

Sexual Harassment

What Is Sexual Harassment?

Sexual harassment is any unwanted sexual attention. This could include:

- Making fun of or calling someone names because of their sexual orientation
- Making sexual jokes, comments or gestures
- Posting sexual comments, pictures or videos online
- Touching, grabbing or rubbing against someone without their permission
- Forcing someone to kiss or do other sexual acts
- Giving or showing sexual pictures, videos or notes to someone
- Pulling someone's clothes off or down
- Asking someone for naked pictures ("nudes")
- Taking or sharing naked pictures
- Spreading sexual rumors about someone (in person, by text or on social media)
- Pressuring someone to date or do sexual acts

Sexual Harassment Facts

Here are some facts about sexual harassment:

- People of all genders can experience sexual harassment.
- Sexual harassment can come from people of any gender.
- Sexual harassment is illegal.
- Sexual harassment can happen in person or online.
- Sexual harassment is not the victim's fault.

How to Deal with Sexual Harassment

Sexual harassment won't go away on its own. Here is what you can do:

- Tell the person to stop what they are doing.
- Tell a trusted adult.
- Look for support.
 - Counselor or therapist
 - Doctor or nurse
 - RAINN National Sexual Assault Hotline, rainn.org or 800-656-HOPE

Repurposed from KidsHealth.org

