

Pre and Post-Test Questions (Act Now! Activity)

1. Telling an adult about a bullying situation is considered snitching.
 - a. True
 - b. False

2. Which of the following is a possible long-term effect of bullying others?
 - a. Getting in trouble with the law
 - b. Higher grades in college
 - c. Popularity and lots of friends
 - d. All of the above

3. Which of the following is an example of how bullying can affect the victim?
 - a. He or she gets better grades.
 - b. He or she is afraid to go to school.
 - c. He or she feels more confident.
 - d. He or she makes friends to protect themselves.

4. You see someone at school being bullied. What can you do to help?
 - a. Walk away.
 - b. Go find an adult.
 - c. Laugh along quietly.

5. You tell an adult about someone making fun of you and he or she tells you to just laugh it off. What should you do?
 - a. Laugh it off the next time it happens.
 - b. Find another adult to talk to.
 - c. Nothing
 - d. All of the above

6. Which of these is an example of an assertive comeback?
 - a. Knock it off!
 - b. I completely agree!
 - c. Say nothing and walk away.

7. I feel safe from bullies at my school.
 - a. Strongly Agree
 - b. Agree
 - c. Disagree
 - d. Strongly Disagree

8. Most students who get bullied bring it on themselves.
 - a. Strongly Agree
 - b. Agree
 - c. Disagree
 - d. Strongly Disagree

9. Bullying is just a normal thing kids go through.
 - a. Strongly Agree
 - b. Agree
 - c. Disagree
 - d. Strongly Disagree

10. Bullying helps people by making them tougher.
 - a. Strongly Agree
 - b. Agree
 - c. Disagree
 - d. Strongly Disagree

11. Adults in my life do enough to stop bullying at my school.
 - a. Strongly Agree
 - b. Agree
 - c. Disagree
 - d. Strongly Disagree
 - e. I don't think bullying is a problem at my school.

12. If someone tells an adult that they are being bullied and it gets the bully in trouble, the bullying will probably get worse.
 - a. Strongly Agree
 - b. Agree
 - c. Disagree
 - d. Strongly Disagree

13. If you witnessed someone else being bullied, how likely would it be for you step in and say something to help them?

- a. Very likely
- b. Likely
- c. Unlikely
- d. Very unlikely

14. If you said something to help someone being bullied, how likely do you think it would work to make the situation better?

- a. Very likely
- b. Likely
- c. Unlikely
- d. Very unlikely

15. If you were bullied by someone at your school, how likely would it be that you would tell someone to get help?

- a. Very likely
- b. Likely
- c. Unlikely
- d. Very unlikely