

Food Allergy Resources



Food Allergy Research & Education (FARE)

National Offices

7901 Jones Branch Dr., Suite 240

Mc Lean, VA 22102

(800) 929-4040

(703) 691-3179

(703) 691-2713

<http://www.foodallergy.org>

New York Office

515 Madison Avenue, Suite 1912

New York, NY 10022

(212) 207-1974

(917) 338-5130

Mothers of Asthmatics, Inc.

Allergy & Asthma Network Mothers of Asthmatics

8229 Boone Blvd, Suite 260

Vienna, VA 22182

(800) 878-4403

<https://www.allergyasthmanetwork.org>

Kids with Food Allergies

1235 South Clark Street, Suite 305

Arlington, VA 22202

(800) 727-8462

<http://www.kidswithfoodallergies.org>

American Academy of Allergy, Asthma, and Immunology

555 E Wells St, Suite 1100

Milwaukee, WI 53202-3823

(414) 272-6071

<https://www.aaaai.org>

Allergy Home

<http://www.allergyhome.org>

Tools and information for families, schools and healthcare providers.

Online product search & ordering:

<http://www.namebubbles.com>

<http://www.bizzylizzybakery.com>

<http://www.vitacost.com>

<http://www.theglutenfreeshoppe.com>

Brand information:

This is not a complete list and information can change at any time. Always read ingredient lists carefully. Check with manufacturers periodically to ensure safety.

AH! LASKA	http://www.ahlaska.com
All Free	http://allfreebakery.com 855-636-8447
Applegate Farms	http://www.applegate.com (866) 587-5858
Ancient Harvest	http://ancientharvest.com (310) 217-8125
Andean Dream	http://www.andeandream.com (310) 281-6036
Angelic Bakehouse	https://www.angelicbakehouse.com (844) 726-4354
Annie's Homegrown	http://www.annies.com (800) 288-1089
Amy's Organic	http://www.amys.com (707) 781-6600
Arnold's Bread	http://www.arnoldbread.com (800) 984-0989
Arrowhead Mills	http://www.arrowheadmills.com (800) 434-4246
Bare Fruit	http://www.baresnacks.com (800) 940-0019
Barbara's Bakery	http://www.barbarasbakery.com (866) 465-4633
Barney Butter	http://www.barneybutter.com
Banza	https://www.eatbanza.com ; info@banza.com
Beanitos	http://beanitos.com (512) 609-8017
Bionature	http://www.bionaturae.com (860) 535-0494
Blue Diamond	http://www.bluediamond.com (800) 987-2329
Bob's Red Mills	http://www.bobsredmill.com (800) 349-2173
Breads from Anna	http://www.breadsfromanna.com (319) 354-3886
Cascadian Farm	http://cascadianfarm.com (800) 624-4123
Cherrybrook Kitchen	http://www.cherrybrookkitchen.com (888) 417-9343 x1
Crisco Canola Oil	http://www.crisco.com (800) 766-7309
Crofter's Organic	http://www.croftersorganic.com (705) 746-6301
Daiya Cheese	http://us.daiyafoods.com (877) 324-9211
Divvies	http://www.divvies.com (844) 434-8843
Dare Ultimate	https://www.darefoods.com (800) 668-3273
Don't Go Nuts	https://dontgonuts.com (855) 666-8826
East Side Ovens	http://www.eastsideovens.com (414) 369-1249

East Wind Nut Butters	http://www.eastwindnutbutter.com (417) 679-4682
Eden Foods	http://www.edenfoods.com (888) 424-3336
Edy's Ice cream	http://www.edys.com (888) 590-3397
Ener-G Foods	http://www.ener-g.com (800) 331-5222
Enjoy Life Foods	http://www.enjoylifefoods.com (888) 503-6569
Envirokids	http://www.naturespath.com (888) 808-9505
Erewhon	http://www.usmillsinc.com (800) 641-4508
Exotic Meats	http://www.exoticmeatsandmore.com (800) 444-5687
Farmers Market	http://www.farmersmarketfoods.com (541) 757-1497
Fage	http://www.fageusa.com (866) 962-5912
Food for Life	http://www.foodforlife.com (800) 797-5090
Foods Alive	http://www.foodsalive.com (260) 488-4497
Follow Your Heart	http://www.followyourheart.com (888) 394-3949
French Meadow Bakery	http://www.frenchmeadow.com
Frontier	http://www.frontiercoop.com (844) 550-6200
Galaxy Foods	http://www.galaxyfoods.com (800) 441-9419
Garden of Eatin'	http://www.gardenofeatin.com (800) 434-4246
123 Gluten Free	http://www.123glutenfree.com (216) 378-9233
Gluten Free Café	http://www.myglutenfreecafe.com (800) 434-4246
Glutino	http://www.glutino.com/products (877) 266-2472
Go Veggie	http://www.goveggiefoods.com (800) 441-9419
Good Foods	https://goodfoods.com (844) 872-6999
Grainfield's	http://grainfields.ca (905) 415-0090
Health Valley Co.	http://www.healthvalley.com (888) 220-9792
Heidi Ho	http://www.heidiho.com
Hol-Grain	http://www.holgrain.com (800) 551-3245
Holic	https://holicfoods.com (765) 444-8115
Hungry Harry's	http://www.hungryharrys.com
Ian's Natural Foods	http://www.iansnaturalfoods.com (508) 283-1174
Imagine Foods	http://www.imaginefoods.com (800) 434-4246
Kashi	http://www.kashi.com (877) 747-2467

