

Children's Wisconsin Clinical Nutrition Department

Module Growth Assessment Module C: NFPE, MUAC, HGS

1. How often should you perform a Nutrition Focused Physical Exam with a patient in the Ambulatory setting?
 - a. Every 7 days
 - b. Every month
 - c. Every visit*
2. What is the age cut off for measuring Mid-Upper Arm Circumference?
 - a. 1 year
 - b. 6 months and older*
 - c. 2 years
 - d. Birth
3. True or False: Assessing subcutaneous fat loss is objective, not subjective.
 - a. True
 - b. False*
4. True or False: Mid-Upper Arm Circumference is more sensitive to changes in fat and muscle than weight.
 - a. True*
 - b. False
5. When performing Mid Upper Arm Circumference (MUAC) measurements, how many times should you perform this measurement before averaging your result?
 - a. Once
 - b. Two times
 - c. Three times*
 - d. Four times
6. Which of the following are benefits of using Hand Grip Strength? (circle all that apply)
 - a. Non-invasive*
 - b. Subjective
 - c. Reacts quickly to changes in nutrition status*
 - d. Quickly performed*