## Individual PPO BlueOptimum<sup>SM</sup> Plus 5000 80 Plan Attachment

Your Cost-Sharing Information

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## YOUR PLAN NETWORK

See your ID card for the name of the plan network that applies to your benefit plan. You'll find the complete directory of providers in your plan's network at <u>MyBlue</u><sup>SM</sup>. If you do not have Internet access, would like to request a paper copy of the directory, or have questions about whether or not a certain provider is in the network, please call Blue Cross<sup>®</sup> Blue Shield<sup>®</sup> of Arizona (BCBSAZ) Customer Service at the number on your ID card. It's important to make sure your provider is in your plan network before you receive services.

## MEMBER COST SHARING AND OTHER PAYMENTS

Members pay part of the costs for benefits received under this plan. What you pay depends on your particular benefit plan, the service you receive, and the provider you choose. You may have an access fee, balance bill, coinsurance, copay, deductible, prior authorization charge, or some combination of these payments as detailed in the tables that follow. You can refer to Appendix A in your Base Benefit Book for a definition of the terms. BCBSAZ uses your claims to track whether you have met some cost-share obligations. We apply claims based on the order in which we process the claims and not based on date of service.

## **COST-SHARE TABLE**

Type of Cost Share	In-Network	Out-of-Network
Calendar-Year Deductible	<b>\$5,000</b> per member <b>\$10,000</b> per family	<b>\$5,500</b> per member <b>\$11,000</b> per family
Out-of-Pocket Coinsurance Maximum	<b>\$3,000</b> per member	<b>\$6,000</b> per member

Until you meet your deductible, you will pay the allowed amount for most services, plus the balance bill for out-of-network services. If you have family coverage, there is also a calendar-year deductible for the family. Amounts counting toward an individual's calendar-year deductible will also count toward any family deductible. When the family satisfies its calendar-year deductible, it also satisfies the deductible for all the individual members. An individual member cannot contribute more than his or her individual deductible toward the family's deductible. For services that require a copay, the calendar-year deductible is waived.

If your out-of-network provider does not get a prior authorization from BCBSAZ for a service that requires it, you may be required to pay a \$300 prior authorization charge, or the claim may be denied. You'll find a list of services that need prior authorization at <u>azblue.com/individualsandfamilies/resources/forms</u> and medications that need prior authorization at <u>azblue.com/pharmacy</u>. If you have to pay a prior authorization charge, it does not count toward your calendar-year deductible or out-of-pocket coinsurance maximum.

Cost share for ancillary services provided by an out-of-network provider at an in-network facility will be based on the Qualifying Payment Amount, as defined by federal law. All out-of-network cost share for these ancillary services will be counted toward any in-network deductible and cost-share limits.

Benefit	In-Network Cost Share	Out-of-Network Cost Share
Ambulance Services	20% coinsurance Deductible is waived	
Behavioral Health Services Inpatient facility and professional services	20% coinsurance (after deductible)	40% coinsurance (after deductible) + balance bill
Behavioral Health Services Outpatient facility and professional services	<ul> <li>\$15 copay per member, per provider, per day for services you receive during an office, home, or walk-in clinic visit</li> <li>20% coinsurance (after deductible) for services you receive at other locations</li> </ul>	40% coinsurance (after deductible) + balance bill
Cancer Clinical Trials	<ul> <li>Primary care provider (PCP) or specialist visit copay—see the Physician Services row</li> <li>20% coinsurance (after deductible) for professional services you receive at an inpatient or outpatient facility, and any related facility charges</li> </ul>	40% coinsurance (after deductible) + balance bill

