

Recommended room service foods for an egg free diet

Some foods from the general patient menu may not be included on this menu as we are unable to check all food labels. If you have questions about this menu or your diet, call (414) 266-3663.

Breakfast

Cheerios
Frosted Flakes
Fruit Loops
Lucky Charms
Rice Chex
Oatmeal
Toast white, wheat, cinnamon & sugar
Strawberry Pop Tart
Bacon
Sausage
Tater Tots
Yogurt assorted flavors

Sides

Broccoli
Carrots
Corn
Green beans
Peas
French fries
Tator tots
Baked potato
Ask about the assortment of toppings
Mashed potato
White rice
Refried beans
Soft corn tortilla
Tossed salad French or Italian dressing

Lunch and Dinner

Deli sandwich turkey, ham, Swiss, cheddar, or American cheese
Peanut butter and jelly sandwich
Tomato soup
Beef or chicken broth saltine crackers
Beef hot dog
Chicken strips
Cheese pizza pepperoni, ham, mushrooms, green pepper, onion
Hamburger, cheeseburger or veggie burger American, Swiss, or cheddar
Grilled cheese sandwich
Grilled ham & cheese sandwich
Grilled chicken breast sandwich
Grilled chicken breast (boneless)
Roast turkey
Spaghettios
GF noodles with marinara sauce
Cheese Quesadilla
Chef Salad

Beverages

Apple or orange juice
Bottled water
Crystal Light Flavoring
Milk whole, 1%, skim, chocolate
Vanilla Rice Milk
Vanilla Soy Milk
Sprite or Sprite Zero
Coke or Diet Coke
Mello Yello
Powerade berry, fruit punch, lemon lime
Hot Cocoa
Shake
Featured fruit smoothie

Snacks

Carrot and celery sticks
Baked Lays
Lays Potato Chips
Soft hot pretzel
String cheese
Fruit roll up

Desserts

Seasonal fresh fruit
Apple with caramel dip
Mandarin oranges, peaches, pears, or applesauce cup
Animal crackers
Graham crackers
Teddy Grahams
Oreos
Rice Krispies treat
Gelatin
Popsicles
Ice Cream
Pudding
Chocolate Cupcake

Condiments

Ketchup, mustard
Cream Cheese
BBQ sauce
Pickle slice
Lettuce, tomato, and onion
Margarine and butter
Salsa, sour cream
Cheddar cheese sauce
Marinara sauce
Chicken gravy
White and brown sugar
Breakfast syrup
Hershey's syrup