The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>azblue.com/benefit2026g</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-877-475-8440 to request a copy.

| Important Questions  | Answers  | Why This Matters:   |
|--|--|---|
| What is the overall deductible?                                      | In-network and out-of-network combined: \$5,000/individual or \$10,000/family per calendar year  | Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> . Unless a <u>copay</u> , fee, or other percent is shown, the <u>coinsurance</u> percent of the <u>allowed amount</u> that you pay for most services is 0% ("no charge after <u>deductible</u> ") <u>in-network</u> and 50% <u>out-of-network</u> . |
| Are there services covered before you meet your deductible?          | Yes. In-network: primary care and specialist visits, urgent care visits, mental health outpatient services, and routine eye exams are covered before you meet your deductible.  In-network and out-of-network: prescription drugs, emergency medical transportation, and hospice services are covered before you meet your deductible. | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> .  |
| Are there other <u>deductibles</u> for specific services?            | No.  | You don't have to meet <u>deductibles</u> for specific services.  |
| What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ? | In-network: \$0/individual or \$0/family per calendar year  Out-of-network: \$20,000/individual or \$40,000/family per calendar year   | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.   |
| What is not included in the out-of-pocket limit?                     | Premiums, deductibles, copays, access fees, out-<br>of-network prior authorization charges, balance<br>bills, costs for health care this plan doesn't cover,<br>and certain other charges listed in the benefit<br>book.   | Even though you pay these expenses, they don't count toward the <u>out–of–pocket</u> <u>limit</u> .   |

| Important Questions  | Answers   | Why This Matters:  |
|--|---|--|
| Will you pay less if you use a <u>network provider</u> ?   | Yes. See <u>www.azblue.com</u> or call 1-877-475-8440 for a list of <u>in-network providers</u> . | This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |
| Do you need a <u>referral</u> to see a <u>specialist</u> ? | No.   | You can see the <u>specialist</u> you choose without a <u>referral</u> .   |

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

|   |  | What You Will Pay  |  | Limitations, Exceptions, & Other   |  |
|---|--|--|--|--|--|
| Common Medical Event  | Services You May Need                            | Network Provider (You will pay the least)                                    | Out-of-Network Provider (You will pay the most)        | Important Information  |  |
| If you visit a health care <u>provider's</u> office or clinic | Primary care visit to treat an injury or illness | \$25 <u>copay</u> , <u>deductible</u><br>does not apply                      | 50% <u>coinsurance</u> & <u>balance bill</u>           | Copay for in-network routine vision exam is \$25.  Specialist cost sharing for most chiropractic services.  Radiologist, pathologist, and dermapathologist always subject to deductible and coinsurance regardless of place of service. No charge for medical telehealth consultations through BlueCare Anywhere <sup>SM</sup> . \$300 charge if no prior authorization for out-of-network services. |  |
|   | <u>Specialist</u> visit                          | \$40 <u>copay</u> , <u>deductible</u><br>does not apply                      |  |  |  |
|   | Preventive care/screening/<br>immunization       | Office visit copay<br>(deductible does not apply)<br>or no charge            | 50% coinsurance & balance bill                         | Cost share varies based on place of service and provider's network status and type. Deductible waived for out-of-network mammography.  Ask your provider if the services needed are preventive. Then check what your plan will pay for.  |  |
| If you have a test  | Diagnostic test (x-ray, blood work)              | Office visit copay (deductible does not apply)                               |  | Cost share varies based on place of service and provider's network status and type.  |  |
|   | Imaging (CT/PET scans, MRIs)                     | or no charge after deductible.  No charge at in-network clinical laboratory. | 50% <u>coinsurance</u> & <u>balance bill</u> may apply | \$300 charge if no <u>prior authorization</u> for <u>out-of-network</u> services.  |  |

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\* For more information about limitations, exceptions, and prior authorization, see the plan or policy document at azblue.com/benefit2026g.

