



# Know the Difference:

## Annual Physical Exam and Annual Wellness Visit



An Independent Licensee of the Blue Cross Blue Shield Association

The foundation of a member's care, the annual physical exam is an important covered service available at **no cost** to our Medicare Advantage members **one time per calendar year**. For convenience and member satisfaction, BCBSAZ specifically encourages members to schedule both their annual physical exam and an annual wellness visit during the same visit.

### Annual Physical Exam



- Covered service for BCBSAZ Medicare Advantage members **one time per calendar year**
- Physical exam appointment
- Family history and personal history review
- Review vitals and current medications
- \$50 member reward when coded appropriately

### Annual Wellness Visit



- Free benefit for Medicare members
- Interview-style appointment
- Personal prevention plan
- Review vitals and current medications
- No member rewards

**Complete BOTH visits on the same date of service!**

During this comprehensive, hands-on assessment, you can discuss health goals and develop or update a personalized plan together based on your patient's current health conditions and risk factors.

### Codes for Reimbursement

**APE:** 99385, 99386, 99387, 99395, 99396, 99397 | **AWV:** G0438, G0439, G0402



#### A note on documentation:

Good patient documentation includes screening history, dates (estimated if needed), specific screening type, and specific results.

#### Examples:

- Colonoscopy completed last year, results normal, reviewed with patient
- BP 120/70 today
- A1c 5.2% last month

### Document Completion and Results of All Health Screenings in the Medical Record

**ABA** - Adult BMI Assessment  
**CBP** - Controlling Blood Pressure  
Systolic & Diastolic

**TRC** - Medication Reconciliation Post-Discharge  
Discharge medications reconciled

#### Diabetes Care

- GSD Glycemic Status Assessment
- EED Retinal Exam
- KED Kidney Health Evaluation
- SUPD Statin Therapy

**COL** - Colorectal Cancer Screening  
**BCS** - Breast Cancer Screening  
**Urinary Incontinence Screening**  
**Immunizations**

- Yearly Flu shot
- COA** - Care for Older Adults
- Advanced Care Planning
- Pain Screening
- Medication Review
- Functional Status

#### Depression Screening Screenings for

- Fall Risk
- Home Safety
- Mental Illness, Stress, Anger, Social Isolation & Fatigue

For more information and additional provider education please visit the BCBSAZ provider landing page at [azblue.com/quality-programs](http://azblue.com/quality-programs)