



PRICING GUIDELINES

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## SUPPLIES FOR TRANSCUTANEOUS ELECTRICAL NERVE STIMULATION (TENS) AND NEUROMUSCULAR ELECTRICAL STIMULATION (NMES) DEVICES

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Coverage for services, procedures, medical devices and drugs are dependent upon benefit eligibility as outlined in the member's specific benefit plan. This Pricing Guideline must be read in its entirety to determine coverage eligibility, if any.

The section identified as "Description" defines or describes a service, procedure, medical device or drug and is in no way intended as a statement of medical necessity and/or coverage.

The section identified as "Criteria" defines criteria to determine whether a service, procedure, medical device or drug is considered medically necessary or experimental or investigational.

The section identified as "Coding" defines criteria to determine appropriate coding of unit limits for TENS/NMES supplies according to BCBSAZ coding/pricing guidelines.

Pricing Guidelines are subject to change as new information becomes available.

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### Description:

#### Transcutaneous Electrical Nerve Stimulation (TENS or TNS) Device (E0720, E0730):

A TENS device uses electric current produced to stimulate the nerves for therapeutic purposes. The unit is usually connected to the skin using two or more electrodes. It is typically battery-operated.

#### Neuromuscular Electrical Stimulation (NMES) Device (E0744, E0745, E0764, E0770):

A NMES device provides neuromuscular electrical stimulation to strengthen muscles for therapeutic purposes. The unit is usually connected to the skin using two or more electrodes. Is typically battery operated.

Supplies for TENS or NMES devices include: electrodes, alcohol wipes, conductive paste or gel, tape or other adhesive, adhesive remover, skin preparation materials, batteries (9 volt or AA, single use or rechargeable), adapters (*e.g., snap, banana, alligator, tab, button, clip*), belt clips, lead wires, additional connecting cable for lead wires, carry pouches, covers, and battery charger (if rechargeable batteries are used).

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### Criteria:

Refer to the *Transcutaneous Electrical Nerve Stimulation (TENS)* or the *Neuromuscular Electrical Stimulation (NMES) BCBSAZ Medical Coverage Guidelines* for specific criteria to determine if TENS or NMES devices are considered medically necessary, experimental or investigational.

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## SUPPLIES FOR TRANSCUTANEOUS ELECTRICAL NERVE STIMULATION (TENS) AND NEUROMUSCULAR ELECTRICAL STIMULATION (NMES) DEVICES (cont.)

### Coding:

- The monthly supply code for TENS and NMES devices is HCPCS A4595. The A4595 monthly supply code includes: electrodes (A4556), alcohol wipes (A4245), conductive paste or gel (A4558), tape or other adhesive, adhesive remover (A4456), skin barrier materials (A4362), replacement batteries [A4630 (9 volt or AA, single use or rechargeable)], adapters (e.g., snap, banana, alligator, tab, button, clip), belt clips, additional connecting cable for lead wires, carry pouches, and covers.
- The unit limit for the TENS/NMES monthly supply HCPCS code A4595 is one (1) unit per month if the TENS/NMES device has two (2) lead wires and two (2) units per month if the TENS/NMES device has four (4) lead wires.
- No separate reimbursement or separate billing for any supplies (CPT/HCPCS) that are considered included in the monthly supply code A4595.
- The unit limit for a pair of replacement lead wires (A4557) is one (1) unit every twelve (12) months if the TENS/NMES device has two (2) lead wires and two (2) units every twelve (12) months if the TENS/NMES device has four (4) lead wires.

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### Codes:

HCPCS: A4245, A4362, A4456, A4556, A4557, A4558, A4595, A4630, E0720, E0730, E0744, E0745, E0764, E0770

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### Resources:

1. Blue Cross Blue Shield of Arizona Coding Guidelines
2. Current Procedural Terminology (CPT®), American Medical Association
3. Health Care Procedure Coding System (HCPCS®)

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