|   |  | What You Will Pay  |  | Limitations, Exceptions, & Other  |  |
|---|--|--|--|---|--|
| Common Medical Event  | Services You May Need                          | Network Provider (You will pay the least)  | Out-of-Network Provider (You will pay the most)                        | Important Information   |  |
| If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.azblue.com | Tier 1   | Copays (deductible does not apply): Retail: \$15 Mail Order: \$30                        | Copays (deductible does not apply): Retail: \$15 copay & balance bill  | Some drugs require <u>prior authorization</u> and won't be covered without it. <u>Copay</u> covers up to 30-day supply (retail). 90-day supply is 2.5 <u>copays</u> for retail and mail order. Mail order not covered <u>out-of-network</u> . |  |
|   | Tier 2   | Copays (deductible does not apply): Retail: \$35 Mail Order: \$70                        | Copays (deductible does not apply): Retail: \$35 copay & balance bill  |   |  |
|   | Tier 3   | Copays (deductible does<br>not apply):<br>Retail: \$65<br>Mail Order: \$130              | Copays (deductible does not apply): Retail: \$65 copay & balance bill  |   |  |
|   | Tier 4   | Copays (deductible does not apply): Retail: \$120 Mail Order: \$240                      | Copays (deductible does not apply): Retail: \$120 copay & balance bill |   |  |
|   | Specialty drugs                                | Copays (deductible does not apply): Tier A: \$30 Tier B: \$60 Tier C: \$90 Tier D: \$120 | Not covered  | Specialty <u>copay</u> covers up to a 30-day supply.  Some drugs require <u>prior authorization</u> and won't be covered without it.  |  |
| If you have outpatient surgery  | Facility fee (e.g., ambulatory surgery center) | No charge after <u>deductible</u>  | 50% coinsurance & balance bill 50% coinsurance &                       | \$300 charge if no <u>prior authorization</u> for <u>out-of-</u><br>network services.   |  |
|   | Physician/surgeon fees                         |  | balance bill may apply   | HOLWOIN SOLVICES.   |  |

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\* For more information about limitations, exceptions, and prior authorization, see the plan or policy document at azblue.com/benefit2026g.

| Common Medical Event   | Services You May<br>Need                  | What You V<br>Network Provider<br>(You will pay the least)   | Vill Pay<br>Out-of-Network Provider<br>(You will pay the most) | Limitations, Exceptions, & Other Important Information   |
|--|---|--|--|--|
| If you need immediate  | Emergency room care                       | \$200 access fee/member/facility/day,<br>then no charge after <u>deductible</u>  |  | Access fee waived if you are admitted as an inpatient to the hospital. Out-of-network providers can't balance bill for the difference between the allowed amount and the billed charge.  |
| medical attention  | Emergency medical transportation          | 20% <u>coinsurance</u> , <u>deduc</u>  | ctible does not apply  | None.  |
|  | <u>Urgent care</u>                        | \$75 <u>copay/provider/day</u> ,<br><u>deductible</u> does not apply   | 50% coinsurance & balance bill                                 | Copay applies only to providers specifically contracted for urgent care.   |
|  | Facility fee (e.g., hospital room)        | No charge after deductible   | 50% coinsurance & balance bill                                 | \$300 charge if no <u>prior authorization</u> for <u>out-of-</u>   |
| If you have a hospital   | Physician/surgeon fees                    | No charge after deductible   | 50% <u>coinsurance</u> & <u>balance bill</u> may apply         | network services.  |
| stay   | Long-term acute care (LTAC)               | No charge after deductible except 50% coinsurance after 365 days of LTAC   | 50% coinsurance plus balance bill for all days of LTAC         | \$300 charge if no <u>prior authorization</u> for <u>out-of-network</u> services.  |
| If you need mental<br>health, behavioral<br>health, or substance<br>abuse services | Outpatient services                       | \$15 <u>copay</u> for office or home visits ( <u>deductible</u> does not apply). <u>Cost share</u> waived for all other locations. | 50% <u>coinsurance</u> & balance bill may apply                | Cost share varies based on place of service and provider's network status and type. \$15 copay for counseling or psychiatric telehealth consultations through BlueCare Anywheres \$300 charge if no prior authorization for out-of-network services. |
|  | Inpatient services                        | No charge after deductible   | way apply  | Cost share waived for professional services. \$300 charge if no prior authorization for out-of-network services.   |
| If you are pregnant  | Office Visits                             | Office visit copay (deductible does not apply), or no charge after deductible  | 50% coinsurance & balance bill                                 | In-network: Other than initial copay, cost-sharing is waived on physician's global delivery fee.   |
|  | Childbirth/delivery professional services | No charge after deductible   | 50% coinsurance & balance bill may apply                       | Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> , or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere   |
|  | Childbirth/delivery facility services     | No charge after deductible   | 50% coinsurance & balance bill                                 | in the SBC (i.e. ultrasound).  |

