

# Ascend HMO Plus 70 7000 Plan Attachment

## Your Cost-Sharing Information

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## YOUR PLAN NETWORK

See your Summary of Benefits and Coverage (SBC) and ID card for the name of the plan network that applies to your benefit plan. You'll find the complete directory of providers in your plan's network at [MyBlue<sup>SM</sup>](#). If you do not have Internet access, would like to request a paper copy of the directory, or have questions about whether or not a certain provider is in the network, please call Blue Cross® Blue Shield® of Arizona (BCBSAZ) Customer Service at the number on your ID card. It's important to make sure your provider is in your plan network before you receive services.

## MEMBER COST SHARING AND OTHER PAYMENTS

Members pay part of the costs for benefits received under this plan. What you pay depends on your particular benefit plan, the service you receive, and the provider you choose. You may have an access fee, coinsurance, copay, deductible, or some combination of these payments as detailed in the tables that follow. You can refer to Appendix A in your Base Benefit Book for a definition of the terms. Your SBC explains which cost-share types and other payments apply to each benefit. BCBSAZ uses your claims to track whether you have met some cost-share obligations. We apply claims based on the order in which we process the claims and not based on date of service.

### COST-SHARE TABLE

Type of Cost Share	Amount of Cost Share
<b>Calendar-Year Deductible</b>	<b>\$7,000</b> per member <b>\$14,000</b> per family
<b>Out-of-Pocket Maximum</b>	<b>\$8,500</b> per member <b>\$17,000</b> per family

Until you meet your deductible, you will pay the allowed amount for most services. For services that require a copay, the calendar-year deductible is waived. If you have family coverage, there is also a calendar-year deductible for the family. Amounts counting toward an individual's calendar-year deductible will also count toward any family deductible. When the family satisfies its calendar-year deductible, it also satisfies the deductible for all the individual members. An individual member cannot contribute more than his or her individual deductible toward the family's deductible.

Cost share for ancillary services provided by an out-of-network provider at a network facility will be based on the Qualifying Payment Amount, as defined by federal law. All out-of-network cost share for these ancillary services will be counted toward any in-network deductible and cost-share limits.

Benefit	Your Cost Share
<b>Ambulance Services</b>	<b>30% coinsurance</b> (after deductible)
<b>Behavioral Health Services</b> Inpatient facility and professional services	<b>30% coinsurance</b> (after deductible)
<b>Behavioral Health Services</b> Outpatient facility and professional services	<b>Primary care provider (PCP) or specialist visit copay</b> —see the Physician Services row <b>30% coinsurance</b> (after deductible) for services you receive at other locations
<b>Behavioral Therapy Services for the Treatment of Autism Spectrum Disorder</b>	<b>PCP or specialist visit copay</b> —see the Physician Services row <b>30% coinsurance</b> (after deductible) for services you receive at other locations
<b>Cardiac and Pulmonary Rehabilitation—Outpatient Services</b>	<b>PCP or specialist visit copay</b> —see the Physician Services row <b>30% coinsurance</b> (after deductible) for professional services you receive at an outpatient facility, and any related outpatient facility charges
<b>Cataract Surgery and Keratoconus</b>	<b>PCP or specialist visit copay</b> —see the Physician Services row <b>30% coinsurance</b> (after deductible) for professional services you receive at an inpatient or outpatient facility, and any related facility charges