In-Network Cost Share	Out-of-Network Cost Share
PCP or specialist visit copay—see the	
Physician Services row <b>20% coinsurance</b> (after deductible) for professional services you receive at an outpatient facility, and any related outpatient facility charges	40% coinsurance (after deductible) + balance bill
<b>PCP or specialist visit copay</b> —see the Physician Services row <b>20% coinsurance</b> (after deductible) for professional services you receive at an inpatient or outpatient facility, and any related facility charges	40% coinsurance (after deductible) + balance bill
<ul> <li>Specialist visit copay—see the Physician Services row. The copay does not apply if you receive only physical medicine and rehabilitation services and no other covered service during your visit.</li> <li>20% coinsurance (after deductible) for: <ul> <li>Chiropractic services provided at other locations</li> <li>Visits in which you receive only physical medicine and rehabilitation services and no other covered service</li> </ul> </li> </ul>	40% coinsurance (after deductible) + balance bill
20% coinsurance (after deductible)	40% coinsurance (after deductible) + balance bill
<ul> <li>\$0 for one FDA-approved manual or electric breast pump and breast pump supplies per member, per calendar year PCP or specialist visit copay—see the Physician Services row</li> <li>20% coinsurance (after deductible) for: <ul> <li>Durable medical equipment (DME) picked up at the doctor's office but billed through a DME supplier. If you have a doctor's office visit at the time you pick up your DME, medical supplies, prosthetic appliance, or orthotics, you also pay the PCP or specialist copay.</li> <li>Services you receive at locations other than a doctor's office</li> </ul> </li> </ul>	40% coinsurance (after deductible) + balance bill
\$0 Deductible is waived	<ul> <li>Not covered out of network: Diabetes and asthma education and training</li> <li>40% coinsurance (after deductible) + balance bill for nutritional counseling and training</li> </ul>
You pay your in-network cost share for emergency services, even for services from out-of-network providers. Emergency Room (ER) \$150 ER access fee per member, per facility, per day + 20% in-network coinsurance (after in-network deductible) Admission to the hospital From the ER If you are admitted as an inpatient: • \$0 ER access fee • 20% in-network coinsurance (after in-network deductible) for facility and ancillary services related to the emergency, including facility and ancillary services you receive while you are at the ER, and emergency professional services you receive after admission If you are admitted for observation or as an outpatient: • \$150 ER access fee	
	<ul> <li>PCP or specialist visit copay—see the Physician Services row</li> <li>20% coinsurance (after deductible) for professional services you receive at an outpatient facility, and any related outpatient facility charges</li> <li>PCP or specialist visit copay—see the Physician Services you receive at an inpatient or outpatient facility, and any related facility charges</li> <li>Specialist visit copay—see the Physician Services row. The copay does not apply if you receive only physical medicine and rehabilitation services and no other covered service during your visit.</li> <li>20% coinsurance (after deductible) for:         <ul> <li>Chiropractic services provided at other locations</li> <li>Visits in which you receive only physical medicine and rehabilitation services and no other covered service</li> </ul> </li> <li>20% coinsurance (after deductible) for:         <ul> <li>Chiropractic services provided at other locations</li> <li>Visits in which you receive only physical medicine and rehabilitation services and no other covered service</li> </ul> </li> <li>20% coinsurance (after deductible)</li> <li>\$0 for one FDA-approved manual or electric breast pump and breast pump supplies per member, per calendar year PCP or specialist visit copay—see the Physician Services row</li> <li>20% coinsurance (after deductible) for:         <ul> <li>Durable medical equipment (DME) picked up at the doctor's office but billed through a DME supplier. If you have a doctor's office visit at the time you pick up your DME, medical supplies, prosthetic appliance, or orthotics, you also pay the PCP or specialist copay.</li> <li>Services you receive at locations other than a doctor's office</li> </ul> </li> <li>\$0 ER access fee per member, per faci coinsurance (after in-network deductible) Admission to the network consurance (after in-network deductible) Admission to the network inthe you a</li></ul>