Katz	https://katzglutenfree.com (888) 431-5289
Kettle	http://www.kettlebrand.com (503) 364-0399
King Arthur	http://www.kingarthurfLOUR.com (800) 827-6836
Kitchen Basics	http://www.kitchenbasics.net (800) 632-5847
Kite Hill	https://www.kite-hill.com (888) 588-0994
Libre Naturals	http://www.librenaturals.com (866) 714-5411
Live G Free	http://www.aldi.us
Lundberg Family Farms	http://www.lundberg.com (530) 538-3500
MadeGood	https://www.madegoodfoods.com
Maple Grove Farms of Vermont	http://www.maplegrove.com (800) 813-4416
Maria & Ricardo's	https://www.mariaandricardos.com (781) 828-0848
Mary's Gone Crackers	http://www.marysgonecrackers.com (888) 258-1250
Mestemacher Breads	http://www.germandeli.com/mebr.html (714) 897-1470
Mori-Nu	http://www.morinu.com (310) 787-0200
Muir Glen Organic	http://www.muirglen.com (800) 248-7310
Murray's Chicken	http://www.murrayschicken.com (800) 588-5051
My Own Meal	http://www.myownmeals.com (847) 948-1118
Nature's Highlights	(800) 313-6454
Natural Ovens	http://www.naturalovens.com (800) 772-0730
Natures Path	http://www.naturespath.com (888) 808-9505
Namaste Foods	https://www.namastefoods.com ; admin@namastefoods.com
Nayosa	http://www.nasoya.com (800) 328-8638
Newman's Own	http://www.newmansown.com
NuGo Nutrition	http://www.nugonutrition.com (888) 421-2032
NOW Foods	http://www.nowfoods.com (888) 669-3663
NoNuts	http://www.nonuts.com (800) 961-2470
O'Doughs	https://odoughs.com/ 855-636-8447
Organic Valley	http://www.organicvalley.coop (888) 444-6455
Orgran Natural Foods	http://www.orgran.com
Omega Nutrition	http://www.omeganutrition.com (800) 661-3529
Pacific Natural foods	http://www.pacificfoods.com (800) 668-43172

Pamela's Products	http://www.pamelasproducts.com (707) 462-6605
Partake Foods	http://www.partakefoods.com (551) 226-9557
Penzey's Spices	http://www.penzeys.com (800) 741-7787
Perdue Chicken	http://www.perdue.com (800) 473-7383
Quick Bake Kids	http://www.foodtek.com/Products/QBKids.html
Rice Dream	http://www.tastethedream.com (800) 434-4246
Ripple Milk	http://www.ripplefoods.com (888) 206-1664
Roads End (Edward and Son)	http://www.edwardandsons.com (805) 684-8500
Rumford	https://www.clabbergirl.com (812) 232-9446
Schar- Gluten Free	http://www.schar.com/en-us (201) 355-8470
Scharffen Berger	http://www.scharffenberger.com (866) 608-6944
Sensible Foods	http://www.sensiblefoods.com (707) 569-0170
Shiloh Farms	http://www.shilohfarms.com (800) 362-6832 x103
Silk Soy (WhiteWave Foods)	http://www.silk.com (888) 820-9283 or http://www.whitewave.com
Simply Organic	http://www.simplyorganic.com (844) 550-7100
So Delicious	http://www.sodeliciousdairyfree.com (866) 388-7853
Surf Sweets	http://wholesomesweet.com (800) 680-1896
Sunbutter	http://www.sunbutter.com (877) 873-4501
Sunspire	http://www.sunspire.com (866) 613-2780
Spectrum Organics	http://www.spectrumorganics.com (800) 343-7833
Spice Garden	http://www.healthwisefoods.com (334) 277-9925
Tinkyada	http://www.tinkyada.com (416) 609-0016
Tofutti	http://www.tofutti.com (908) 272-2400
Udi's Gluten Free	http://udisglutenfree.com (800) 254-3768
Van's Natural Foods	http://www.vansfoods.com (800) 323-7117
Vermont Nut Free Chocolate	http://www.vermontnutfree.com (888) 468-8373
Violife	https://violifefoods.com/us/
VitaCost.com	https://www.vitacost.com (800) 381-0759
Walnut Acres	http://www.walnutacres.com (800) 434-4246
Wayfare	http://www.wayfarefoods.com (877) 586-5220

Westbrae Natural	http://www.westbrae.com (800) 434-4246
Wildwood Soyogurt	www.wildwoodfoods.com (800) 588-7782
Yum Earth Organic	https://yumearth.com (855) 972-0558
Zen Soy	http://tryzen.com

Mail Order Companies:

Gluten Free Pantry	http://www.gfpantry.com
Thrive Market	https://thrivemarket.com

Online Recipe and Cookbook Resources:

http://www.usarice.com/	http://www.godairyfree.org
http://www.foodallergykitchen.com	http://www.bestallergysites.com
http://www.celiac.com	http://www.savorypalate.com
http://www.specialtyfoodshop.ca	http://www.homefreetreats.com
http://www.allrecipes.com/	http://www.egglesscooking.com

Allergen Recall Alerts

You can sign up to receive email alerts for allergen recalls at the following websites:

- FARE: <http://www.foodallergy.org/alerts>
- FDA: <http://www.fda.gov/Safety/Recalls/>
- USDA: <http://www.fsis.usda.gov/wps/portal/fsis/topics/recalls-and-public-health-alerts/current-recalls-and-alerts>
- FAACT: <https://www.foodallergyawareness.org/alerts/>

If you find a problem, or have a reaction caused by an undeclared allergen, please report it to the FDA by contacting the Consumer Complaint Coordinator for your area. A list of contact numbers can be found at <https://www.fda.gov/safety/report-problem-fda/consumer-complaint-coordinators>