# **Children’s Wisconsin Clinical Nutrition Department**

# Module Growth Assessment Module A: Growth Assessment

1. How often should height measurements be taken for a hospitalized patient older than 10 years?
   1. Monthly
   2. Every 6 months
   3. Once each week
   4. Every 3 months
2. Which growth chart should you use for a patient that is 18 months old?
   1. Fenton
   2. CDC
   3. WHO
   4. Brooks
3. Why are z-scores helpful when assessing growth?
   1. The indicate how many standard deviations a value is from the mean
   2. They are more descriptive than percentiles
   3. They provide information to see trends over time
   4. All of the above
4. The Brooks growth chart should be used
   1. In conjunction with the CDC growth chart
   2. To diagnose malnutrition
   3. For premature infants
   4. To assess length-for-age