

Children's Wisconsin Clinical Nutrition Department

Module Homemade Tube Feeding: Pre-Test

1. Which of the following are reasons a patient may NOT be able to receive homemade tube feeding (HTF)?
 - a. Patient has multiple food allergies
 - b. Patient can only tolerate slow, continuous feeds
 - c. Patient's age is corrected to 4 months old
 - d. Patient is currently losing weight, and a medical work-up is pending to determine cause of unknown weight loss
 - e. **All of the above**
2. True or **False**: HTF can never include formula.
A HTF recipe can include almost all formula with just a small amount of food added all the way up to no formula with all whole foods as ingredients.
3. Name 2 reasons a family may choose not to pursue making a HTF for their child.
 - a. **Cost – may be more expensive if their insurance is covering the cost of formula**
 - b. **Time – may be too time consuming for family to fit into their daily lives**
 - c. **Equipment – may not have access to a high-quality blender or enough room/space in refrigerator and/or freezer**
 - d. **And many more...**
4. True or False: Patients grow differently on HTF versus commercially prepared formula (of any origin).
Correct answer: We're not sure! Some institutions believe that calories need to be increased by 25% when giving food-based formulas (homemade or commercially prepared) vs standard formulas. However, there isn't any research to support or deny this claim. Instead, we treat each patient individually and track their growth closely after making a change in their tube feeding regimen.
5. Which of these nutrients is commonly not met without supplementation when making a HTF recipe?
 - a. Protein
 - b. **Vitamin D**
 - c. Potassium
 - d. Fiber
6. True or **False**: You are expected to come up with a HTF recipe during a typical visit where a nutrition assessment is occurring.
Explain expectations to family, ask some initial questions that will help in building the recipe, and let them know the timeline they can expect to hear back from you with an initial recipe.

7. True or **False**: Our hospital does not provide HTF for patients when they are admitted to the hospital.

Nutrition & Food Services will prepare a patient's homemade tube feeding recipe when they are admitted to our hospital. They may need to make some substitutions based on their availability of ingredients.