Individual PPO BlueOptimumSM Plus 80 5000 Plan Attachment

Your Cost-Sharing Information

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YOUR PLAN NETWORK

See your ID card for the name of the plan network that applies to your benefit plan. You'll find the complete directory of providers in your plan's network at <u>MyBlue</u>SM. If you do not have Internet access, would like to request a paper copy of the directory, or have questions about whether or not a certain provider is in the network, please call Blue Cross[®] Blue Shield[®] of Arizona (BCBSAZ) Customer Service at the number on your ID card. It's important to make sure your provider is in your plan network before you receive services.

MEMBER COST SHARING AND OTHER PAYMENTS

Members pay part of the costs for benefits received under this plan. What you pay depends on your particular benefit plan, the service you receive, and the provider you choose. You may have an access fee, balance bill, coinsurance, copay, deductible, precertification charge, or some combination of these payments as detailed in the tables that follow. You can refer to Appendix A in your Base Benefit Book for a definition of the terms. Your SBC explains which cost-share types and other payments apply to each benefit. BCBSAZ uses your claims to track whether you have met some cost-share obligations. We apply claims based on the order in which we process the claims and not based on date of service.

COST-SHARE TABLE

Type of Cost Share	In-Network	Out-of-Network
Calendar-Year Deductible	\$5,000 per member \$10,000 per family	\$5,500 per member \$11,000 per family
Out-of-Pocket Coinsurance Maximum	\$3,000 per member	\$6,000 per member

Until you meet your deductible, you will pay the allowed amount for most services, plus the balance bill for out-ofnetwork services. For services that require a copay, the calendar-year deductible is waived. If you have family coverage, there is also a calendar-year deductible for the family. Amounts counting toward an individual's calendar-year deductible will also count toward any family deductible. When the family satisfies its calendar-year deductible, it also satisfies the deductible for all the individual members. An individual member cannot contribute more than his or her individual deductible toward the family's deductible.

Cost share for ancillary services provided by an out-of-network provider at an in-network facility will be based on the Qualifying Payment Amount, as defined by federal law. All out-of-network cost share for these ancillary services will be counted toward any in-network deductible and cost-share limits.

Benefit	In-Network Cost Share	Out-of-Network Cost Share
Ambulance Services	20% coinsurance Deductible is waived	
Behavioral Health Services Inpatient facility and professional services	20% coinsurance (after deductible)	40% coinsurance (after deductible) + balance bill
Behavioral Health Services Outpatient facility and professional services	 \$15 copay per member, per provider, per day for services you receive during an office, home, or walk-in clinic visit 20% coinsurance (after deductible) for services you receive at other locations 	40% coinsurance (after deductible) + balance bill
Cancer Clinical Trials	 \$35 copay for primary care provider (PCP) visit \$60 copay for specialist visit 20% coinsurance (after deductible) for professional services you receive at an inpatient or outpatient facility, and any related facility charges 	40% coinsurance (after deductible) + balance bill
Cardiac and Pulmonary Rehabilitation—Outpatient Services	 \$35 copay for PCP visit \$60 copay for specialist visit 20% coinsurance (after deductible) for professional services you receive at an outpatient facility, and any related outpatient facility charges 	40% coinsurance (after deductible) + balance bill

