# Individual PPO BluePortfolio<sup>sM</sup> Plus 1750 70 Plan Attachment

**Your Cost-Sharing Information** 

azblue.com/MyBlue



An Independent Licensee of the Blue Cross Blue Shield Association

# ABOUT YOUR PLAN

Your plan is a **high-deductible health plan** designed for use with a Health Savings Account (HSA). An HSA is a tax-exempt trust or custodial account established with a qualified financial institution. You use the funds in the HSA to pay for qualified (approved) medical expenses, as well as to save for the future.

You must meet certain criteria to open an HSA. Enrolling in this plan does not automatically qualify you to open an HSA. If you're not sure whether you meet the criteria for opening an HSA, check with your tax or legal advisor.

Utilizing coupons or other discount programs to obtain covered medications may disqualify the federal taxpreferred status of your HSA. We recommend you consult an attorney or tax advisor if you plan to use coupons or discount programs for prescription medications.

BCBSAZ is not an HSA trustee or custodian, and does not provide tax, legal, or investment advice about HSAs. BCBSAZ does not make any contributions to an HSA. Federal and state regulations governing HSAs are subject to change.

#### Your Responsibilities

Members with HSAs are responsible for telling BCBSAZ about any changes that apply to their health plan accruals (your deductibles and out-of-pocket maximums). Sometimes, you may pay less than your normal cost share for a service or medication, and BCBSAZ will be unaware of the discount. For example, a doctor might offer you a discount for paying with cash on the day of your appointment. Or, you might use a coupon that offers a discount on your share of the cost of a drug. If you pay less than your normal cost share and your provider submits a claim, you must tell BCBSAZ about the reduction so BCBSAZ can make sure your deductible and out-of-pocket maximum are corrected. If you do not tell us about these adjustments as they happen, it could result in inaccurate tracking of your deductible(s) and/or your out-of-pocket maximum(s), and jeopardize your status as an HSA-eligible individual.

If your deductible is waived for a service or item that is not provided for a preventive purpose, you may not be able to contribute or withdraw funds from your HSA, and you may be subject to a tax penalty on funds withdrawn from your HSA. If your deductible is being waived for a service or item you are receiving for a non-preventive purpose, contact BCBSAZ Customer Service right away to let us know.

#### YOUR PLAN NETWORK

See your ID card for the name of the plan network that applies to your benefit plan. You'll find the complete directory of providers in your plan's network at <u>MyBlue</u><sup>SM</sup>. If you do not have Internet access, would like to request a paper copy of the directory, or have questions about whether or not a certain provider is in the network, please call Blue Cross<sup>®</sup> Blue Shield<sup>®</sup> of Arizona (BCBSAZ) Customer Service at the number on your ID card. It's important to make sure your provider is in your plan network before you receive services.

### MEMBER COST SHARING AND OTHER PAYMENTS

Members pay part of the costs for benefits received under this plan. What you pay depends on your particular benefit plan, the service you receive, and the provider you choose. You may have an access fee, balance bill, coinsurance, deductible, prior authorization charge, or some combination of these payments as detailed in the tables that follow. You can refer to Appendix A in your Base Benefit Book for a definition of the terms. BCBSAZ uses your claims to track whether you have met some cost-share obligations. We apply claims based on the order in which we process the claims and not based on date of service.

# **COST-SHARE TABLE**

Type of Cost Share	In-Network	Out-of-Network
Calendar-Year Deductible	Individual only: <b>\$1,750</b>	Individual only: <b>\$3,500</b>
	Family: <b>\$3,500</b>	Family: <b>\$7,000</b>
Out-of-Pocket Maximum	<b>\$5,500</b> per member	<b>\$11,000</b> per member
	<b>\$11,000</b> per family	<b>\$22,000</b> per family

Until you meet your deductible, you will pay the allowed amount for most services, plus the balance bill for out-of-network services. For a plan issued to a contract holder with no dependents, the contract holder must meet his or her individual deductible before the plan begins to pay for covered services. If you have other family members on the plan, the family calendar-year deductible must be met before the plan begins to pay for covered services.

If your out-of-network provider does not get a prior authorization from BCBSAZ for a service that requires it, you may be required to pay a \$300 prior authorization charge, or the claim may be denied. You'll find a list of services that need prior authorization at <u>azblue.com/individualsandfamilies/resources/forms</u> and medications that need prior authorization at <u>azblue.com/pharmacy</u>. If you have to pay a prior authorization charge, it does not count toward your calendar-year deductible or out-of-pocket maximum.

Cost share for ancillary services provided by an out-of-network provider at an in-network facility will be based on the Qualifying Payment Amount, as defined by federal law. All out-of-network cost share for these ancillary services will be counted toward any in-network deductible and cost-share limits.

