



Mast Cell Disorders Referral Guide

The Mast Cell Disorders Clinic is an **evaluation and care clinic** serving adults and children with mast cell disorders.



Problems or concerns evaluated:

- Clonal Mast Cell diseases
- Cutaneous Mastocytosis, if symptomatic
- Hereditary Alpha Trypsinemia, if symptomatic
- Indolent Systemic Mastocytosis
- Mast Cell Activation Syndrome, with evidence of mast cell activation

Concerns and services **not** treated or provided by the clinic include:

- Chronic pain
- Diamine Oxidase (DAO) deficiency
- Facial flushing
- Histamine in food sensitivity
- Mast Cell Activation Syndrome, without evidence of mast cell activation
- Multiple chemical sensitivities
- Smoldering/Advanced Systemic Mastocytosis

Not treated as part of Mast Cell Disorders Clinic, but **is treated** in Asthma Allergy Clinic

- Chronic urticaria (in isolation)
- Multiple drug intolerances
- Multiple food allergies



Treatment plans are specific to each patient and can include:

- Medication management
 - Epinephrine
 - High-dose antihistamines
 - Mast cell inhibitors
 - Omalizumab
 - Tyrosine kinase inhibitors
- Anaphylaxis action plans
- Perioperative plans
- Quality of Life surveys
- Referrals to other specialists

Treatments **not** provided by the clinic include:

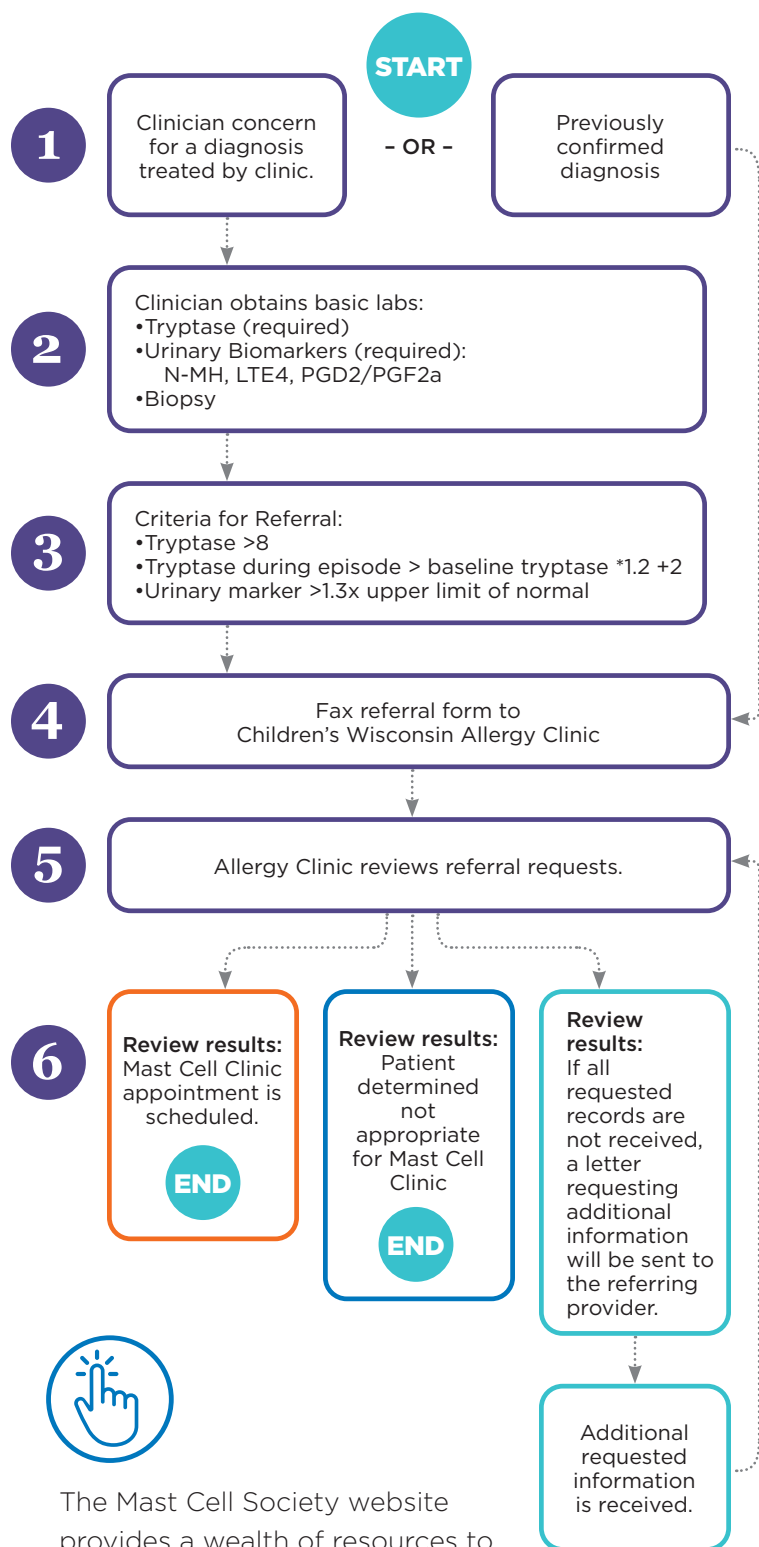
- Alternative medicine therapies
- DAO inhibitors
- Feeding tube/nutrition support
- IV or central access therapies
- Low histamine diet
- Naltrexone

Our team consists of:

Allergists and clinical immunologists. Patients may see a combination of providers, depending on their presenting concerns.



Referral Process for Mast Cell Disorders Clinic



The Mast Cell Society website provides a wealth of resources to share with patients and families to help. Visit tmsforacure.org.

Making an Appointment

- Physician referrals which meet criteria **are required**.
 - Families or adult patients should not call to establish an appointment.
 - Self-referrals are not permitted.
- To ensure each patient receives the evaluation and care they need, we carefully review their chart. **If we are not an appropriate referral for a patient, the on-call provider may be able to discuss other resources that may better fit the patient.**
- Wait times for evaluation vary.
- Continued care by a primary care provider, allergist or hematologist is recommended while awaiting consultation.

If your patient is struggling with a more immediate need, the Children's Wisconsin allergist on call may be able to direct urgent concerns.



Physician referral

(required, may be required by insurance)

- **Internal referral via Children's Epic**
Send an ambulatory referral to AMB Allergy Clinics.
- **External referral via Epic**
Send to CHW ALLERGY.
Include diagnostic evaluation in the notes/comments.
- **Via fax** (form must be attached)
(414) 266-2076
- **Provider questions**
Asthma, Allergy and Immunology Nurse Line
(414) 266-6414

*If you are part of the Children's Wisconsin system, we ask that you submit your question in an Allergy eConsult.