Benefit	In-Network Cost Share	Out-of-Network Cost Share
	\$35 copay for PCP visit	
Cataract Surgery	\$60 copay for specialist visit	
	20% coinsurance (after deductible) for	40% coinsurance (after deductible) + balance bill
and Keratoconus	professional services you receive at an	
	inpatient or outpatient facility, and any related facility charges	
	\$60 specialist copay per member, per provider, per day for services you	
	receive during an office, home, or walk-in	
	clinic visit. The copay does not apply if	
	you receive only physical medicine and rehabilitation services and no other	
Chiropractic Services	covered service during your visit.	40% coinsurance (after deductible) + balance bill
	20% coinsurance (after deductible) for:	
	Chiropractic services provided at other locations	
	Visits in which you receive only	
	physical medicine and rehabilitation services and no other covered service	
		40% coinsurance (after deductible) +
Dental Services—Medical	20% coinsurance (after deductible)	balance bill
	\$0 for one FDA-approved manual or	
	electric breast pump and breast pump supplies per member, per calendar year	
	\$35 copay for PCP visit	
	\$60 copay for specialist visit	
_	20% coinsurance (after deductible) for:	
Durable Medical Equipment, Medical	Durable medical equipment (DME)	40% coinsurance (after deductible) +
Supplies, and Prosthetic	picked up at the doctor's office but	balance bill
Appliances and Orthotics	billed through a DME supplier. If you have a doctor's office visit at the time	
	you pick up your DME, medical	
	supplies, prosthetic appliance, or orthotics, you also pay the PCP or	
	specialist copay.	
	 Services you receive at locations other them a deptor's office 	
	than a doctor's office	Not covered out of network: Diabetes
	\$0	and asthma education and training
Education and Training	Deductible is waived	40% coinsurance (after deductible) +
		balance bill for nutritional counseling and training
		rgency services, even for services from out-
	of-network providers. Emergency Room (ER)	
	\$150 ER access fee per member, per facility, per day + 20% in-network	
	coinsurance (after in-network deductible)	
	Admission to the Hospital From the ER	
	If you are admitted as an inpatient:	
Emergency Services	 \$0 ER access fee 20% in-network coinsurance (after in-network deductible) for facility and ancillary 	
	• 20% In-network consurance (after in-network deductible) for facility and anchiary services related to the emergency, including facility and ancillary services you	
	receive while you are at the ER, and emergency professional services you receive after admission	
	If you are admitted for observation or as an outpatient:	
	• \$150 ER access fee	
		network deductible) for professional, facility,
l	and ancillary services you receive that are related to the emergency, and any	

Benefit	In-Network Cost Share	Out-of-Network Cost Share
	related services you receive after you ar outpatient	e admitted for observation, or as an
Eosinophilic Gastrointestinal Disorder	20% of the cost of formula	25% of the cost of formula
	Deductible is waived	Deductible is waived
Cost is defined here as either the if purchased from an out-of-netwo	allowed amount if the formula is purchased fro rk provider.	om an in-network provider, or billed charges
Family Planning— Contraceptives and Sterilization	 \$0 for professional charges for implantation and/or removal (including follow-up care) of FDA-approved female implanted contraceptive (birth control) devices when the purpose of the procedure is contraception, as documented by your provider on the claim \$0 for professional and facility charges for FDA-approved female sterilization procedures when the purpose of the procedure is contraception, as documented by your provider on the claim \$0 for female oral contraceptives, patches, rings, and contraceptive injections \$0 for FDA-approved over-the-counter emergency contraception that is prescribed by a doctor or other healthcare provider \$0 for diaphragms, cervical caps, cervical shields, female condoms, sponges, and spermicides For FDA-approved male sterilization procedures: \$35 copay for PCP visit \$60 copay for specialist visit 20% coinsurance (after deductible) for services you receive at locations other than a doctor's office 	40% coinsurance (after deductible) + balance bill
Home Health Services	20% coinsurance (after deductible)	40% coinsurance (after deductible) + balance bill
Hospice Services	\$0 Deductible is waived	\$0 + balance bill Deductible is waived
Inpatient and Outpatient Detoxification Services	 \$35 copay for PCP visit \$60 copay for specialist visit 20% coinsurance (after deductible) for services you receive at other locations 	40% coinsurance (after deductible) + balance bill
\$0 for professional and facility charge FDA-approved female sterilization procedures when the purpose of the procedure is contraception, as documented by your provider on the\$1,000 bariatric surgery access female	procedures when the purpose of the	40% coinsurance (after deductible) + balance bill
	\$1,000 bariatric surgery access fee (in accoinsurance) for all bariatric surgeries. This charges for bariatric surgery.	