Benefit	In-Network Cost Share	Out-of-Network Cost Share
	20% in-network coinsurance (after in-r and ancillary services you receive that a related services you receive after you are outpatient	
Eosinophilic	20% coinsurance	25% of the cost of formula
Gastrointestinal Disorder	Deductible is waived	Deductible is waived
		Cost is defined as billed charges.
	<ul> <li>\$0 for professional charges for implantation and/or removal (including follow-up care) of FDA-approved female implanted contraceptive (birth control) devices when the purpose of the procedure is contraception, as documented by your provider on the claim</li> <li>\$0 for professional and facility charges for FDA-approved female sterilization procedures when the purpose of the procedure is contraception, as documented by your provider on the claim</li> </ul>	
Family Planning— Contraceptives and	<b>\$0</b> for female oral contraceptives, patches, rings, and contraceptive	40% coinsurance (after deductible) +
Sterilization	injections	<b>balance bill</b> for male sterilization
For preventive services, see the Preventive Services row.	<b>\$0</b> for FDA-approved over-the-counter emergency contraception that is prescribed by a doctor or other healthcare provider	procedures
	<b>\$0</b> for diaphragms, cervical caps, cervical shields, condoms, sponges, and spermicides	
	For FDA-approved male sterilization procedures:	
	PCP or specialist visit copay—see     the Physician Services row	
	• <b>20% coinsurance</b> (after deductible) for services you receive at locations other than a doctor's office	
Home Health Services	20% coinsurance (after deductible)	40% coinsurance (after deductible) + balance bill
Hospice Services	\$0	\$0 + balance bill
	Deductible is waived	Deductible is waived
Inpatient and Outpatient Detoxification Services	<ul> <li>\$15 copay per member, per provider, per day for services you receive during an office, home, or walk-in clinic visit</li> <li>20% coinsurance (after deductible) for services you receive at other locations</li> </ul>	40% coinsurance (after deductible) + balance bill
	20% coinsurance (after deductible)	
Inpatient Hospital	<ul> <li>\$0 for professional and facility charges for FDA-approved female sterilization procedures when the purpose of the procedure is contraception, as documented by your provider on the claim</li> </ul>	40% coinsurance (after deductible) + balance bill
	<b>20% coinsurance</b> (after deductible) for the first 60 days of services in a calendar year	<b>40% coinsurance</b> (after deductible) <b>+</b> <b>balance bill</b> for the first 60 days of services in a calendar year
Inpatient Rehabilitation— Extended Active Rehabilitation Services	<b>50% coinsurance</b> (after deductible) for the second 60 days of services in a calendar year (this amount does not count toward your out-of-pocket coinsurance maximum)	<b>50% coinsurance</b> (after deductible) <b>+</b> <b>balance bill</b> for the second 60 days of services in a calendar year (this amount does not count toward your out-of-pocket coinsurance maximum)
	If your claim is submitted with a primary beh	avioral health diagnosis, you will pay the
	cost share applicable to the first 60 days of	

Benefit	In-Network Cost Share	Out-of-Network Cost Share
	coinsurance will count toward the applicable out-of-pocket coinsurance maximum, regardless of how many days of extended active rehabilitation services you have received in a calendar year.	
Long-Term Acute Care— Inpatient	<b>20% coinsurance</b> (after deductible) for the first 100 days of services	<b>40% coinsurance</b> (after deductible) <b>+</b> <b>balance bill</b> for the first 100 days of services
	<b>50% coinsurance</b> (after deductible) for days 101-365 of services (this amount does not count toward your out-of-pocket coinsurance maximum)	<b>50% coinsurance</b> (after deductible) <b>+</b> <b>balance bill</b> for the 101-365 days of services (this amount does not count toward your out-of-pocket coinsurance maximum)
	If your claim is submitted with a primary beh cost share applicable to the first 100 days of toward the applicable out-of-pocket coinsura days of long-term acute care services you h	f services, and your coinsurance will count ance maximum, regardless of how many
	PCP or specialist visit copay—see the Physician Services row	
Maternity—Complications of Pregnancy Only	<b>20% coinsurance</b> (after deductible) for other covered services received at the doctor's office and for professional services you receive at an inpatient or outpatient facility, and any related facility charges	40% coinsurance (after deductible) + balance bill
	Your cost-share obligations may be affected by the addition of a newborn or adopted child, as described in the Eligibility for Benefits section in your Base Benefit Book. If you have coverage only for yourself and no dependents, the addition of a child will result in a change from individual coverage to family coverage, and you may be required to pay additional premium. If you currently have individual coverage, when a child is added to your plan, you will have a family deductible	
Medical Foods for Inherited Metabolic Disorders	<b>20% coinsurance</b> (this amount does not count toward your out-of-pocket coinsurance maximum)	<b>40%</b> of the cost of medical foods (this amount does not count toward your out-of-pocket coinsurance maximum)
	Deductible is waived	Deductible is waived Cost is defined as billed charges.
Neuropsychological and Cognitive Testing	<ul> <li>\$15 copay per member, per provider, per day for services you receive during an office, home, or walk-in clinic visit</li> <li>20% coinsurance (after deductible) for professional services you receive at an inpatient or outpatient facility, and any related facility charges</li> </ul>	40% coinsurance (after deductible) + balance bill
	Diagnostic Laboratory Services:	
Outpatient Services	• PCP or specialist visit copay— see Physician Services row for services you receive at a doctor's office (waived if you receive only covered lab services during your visit)	
	• <b>20% coinsurance</b> (after deductible) for professional services you receive from a pathologist or dermapathologist, and services you receive at locations other than a doctor's office	40% coinsurance (after deductible) + balance bill
	Radiology Services:	
	<ul> <li>PCP or specialist visit copay—see the Physician Services row for services you receive at a doctor's office</li> </ul>	
	• 20% coinsurance (after deductible) for professional services you receive from a radiologist, and services you receive at locations other than a doctor's office	

