

Recommended room service foods for a gluten free diet

Note: Gluten free bread products are used for items on this menu

Some foods from the general patient menu may not be included on this menu as we are unable to check all food labels. If you have questions about this menu or your diet, call (414) 266-3663.

Breakfast

Cheerios
Lucky Charms
Rice Chex
Toast white, cinnamon & sugar
Hard boiled eggs
Scrambled eggs
Omelet cheese, ham, bacon,
mushroom, green pepper, onion
Tater tots
Bacon
Sausage
Yogurt assorted flavors

Sides

Broccoli
Carrots
Corn
Green beans
Peas
French fries
Tater tots
Baked potato
Ask about the assortment of toppings
Mashed potato
Gluten Free Noodle
White rice
Refried beans
Tossed salad ranch or Italian dressing

Lunch and Dinner

Deli sandwich turkey, ham, Swiss,
cheddar, or American cheese
Peanut butter and jelly
sandwich
Chicken broth
Beef hot dog
Hamburger, cheeseburger
American, Swiss, or cheddar
Grilled cheese sandwich
Grilled ham & cheese sandwich
Grilled chicken breast
sandwich
Roast turkey
Grilled chicken breast (boneless)
GF noodles with marinara
sauce

Beverages

Apple, grape and orange juice
Bottled water
Crystal Light Flavoring
Milk whole, 1%, skim, chocolate
Vanilla Soy Milk
Vanilla Rice Milk
Sprite or Sprite Zero
Coke or Diet Coke
Mello Yello
Lemonade
Powerade berry, fruit punch, lemon
lime
Hot Cocoa
Shake

Snacks

Carrot and celery sticks
Baked Lays
Lays Potato Chips
Fruit roll up

Desserts

Seasonal fresh fruit
Sliced apple and caramel dip
Fresh fruit cup
Mandarin oranges, peaches,
pears, or applesauce cup
Gelatin
Popsicles
Ice Cream
Pudding

Condiments

Ketchup, mustard, mayonnaise
BBQ sauce
Lettuce, tomato, and onion
Margarine and butter
Salsa, sour cream
Marinara sauce
White and brown sugar
Breakfast syrup
Hershey's Syrup