Benefit	In-Network Cost Share	Out-of-Network Cost Share	
Inpatient Rehabilitation— Extended Active Rehabilitation Services	 20% coinsurance (after deductible) for the first 60 days of services in a calendar year 50% coinsurance (after deductible) for the second 60 days of services in a calendar year (this amount does not count toward your out-of-pocket coinsurance maximum) 	 40% coinsurance (after deductible) + balance bill for the first 60 days of services in a calendar year 50% coinsurance (after deductible) + balance bill for the second 60 days of services in a calendar year (this amount does not count toward your out-of-pocket coinsurance maximum) 	
	If your claim is submitted with a primary behavioral health diagnosis, you will pay the cost share applicable to the first 60 days of services in a calendar year, and your coinsurance will count toward the applicable out-of-pocket coinsurance maximum, regardless of how many days of extended active rehabilitation services you have received in a calendar year.		
	20% coinsurance (after deductible) for the first 100 days of services	40% coinsurance (after deductible) + balance bill for the first 100 days of services	
Long-Term Acute Care— Inpatient	50% coinsurance (after deductible) for days 101-365 of services (this amount does not count toward your out-of-pocket coinsurance maximum)	50% coinsurance (after deductible) + balance bill for the 101-365 days of services (this amount does not count toward your out-of-pocket coinsurance maximum)	
	If your claim is submitted with a primary behavioral health diagnosis, you will pay the cost share applicable to the first 100 days of services, and your coinsurance will count toward the applicable out-of-pocket coinsurance maximum, regardless of how many days of long-term acute care services you have received.		
	\$35 copay for PCP visit		
Maternity—Complications of Pregnancy Only	\$60 copay for specialist visit 20% coinsurance (after deductible) for professional services you receive at an inpatient or outpatient facility, and any related facility charges	40% coinsurance (after deductible) + balance bill	
Benefits section in your Base Bene child will result in a change from in	Your cost-share obligations may be affected by the addition of a newborn or adopted child, as described in the Eligibility for Benefits section in your Base Benefit Book. If you have coverage only for yourself and no dependents, the addition of a child will result in a change from individual coverage to family coverage, and you may be required to pay additional premium. If you currently have individual coverage, when a child is added to your plan, you will have a family deductible.		
Medical Foods for Inherited Metabolic Disorders	20% of the cost of medical foods (this amount does not count toward your out- of-pocket coinsurance maximum) Deductible is waived	40% of the cost of medical foods (this amount does not count toward your out- of-pocket coinsurance maximum) Deductible is waived	
Cost is defined here as either the a charges if purchased from an out-	llowed amount if the medical foods are purch f-network provider.	ased from an in-network provider, or billed	
Neuropsychological and Cognitive Testing	 \$35 copay for PCP visit \$60 copay for specialist visit 20% coinsurance (after deductible) for professional services you receive at an inpatient or outpatient facility, and any related facility charges 	40% coinsurance (after deductible) + balance bill	
Outpatient Services	 Diagnostic Laboratory Services: \$35 PCP copay or \$60 specialist copay for services you receive at a doctor's office (waived if you receive only covered lab services during your visit) 20% coinsurance (after deductible) for professional services you receive from a pathologist or dermapathologist, and services you receive at locations other than a doctor's office 	40% coinsurance (after deductible) + balance bill	

Benefit	In-Network Cost Share	Out-of-Network Cost Share
	Radiology Services:	
	 \$35 PCP copay or \$60 specialist copay for services you receive at a doctor's office 	
	• 20% coinsurance (after deductible) for professional services you receive from a radiologist, and services you receive at locations other than a doctor's office	
	Outpatient Facility Services (including outpatient surgery):	
	• 20% coinsurance (after deductible)	
	 \$0 for FDA-approved female sterilization procedures when the purpose of the procedure is contraception, as documented by your provider on the claim 	
	Sleep Studies: 20% coinsurance (after deductible)	
	Medications Given to You at an Outpatient Facility: 20% coinsurance (after deductible)	
	\$1,000 bariatric surgery access fee (in ad coinsurance) for all bariatric surgeries. This charges for bariatric surgery.	
Pharmacy and Medications B	enefite (pext two rows)	
is filled. No exceptions will be mad	ication is based on the tier to which BCBSAZ e regarding the assigned tier of a medication. ce. To confirm the status and tier of a particul ce at the number on your ID card.	BCBSAZ may change the tier of a
	Retail Medications (30-day supply)	
	 Tier 1: \$15 copay 	The following are not covered when
	• Tier 2: \$40 copay	obtained from out-of-network pharmacies:
	• Tier 3: \$70 copay	90-day supply at retail
	 Tier 4 (including compounded medications): \$120 copay 	 Mail order medications Specialty medications
	Mail Order Medications (90-day supply)	• Specially medications
	 Tier 1: \$15 copay 	You must pay the full cost for retail
	• Tier 2: \$70 copay	prescriptions purchased from an out-
	• Tier 3: \$195 copay	of-network pharmacy and submit a claim to BCBSAZ. You will be
Pharmacy Benefit	• Tier 4: \$360 copay	reimbursed at the in-network level of
See the Using Your Pharmacy Benefits section in your Base	Specialty Medications (30-day supply of most medications)	benefits, up to the allowed amount. You will be responsible for any balance bill,
Benefit Book for details about	• Tier A: \$50 copay	including the difference between the allowed amounts for the generic and
your Pharmacy benefits, including how your cost share is	• Tier B: \$100 copay	brand name medications.
calculated.	• Tier C: \$200 copay	
	• Tier D: \$400 copay	
	You may obtain up to a 90-day supply of covered maintenance medications at a network retail pharmacy (keep in mind that not all medications are available for more than a 30- or 60-day supply). If you receive a 31- to 60-day supply of medication, you will pay two times the applicable cost share for a 30-day supply. If you receive a 61- to 90-day supply of medication from a network retail	 To find cost information for a medication: Log in to <u>MyBlue</u> Under "Pharmacy," click Prescription Benefits & Tools to go to the "My Medicine Cabinet" page At the top of the page, select "Member Tools > Drug Pricing"
	pharmacy, you will pay three times the 30- day cost share. Your cost share will be	