Benefit	Your Cost Share
<b>Chiropractic Services</b>	<p><b>Specialist visit copay</b>—see the Physician Services row. The copay does not apply if you receive only physical medicine and rehabilitation services and no other covered service during your visit.</p> <p><b>30% coinsurance</b> (after deductible) for:</p> <ul style="list-style-type: none"> <li>• Visits in which you receive only physical medicine and rehabilitation services and no other covered service</li> <li>• Chiropractic services provided at other locations</li> </ul>
<b>Clinical Trials</b>	<p><b>PCP or specialist visit copay</b>—see the Physician Services row</p> <p><b>30% coinsurance</b> (after deductible) for professional services you receive at an inpatient or outpatient facility, and any related facility charges</p>
<b>Dental Services—Medical</b>	<b>30% coinsurance</b> (after deductible)
<b>Durable Medical Equipment, Medical Supplies, and Prosthetic Appliances and Orthotics</b>	<p><b>\$0 for one</b> FDA-approved manual or electric breast pump and breast pump supplies <b>per member, per calendar year</b></p> <p><b>PCP or specialist visit copay</b>—see the Physician Services row</p> <p><b>30% coinsurance</b> (after deductible) for:</p> <ul style="list-style-type: none"> <li>• Durable medical equipment (DME) picked up at the doctor's office but billed through a DME supplier. If you have a doctor's office visit at the time you pick up your DME, medical supplies, prosthetic appliance, or orthotics, you also pay the PCP or specialist copay.</li> <li>• Services you receive at locations other than a doctor's office</li> </ul>
<b>Education and Training</b>	<p><b>\$0</b></p> <p><b>Deductible is waived</b></p>
<b>Emergency Services</b>	<p style="text-align: center;"><b>Emergency Room (ER)</b></p> <p><b>\$750 copay per member, per facility, per day</b> for ER facility and ancillary charges</p> <p><b>\$0</b> for professional services you receive while you are at the ER</p> <p style="text-align: center;"><b>Admission to the hospital from the ER</b></p> <p>If you are admitted as an inpatient:</p> <ul style="list-style-type: none"> <li>• <b>\$0 ER copay</b></li> <li>• <b>30% coinsurance</b> (after deductible) for facility and ancillary services related to the emergency, including facility and ancillary services you receive while you are at the ER, and emergency professional services you receive after admission</li> </ul> <p>If you are admitted for observation or as an outpatient:</p> <ul style="list-style-type: none"> <li>• <b>\$750 ER copay</b></li> <li>• <b>30% coinsurance</b> (after deductible) for professional, facility, and ancillary services you receive that are related to the emergency, and any related services you receive after you are admitted for observation, or as an outpatient</li> </ul>
<p><b>Eosinophilic Gastrointestinal Disorder</b></p> <p>Cost is defined here as either the allowed amount if the formula is purchased from a network provider, or billed charges if purchased from an out-of-network provider.</p>	<p><b>25%</b> of the cost of formula</p> <p><b>Deductible is waived</b></p>
<b>Family Planning—Contraceptives and Sterilization</b>	<p><b>\$0</b> for professional charges for implantation and/or removal (including follow-up care) of FDA-approved female implanted contraceptive (birth control) devices when the purpose of the procedure is contraception, as documented by your provider on the claim</p> <p><b>\$0</b> for professional and facility charges for FDA-approved female sterilization procedures when the purpose of the procedure is contraception, as documented by your provider on the claim</p> <p><b>\$0</b> for female oral contraceptives, patches, rings, and contraceptive injections</p> <p><b>\$0</b> for FDA-approved over-the-counter emergency contraception that is prescribed by a doctor or other healthcare provider</p>