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\* For more information about limitations, exceptions, and prior authorization, see the plan or policy document at azblue.com/benefit2026g.

| Common Medical Event   | Services You May Need   | What You Will Pay: Network Provider Out-of-Network Provider  |  | Limitations, Exceptions, & Other Important Information  |  |
|--|---|--|--|---|--|
|  |   | (You will pay the least)   | (You will pay the most)  | important information   |  |
|  | Home health care/Home infusion therapy  | No charge after deductible   | 50% coinsurance & balance bill   | \$300 charge if no <u>prior authorization</u> for <u>out-of-network</u> services.   |  |
| If you need help recovering or have other special health needs | Rehabilitation services  • EAR = Extended Active Rehabilitation Facility  • PT/OT/ST = Physical Therapy, Occupational Therapy, Speech Therapy | No charge after deductible except 50% coinsurance after 120 days per calendar year of EAR care     | 50% <u>coinsurance</u> plus<br><u>balance bill</u> for all days of<br>EAR care | \$300 charge if no <u>prior authorization</u> for <u>out-of-network</u> services.  *Limited coverage available for <u>habilitation</u> <u>services</u> to treat autism spectrum disorder for groups of 51 or more eligible employees. |  |
|  | Habilitation services   | Not covered*   | Not covered*   | groups of 51 of more eligible employees.  |  |
|  | Skilled nursing care in skilled nursing facility (SNF)  | No charge after deductible except 50% coinsurance after 180 days per calendar year of SNF care     | 50% coinsurance plus balance bill for all days of SNF care                     | \$300 charge if no <u>prior authorization</u> for <u>out-of-network</u> services.   |  |
|  | Durable medical equipment   | Office visit <u>copay</u> ( <u>deductible</u> does not apply) or no charge after <u>deductible</u> | 50% coinsurance & balance bill   | Cost share varies based on place of service and provider's network status & type. \$300 charge if no prior authorization for out-of-network services.   |  |
|  | Hospice services  | No charge  | No charge except balance bill  | \$300 charge if no <u>prior authorization</u> for <u>out-of-network</u> services.   |  |
| If your child needs dental or eye care                         | Children's eye exam   | \$25 copay, (deductible does not apply)  | 50% coinsurance & balance bill   | None.   |  |
|  | Children's glasses  | Not covered  | Not covered  | Excluded.   |  |
|  | Children's dental check-up  | Not covered  | Not covered  | Excluded.   |  |

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\* For more information about limitations, exceptions, and prior authorization, see the plan or policy document at azblue.com/benefit2026g.

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Autism spectrum disorders (not covered for groups of 2-50 eligible employees, but covered for other groups)
- Care that is not medically necessary
- Cosmetic surgery, cosmetic services & supplies
- Custodial care
- Dental care except as stated in plan
- <u>DME</u> rental/repair charges that exceed <u>DME</u> purchase price
- Experimental and investigational treatments except as stated in plan

- Eyewear except as stated in <u>plan</u>
- Fertility and infertility medication and treatment
- Flat feet treatment and services
- Genetic and chromosomal testing except as stated in plan
- <u>Habilitation services</u>, except certain autism services
   for groups of 51 or more eligible employee
- Hearing aids
- Homeopathic services
- Long-term care, except long-term acute care
- Massage therapy other than allowed under evidence-based criteria

- Naturopathic services
- Out-of-network mail order prescriptions and specialty self-injectable medications
- Private-duty nursing
- Respite care, except as stated in plan
- Routine eye care, except routine vision exams
- Routine foot care
- Sexual dysfunction treatment and services
- Smoking cessation programs and medications
- Weight loss programs and medications

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Bariatric surgery

• Chiropractic care

Non-emergency care when traveling outside the U.S.