Benefit	In-Network Cost Share	Out-of-Network Cost Share
	different depending on the type of pharmacy, how much of the medication you're getting, and the tier of the medication.	
	If you purchase a brand-name medication when a generic equivalent is available, you will pay the tier 1 copay plus the difference between the allowed amounts for the generic and brand- name medications, even if the prescribing provider indicates on the prescription that the brand-name medication is what you should have. If you have completed step therapy and are taking a brand-name drug with a generic equivalent as a result of the step therapy process, you pay the cost share that applies to the brand-name medication. \$0 for preventive medications and	
	 Which medications are considered preventive, 	
	 Which vaccines are covered, and For which there is a \$0 cost share 	
	 \$0 for the generic version of certain covered preventive medications or items; applicable cost share for the brandname version. You may request an exception for waiver of cost share (see the Preventive Services section in your Base Benefit Book) for the brandname version of a preventive medication or item. 	
	\$0 for the following female contraceptive (birth control) methods when your provider prescribes them for the purpose of contraception and obtained from an in- network pharmacy:	
	 FDA-approved brand oral, patch, vaginal ring, and injectable contraceptives with no generic equivalent components 	
	 FDA-approved diaphragms, cervical caps, and cervical shields EDA approved amorganay 	
	 FDA-approved emergency contraception for members of any age FDA-approved generic oral, patch, vaginal ring, and injectable contraceptives 	
	Female condomsSponges and spermicides	
	20% coinsurance (after deductible) for medications you purchase through your medical benefit See the Pharmacy Benefit cost-share row to determine your cost share for services you receive through the Pharmacy benefit.	40% coinsurance (after deductible) + balance bill
Medications for the Treatment of Cancer	For cancer treatment medications that are also classified as specialty medications, you pay the tier 1 pharmacy copay. For certain cancer treatment medications, as determined by BCBSAZ, you will receive a 15-day supply , and pay one-half of the tier 1 pharmacy copay the first time you	Not covered

Benefit	In-Network Cost Share	Out-of-Network Cost Share
	receive it. You will be able to refill the medication every 15 days, and you will continue to pay one-half of the tier 1 pharmacy copay for each refill during your first three months using the medication. If you have side effects from the medication during the three-month period, your prescribing doctor may change your medication. If you tolerate the medication, you will be able to refill the cancer treatment medication for up to 30 days after your first three months of treatment.	
Physical Therapy, Occupational Therapy, and Speech Therapy Services	20% coinsurance (after deductible)	40% coinsurance (after deductible) + balance bill
Physician Services Your cost share will be waived if you receive covered preventive services only from an in-network doctor during your visit.	 One \$35 PCP copay or one \$60 specialist copay per member, per provider, per day for services you receive during an office, home, or walk-in clinic visit \$0 if you only receive the following services and no other covered service during your office, home, or walk-in clinic visit: Covered allergy injections Covered laboratory services \$0 for the following when the purpose is female contraception (birth control), as documented by your provider on the claim: Professional services for FDA- approved female sterilization procedures, regardless of the location of service Professional services for fitting, implantation, and/or removal (including follow-up care) of FDA-approved female contraceptive devices FDA-approved implanted female contraceptive devices FDA-approved implanted female contraceptive devices The following FDA-approved generic and brand-with-no-generic-equivalent prescription hormonal and barrier contraceptive methods and devices: patches, rings, contraceptive injections, diaphragms, cervical caps, cervical shields, female condoms, sponges, and spermicides 20% coinsurance (after deductible) for: Covered physical therapy, occupational therapy, and speech therapy PCP and specialist services provided at locations other than a doctor's office, home, or walk-in clinic Professional services you receive from a radiologist or pathologist, including a dermapathologist, and professional services you receive that are related to a sleep study, even when the services are provided at a doctor's office Medications given to you at a doctor's	40% coinsurance (after deductible) + balance bill