Benefit	Your Cost Share
	<p><b>\$0</b> for diaphragms, cervical caps, cervical shields, female condoms, sponges, and spermicides</p> <p>For FDA-approved male sterilization procedures:</p> <ul style="list-style-type: none"> <li>• <b>PCP or specialist visit copay</b>—see the Physician Services row</li> <li>• <b>30% coinsurance</b> (after deductible) for services you receive at locations other than a doctor's office</li> </ul>
<b>Home Health Services</b>	<b>30% coinsurance</b> (after deductible)
<b>Hospice Services</b>	<p><b>\$0</b></p> <p><b>Deductible is waived</b></p>
<b>Inpatient and Outpatient Detoxification Services</b>	<p><b>PCP or specialist visit copay</b>—see the Physician Services row</p> <p><b>30% coinsurance</b> (after deductible) for services you receive at other locations</p>
<b>Inpatient Hospital</b>	<p><b>30% coinsurance</b> (after deductible)</p> <p><b>\$0</b> for professional and facility charges for FDA-approved female sterilization procedures when the purpose of the procedure is contraception, as documented by your provider on the claim</p> <p><b>\$1,000 bariatric surgery access fee</b> (in addition to deductible and coinsurance) for all bariatric surgeries. This access fee applies toward the professional charges for bariatric surgery.</p>
<b>Inpatient Rehabilitation—Extended Active Rehabilitation Services</b>	<p><b>30% coinsurance</b> (after deductible) for the first 60 days of services in a calendar year</p> <p><b>50% coinsurance</b> (after deductible) for the second 60 days of services in a calendar year. If your claim is submitted with a primary behavioral health diagnosis, you will pay the cost share applicable to the first 60 days of services in a calendar year.</p>
<b>Long-Term Acute Care—Inpatient</b>	<p><b>30% coinsurance</b> (after deductible) for the first 100 days of services</p> <p><b>50% coinsurance</b> (after deductible) for days 101-365 of services. If your claim is submitted with a primary behavioral health diagnosis, you will pay the cost share applicable to the first 100 days of services.</p>
<p><b>Maternity</b></p> <p>Global charge is a fee charged by the delivering provider that includes certain prenatal, delivery, and postnatal services.</p>	<p><b>PCP or specialist visit copay</b> (see the Physician Services row) for your first prenatal office or home visit, which covers all services included in the provider's global charge</p> <p><b>One PCP or specialist copay, per member, per provider, per day</b> for other office or home visits not included in the global charge</p> <p><b>30% coinsurance</b> (after deductible) for professional services you receive at an inpatient or outpatient facility, and any related facility charges</p> <p>Your cost-share obligations may be affected by the addition of a newborn or adopted child as described in the Eligibility for Benefits section in your Base Benefit Book. If you have coverage only for yourself and no dependents, the addition of a child will result in a change from individual coverage to family coverage, and you may be required to pay additional premium. If you currently have individual coverage, when a child is added to your plan, you will have a family deductible.</p>
<p><b>Medical Foods for Inherited Metabolic Disorders</b></p> <p>Cost is defined here as either the allowed amount if the medical foods are purchased from a network provider, or billed charges if purchased from an out-of-network provider.</p>	<p><b>30%</b> of the cost of medical foods</p> <p><b>Deductible is waived</b></p>
<b>Neuropsychological and Cognitive Testing</b>	<p><b>PCP or specialist visit copay</b>—see the Physician Services row</p> <p><b>30% coinsurance</b> (after deductible) for professional services you receive at an inpatient or outpatient facility, and any related facility charges</p>

