

MEDICATION ADHERENCE

for three chronic conditions: **Hyperlipidemia
& Dyslipidemia, Hypertension, & Diabetes.**



MEASURE: Patients on a statin, ACEi/ARB or type 2 diabetic medication should fill their prescription to cover at least 80% of the time from first fill to the end of the calendar year.

COMMON EXCLUSIONS:

- Hospice enrollment
- ESRD
- Diabetes Exclusion: One or more prescriptions for insulin
- Hypertension Exclusion: One or more prescriptions for sacubitril/valsartan (Entresto)

BEST PRACTICES:

To help your patients stay adherent to their medications consider:

- Prescribing 90- 100 day fills
- Suggesting mail order options, if transportation is a barrier
- Scheduling follow up every 2- 3 months for new medication

HEALTH PLAN INITIATIVE: CURANT HEALTH

Blue Cross Blue Shield of Arizona (AZ Blue) has partnered with Curant Health, a trusted vendor, that reaches out to patients who are at risk of not reaching the proportion of days covered (PDC) at 80 percent or higher. Curant Health's team will also contact the patient's provider and/or pharmacy to enable the patient to stay adherent to their therapy. If you receive a call from Curant Health, be confident that they have established experience with improving patient outcomes.

For more information & additional provider education please visit [azblue.com/quality-programs](https://www.azblue.com/quality-programs).