



# Educator Guide: Grocery Galaxy Game – Bonus Round

## **Recommended for Grades:**

3<sup>rd</sup> grade

## **Time:**

2 minutes

## **Prerequisites:**

For students to be successful in the game, they would benefit from participating in the following lessons:

- Healthy Eating Lesson (3<sup>rd</sup> grade)
- Sugar Lesson (3<sup>rd</sup> grade)
- Restaurants Lesson (3<sup>rd</sup> grade)
- Grocery Galaxy Game (3<sup>rd</sup> grade)

## **National Health Education Standards:**

This activity aligns with the following National Health Education Standards:

- Standard 1: Use functional health information to support health and well-being of self and others.
- Standard 7: Demonstrate practices and behaviors to support health and well-being of self and others.

For more information about the National Health Education Standards, visit the SHAPE America website: [shapeamerica.org](http://shapeamerica.org).

## **Learning Objectives:**

After completing this activity students will be able to:

1. Identify the healthier food or drink options when shown a variety of foods and drinks.



**Activity Description:**

During this short bonus round of the Grocery Galaxy Game students rack up points by “zapping” less healthy foods with their laser scanners.



# Transcript

## Instructions

This is terrible. Sluggo took over the cash register, and he's letting all kinds of Whoa Foods come through the check-out line. Blast them away with your laser but be careful to let the healthier foods come through. Click Play to start.

## Game over

How did you do? Click 'Bonus Round' to try the bonus round again.



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