

Act Now! Activity Pre and Post-Test Questions:

1. When a friend teases you until it hurts your feelings, if they say they are “just kidding” then it’s not considered bullying.
 - a. True
 - b. False
2. When someone is nice to a friend in private but puts them down in public to make other people laugh that is called being a “frenemy”.
 - a. True
 - b. False
3. A way to stop bullying problems at your school is to:
 - a. Stand up for victims when you see it going on.
 - b. Start a school campaign to raise awareness about the problem.
 - c. Ask adults to get involved and agree to handle bullying seriously.
 - d. All of the above.
4. Which of the following is true about sexual harassment?
 - a. It is any unwanted sexual attention, comments, touching or name calling that makes someone uncomfortable.
 - b. It’s usually the victim’s fault.
 - c. It’s not necessary to get an adult involved in this type of bullying.
 - d. All of the above.
5. An anti-bullying campaign at your school could include:
 - a. Morning announcements about being a positive bystander.
 - b. Getting students and teachers to sign an anti-bullying pledge.
 - c. Creating posters to raise awareness around school.
 - d. All of the above.
6. I feel safe from bullies at my school.
 - a. Strongly Agree
 - b. Agree
 - c. Disagree
 - d. Strongly Disagree

7. Most teasing I see is done in fun, not to hurt people.
 - a. Strongly Agree
 - b. Agree
 - c. Disagree
 - d. Strongly Disagree
8. Most students who get bullied bring it on themselves.
 - a. Strongly Agree
 - b. Agree
 - c. Disagree
 - d. Strongly Disagree
9. Bullying is just a normal thing kids go through.
 - a. Strongly Agree
 - b. Agree
 - c. Disagree
 - d. Strongly Disagree
10. Bullying helps people by making them tougher.
 - a. Strongly Agree
 - b. Agree
 - c. Disagree
 - d. Strongly Disagree
11. Adults in my life do enough to stop bullying at my school.
 - a. Strongly Agree
 - b. Agree
 - c. Disagree
 - d. Strongly Disagree
 - e. I don't think bullying is a problem at my school.
12. If someone tells an adult that they are being bullied and it gets the bully in trouble, the bullying will probably get worse.
 - a. Strongly Agree
 - b. Agree
 - c. Disagree
 - d. Strongly Disagree
13. If you witnessed someone else being bullied, how likely would it be for you to step in and say something to help them?
 - a. Very likely
 - b. Likely
 - c. Unlikely
 - d. Very unlikely

14. If you said something to help someone being bullied, how likely do you think it would work to make the situation better?
- a. Very likely
 - b. Likely
 - c. Unlikely
 - d. Very unlikely
15. If you were bullied by someone at your school, how likely would it be that you would tell someone to get help?
- a. Very likely
 - b. Likely
 - c. Unlikely
 - d. Very unlikely