



Arizona

An Independent Licensee of the Blue Cross Blue Shield Association

FOUNDATION FOR
COMMUNITY & HEALTH
ADVANCEMENT



Introducing the **Thiru Family Trust Momentum Maker Grant**

Funding changemaking ideas. Uplifting mental health.

As the latest grant opportunity from the Foundation for Community & Health Advancement, the Thiru Family Trust Momentum Maker grant inspires new paths to mental health and well-being in Arizona.

For 2023, we're focused on improving mental health in schools by addressing the stress, anxiety, and uncertainty faced by Arizona students, teachers, and staff.

2023 Thiru Family Trust Momentum Maker Grant Package

Valued at \$75,000, this year's grant provides three dimensions of support:



\$25,000 that the grantee determines how best to use for mental health activities that address school needs



Expert guidance provided by Teen Lifeline on policies, practices, and guidance to bolster well-being and resilience (valued at \$35,000)



Trainings and skill-building sessions (e.g., mindfulness, well-being promotion, etc.) provided by M2 Well-Being, experts in building teacher and staff capacity to strengthen their mental health (valued at \$15,000)

Schools and districts can apply. We also accept proposals from an individual applying on behalf of a specific school or district that would benefit from the grant package.

Details

The application is available on the [Arizona Community Foundation website](https://www.azbluefoundation.org).

Applications Accepted

July 10 – Aug. 10, 2023, 4 p.m. MST

Funding Date

Sept. 14, 2023

Grant Term

Sept. 15, 2023 – Sept. 14, 2024

Make a Difference with the Thiru Family Trust Momentum Maker Grant!

**Apply — or share this
opportunity with your
local school.**

For all the Thiru Family Trust Momentum Maker grant details, visit [azbluefoundation.org](https://www.azbluefoundation.org) or email us at info@azbluefoundation.org.

The Blue Cross® Blue Shield® of Arizona Foundation for Community & Health Advancement invests in the health of Arizona by tackling mental health, substance use disorder, chronic health conditions, and health equity.