

Children's Wisconsin Clinical Nutrition Department

CHD and Heart Transplant: Pre-Test Answers

1. What long term complication can occur after Fontan or Heart Transplant?
 - a. **PLE**
 - b. Chylous Effusion
 - c. Pancreatitis
 - d. Small Bowel Obstruction
2. How much protein is recommended once cannulated to ECMO?
 - a. 75-80% RDA
 - b. 100% RDA
 - c. Up to 4 g/kg
 - d. **2-3x RDA**
3. What diet is briefly needed after a Fontan procedure?
 - a. High Protein
 - b. **Fat Controlled**
 - c. Carb Controlled
 - d. High Fat
4. Per CMS, a post-transplant note is required within how many hours?
 - a. 48 hours after anastomosis
 - b. 24 hours after anastomosis
 - c. **72 hours after anastomosis**
 - d. No requirement
5. What 2 foods are contraindicated with transplant medications?
 - a. Orange and apples
 - b. Dark leafy greens and kiwi
 - c. Aged cheese and spinach
 - d. **Grapefruit and pomegranate**
6. A patient weighing 7.2 kg is receiving 720 ml Pediasure. How much additional fluid does the patient need to meet maintenance fluid needs?
 - a. 120 ml
 - b. 240 ml
 - c. **None**
 - d. 360 ml
7. True or False: Sodium supplementation may be needed when using diuretics.
 - a. **True**
 - b. False
8. True or False: NG feeds are acceptable in both the standard risk and high risk feeding pathways.
 - a. True
 - b. False