Benefit	In-Network Cost Share	Out-of-Network Cost Share
	office	
See the Outpatient Services row for	or more information on cost-share amounts for	covered services.
Post-Mastectomy Services	 \$35 copay for PCP visit \$60 copay for specialist visit 20% coinsurance (after deductible) for professional services you receive at an inpatient or outpatient facility, and any related facility charges 	40% coinsurance (after deductible) + balance bill
Pregnancy, Termination	 \$35 copay for PCP visit \$60 copay for specialist visit 20% coinsurance (after deductible) for professional services you receive at an inpatient or outpatient facility, and any related facility charges 	40% coinsurance (after deductible) + balance bill
Preventive Services You pay applicable cost share for any tests, procedures, or services not covered in the Preventive Services section in your Base Benefit Book. All preventive services except for mammography and foreign travel immunizations must be received from in-network providers, or the services will not be covered.	 \$0 regardless of the location where services are provided if: You receive one of the services covered as explained in the Preventive Services section in your Base Benefit Book; The procedure code, the diagnosis code, or the combination of procedure and diagnosis codes billed by your provider on the line of the claim indicates the service is preventive; and The primary purpose of the visit at which you received the services was preventive care \$0 for the generic version of certain covered preventive medications or items; applicable cost share for the brandname version. You may request an exception for waiver of cost share (see the Preventive Services section in your Base Benefit Book) for the brandname version of a preventive medication or item. 	40% coinsurance (after deductible) + balance bill for mammography services and foreign travel immunizations
Reconstructive Surgery and Services	 \$35 copay for PCP visit \$60 copay for specialist visit 20% coinsurance (after deductible) for professional services you receive at an inpatient or outpatient facility, and any related facility charges 	40% coinsurance (after deductible) + balance bill
Skilled Nursing Facility	 20% coinsurance (after deductible) for the first 90 days of services in a calendar year 50% coinsurance (after deductible) for the second 90 days of services in a calendar year (this amount does not count toward your out-of-pocket coinsurance maximum) If your claim is submitted with a primary beh cost share applicable to the first 90 days of coinsurance will count toward your out-of-pochow many days of skilled nursing facility ser year. 	services in a calendar year, and your ocket coinsurance maximum, regardless of

Benefit	In-Network Cost Share	Out-of-Network Cost Share
Telehealth Services— BlueCare Anywhere ^{s™}	\$10 copay for telehealth medical consultations	
Telehealth services are video consultations you have with a provider using BCBSAZ's BlueCare Anywhere service.	\$15 copay for telehealth counseling sessions provided by a counselor and psychiatric consultations provided by a psychiatrist	Not covered
Telehealth Services—	You pay the cost-share amounts that apply to the services you receive via telehealth (remote services performed by the provider) along with the cost-share amounts that apply to the services you receive in-person at your physical location. Example: If you are at a PCP's office and	Not covered, except for emergency and urgent services. In those cases, you pay the cost-share amounts applicable to all services provided via telehealth. You will always pay in-network cost share for emergency services provided via telehealth.
In-Network Providers	have a consultation with a remote specialist, you will pay the cost share applicable for a PCP office visit and the cost share applicable for a specialist office visit or consultation. If you are at home and receive a consultation from a remote specialist, you will pay only the specialist cost share because no other provider is involved at your location.	
Transplant or Gene	\$0	
Therapy Travel and	Deductible	
Lodging	Maximum reimbursement of \$10,000 per member, per transplant or gene therapy treatment	
Transplants—Organ, Tissue, and Bone Marrow and Stem Cell Procedures If both a donor and a transplant recipient are covered by a BCBSAZ plan or a plan administered by BCBSAZ, the transplant recipient pays the cost share related to the transplant.	 \$35 copay for PCP visit \$60 copay for specialist visit 20% coinsurance (after deductible) for professional services you receive at an inpatient or outpatient facility, and any related facility charges 	40% coinsurance (after deductible) + balance bill
Urgent Care	\$75 copay per member, per provider, per day for services you receive from a provider that is contracted with the plan network to offer urgent care services	
	\$35 PCP copay or \$60 specialist copay for services you receive during an office, home or walk-in clinic visit from an in- network provider that is not specifically contracted for urgent care services	40% coinsurance (after deductible) + balance bill
	20% coinsurance (after deductible) for urgent care services you receive from any other type of provider	
	See the Emergency Services row for cost sl providers, such as hospitals, that are not sp as urgent care providers.	

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