Benefit	Your Cost Share
<p><b>Outpatient Services</b></p>	<p><b>Diagnostic Laboratory Services:</b></p> <ul style="list-style-type: none"> <li>• <b>\$0</b> if you only receive covered laboratory services at a doctor's office</li> <li>• <b>PCP or specialist visit copay</b>—see the Physician Services row for services you receive at a doctor's office</li> <li>• <b>30% coinsurance</b> (after deductible) for professional services you receive from a pathologist or dermapathologist, and services you receive at locations other than a doctor's office</li> </ul> <p><b>Radiology Services:</b></p> <ul style="list-style-type: none"> <li>• <b>PCP or specialist visit copay</b>—see the Physician Services row for services you receive at a doctor's office</li> <li>• <b>30% coinsurance</b> (after deductible) for professional services you receive from a radiologist, and services you receive at locations other than a doctor's office</li> </ul> <p><b>Outpatient Facility Services</b> (including outpatient surgery):</p> <ul style="list-style-type: none"> <li>• <b>30% coinsurance</b> (after deductible)</li> <li>• <b>\$0</b> for FDA-approved female sterilization procedures when the purpose of the procedure is contraception, as documented by your provider on the claim</li> <li>• <b>\$1,000 bariatric surgery access fee</b> (in addition to deductible and coinsurance) for all bariatric surgeries. This access fee applies toward the professional charges for bariatric surgery.</li> </ul> <p><b>Sleep Studies: 30% coinsurance</b> (after deductible)</p> <p><b>Medications Given to You at an Outpatient Facility: 30% coinsurance</b> (after deductible)</p>
<p><b>Pharmacy and Medications Benefits</b> (next two rows)</p> <p><b>Note:</b> Your cost share for any medication is based on the tier to which BCBSAZ has assigned it at the time the prescription is filled. No exceptions will be made regarding the assigned tier of a medication. BCBSAZ may change the tier of a medication at any time without notice. To confirm the status and tier of a particular medication, visit <a href="#">MyBlue</a>, or call Pharmacy Benefit Customer Service at the number on your ID card.</p>	
<p><b>Pharmacy Benefit</b></p> <p>See the Using Your Pharmacy Benefits section in your Base Benefit Book for details about your Pharmacy benefits, including how your cost share is calculated.</p>	<p><b>Retail Medications</b> (30-day supply)</p> <ul style="list-style-type: none"> <li>• Tier 1: <b>\$35 copay</b></li> <li>• Tier 2: <b>\$75 copay</b></li> <li>• Tier 3: <b>\$100 copay</b></li> <li>• Tier 4 (including compounded medications): <b>\$200 copay</b></li> </ul> <p><b>Mail Order Medications</b> (90-day supply)</p> <ul style="list-style-type: none"> <li>• Tier 1: <b>\$70 copay</b></li> <li>• Tier 2: <b>\$150 copay</b></li> <li>• Tier 3: <b>\$200 copay</b></li> <li>• Tier 4: <b>\$400 copay</b></li> </ul> <p><b>Specialty Medications</b> (30-day supply of most medications)</p> <ul style="list-style-type: none"> <li>• Tier A: <b>\$60 copay</b></li> <li>• Tier B: <b>\$110 copay</b></li> <li>• Tier C: <b>\$160 copay</b></li> <li>• Tier D: <b>\$210 copay</b></li> </ul> <p>You may obtain up to a 90-day supply of covered maintenance medications at a network retail pharmacy (keep in mind that not all medications are available for more than a 30- or 60-day supply). If you receive a 31- to 60-day supply of medication, you will pay two times the applicable cost share for a 30-day supply. If you receive a 61- to 90-day supply of medication from a network retail pharmacy, you will pay two and a half times the 30-day cost share. Your cost share will be different depending on the type of pharmacy, how much of the medication you're getting, and the tier of the medication.</p> <p>If you purchase a brand-name medication when a generic equivalent is available, you will pay the <b>tier 1 copay plus the difference between the allowed amounts for the generic and brand-name medications</b>, even if the prescribing provider indicates on the prescription that the brand-name</p>