Benefit	In-Network Cost Share	Out-of-Network Cost Share
Ambulance Services	30% coinsurance (after in-network deductible)	
Behavioral Health Services		<b>E0%</b> estimationes (after deductible) t
Inpatient facility and professional services	<b>30% coinsurance</b> (after deductible)	50% coinsurance (after deductible) + balance bill
Behavioral Health Services		E0% estimation of (after deductible) t
Outpatient facility and professional services	<b>30% coinsurance</b> (after deductible)	50% coinsurance (after deductible) + balance bill
Cancer Clinical Trials	30% coinsurance (after deductible)	50% coinsurance (after deductible) + balance bill
Cardiac and Pulmonary Rehabilitation—Outpatient Services	<b>30% coinsurance</b> (after deductible)	50% coinsurance (after deductible) + balance bill
Cataract Surgery and Keratoconus	<b>30% coinsurance</b> (after deductible)	50% coinsurance (after deductible) + balance bill
Chiropractic Services	30% coinsurance (after deductible)	50% coinsurance (after deductible) + balance bill
Dental Services—Medical	30% coinsurance (after deductible)	50% coinsurance (after deductible) + balance bill
Durable Medical Equipment, Medical Supplies, and Prosthetic Appliances and Orthotics	<ul> <li>\$0 for one FDA-approved manual or electric breast pump and breast pump supplies per member, per calendar year</li> <li>30% coinsurance (after deductible)</li> </ul>	50% coinsurance (after deductible) + balance bill
Education and Training		Not covered out-of-network: Diabetes
	\$0 Deductible is waived	and asthma education and training <b>50% coinsurance</b> (after deductible) + <b>balance bill</b> for nutritional counseling and training

Benefit	In-Network Cost Share	Out-of-Network Cost Share
	You pay your in-network cost share for eme out-of-network providers.	rgency services, even for services from
Emergency Services	Emergency	Room (ER)
	\$150 ER access fee per member, per facility, per day + 30% in-network coinsurance (after in-network deductible)	
	Admission to the hospital From the ER	
	If you are admitted as an inpatient:	
	\$0 ER access fee	
	• <b>30% in-network coinsurance</b> (after in-r services related to the emergency, include receive while you are at the ER, and emer after admission	
	If you are admitted for observation or as an	outpatient:
	• \$150 ER access fee	
	<ul> <li>30% in-network coinsurance (after in-network deductible) for professional, facility, and ancillary services you receive that are related to the emergency, and any related services you receive after you are admitted for observation, or as an outpatient</li> </ul>	
Fasinanhilia		<b>\$0</b> (after deductible)
Eosinophilic Gastrointestinal Disorder	<b>\$0</b> (after deductible)	Your deductible is based on the cost of formula. Cost is defined as billed charges.
Family Planning— Contraceptives and Sterilization	<ul> <li>\$0 for professional charges for implantation and/or removal (including follow-up care) of FDA-approved female implanted contraceptive (birth control) devices when the purpose of the procedure is contraception, as documented by your provider on the claim</li> <li>\$0 for professional and facility charges for FDA-approved female sterilization procedures when the purpose of the procedure is contraception, as documented by your provider on the claim</li> <li>\$0 for female oral contraceptives, patches, rings, and contraceptive injections</li> <li>\$0 for FDA-approved over-the-counter emergency contraception that is</li> </ul>	50% coinsurance (after deductible) + balance bill
	<ul><li>prescribed by a doctor or other healthcare provider</li><li>\$0 for diaphragms, cervical caps, cervical shields, condoms, sponges, and spermicides</li></ul>	
	<b>30% coinsurance</b> (after deductible) for FDA-approved male sterilization procedures	
Home Health Services	<b>30% coinsurance</b> (after deductible)	50% coinsurance (after deductible) + balance bill
Hospice Services	<b>30% coinsurance</b> (after deductible)	50% coinsurance (after deductible) + balance bill
Inpatient and Outpatient Detoxification Services	<b>30% coinsurance</b> (after deductible)	50% coinsurance (after deductible) + balance bill