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<sup>\*</sup> For more information about limitations, exceptions, and prior authorization, see the plan or policy document at azblue.com/benefit2026g.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

- Arizona Department of Insurance at 602-364-2499, or 1-800-325-2548 in Arizona but outside the Phoenix area or <a href="https://difi.az.gov/consumer/i/health">https://difi.az.gov/consumer/i/health</a>.
- Healthcare.gov at www.HealthCare.gov or call 1-800-318-2596
- Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>.

For more information on your rights to continue coverage, contact the insurer at 1-877-475-8440. You may also contact your state insurance department at 602-364-2499, or 1-800-325-2548 in Arizona but outside the Phoenix area.

Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

- Blue Cross Blue Shield of Arizona at 1-877-475-8440.
- You may also contact the Arizona Department of Insurance at 602-364-2499, or 1-800-325-2548 in Arizona but outside the Phoenix area.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

#### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

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<sup>\*</sup> For more information about limitations, exceptions, and prior authorization, see the plan or policy document at azblue.com/benefit2026g.

#### Notice of Availability of Language Assistance Services and Auxiliary Aids and Services

**English:** Free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 1-877-475-4799.

**Spanish:** Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. También están disponibles de forma gratuita ayuda y servicios auxiliares apropiados para proporcionar información en formatos accesibles. Llame al 602-864-4884.

Navajo: Diné bee yánitti'gogo, saad bee aná'awo' bee áka'anída'awo'ít'áá jiik'eh ná hóló. Bee ahit hane'go bee nida'anishí t'áá ákodaat'éhígíí dóó bee áka'anída'wo'í áko bee baa hane'í bee hadadilyaa bich'j' ahoot'i'ígíí éí t'áá jiik'eh hóló. Kohjj' 1-877-475-4799.

Chinese Simplified: 如果您说[中文],我们将免费为您提供语言协助服务。我们还免费提供适当的辅助工具和服务,以无障碍格式提供信息。致电 1-877-475-4799。

Chinese Traditional: 如果您說[中文],我們可以為您提供免費語言協助服務。也可以免費提供適當的輔助工具與服務,以無障礙格式提供資訊。請致電 1-877-475-4799。

**Tagalog:** Kung nagsasalita ka ng Tagalog, magagamit mo ang mga libreng serbisyong tulong sa wika. Magagamit din nang libre ang mga naaangkop na auxiliary na tulong at serbisyo upang magbigay ng impormasyon sa mga naa-access na format. Tumawag sa 1-877-475-4799.

**French:** Si vous parlez Français, des services d'assistance linguistique gratuits sont à votre disposition. Des aides et services auxiliaires appropriés pour fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le 1-877-475-4799.

Vietnamese: Nếu bạn nói tiếng Việt, chúng tôi cung cấp miễn phí các dịch vụ hỗ trợ ngôn ngữ. Các hỗ trợ dịch vụ phù hợp để cung cấp thông tin theo các định dạng dễ tiếp cận cũng được cung cấp miễn phí. Vui lòng gọi theo số 1-877-475-4799.

**German:** Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistenzdienste zur Verfügung. Entsprechende Hilfsmittel und Dienste zur Bereitstellung von Informationen in barrierefreien Formaten stehen ebenfalls kostenlos zur Verfügung. Rufen Sie 1-877-475-4799.

Korean: 한국어 를 사용하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 이용 가능한 형식으로 정보를 제공하는 적절한 보조 기구 및 서비스도 무료로 제공됩니다. 1-877-475-4799.

Russian: Если вы говорите на русский, вам доступны бесплатные услуги языковой поддержки. Соответствующие вспомогательные средства и услуги по предоставлению информации в доступных форматах также предоставляются бесплатно. Позвоните по телефону 1-877-475-4799.

#### Arabic

تنبيه: إذا كنت تتحدث اللغة العربية، فستتوفر لك خدمات المساعدة اللغوية المجانية. كما تتوفر وسائل مساعدة وخدمات مناسبة لتوفير المعلومات بتنسيقات يمكن الوصول إليها مجانًا. اتصل على الرقم 877-475-479-1.

