for a peer-to-peer conversation:

 Benefit plan exclusions and non-covered benefits; examples of this would be dosing outside the FDA-recommended doses, out-of-network services, and services and items considered experimental or investigational

Peer-to-Peer Requests – AZ Blue

- Retrospective reviews where prior authorization was required but not obtained prior to the services being rendered
- Denied claims—for any reason
- Active, denied, or upheld member appeals—for claims or prior authorization
- Decision about credentialing or waivered conditions
- AZ Blue clinical criteria
- Requests received after seven calendar days from the prior auth denial letter receipt date

How to request an AZ Blue peer-to-peer conversation

For AZ Blue and Federal Employee Program (FEP) members, call and leave a voicemail message on the peer-to-peer phone line at 602-864-4209 or 1-800-232-2345, ext. 4209. We will return your call within one business day.

- For Medicare Advantage members, call the reviewer's phone number (included in the denial letter).
- For BlueCard (out-of-area) members, call the member's home Blue Plan.
- For Corporate Health Services (CHS) group members, call the group's TPA at the number displayed on the member ID card.
- For EviCore peer-to-peer conversations, follow the instructions in the prior authorization denial notice.
- For Pharmacy-related requests, call 602-864-4028.

Member appeals

A member appeal/reconsideration process is available if a prior authorization request for a service or procedure is not approved. Refer to Section 23 for a summary of the member appeal processes, including an expedited appeal process for urgently needed services not yet provided.

Peer-to-Peer Requests - EviCore

You may request an **EviCore** clinical consultation at any time during the prior authorization and claim processes. How the consultation may be used varies depending on if the request is for a Medicare Advantage (MA) member and if a determination (decision) has been made:

- If your MA prior authorization request has been pended for additional clinical information, follow the instruction on the notice from EviCore. If the determination has not yet been made, the consultation could influence the initial decision.
- If EviCore has already denied an MA prior authorization, the information shared in an EviCore consultation will *not* be used to overturn the denial. However, the information may be used in submitting an appeal.

EviCore authorization scenarios and follow-up options

See below for different situations and the options available for commercial and MA plans.

SCENARIO	COMMERCIAL PLANS	MEDICARE ADVANTAGE PLANS	
SCENARIO	COMMERCIAL PLANS	WEDICARE ADVANTAGE PLANS	
My authorization request was pended for additional information. I haven't rendered the service yet.	Request EviCore peer-to-peer clinical consultation or submit additional clinical information to EviCore.*		
2. My authorization request was denied. I haven't rendered the service yet.	Request EviCore reconsideration (re-review) within 7 calendar days of the denial for potential overturn of denial.*	Request EviCore consultation or submit appeal (with supporting records) to AZ Blue.* EviCore consultation can't be used to overturn the denial. You must file an appeal.	
3. My authorization request was denied. I have already rendered the service but	Submit appeal (with supporting records) to AZ Blue.*	Submit claim (with supporting records) to AZ Blue.	
haven't submitted a claim yet.	EviCore consultation can't be used to overturn the denial.		
4. Oops! I didn't request authorization before rendering the service. I haven't submitted a claim yet.	Request post-service retrospective review within 30 days. The request may be denied and penalties may apply.		
5. Oops! I didn't request authorization before rendering the service. I have already submitted a claim.	Follow instructions on your remit for post-service, post-claim retrospective review. The request may be denied and penalties may apply.		
6. I disagree with the final authorization denial determination.	Submit appeal (with supporting records) to AZ Blue.* EviCore consultation can't be used to overturn the denial.		

^{*} Follow the instructions in your EviCore notice about submitting additional information or requesting clinical consultations.

How to request an EviCore peer-to-peer consultation

Providers, nurse practitioners, and physician assistants may request a clinical consultation by:

- Visiting the EviCore website at EviCore.com/provider/request-a-clinical-consultation.
- Using the self-service "P2P" consultation option in <u>EviCore's online Authorization Lookup</u> tool. This eliminates the need to receive a scheduling callback.



Prior Authorization Requests - Quick Guide

AZ Blue (use these request options for most plans – see "Exceptions" rows below)		
	Online requests/status – Arizona standardized forms Use the online request tool at "azblue.com/providers" > Practice Management > Prior Authorization > AZ Blue Plans-Request AZ Standard Online."	
	Fax requests – Arizona standard forms Use the fillable PDF fax forms available at Practice Management > Prior Authorization > AZ Blue Plans-Request AZ Standard Fax.	
AZ Blue prior authorization requests (Unscheduled admissions require notification within 48 hours)	24/7 Assistance for urgent issues and transfers to post-acute care Email us at UtilMgmt@azblue.com or call the numbers below for timely assistance with imminent treatment needs and transfers from acute to post-acute care facilities.	
	Most AZ Blue plans: 602-864-4320 or 1-800-232-2345	
	State of Arizona employer group plans (prefixes SYD and S3Z): 1-866-287-1980	
	Note: Some large groups have customized extended hours (check the member ID card for specific prior authorization and contact information)	
	Gold Card Hotline: 602-864-4811	
	Online requests/status – EviCore Access the tool by logging in to EviCore.com/provider.	
EviCore prior authorization requests (Most AZ Blue commercial plans and all AZ Blue-administered Medicare Advantage plans)	Note: Although the EviCore tool is different from the AZ standardized forms, AZ Blue will accept prior auth requests submitted through EviCore's online tool as valid.	
	Provider resources Find code lists, clinical guidelines, and more on our EviCore resource page.	

