



Educator Guide: Bubble Buster Game

Recommended for Grades:

3rd grade

Time:

2 minutes

Prerequisite:

For students to be successful in the game, they would benefit from participating in the following lesson:

- Activity Pyramid Lesson (3rd grade)

National Health Education Standards:

This activity aligns with the following National Health Education Standards:

- Standard 1: Use functional health information to support health and well-being of self and others.

For more information about the National Health Education Standards, visit the SHAPE America website: shapeamerica.org.

Learning Objectives:

After completing this activity students will be able to:

1. Differentiate between sedentary activities and physical activities when shown a variety of activities.



Activity Description:

This interactive activity encourages students to pop the bubbles containing sedentary activities while saving those that contain physical activities. Consider allowing students to play it multiple times so they can try to beat their score.



Transcript

Instructions

We're being invaded! Hypnotica is blowing bubbles at us. The bubbles are filled with activities. Click on the bubbles with the sedentary activities to pop them but be careful not to pop the bubbles with the physical activities. Save us before Hypnotica turns everyone into a lazybones! Click go to start.

Game over - win

Wow! You're a master. You stopped Hypnotica's sedentary activity invasion. Great job! Click play again to start over and try to beat your high score.

Game over - lose

Game over. That was pretty tough. Too many sedentary activities got through your force field. Click play again to start over.



Acknowledgements

Children's Wisconsin gratefully acknowledges the contributions and support provided by the following organizations for the research, development and delivery of Nutrition and Physical Activity lessons and activities:

Children's Wisconsin – NEW Kids™ Program

Children's Research Institute

Medical College of Wisconsin

Wisconsin Department of Public Instruction





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