



DVR Guide – Video Transcription

DVR Playback Options

To pause live TV, press the 'Pause' button on your remote. To resume, press 'Play.' To rewind live TV, press the 'Rewind' button. Press it up to four times to increase the rewind speed. Press 'Play' to return to normal viewing.

To fast-forward live TV, press the 'Fast Forward' button. Press it up to four times to increase the speed. Press 'Play' to return to normal viewing.

To watch live TV in slow motion, just press 'Pause' and then 'Fast Forward' or 'Pause' and then 'Rewind.' Press 'Play' to return to normal viewing.

Some Cable One remote controls have instant replay. This automatically replays the last 10 seconds of what you watched. Some remote controls have 'Live' buttons that return you to live programming.

If you are still experiencing technical difficulties, please contact the Cable One Technical Care Center at support.cableone.net for more assistance.