# https://connect.chw.org/-/media/intranet/employee-resources/images/at-a-glance/CW-logos/Logo_for_EmailSignature.ashx?la=en**Children’s Wisconsin Clinical Nutrition Department**

# Module Growth Assessment Module C: NFPE, MUAC, HGS

1. How often should you perform a Nutrition Focused Physical Exam with a patient in the Ambulatory setting?
   1. Every 7 days
   2. Every month
   3. Every visit
2. What is the age cut off for measuring Mid-Upper Arm Circumference?
   1. 1 year
   2. 6 months and older
   3. 2 years
   4. Birth
3. True or False: Assessing subcutaneous fat loss is objective, not subjective.
   1. True
   2. False
4. True or False: Mid-Upper Arm Circumference is more sensitive to changes in fat and muscle than weight.
   1. True
   2. False
5. When performing Mid Upper Arm Circumference (MUAC) measurements, how many times should you perform this measurement before averaging your result?
   1. Once
   2. Two times
   3. Three times
   4. Four times
6. Which of the following are benefits of using Hand Grip Strength? (circle all that apply)
   1. Non-invasive
   2. Subjective
   3. Reacts quickly to changes in nutrition status
   4. Quickly performed