Benefit	In-Network Cost Share	Out-of-Network Cost Share
	30% coinsurance (after deductible)	
Inpatient Hospital	<b>\$0</b> for professional and facility charges for FDA-approved female sterilization procedures when the purpose of the procedure is contraception, as documented by your provider on the claim	50% coinsurance (after deductible) + balance bill
	<b>\$1,000 bariatric surgery access fee</b> (in addition to applicable deductible and coinsurance) for all bariatric surgeries. This access fee applies toward the professional charges for bariatric surgery.	
Inpatient Rehabilitation— Extended Active Rehabilitation Services	<b>30% coinsurance</b> (after deductible)	50% coinsurance (after deductible) + balance bill
Long-Term Acute Care— Inpatient	<b>30% coinsurance</b> (after deductible)	50% coinsurance (after deductible) + balance bill
	30% coinsurance (after deductible)	50% coinsurance (after deductible) + balance bill
Maternity—Complications of Pregnancy Only	Your cost-share obligations may be affected by the addition of a newborn or adop child, as described in the Eligibility for Benefits section in your Base Benefit Book. have coverage only for yourself and no dependents, the addition of a child will res a change from individual coverage to family coverage, and you may be required to additional premium. If you currently have individual coverage, when a child is add your plan, you will have a family deductible.	
		<b>\$0</b> (after deductible)
Medical Foods for Inherited Metabolic Disorders	<b>\$0</b> (after deductible)	Your deductible is based on the cost of medical foods. Cost is defined as billed charges.
Neuropsychological and Cognitive Testing	<b>30% coinsurance</b> (after deductible)	50% coinsurance (after deductible) + balance bill
	30% coinsurance (after deductible) for:	
	<ul> <li>Diagnostic lab services</li> </ul>	
	<ul> <li>Radiology services</li> </ul>	
	Sleep studies	
	<ul> <li>Medications administered at an outpatient facility</li> </ul>	FOU asissurance (offer deductible) !
Outpatient Services	<ul> <li>Outpatient facility services, including outpatient surgery</li> </ul>	50% coinsurance (after deductible) + balance bill
	<b>\$0</b> for professional and facility charges for FDA-approved female sterilization procedures when the purpose of the procedure is contraception, as documented by your provider on the claim	
	<b>\$1,000 bariatric surgery access fee</b> (in addition to applicable deductible and coinsurance) for all bariatric surgeries. This access fee applies toward the professional charges for bariatric surgery.	
Pharmacy and Medications B	enefits (next two rows)	
	Retail, Mail Order, and Specialty	50% coinsurance (after deductible) +
	Medications: 30% coinsurance (after deductible)	balance bill
Pharmacy Benefit	You may obtain up to a 90-day supply of	The following are <b>not covered</b> when obtained from out-of-network pharmacies:
See the Using Your Pharmacy	covered maintenance medications at a	Mail order medications
Benefits section in your Base Benefit Book for details about	network retail pharmacy (keep in mind that not all medications are available for	Specialty medications
your Pharmacy benefits,	more than a 30- or 60-day supply). Your	You must pay the full cost for retail
including how your cost share is calculated.	cost share will be different depending on the type of pharmacy, how much of the medication you're getting, and the tier of the medication.	prescriptions purchased from an out- of-network pharmacy and submit a claim to BCBSAZ. You will be responsible for any balance bill, including
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Benefit	In-Network Cost Share	Out-of-Network Cost Share
	If you purchase a brand-name medication when a generic equivalent is available, you will pay the <b>generic medication cost</b> <b>share plus the difference between the</b> <b>allowed amounts for the generic and</b> <b>brand-name medications,</b> even if the prescribing provider indicates on the prescription that the brand-name medication is what you should have. If you have completed step therapy and are taking a brand-name drug with a generic equivalent as a result of the step therapy process, you pay the cost share that applies to the brand-name medication.	the difference between the allowed amounts for the generic and brand-name medications.
	<b>\$0</b> for preventive medications and covered vaccines. BCBSAZ determines under 45 CFR § 147.130:	
	<ul> <li>Which medications are considered preventive,</li> </ul>	
	<ul> <li>Which vaccines are covered, and</li> <li>For which there is a \$0 cost share</li> </ul>	
	<b>\$0</b> for the generic version of certain covered preventive medications or items; <b>applicable cost share</b> for the brand- name version. You may request an exception for waiver of cost share (see the Preventive Services section in your Base Benefit Book) for the brand-name version of a preventive medication or item.	
	<ul> <li>\$0 for the following female contraceptive (birth control) methods when your provider prescribes them for the purpose of contraception and obtained from an in- network pharmacy:</li> <li>Condoms</li> </ul>	
	<ul> <li>FDA-approved brand oral, patch, vaginal ring, and injectable contraceptives with no generic equivalent components</li> </ul>	
	<ul> <li>FDA-approved diaphragms, cervical caps, and cervical shields</li> </ul>	
	<ul> <li>FDA-approved emergency contraception for members of any age</li> </ul>	
	<ul> <li>FDA-approved generic oral, patch, vaginal ring, and injectable contraceptives</li> </ul>	
	Sponges and spermicides	
	<ul> <li>30% coinsurance (after deductible) for medications you purchase through your medical benefit</li> <li>See the Pharmacy Benefit cost-share row to determine your cost share for services you receive through the Pharmacy benefit.</li> </ul>	50% coinsurance (after deductible) + balance bill
Medications for the Treatment of Cancer	For certain cancer treatment medications, as determined by BCBSAZ, you will receive a <b>15-day supply</b> , and pay <b>30%</b> <b>coinsurance</b> (after deductible) the first time you receive it. You will be able to refill the medication every 15 days, and you will continue to pay your coinsurance (after deductible) for each refill during your first three months using the medication. If you have side effects from the medication	Not covered