Benefit	In-Network Cost Share	Out-of-Network Cost Share
	Outpatient Facility Services (including outpatient surgery):	
	<ul> <li>20% coinsurance (after deductible)</li> </ul>	
	• <b>\$0</b> for FDA-approved female	
	sterilization procedures when the	
	purpose of the procedure is contraception, as documented by your	
	provider on the claim	
	Sleep Studies: 20% coinsurance (after deductible)	
	Medications Given to You at an Outpatient Facility: 20% coinsurance (after deductible)	
Pharmacy and Medications B	enefits (next two rows)	
Note: Your cost share for any med is filled. No exceptions will be mad	lication is based on the tier to which BCBSAZ e regarding the assigned tier of a medication. ice. To confirm the status and tier of a particul	BCBSAZ may change the tier of a
	Retail Medications (30-day supply)	
	<ul> <li>Tier 1: \$15 copay</li> </ul>	
	• Tier 2: <b>\$40 copay</b>	
	• Tier 3: <b>\$70 copay</b>	
	<ul> <li>Tier 4 (including compounded medications): \$120 copay</li> </ul>	
	Mail Order Medications (90-day supply)	
	• Tier 1: <b>\$15 copay</b>	
	• Tier 2: <b>\$70 copay</b>	
	• Tier 3: <b>\$195 copay</b>	
	• Tier 4: <b>\$360 copay</b>	
	<b>Specialty Medications</b> (30-day supply of most medications)	
	• Tier A: <b>\$50 copay</b>	The following are <b>not covered</b> when obtained from out-of-network pharmacies:
	• Tier B: <b>\$100 copay</b>	Mail order medications
Pharmacy Benefit	• Tier C: <b>\$200 copay</b>	Specialty medications
See the Using Your Pharmacy	• Tier D: <b>\$400 copay</b>	You must pay the full cost for retail
Benefit Section in your Base Benefit Book for details about your Pharmacy benefits, including how your cost share is calculated.	You may obtain up to a 90-day supply of covered maintenance medications at a network retail pharmacy (keep in mind that not all medications are available for more than a 30- or 60-day supply). If you receive a 31- to 60-day supply of medication, you will pay two times the applicable cost share for a 30-day supply. If you receive a 61- to 90-day supply of medication from a network retail pharmacy, you will pay three times the 30- day cost share. Your cost share will be different depending on the type of pharmacy, how much of the medication you're getting, and the tier of the medication. If you purchase a brand-name medication when a generic equivalent is available,	prescriptions purchased from an out- of-network pharmacy and submit a claim to BCBSAZ. You will be reimbursed at the in-network level of benefits, up to the allowed amount. You will be responsible for any balance bill, including the difference between the allowed amounts for the generic and brand-name medications.
	you will pay the tier 1 copay plus the difference between the allowed amounts for the generic and brand- name medications, even if the	
	prescribing provider indicates on the prescription that the brand-name medication is what you should have. If you have completed step therapy and are	