Benefit	Your Cost Share
	<p>medication is what you should have. If you have completed step therapy and are taking a brand-name drug with a generic equivalent as a result of the step therapy process, you pay the cost share that applies to the brand-name medication.</p> <p><b>\$0</b> for preventive medications and covered vaccines. BCBSAZ determines:</p> <ul style="list-style-type: none"> <li>• Which medications are considered preventive,</li> <li>• Which vaccines are covered, <b>and</b></li> <li>• For which there is a \$0 cost share</li> </ul> <p><b>\$0</b> for the generic version of certain covered preventive medications or items; <b>applicable cost share</b> for the brand-name version. You may request an exception for waiver of cost share (see the Preventive Services section in your Base Benefit Book) for the brand-name version of a preventive medication or item.</p> <p><b>\$0</b> for the following female contraceptive (birth control) methods when your provider prescribes them for the purpose of contraception:</p> <ul style="list-style-type: none"> <li>• FDA-approved brand oral, patch, vaginal ring, and injectable contraceptives with no generic equivalent components</li> <li>• FDA-approved diaphragms, cervical caps, and cervical shields</li> <li>• FDA-approved emergency contraception for members of any age</li> <li>• FDA-approved generic oral, patch, vaginal ring, and injectable contraceptives</li> <li>• Female condoms</li> <li>• Sponges and spermicides</li> </ul>
<p><b>Medications for the Treatment of Cancer</b></p>	<p><b>30% coinsurance</b> (after deductible) for medications you purchase through your medical benefit</p> <p>See the Pharmacy Benefit cost-share row to determine your cost share for services you receive through the Pharmacy benefit.</p>
<p>For cancer treatment medications that are also classified as specialty medications, you pay the tier 1 pharmacy copay. For certain cancer treatment medications, as determined by BCBSAZ, you will receive a <b>15-day supply</b>, and pay <b>one-half of the tier 1</b> pharmacy copay the first time you receive it. You will be able to refill the medication every 15 days, and you will continue to pay one-half of the tier 1 pharmacy copay for each refill during your first three months using the medication. If you have side effects from the medication during the three-month period, your prescribing doctor may change your medication. If you tolerate the medication, you will be able to refill the cancer treatment medication for up to 30 days after your first three months of treatment.</p>	
<p><b>Physical Therapy, Occupational Therapy, and Speech Therapy Services</b></p>	<p><b>30% coinsurance</b> (after deductible)</p>
<p><b>Physician Services</b></p> <p>Your cost share will be waived if you receive covered preventive services only during your visit.</p>	<p><b>\$25 copay</b> when you see your designated PCP or have a referral from your designated PCP to a network non-designated PCP</p> <p><b>\$100 copay</b> when you see a specialist</p> <p><b>One copay per member, per provider, per day</b> for services you receive during an office, home, or walk-in clinic visit</p> <p><b>\$0</b> if you only receive the following services and no other covered service during your office, home, or walk-in clinic visit:</p> <ul style="list-style-type: none"> <li>• Covered allergy injections</li> <li>• Covered immunizations</li> <li>• Covered laboratory services</li> </ul> <p><b>\$0</b> for the following when the purpose is female contraception (birth control), as documented by your provider on the claim:</p> <ul style="list-style-type: none"> <li>• Professional services for FDA-approved female sterilization procedures, regardless of the location of service</li> <li>• Professional services for fitting, implantation, and/or removal (including follow-up care) of FDA-approved female contraceptive devices</li> <li>• FDA-approved implanted female contraceptive devices</li> <li>• The following FDA-approved generic and brand-with-no-generic-equivalent prescription hormonal and barrier contraceptive methods and devices:</li> </ul>

