



Mast Cell Disorders Referral Guide

The Mast Cell Disorders Clinic is an **evaluation and care clinic** serving adults and children with mast cell disorders.



Problems or concerns evaluated:

- Indolent Systemic Mastocytosis
- Clonal Mast Cell diseases
- Mast Cell Activation Syndrome
 - with evidence of MAST cell activation
- if symptomatic:
 - Hereditary Alpha Tryptasemia
 - Cutaneous Mastocytosis

Concerns and services not treated or provided by the clinic include:

- Smoldering/Advanced Systemic Mastocytosis
- Chronic pain
- Multiple chemical sensitivities
- Histamine in food sensitivity
- DAO deficiency
- Facial flushing
- Mast Cell Activation Syndrome
 - without evidence of MAST cell activation
- Treated in Asthma Allergy Clinic not a part of MAST Cell Disorders clinic:
 - Multiple food allergies
 - Chronic urticaria (in isolation)
 - Multiple drug intolerances



Treatment plans are specific to each patient and can include:

- Medication management
 - high-dose antihistamines
 - mast cell inhibitors
 - omalizumab
 - tyrosine kinase inhibitors
 - epinephrine
- Anaphylaxis Action Plans
- Perioperative Plans
- Quality of Life Surveys
- Referrals to other specialists

Treatments not provided by the clinic:

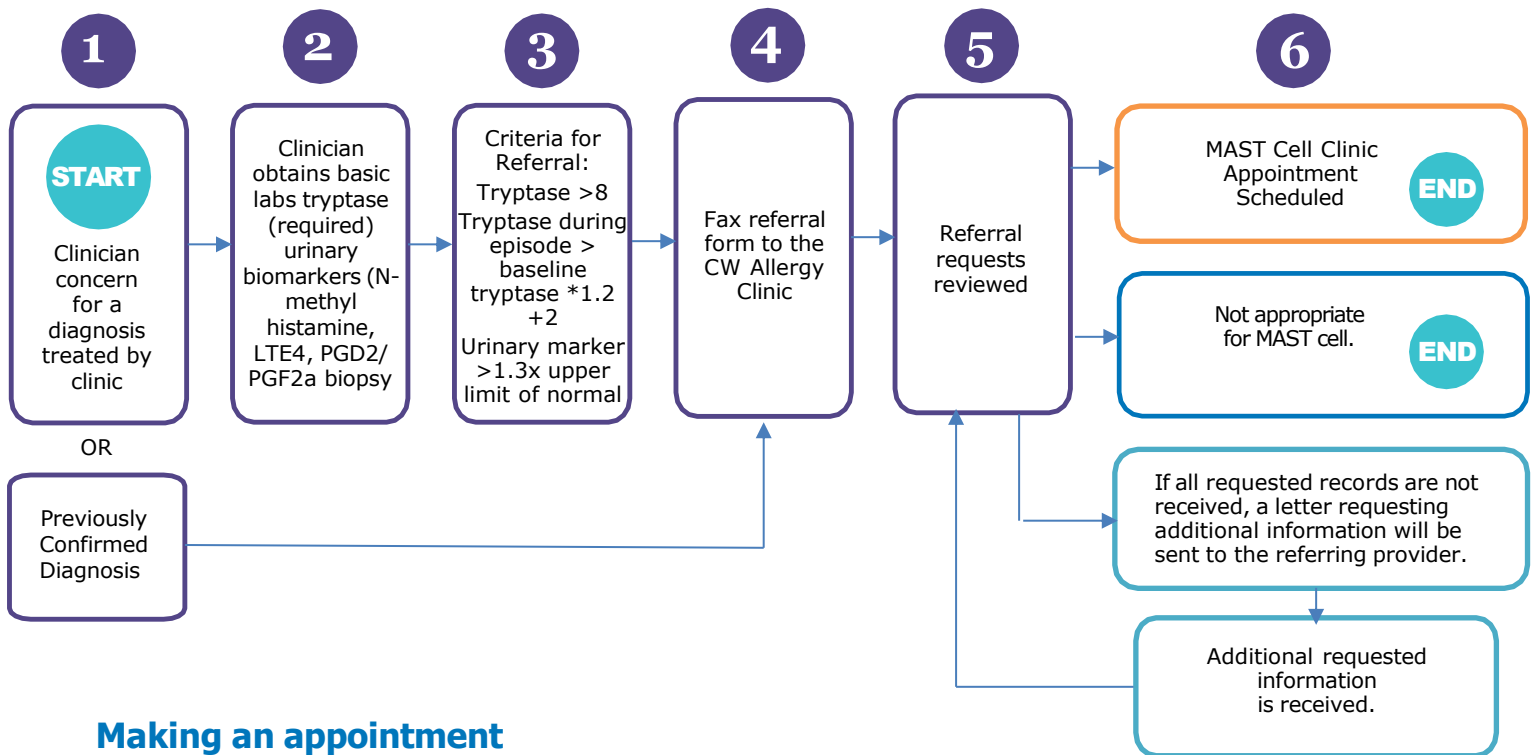
- Naltrexone
- DAO inhibitors
- Low histamine diet
- Alternative medicine therapies
- Feeding tube/nutrition support
- IV or central access therapies



Our team consists of:

Allergists and clinical immunologists. Patients may see a combination of providers, depending on their presenting concerns.

Referral Process for Mast Cell Disorders Clinic



Making an appointment

- Families or adult patients should not call to establish an appointment.
 - Self-referrals are not permitted.
- Provider referrals which meet criteria are required.
- To ensure each patient receives the evaluation and care they need, we carefully review the chart. **If we are not an appropriate referral for a patient, the on-call provider may be able to discuss other resources that could better fit the patient.**
- Wait times for evaluation vary.
- Continued care by primary care provider, allergist or hematologist is recommended while awaiting consultation



The Mast Cell Society website provides a wealth of resources to share with patients and families to help,

Visit <https://tmsforacure.org> (external organization)

Physician referral

(required, may also be required by insurance)

- **Internal referral via Children's Epic**
Send an ambulatory referral to AMB Allergy Clinics
- **External referral via Epic**
Send to CHW ALLERGY
Include diagnostic evaluation in the notes/comments.
- **Via fax (form must be attached)**
(414) 266-6849
- **Provider Questions :**
(414) 266-6840

Meeting patients' needs

If you have questions regarding the appropriateness of a referral to our clinic, we welcome your calls and emails.

Contact:

xxx MD

(414) 266-6840

xxxx@mcw.edu or

xxxx

xxx (414) 266-6840

XXX @mcw.edu

- If you are part of the Children's Wisconsin system, we ask that you submit your question in an Allergy eConsult.
- If it is determined that patient does not qualify provider may reach out to the on-call provider.

If your patient is struggling with a more immediate need, Children's allergist-on-call may be able to direct urgent concerns.

Our team will review all information provided by families and will determine the most appropriate course for answering their questions and addressing their concerns.



Kids deserve the best.



Children's Wisconsin
**Division of Allergy and
Clinical Immunology**
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