

Children's Wisconsin Clinical Nutrition Department

Module Growth Assessment Module A: Growth Assessment

1. How often should height measurements be taken for a hospitalized patient older than 10 years?
 - a. Monthly
 - b. Every 6 months
 - c. Once each week
 - d. Every 3 months*

2. Which growth chart should you use for a patient that is 18 months old?
 - a. Fenton
 - b. CDC
 - c. WHO*
 - d. Brooks

3. Why are z-scores helpful when assessing growth?
 - a. They indicate how many standard deviations a value is from the mean
 - b. They are more descriptive than percentiles
 - c. They provide information to see trends over time
 - d. All of the above *

4. The Brooks growth chart should be used
 - a. In conjunction with the CDC growth chart*
 - b. To diagnose malnutrition
 - c. For premature infants
 - d. To assess length-for-age