Benefit	Your Cost Share
	<p>patches, rings, contraceptive injections, diaphragms, cervical caps, cervical shields, female condoms, sponges, and spermicides</p> <p><b>30% coinsurance</b> (after deductible) for:</p> <ul style="list-style-type: none"> <li>• Covered physical therapy, occupational therapy, speech therapy</li> <li>• PCP and specialist services provided at locations other than a doctor's office, home, or walk-in clinic</li> <li>• Professional services you receive from a radiologist or pathologist, including a dermatopathologist, and professional services you receive that are related to a sleep study, even when the services are provided at a doctor's office</li> <li>• Medications given to you at a doctor's office</li> </ul>
<b>Post-Mastectomy Services</b>	<p><b>PCP or specialist visit copay</b>—see the Physician Services row</p> <p><b>30% coinsurance</b> (after deductible) for professional services you receive at an inpatient or outpatient facility, and any related facility charges</p>
<b>Pregnancy, Termination</b>	<p><b>PCP &amp; specialist office visit copays</b>—see the Physician Services row</p> <p><b>30% coinsurance</b> (after deductible) for professional services you receive at an inpatient or outpatient facility, and any related facility charges</p>
<p><b>Preventive Services</b></p> <p>You pay applicable cost share for any tests, procedures, or services not covered in the Preventive Services section in your Base Benefit Book.</p>	<p><b>\$0</b> regardless of the location where services are provided if:</p> <ul style="list-style-type: none"> <li>• You receive one of the services covered as explained in the Preventive Services section in your Base Benefit Book;</li> <li>• The procedure code, the diagnosis code, or the combination of procedure and diagnosis codes billed by your provider on the line of the claim indicates the service is preventive; <b>and</b></li> <li>• The primary purpose of the visit at which you received the services was preventive care.</li> </ul> <p><b>\$0</b> for the generic version of certain covered preventive medications or items; <b>applicable cost share</b> for the brand-name version. You may request an exception for waiver of cost share (see the Preventive Services section in your Base Benefit Book) for the brand-name version of a preventive medication or item.</p>
<b>Reconstructive Surgery and Services</b>	<p><b>PCP or specialist visit copay</b>—see the Physician Services row</p> <p><b>30% coinsurance</b> (after deductible) for professional services you receive at an inpatient or outpatient facility, and any related facility charges</p>
<b>Skilled Nursing Facility</b>	<p><b>30% coinsurance</b> (after deductible) for the first 90 days of services in a calendar year</p> <p><b>50% coinsurance</b> (after deductible) for the second 90 days of services in a calendar year. If your claim is submitted with a primary behavioral health diagnosis, you will pay the cost share applicable to the first 90 days of services in a calendar year.</p>
<p><b>Telehealth Services—BlueCare Anywhere<sup>SM</sup></b></p> <p>Telehealth services are video consultations you have with a provider using BCBSAZ's BlueCare Anywhere service.</p>	<p><b>\$0</b> for telehealth medical consultations</p> <p><b>\$20 copay</b> for telehealth counseling sessions provided by a counselor</p> <p><b>\$45 copay</b> for telehealth psychiatric consultations provided by a psychiatrist</p>
<b>Telehealth Services—Network Providers</b>	<p>You pay the cost-share amounts that apply to the services you receive via telehealth (remote services performed by the provider) along with the cost-share amounts that apply to the services you receive in-person at your physical location.</p> <p><b>Example:</b> If you are at a PCP's office and have a consultation with a remote specialist, you will pay the cost share applicable for a PCP office visit and the cost share applicable for a specialist office visit or consultation. If you are at home and receive a consultation from a remote specialist, you will pay only the specialist cost share because no other provider is involved at your location.</p>



Benefit	Your Cost Share
<b>Transplant Travel and Lodging</b>	<b>\$0</b> <b>Deductible is waived</b> Maximum reimbursement of <b>\$10,000 per member, per transplant</b>
<b>Transplants—Organ, Tissue, and Bone Marrow and Stem Cell Procedures</b>  If both a donor and a transplant recipient are covered by a BCBSAZ plan or a plan administered by BCBSAZ, the transplant recipient pays the cost share related to the transplant.	<b>PCP or specialist visit copay</b> —see the Physician Services row <b>30% coinsurance</b> (after deductible) for professional services you receive at an inpatient or outpatient facility, and any related facility charges
<b>Travel Reimbursement—Outside Service Area</b>	<b>\$0</b> <b>Deductible is waived</b>
<b>Urgent Care</b>	<b>\$75 copay per member, per provider, per day</b> for services you receive from a provider that is contracted with the plan network to offer urgent care services <b>PCP or specialist visit copay</b> (see the Physician Services row) for services you receive during an office, home, or walk-in clinic visit from a plan network provider that is not specifically contracted for urgent care services <b>30% coinsurance</b> (after deductible) for urgent care services you receive from any other type of provider  See the Emergency Services row for cost share if you receive services from certain providers, such as hospitals, that are not specifically contracted with the plan network as urgent care providers.

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