Exceptions:

- ACA StandardHealth with Health Choice plan (member ID prefix IAZ)
 Access resources via <u>azblue.com/aca-standardhealth-health-choice/providers/pa-guidelines</u> or call 1-800-322-8670.
- 2. BlueCard® (out-of-area) plans (members from other Blue Plans)
 Use the pre-service router tool on the AZ Blue provider portal at "Practice Management > Prior Authorization > BlueCard (Out-of-Area) Members" or call the prior authorization phone number on the back of the member's ID card.
- 3. CHS group plans (no member ID prefix; these are large, self-funded employer groups that use a third-party administrator) Call the prior authorization phone number on back of the member's ID card.
- 4. **AZ Blue and TPA co-administered plans** (member ID prefixes K8Y, K8Z, MKQ, NBT, and PTP) Call the prior authorization phone number on the back of the member's ID card.
- 5. FEP plans (member ID prefix R)
 For non-postal service plans, call 602-864-4102 or 1-800-345-7562; For postal service plans, call 1-888-585-8922
- 6. Medicare Advantage (MA) plans (member ID prefix M2K) Unscheduled admissions require notification within 24 hours Use the AZ Blue MA prior authorization fax form, available on our <u>Medicare Advantage Plans page</u>. For EviCore requests, use the online tool at <u>EviCore.com/provider</u>. For urgent issues after hours, call 1-888-905-1172.
 For members attributed to Optum Health Network Arizona (OHNAZ) or Arizona Priority Care (AZPC) as shown on the back of
 - For members attributed to Optum Health Network Arizona (OHNAZ) or Arizona Priority Care (AZPC) as shown on the back of the ID card, use OHNAZ resources-<u>optumproportal.com/home</u> or AZPC resources-<u>azconnect.azprioritycare.com/production</u>.
- 7. Medicare Supplement plans (member ID prefix XBS)

 Medicare Supplement plans align with CMS for coverage and medical necessity determinations. If a member's plan covers benefits for foreign travel emergency services, AZ Blue will determine medical necessity.

Inpatient Notification and Prior Authorization Requirements – Quick Guide

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NON-EMERGENCY ADMISSIONS			
Type of Benefit Plan	Prior Authorization	Post-Admission Notification	
AZ Blue Commercial Group and Individual/Family Plans	Required only for admissions related to codes on the AZ Blue Standard prior authorization requirements list	Required within 48 hours: • Fax the face sheet to 1-844-263-2272 • Call 602-864-4320 or 1-800-232-2345	
Certain Self-Funded Group Plans (prefixes PXO, SWB, SNK, SYD, S3Z, TYW)	Required for all non-emergency admissions except maternity admissions		
ACA StandardHealth with Health Choice Plan (prefix IAZ)	Required	Required within 24 hours Call 1-800-322-8670	
Federal Employee Program® (FEP®) Plans (prefix R)	Precertification or prior approval required for all non-emergency admissions except maternity admissions for a routine delivery (stays longer than 48 hours after vaginal delivery or 96 hours after cesarean require precertification of the additional days)	Required within 48 hours: Call 602-864-4102 or 1-800-345-7562 Postal service plans: 1-888-585-8922	
Medicare Advantage Plans administered by AZ Blue	Required only for admissions related to codes on the AZ Blue Medicare Advantage prior authorization requirements list	Required within 24 hours: • Fax: Use the MA Request Fax Form • Call 1-800-446-8331	
Medicare Advantage Plans administered by Optum Health Network Arizona (OHNAZ) or Arizona Priority Care (AZPC)	Notification required within 24 hours (check prior authorization requirements): • For OHNAZ: Go to optumproportal.com/home or call 1-877-370-2845 • For AZPC: Fax to 480-499-8779 or call 480-499-8720		
BlueCard® (Out-of-Area) Plans	Call the number on the back of the ID card (UM is administered by the member's home Blue Plan)		
TPA-Administered Group Plans (prefixes K8Y, K8Z, MKQ, NBT, PTP)	Call the number on the back of the ID card (UM is administered by the group's TPA)		
TRANSFERS TO DIFFERENT LEVELS OF CARE			
Type of Transfer	Prior Authorization	Post-Admission Notification	
Observation → Inpatient	N/A		
Acute Care → Post-Acute Care	Required	Required (see above for time frame and	
Acute Care Facility → Another Acute Care Facility (for the same or lower level of care)	Required	notification options by type of plan)	
Different Levels of Care (within the same facility)	N/A	N/A	