Benefit	In-Network Cost Share	Out-of-Network Cost Share
	taking a brand-name drug with a generic equivalent as a result of the step therapy process, you pay the cost share that applies to the brand-name medication.	
	<b>\$0</b> for preventive medications and covered vaccines. BCBSAZ determines under 45 CFR § 147.130:	
	Which medications are considered preventive,	
	• Which vaccines are covered, and	
	• For which there is a \$0 cost share	
	<b>\$0</b> for the generic version of certain covered preventive medications or items; <b>applicable cost share</b> for the brand- name version. You may request an exception for waiver of cost share (see the Preventive Services section in your Base Benefit Book) for the brand-name version of a preventive medication or item.	
	<b>\$0</b> for the following female contraceptive (birth control) methods when your provider prescribes them for the purpose of contraception and obtained from an in- network pharmacy:	
	Condoms	
	<ul> <li>FDA-approved brand oral, patch, vaginal ring, and injectable contraceptives with no generic equivalent components</li> </ul>	
	<ul> <li>FDA-approved diaphragms, cervical caps, and cervical shields</li> </ul>	
	FDA-approved emergency contraception for members of any age	
	<ul> <li>FDA-approved generic oral, patch, vaginal ring, and injectable contraceptives</li> </ul>	
	Sponges and spermicides	
	<ul> <li>20% coinsurance (after deductible) for medications you purchase through your medical benefit</li> <li>See the Pharmacy Benefit cost-share row to determine your cost share for services you receive through the Pharmacy benefit.</li> </ul>	40% coinsurance (after deductible) + balance bill
Medications for the Treatment of Cancer	For cancer treatment medications that are also classified as specialty medications, you pay the tier 1 pharmacy copay. For certain cancer treatment medications, as determined by BCBSAZ, you will receive a <b>15-day supply</b> , and pay <b>one-half of the</b> <b>tier 1</b> pharmacy copay the first time you receive it. You will be able to refill the medication every 15 days, and you will continue to pay one-half of the tier 1 pharmacy copay for each refill during your first three months using the medication. If you have side effects from the medication during the three-month period, your prescribing doctor may change your medication. If you tolerate the medication, you will be able to refill the cancer treatment medication for up to 30 days after your first three months of treatment.	Not covered

Benefit	In-Network Cost Share	Out-of-Network Cost Share
Physical Therapy, Occupational Therapy, and Speech Therapy Services	20% coinsurance (after deductible)	40% coinsurance (after deductible) + balance bill
<b>Physician Services</b> Your cost share will be waived if you receive covered preventive services only from an in-network provider during your visit. For preventive services, see the Preventive Services row.	<ul> <li>\$35 copay when you see a PCP</li> <li>\$60 copay when you see a specialist</li> <li>One copay per member, per provider, per day for services you receive during an office, home, or walk-in clinic visit</li> <li>\$0 if you only receive the following services and no other covered service during your office, home, or walk-in clinic visit: <ul> <li>Covered allergy injections</li> <li>Covered immunizations</li> <li>Covered laboratory services</li> </ul> </li> <li>\$0 for the following when the purpose is female contraception (birth control), as documented by your provider on the claim: <ul> <li>Professional services for FDA-approved female sterilization procedures, regardless of the location of service</li> <li>Professional services for fitting, implantation, and/or removal (including follow-up care) of FDA-approved female contraceptive devices</li> <li>FDA-approved implanted female contraceptive devices</li> <li>FDA-approved implanted female contraceptive devices</li> <li>The following FDA-approved generic and brand-with-no-generic-equivalent prescription hormonal and barrier contraceptive methods and devices: patches, rings, contraceptive injections, diaphragms, cervical caps, cervical shields, condoms, sponges, and spermicides</li> </ul> </li> <li>20% coinsurance (after deductible) for: <ul> <li>Covered physical therapy, occupational therapy, and speech therapy</li> <li>PCP and specialist services provided at locations other than a doctor's office, home, or walk-in clinic</li> <li>Professional services you receive from a radiologist or pathologist, including a dermapathologist, and professional services are provided at a doctor's office</li> </ul> </li> </ul>	40% coinsurance (after deductible) + balance bill
Post-Mastectomy Services	<ul> <li>PCP or specialist visit copay—see the Physician Services row</li> <li>20% coinsurance (after deductible) for professional services you receive at an inpatient or outpatient facility, and any related facility charges</li> </ul>	40% coinsurance (after deductible) + balance bill

