

# Family Influences Interview Worksheet

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Adult being interviewed: \_\_\_\_\_

Relationship of adult to you (mother, grandfather, aunt, etc.):  
\_\_\_\_\_

**Instructions:** Find a time that works for you and the adult you're interviewing to meet. Find a quiet space where you can talk without interruptions for 10-15 minutes. Ask them the questions below and record their answers.

1. What are your thoughts, in general, about drug and alcohol use?

2. Are your beliefs and attitudes about alcohol, tobacco and other drugs the same now as when you were growing up? If yes, why? If not, how have they changed?

3. What did you know about the effects of alcohol, tobacco and other drugs when you were my age?

4. How did your parents or other family members influence you about whether or not you would use alcohol, tobacco and other drugs?

5. Is there anything about our family history or culture that affects how you feel about using alcohol, tobacco and other drugs?

6. What role, if any, do you think family history and culture have in a young teen's decision to use or not use alcohol, tobacco and other drugs?

7. What do you feel is the most important thing for me to know about alcohol, tobacco and other drugs?