Benefit	In-Network Cost Share	Out-of-Network Cost Share
	during the three-month period, your prescribing doctor may change your medication. If you tolerate the medication, you will be able to refill the cancer treatment medication for up to 30 days after three months of treatment.	
Physical Therapy, Occupational Therapy, and Speech Therapy Services	<b>30% coinsurance</b> (after deductible)	50% coinsurance (after deductible) + balance bill
	30% coinsurance (after deductible)	
Physician Services Your cost share will be waived if you receive covered preventive services only from an in-network	<ul> <li>\$0 for the following when the purpose is female contraception (birth control), as documented by your provider on the claim:</li> <li>Professional services for FDA-approved female sterilization procedures, regardless of the location</li> </ul>	
	<ul> <li>Professional services for fitting, implantation, and/or removal (including follow-up care) of FDA-approved female contraceptive devices</li> </ul>	50% coinsurance (after deductible) + balance bill
provider during your visit.	<ul> <li>FDA-approved implanted female contraceptive devices</li> </ul>	
	• The following FDA-approved generic and brand-with-no-generic-equivalent prescription hormonal and barrier contraceptive methods and devices: patches, rings, contraceptive injections, diaphragms, cervical caps, cervical shields, condoms, sponges, and spermicides	
Post-Mastectomy Services	30% coinsurance (after deductible)	50% coinsurance (after deductible) + balance bill
Pregnancy, Termination	30% coinsurance (after deductible)	50% coinsurance (after deductible) + balance bill
Preventive Services	<ul> <li>\$0 regardless of the location where services are provided if:</li> <li>You receive one of the services covered as explained in the Preventive Services section in your Base Benefit Book;</li> </ul>	
You pay applicable cost share for any tests, procedures, or services not covered in the Preventive Services section in your Base Benefit Book.	• The procedure code, the diagnosis code, or the combination of procedure and diagnosis codes billed by your provider on the line of the claim indicates the service is preventive; <b>and</b>	<b>50% coinsurance</b> (after deductible) <b>+</b> <b>balance bill</b> for mammography services and foreign travel immunizations
All preventive services, except for mammography and foreign travel immunizations, must be received from in-network providers, or the services will not be covered.	<ul> <li>The primary purpose of the visit at which you received the services was preventive care</li> </ul>	
	<b>\$0</b> for the generic version of certain covered preventive medications or items; <b>applicable cost share</b> for the brand- name version. You may request an exception for waiver of cost share (see the Preventive Services section in your Base Benefit Book) for the brand-name version of a preventive medication or item.	

Benefit	In-Network Cost Share	Out-of-Network Cost Share
Skilled Nursing Facility	30% coinsurance (after deductible)	50% coinsurance (after deductible) + balance bill
Telehealth Services— BlueCare Anywhere <sup>sм</sup>		
Telehealth services are video consultations you have with a provider using BCBSAZ's BlueCare Anywhere service.	<b>30% coinsurance</b> (after deductible)	Not covered
	You pay the cost-share amounts that apply to the services you receive via telehealth (remote services performed by the provider) along with the cost-share amounts that apply to the services you receive in-person at your physical location.	<b>Not covered, except for emergency and urgent services.</b> In those cases, you pay the cost-share amounts applicable to all services provided via telehealth. You will always pay in-network cost share for emergency services provided via telehealth.
Telehealth Services— In-Network Providers	<b>Example:</b> If you are at a primary care provider's (PCP) office and have a consultation with a remote specialist, you will pay the cost share applicable for a	
Transplant or Gene	30% coinsurance (after in-network deductible)	
Therapy Travel and Lodging	Maximum reimbursement of <b>\$10,000 per member, per transplant or gene therapy</b> treatment	
Transplants—Organ, Tissue, and Bone Marrow and Stem Cell Procedures		
If both a donor and a transplant recipient are covered by a BCBSAZ plan or a plan administered by BCBSAZ, the transplant recipient pays the cost share related to the transplant.	<b>30% coinsurance</b> (after deductible)	50% coinsurance (after deductible) + balance bill
Urgent Care	30% coinsurance (after deductible)	50% coinsurance (after deductible) + balance bill