Benefit	In-Network Cost Share	Out-of-Network Cost Share
Pregnancy, Termination	<ul> <li>PCP or specialist visit copay—see the Physician Services row</li> <li>20% coinsurance (after deductible) for professional services you receive at an inpatient or outpatient facility, and any related facility charges</li> </ul>	40% coinsurance (after deductible) + balance bill
<b>Preventive Services</b> You pay applicable cost share for any tests, procedures, or services not covered in the Preventive Services section in your Base Benefit Book. All preventive services, except for mammography and foreign travel immunizations, must be received from in-network providers, or the services will not be covered.	<ul> <li>\$0 regardless of the location where services are provided if:</li> <li>You receive one of the services covered as explained in the Preventive Services section in your Base Benefit Book;</li> <li>The procedure code, the diagnosis code, or the combination of procedure and diagnosis codes billed by your provider on the line of the claim indicates the service is preventive; and</li> <li>The primary purpose of the visit at which you received the services was preventive care</li> <li>\$0 for the generic version of certain covered preventive medications or items; applicable cost share for the brandname version. You may request an exception for waiver of cost share (see the Preventive Services section in your Base Benefit Book) for the brandname version of a preventive medication or item.</li> </ul>	<b>40% coinsurance</b> (after deductible) <b>+</b> <b>balance bill</b> for mammography services and foreign travel immunizations
Reconstructive Surgery and Services	<ul> <li>PCP or specialist visit copay—see the Physician Services row</li> <li>20% coinsurance (after deductible) for professional services you receive at an inpatient or outpatient facility, and any related facility charges</li> </ul>	40% coinsurance (after deductible) + balance bill
Skilled Nursing Facility	<ul> <li>20% coinsurance (after deductible) for the first 90 days of services in a calendar year</li> <li>50% coinsurance (after deductible) for the second 90 days of services in a calendar year (this amount does not count toward your out-of-pocket coinsurance maximum)</li> <li>If your claim is submitted with a primary beh cost share applicable to the first 90 days of services in a coinsurance will count toward your out-of-pochow many days of skilled nursing facility services.</li> </ul>	services in a calendar year, and your ocket coinsurance maximum, regardless of
<b>Telehealth Services—</b> <b>BlueCare Anywhere<sup>SM</sup></b> Telehealth services are video consultations you have with a provider using BCBSAZ's BlueCare Anywhere service.	<ul> <li>\$10 copay for telehealth medical consultations</li> <li>\$15 copay for telehealth:</li> <li>Counseling sessions provided by a counselor</li> <li>Psychiatric consultations provided by a psychiatrist</li> </ul>	Not covered

Benefit	In-Network Cost Share	Out-of-Network Cost Share
Telehealth Services— In-Network Providers	You pay the cost-share amounts that apply to the services you receive via telehealth (remote services performed by the provider) along with the cost-share amounts that apply to the services you receive in-person at your physical location. <b>Example:</b> If you are at a PCP's office and have a consultation with a remote specialist, you will pay the cost share applicable for a PCP office visit and the cost share applicable for a specialist office visit or consultation. If you are at home and receive a consultation from a remote specialist, you will pay only the specialist cost share because no other provider is involved at your location.	Not covered, except for emergency and urgent services. In those cases, you pay the cost-share amounts applicable to all services provided via telehealth. You will always pay in-network cost share for emergency services provided via telehealth.
Transplant or Gene Therapy Travel and Lodging	\$0 Deductible is waived Maximum reimbursement of \$10,000 per member, per transplant or gene therapy treatment	
Transplants—Organ, Tissue, and Bone Marrow and Stem Cell Procedures If both a donor and a transplant recipient are covered by a BCBSAZ plan or a plan administered by BCBSAZ, the transplant recipient pays the cost share related to the transplant.	<b>PCP or specialist visit copay</b> —see the Physician Services row <b>20% coinsurance</b> (after deductible) for professional services you receive at an inpatient or outpatient facility, and any related facility charges	40% coinsurance (after deductible) + balance bill
Urgent Care	<ul> <li>\$75 copay per member, per provider, per day for services you receive from a provider that is contracted with the plan network to offer urgent care services</li> <li>PCP or specialist visit copay (see the Physician Services row) for services you receive during an office, home or walk-in clinic visit from an in-network provider that is not specifically contracted for urgent care services</li> <li>20% coinsurance (after deductible) for urgent care services you receive from any other type of provider</li> </ul>	
	providers, such as hospitals, that are not sp as urgent care providers.	