Hindi: यदि आप हिंदी बोलते हैं, तो आपके लिए निःशुल्क भाषा सहायता सेवाएं उपलब्ध होती हैं। सुलभ प्रारूपों में जानकारी प्रदान करने के लिए उपयुक्त सहायक साधन और सेवाएँ भी निःशुल्क उपलब्ध हैं। 1-877-475-4799।

#### Farsi (Persian)

با شماره همچنین کمکها و خدمات پشتیبانی مناسب برای ارائه اطلاعات در قالبهای قابل دسترس، بهطور رایگان موجود میباشند، صحبت میکنید، خدمات پشتیبانی زیانی رایگان در دسترس شما قرار دارد.فارسیاگر توجه: 1-877-475-1.

Thai: หมายเหตุ: หากคุณใช้ภาษา ไทย เรามีบริการความช่วยเหลือด้านภาษาฟรี นอกจากนี้ ยังมีเครื่องมือและบริการช่วยเหลือเพื่อให้ข้อมูลในรูปแบบที่เข้าถึงได้โดยไม่เสียค่าใช้จ่าย โปรดโทรติดต่อ 1-877-475-4799.

Japanese: 日本語を話される場合、無料の言語支援サービスをご利用いただけます。アクセシブル(誰もが利用できるよう配慮された)な形式で情報を提供するための適切な補助支援やサービスも無料でご利用いただけます。 1-877-475-4799。

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

## **About These Coverage Examples**

This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

| ■ The <u>plan's</u> overall <u>deductible</u> | \$5,000 |
|---|---------|
| ■ Specialist copayment                        | \$40    |
| ■ Hospital (facility) coinsurance             | 0%      |
| ■ Other coinsurance                           | 0%      |

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

## Total Example Cost \$12,700

## In this example, Peg would pay:

| Cost Sharing               |         |  |
|----------------------------|---------|--|
| <u>Deductibles</u>         | \$5,000 |  |
| Copayments                 | \$80    |  |
| Coinsurance                | \$0     |  |
| What isn't covered         |         |  |
| Limits or exclusions       | \$50    |  |
| The total Peg would pay is | \$5,130 |  |

# Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

| ■ The plan's overall deductible   | \$5,000 |
|-----------------------------------|---------|
| ■ Specialist copayment            | \$40    |
| ■ Hospital (facility) coinsurance | 0%      |
| ■ Other coinsurance               | 0%      |

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

## In this example, Joe would pay:

| Cost Sharing               |       |  |
|----------------------------|-------|--|
| <u>Deductibles</u>         | \$50  |  |
| Copayments                 | \$910 |  |
| <u>Coinsurance</u>         | \$0   |  |
| What isn't covered         |       |  |
| Limits or exclusions       | \$20  |  |
| The total Joe would pay is | \$980 |  |

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

| ■ The plan's overall deductible   | \$5,000 |
|-----------------------------------|---------|
| ■ Specialist copayment            | \$40    |
| ■ Hospital (facility) coinsurance | 0%      |
| ■ Other coinsurance               | 0%      |

## This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (*crutches*)

Rehabilitation services (physical therapy)

| Y=,000 | Total Example Cost | \$2,800 |
|--------|--------------------|---------|
|--------|--------------------|---------|

## In this example, Mia would pay:

| Cost Sharing               |         |
|----------------------------|---------|
| <u>Deductibles</u>         | \$1,150 |
| Copayments                 | \$290   |
| Coinsurance                | \$190   |
| What isn't covered         |         |
| Limits or exclusions       | \$0     |
| The total Mia would pay is | \$1,630 |

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

## Discrimination is Against the Law

Blue Cross® Blue Shield® of Arizona (AZ Blue) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex (including sex characteristics, intersex traits, pregnancy or related conditions, sexual orientation, gender identity, and sex stereotypes). AZ Blue does not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex.

### AZ Blue:

- Provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language assistance services to people whose primary language is not English, which may include:
  - Qualified interpreters
  - Information written in other languages

If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, call 602-864-4884 for Spanish and 1-877-475-4799 for all other languages and other aids and services.

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Section 1557 Coordinator P.O. Box 13466 Phoenix, AZ 85002-3466 Call 602-864-2288; TTY 711 or email us at crc@azblue.com

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, **AZ Blue Section 1557 Coordinator** is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 1-800-537-7697 (TDD)

Complaint forms are available at <a href="http://www.hhs.gov/ocr/office/file/index.html">http://www.hhs.gov/ocr/office/file/index.html</a>.

This notice is available at AZ Blue's website: <u>azblue.com/nondiscrimination-notice</u>.

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